

**Board of Education Regular Meeting**

December 19, 2019 7:30 PM

Walton-Verona MS/HS

Multi-Purpose Room

32 School Road

Walton, KY 41094

**Attendance Taken at 7:30 PM:**

Present Board Members:

Mr. Kyle Art

Ms. Megan Jones

Ms. Heather Stewart

Ms. Stacey Thornberry

Mr. David Turner

The following people were in attendance: Tricia Brandenburg, Michelle Gregg, Rob Hartman, Jeremy Key, Eric Morwessel, Caitlyn Sullivan, Luke Patterson, Joanne Nesmith, Gabe Brown, Kevin Ryan, Colt Ward, Eric Goodman and Dr. Matt Baker.

**I. Routine Business**

**I.A. Call to Order**

**I.B. Pledge of Allegiance**

**I.C. Roll Call**

**I.D. Approval of the Agenda**

**Order #19-907 - Motion Passed:** passed with a motion by Ms. Heather Stewart and a second by Mr. David Turner.

**5 Yeas - 0 Nays.**

**II. Informational Items**

**II.A. 2018-2019 Audit Report Presentation** see attachment 1

**II.B. Principals Report** see attachments 2-7

**II.C. Construction Report** Jeremy Key discussed updates on current projects.

**II.D. Attendance/Enrollment Report** see attachment 8

**II.E. Personnel**

**II.F. 2020-2021 School Calendar** see attachment 9

**II.G. Annual Review and Update of District Wellness Program** see attachments 10-11

**II.H. Other** Dr. Baker thanked the board for our shirts and reminded them of the upcoming KSBA conference.

**II.I. Audience of Citizens**

### III. Recommended Board Motions

#### III.A. Approval of Minutes

**Order #19-908 - Motion Passed:** Approval of the meeting minutes passed with a motion by Mr. David Turner and a second by Mr. Kyle Art.

**5 Yeas - 0 Nays.**

#### III.B. Approve Treasurer's Report

<b>Month ending November 30, 2019</b>	
Beginning Balance	\$7,815,858.73
Receipts	1,995,097.70
Expenditures	(1,512,113.78)
<b>Ending Balance</b>	<b>\$8,298,842.65</b>
General Fund	7,628,646.37
Fund 2	(121,139.89)
Other Funds	791,336.17
<b>Total All Funds</b>	<b>\$8,298,842.65</b>

**Order #19-909 - Motion Passed:** Approval of the Treasurer's Report passed with a motion by Ms. Heather Stewart and a second by Ms. Stacey Thornberry.

**5 Yeas - 0 Nays.**

#### III.C. Approve Orders of the Treasurer (bills)

**Order #19-910 - Motion Passed:** Approval of Orders of the Treasurer (bills) passed with a motion by Mr. David Turner and a second by Mr. Kyle Art.

**5 Yeas - 0 Nays.**

#### III.D. Approval of 2018-2019 Audit Report

**Order #19-911 - Motion Passed:** Approval of 2018-2019 Audit Report passed with a motion by Mr. Kyle Art and a second by Ms. Stacey Thornberry.

**5 Yeas - 0 Nays.**

#### III.E. Approval to develop a new District Facility Plan (DFP)

**Order #19-912 - Motion Passed:** Approval to develop a new District Facility Plan (DFP) passed with a motion by Mr. David Turner and a second by Mr. Kyle Art.

**5 Yeas - 0 Nays.**

**III.F. Approval of REH Architects to assist the district in developing the information needed for KDE submittal and guide the LPC**

**Order #19-913 - Motion Passed:** Approval of REH Architects to assist the district in developing the information needed for KDE submittal and guide the LPC passed with a motion by Mr. Kyle Art and a second by Ms. Heather Stewart.

**5 Yeas - 0 Nays.**

**III.G. Approval of Three Community/Business leaders to serve on the LPC** - Mayor Gabe Brown withdrew his name from voting. The community/business leaders to serve on the LPC are David Hincks, Caitlyn Fugate and Robert McDonald.

**Order #19-914 - Motion Passed:** Approval of Three Community/Business leaders to serve on the LPC passed with a motion by Mr. David Turner and a second by Mr. Kyle Art.

**5 Yeas - 0 Nays.**

**III.H. Approval of One Board member to serve on the LPC** – David Turner respectfully withdrew as the board member representative. Kyle Art will serve as the board member representative for the LPC.

**Order #19-915 - Motion Passed:** Approval of One Board member to serve on the LPC passed with a motion by Mr. David Turner and a second by Ms. Heather Stewart.

**5 Yeas - 0 Nays.**

**III.I. Approval of 2020-2021 High School Course Fees**

**Order #19-916 - Motion Passed:** Approval of 2020-2021 High School Course Fees passed with a motion by Ms. Heather Stewart and a second by Ms. Stacey Thornberry.

**5 Yeas - 0 Nays.**

**III.J. Approval of Surplus Bid Results and Recommendations**

**Order #19-917 - Motion Passed:** Approval of Surplus Bid Results and Recommendations passed with a motion by Mr. David Turner and a second by Mr. Kyle Art.

**5 Yeas - 0 Nays.**

**III.K. Approval of Driver Agreement for Board Owned Vehicle - M. Latham, K. Schweitzer**

**Order #19-918 - Motion Passed:** Approval of Driver Agreement for Board Owned Vehicle - M. Latham, K. Schweitzer passed with a motion by Ms. Heather Stewart and a second by Mr. Kyle Art.

**5 Yeas - 0 Nays.**

**III.L. Approval to enter into executive session pursuant to KRS 61.810(1)(f)**

**Order #19-919 - Motion Passed:** Approval to enter into executive session pursuant to KRS 61.810(1)(f) passed with a motion by Ms. Heather Stewart and a second by Mr. David Turner.

**5 Yeas - 0 Nays.**

**III.M. Approval to return to open session**

**Order #19-920 - Motion Passed:** Approval to return to open session (9:59 PM) passed with a motion by Ms. Heather Stewart and a second by Mr. David Turner.

**5 Yeas - 0 Nays.**

**III.N. Adjournment**

**Order #19-921 - Motion Passed:** Approval to adjourn the meeting at 10:00 PM passed with a motion by Ms. Heather Stewart and a second by Ms. Stacey Thornberry.

**5 Yeas - 0 Nays.**

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Chairperson

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Secretary



*Beyond*  
> THE NUMBERS

**AUDITORS' REPORT TO  
BOARD OF EDUCATION**

Year Ended June 30, 2019

December 19, 2019



# REQUIRED COMMUNICATIONS

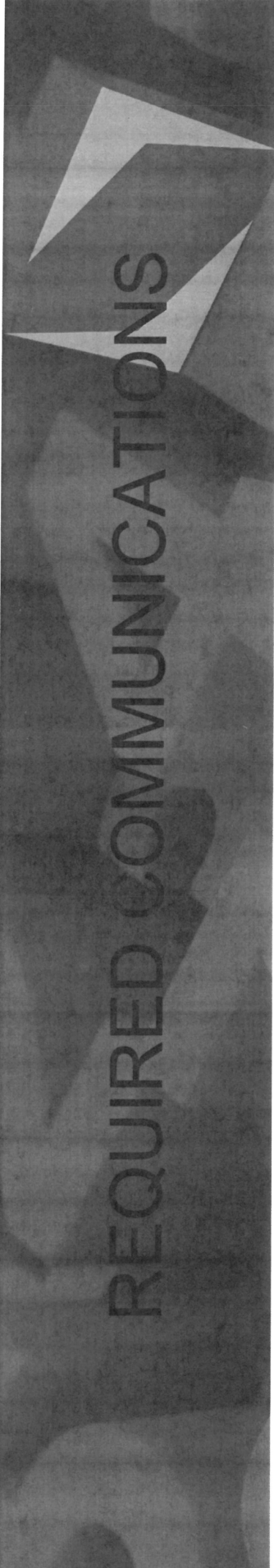
## ***Introduction***

We are pleased to serve Walton-Verona Independent School District as its independent auditors and look forward to continuing our relationship. We provide the information on the following pages to assist you in performing your oversight responsibilities. This information is intended solely for the information and use of the Board of Education and management and is not intended to be and should not be used by anyone other than these specified parties.

## ***Planned Audit Scope***

Communicated in our Engagement Letter dated April 16, 2019.

- Audit of June 30, 2019 financial statements in accordance with generally accepted auditing standards and *Government Auditing Standards*.
- Single Audit compliance audit of major federal programs in accordance with Uniform Guidance.



## REQUIRED COMMUNICATIONS

### ***Auditor and Management Responsibilities***

- ✓ The financial statements are the responsibility of the District's management.
- ✓ As the District's auditors, our responsibility, as described by professional standards, is to plan and perform our audit to obtain reasonable, but not absolute, assurance that the financial statements are free of material misstatement and are fairly presented in accordance with generally accepted accounting principles. Because an audit is designed to provide reasonable, but not absolute, assurance and because we did not perform a detailed examination of all transactions, there is a risk that material errors, fraud, or other illegal acts may exist and not be detected by us.
- ✓ The internal controls are the responsibility of management. As part of our audit, we considered the internal control of the District. Such considerations were solely for the purpose of determining our audit procedures and not to provide any assurance concerning such internal control.
- ✓ Our audit of the financial statements does not relieve you or management of your responsibilities.
- ✓ Refer to our engagement letter with the District for further information on the responsibilities of management and Barnes Dennig.

# EXECUTIVE SUMMARY

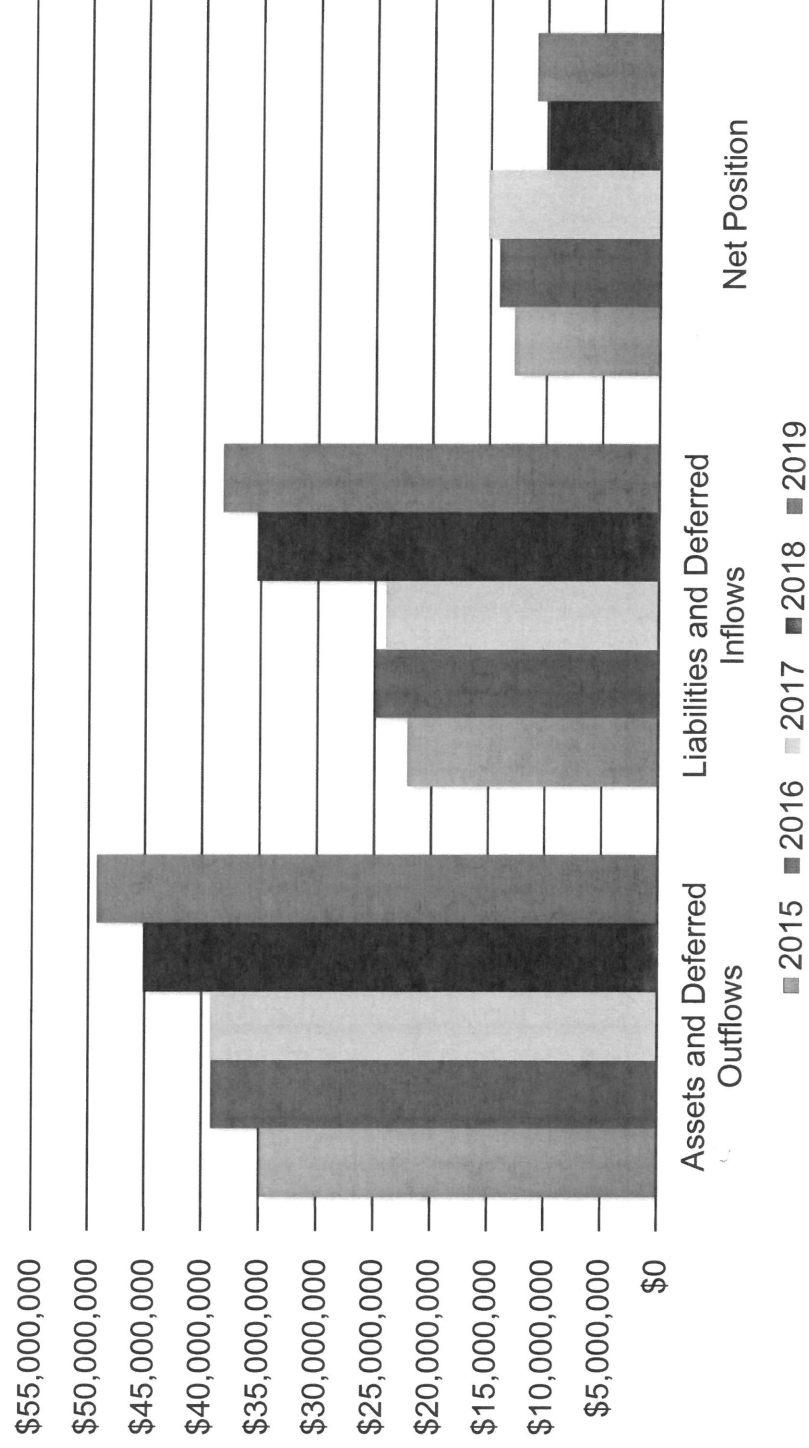
- ✓ **We issued an unmodified (clean) opinion on the financial statements**
- ✓ **We issued an unmodified (clean) opinion on the major federal program**
- ✓ **We received excellent cooperation from Kevin and the rest of the staff**
  - ✓ No disagreements or difficulties encountered during the audit
  - ✓ No consultations with other independent accountants
- ✓ **Significant Accounting Policies are discussed in Note 1 to the financial statements**
  - ✓ No new significant accounting policies adopted in the current year
- ✓ **Internal accounting estimates**
  - ✓ Depreciable lives of capital assets
- ✓ **No internal control matters are reportable**
- ✓ **We are not aware of any matters related to fraud or illegal acts that require communication**
- ✓ **Other written communication – management representation letter**

# AUDIT ADJUSTMENTS

## **Audit Adjustments**

- No significant audit adjustments or uncorrected (due to materiality levels) adjustments

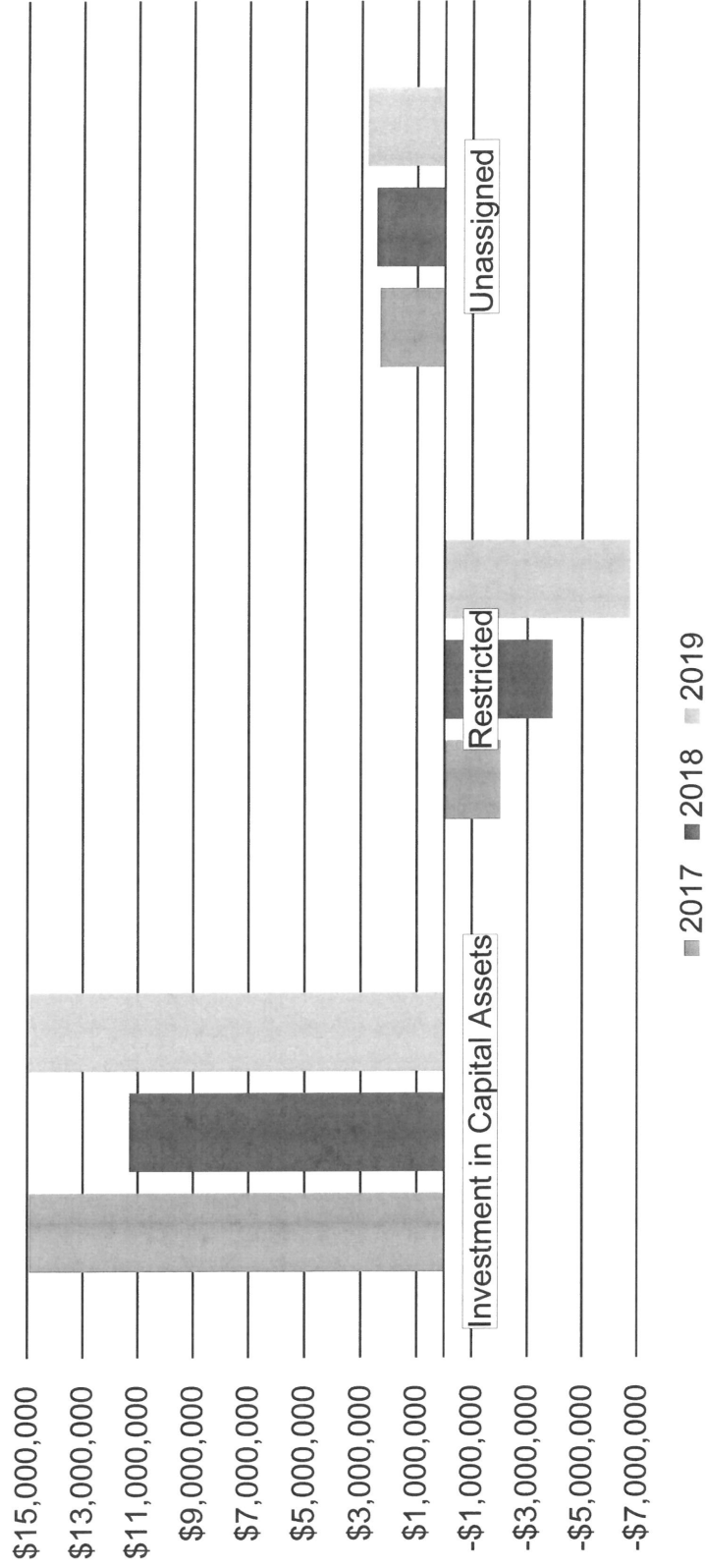
# STATEMENTS OF NET POSITION TRENDS DISTRICT-WIDE



Source: Audited Financial Statements

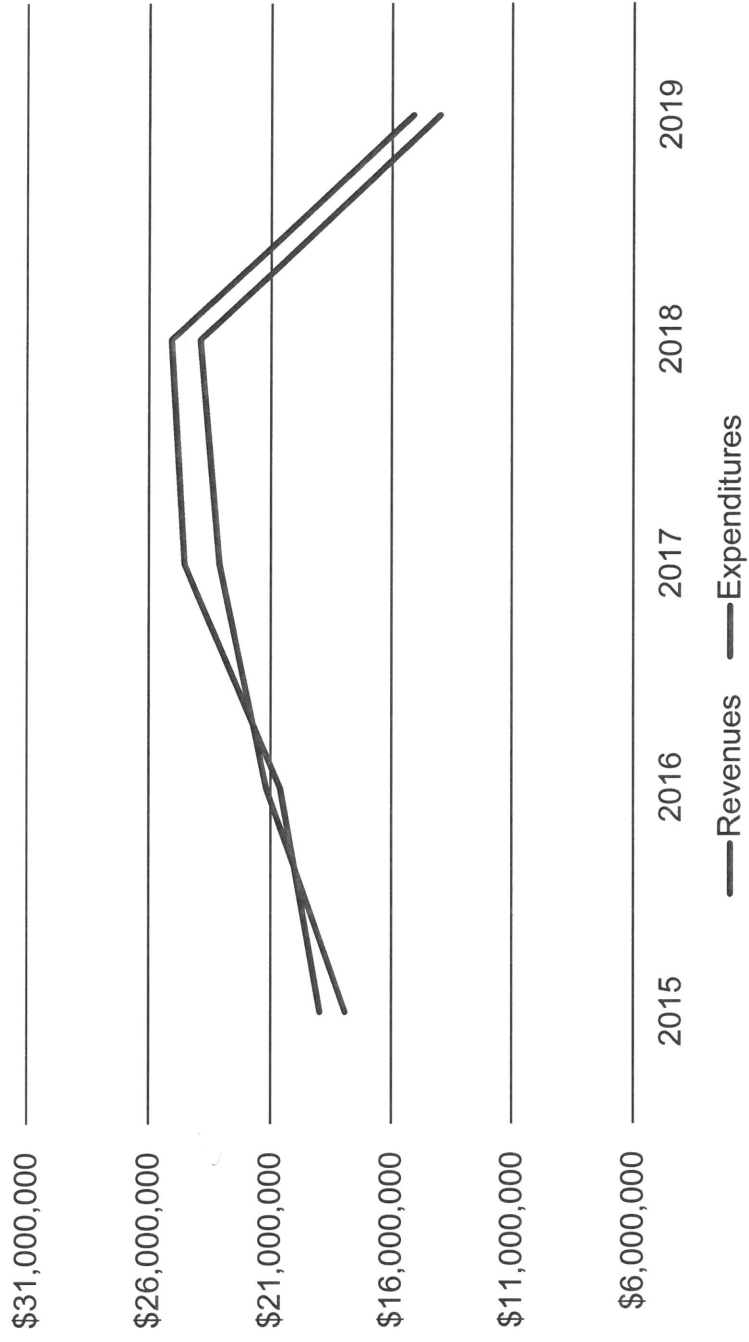


# DISTRICT-WIDE NET POSITION ANALYSIS



Source: Audited Financial Statements

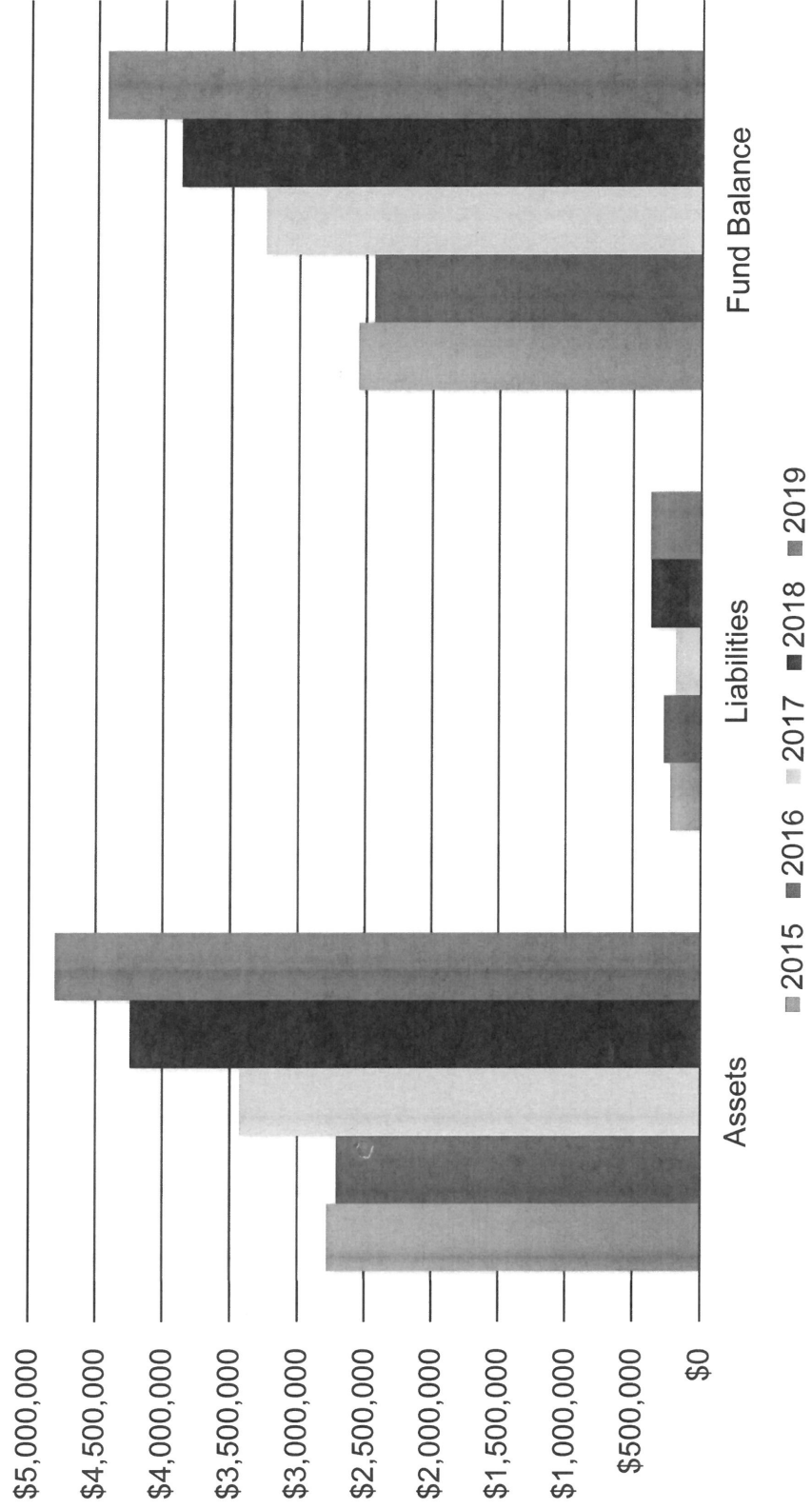
# REVENUE OVER EXPENSES – DISTRICT WIDE



Source: Audited Financial Statements

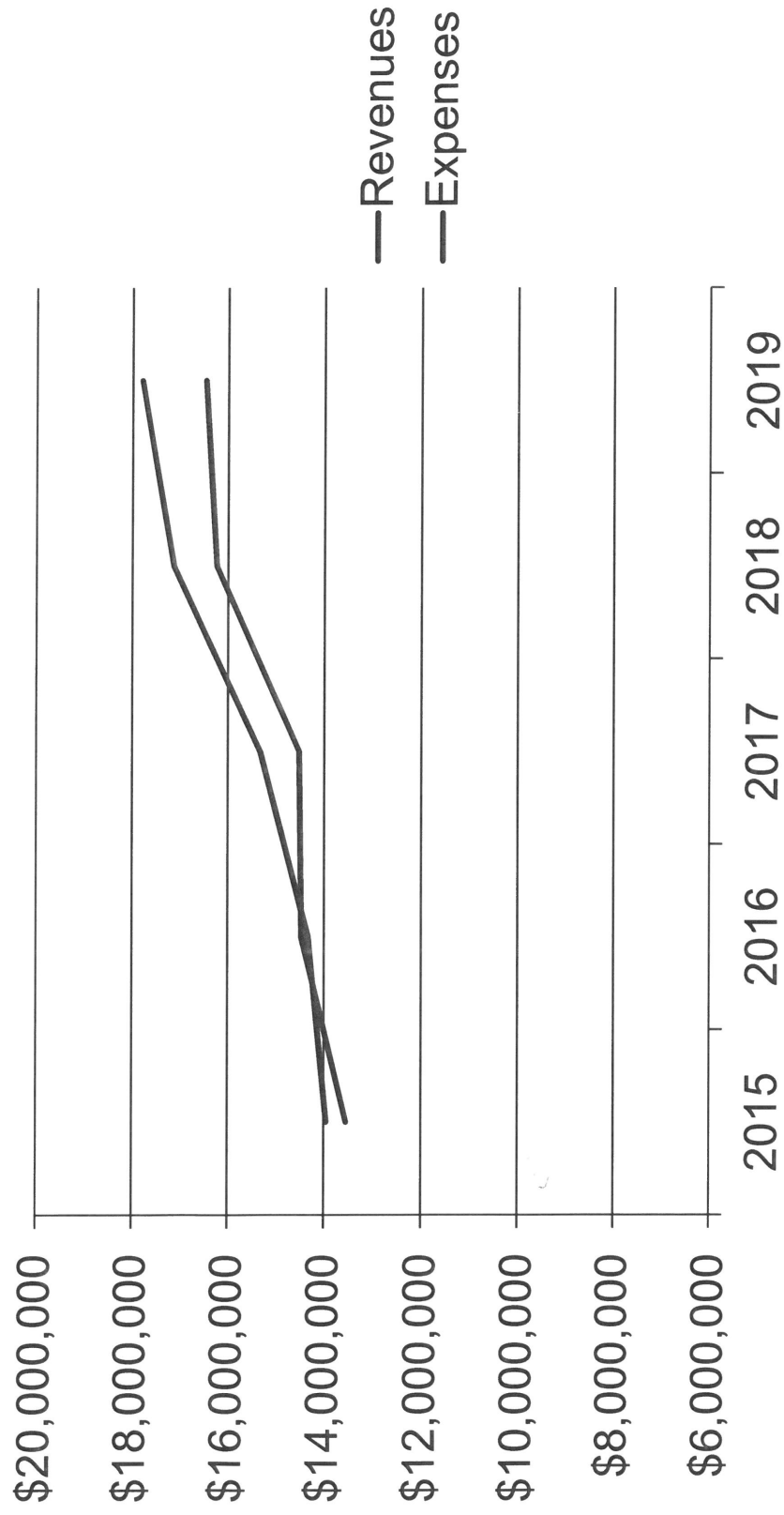


# BALANCE SHEET TRENDS – GENERAL FUND



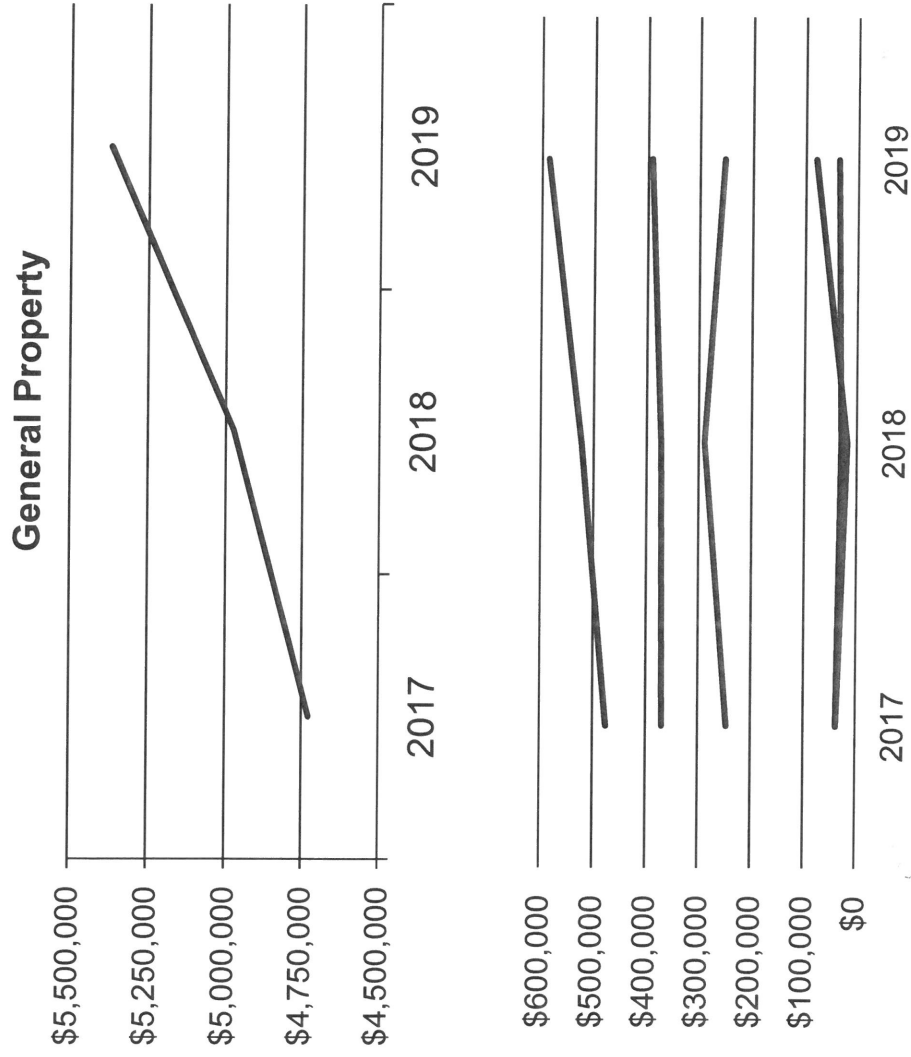
Source: Audited Financial Statements

# REVENUES OVER EXPENSES – GENERAL FUND

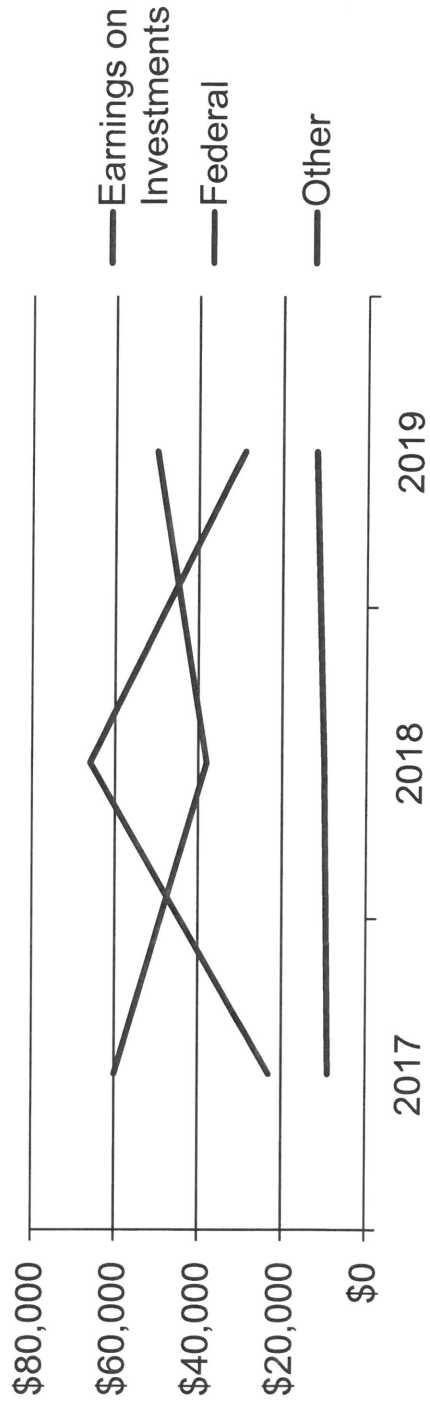
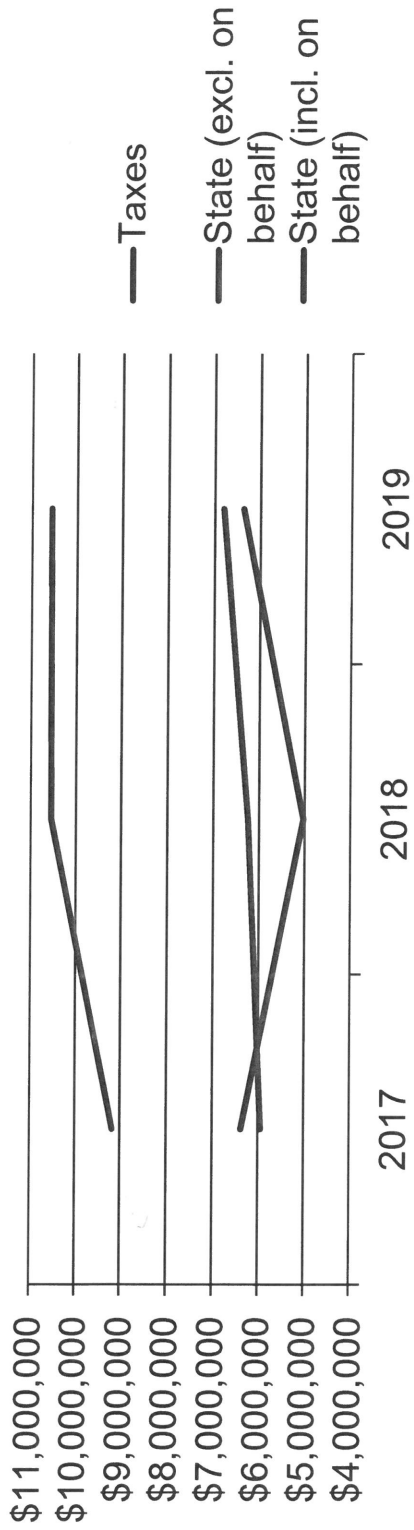


Source: Audited Financial Statements

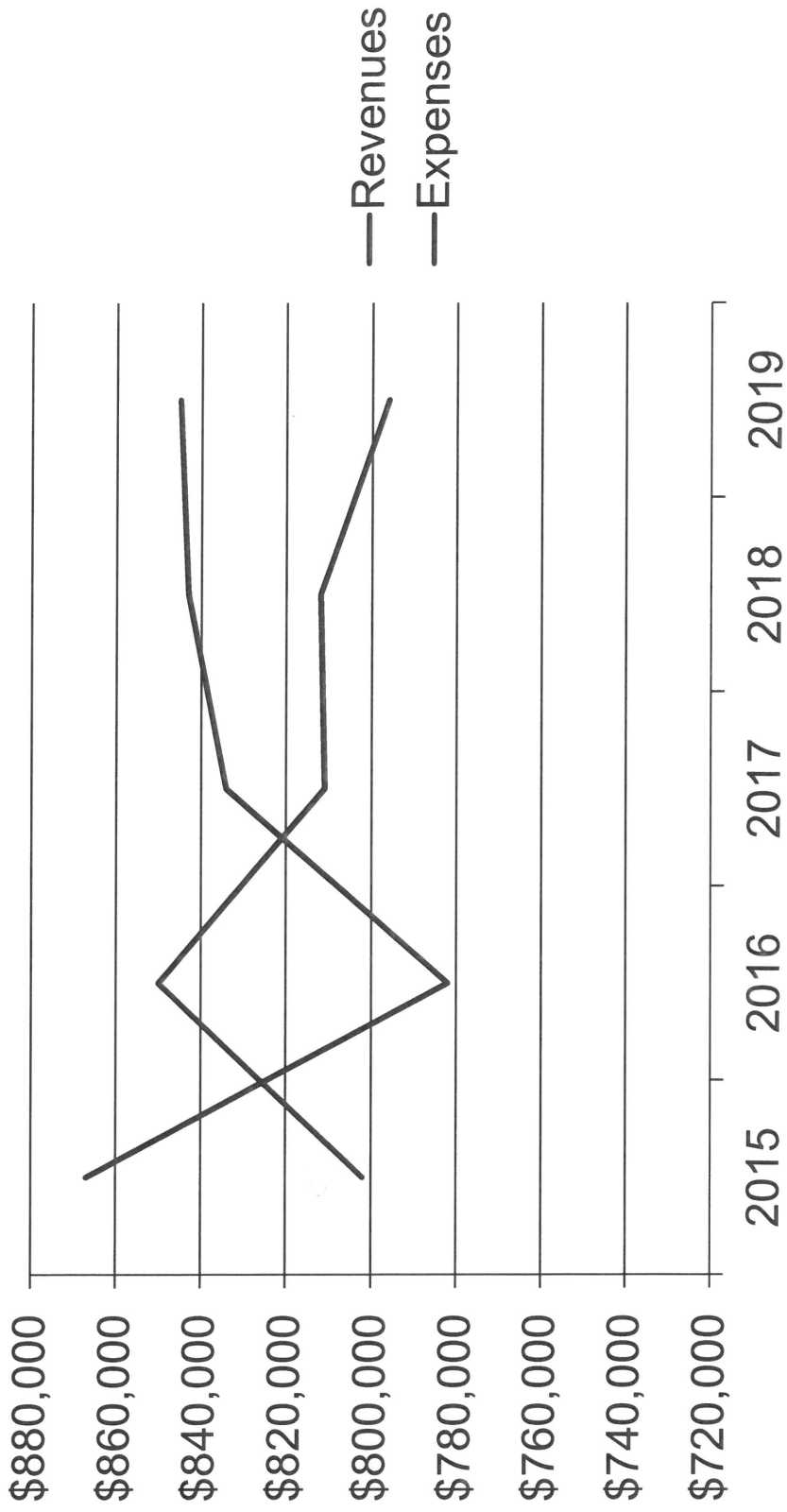
# TAX REVENUES GENERAL FUND



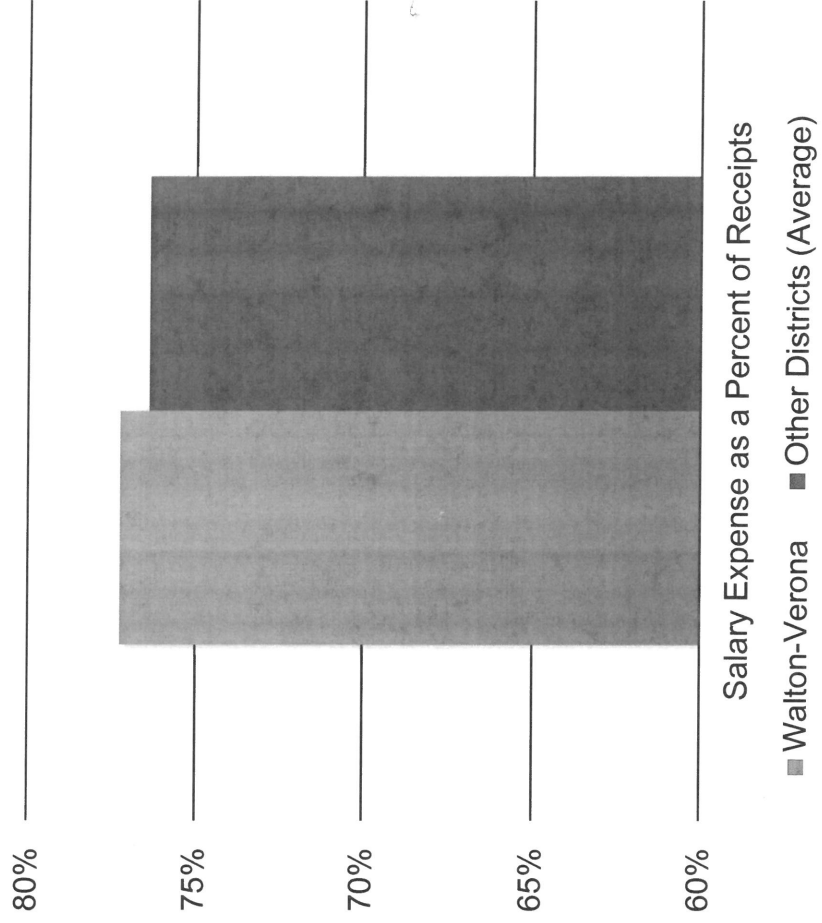
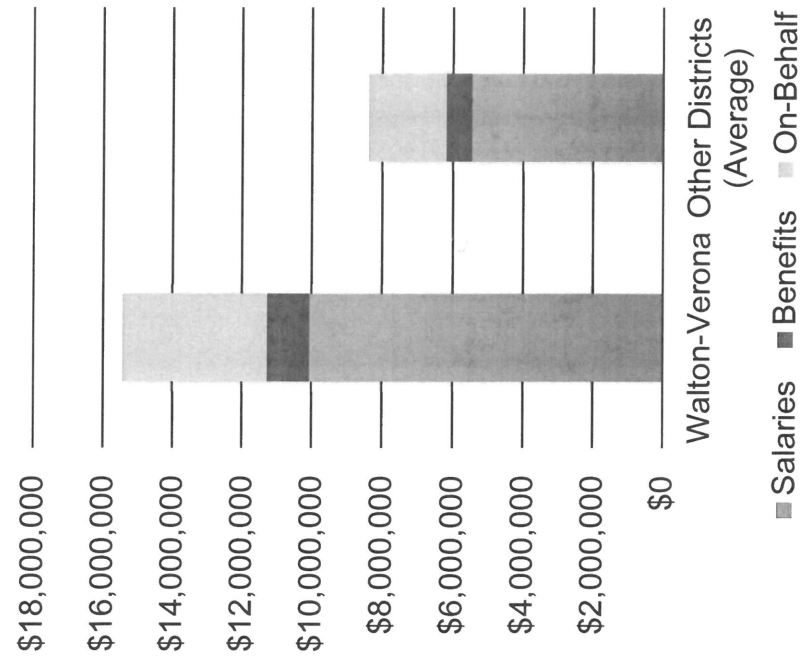
# GENERAL FUND REVENUES BY SOURCE



# REVENUES OVER EXPENSES FOOD SERVICE



# PAYROLL SUMMARY





WALTON-VERONA  
ELEMENTARY SCHOOL  
*A Tradition of Excellence*



Walton-Verona Elementary  
School Council Report for Board of Education  
12-19-19

- Winter MAP testing is finishing up. Upon completion, the teachers will be reviewing their students' progress, with particular attention being given to Conditional Growth Percentile (CGP). The CGP is a student's percentile rank for growth. If a student's CGP is 50, this means that the student's growth was greater than 50 percent of similar. A student who demonstrated growth equivalent to that of similar students will have a CGP of 50. Growth greater than the norm would result in a percentile rank higher than the 50th percentile, and growth less than the norm would result in a percentile rank lower than the 50th percentile. CGPs range from the 1st to 99th percentile. Last year, our fall to spring school median CGP was 56 for reading and 58 for math, which correlates with our high growth rating on KPREP. I will have the fall to winter CGP for the January board meeting.
- Our annual STEAM night took place on Nov 12<sup>th</sup>. The weather did not necessarily agree with us, but we had a great turnout nonetheless. Mrs. Brooke Lengle, our new STEM teacher, took the lead for this event for the first time. On top of our wonderful teachers and staff running STEAM activities, we also had folks from the Cincinnati Orchestra, Boone County Library, Boone County Conservation District, and the Ignite Institute just to name a few.
- For the first week of December, our PTA helped our students in our AR Store, which is sort of like a "Chuck E Cheese" style prize-for-AR points system. Kids who've taken an AR test get points based on how many correct questions they get. The points accumulate and are able to be "spent" at the store.
- For the second week of December, the students took part in our annual "Santa's Shop". Our PTA and a small army of volunteers help kids handle their money and make decisions on items to purchase for family members.
- After school ESS tutoring will be finishing up at the end of December. We will be tracking how the students improved that were involved in ESS through the winter MAP test. We will also begin exploring different options of when and how to offer ESS to students.
- The SBDM council approved the Comprehensive School Improvement Plan on December 18<sup>th</sup>. The 4 areas required in our CSIP are goals for growth, "gap," transition readiness, and proficiency.
- The SBDM council also decided to create an ad-hoc Math Curriculum Exploratory Committee. The focus will be predominately on vertical alignment of our math program at the elementary school.
- For the early release day on December 20<sup>th</sup>, teachers will be looking at MAP results as a grade-level to look for trends as it relates to content gaps.



Middle School Matters—Individually we are strong, together we are unstoppable.

**December, 2019**

**Walton Verona Middle School SBDM  
Thursday, December 12, 2019  
3:00 PM  
Library Conference Room  
Special Meeting**

- I. Call to Order
- II. Opening Business
  - A. Approval of Agenda
- III. New Business
  - A. School Improvement Plan - Public Input
- IV. Audience of Citizens
- V. Adjournment

**Walton Verona Middle School SBDM  
Thursday, December 12, 2019  
3:15 PM  
Library Conference Room  
Special Meeting**

- I. Call to Order
- II. Opening Business
  - A. Approval of Agenda
- III. New Business
  - A. Comprehensive School Improvement Plan Approval
- IV. Adjournment



# Walton-Verona Middle School December, 2019 Board Report

## WVMS Discipline Data

Attached is the summary of discipline through 12/16/19. The PBIS Team reviews this monthly and the middle school is currently working on teaching and establishing hallway behavior expectations school-wide.

## WVMS Archery

The WVMS Archery Club made history this past weekend in the St. Henry Tournament by placing 3<sup>rd</sup> place in the Middle School Division. It marked the first time that they placed in any tournament. Congratulations to Laurie Angel and all the archery club students for a much deserved accomplishment.



## WVMS STEM Program

The WVMS STEM Program has been a couple years in the works of revising the program to implement a full STEM-like Curriculum to our students. Below is an overview of what each grade level works on within the program. Thanks to Lauren Gosney and Tracy Bazsika for leading this positive change in programing.

**5<sup>th</sup> Grade-** The curriculum focuses on engineering during the 5<sup>th</sup> grade year. All of our units are hands-on and utilize performance based assessments. 5<sup>th</sup> grade students are taught the steps of the engineering design process and have to continuously refer back to each step and relate them to the lessons we are learning in our units. Some of our “big” units include: engineering a prototype aid drop package, engineering a prototype trap for an invasive species, and engineering a race car out of recycled materials.

**6<sup>th</sup> Grade-** Mrs. Baszika and I designed a new curriculum this year to replace the past science fair curriculum. This new curriculum satisfies many of the International Society for Technology in Education’s (ISTE) standards. During the first half of the year, students rotate through stations that each introduce a different technology. Students complete tasks while learning the new technologies and spend five to six class periods at each station. We use the following technologies for sixth grade: Brackitz (civil engineering/general engineering), Bloxels (game design and development), Snap Circuits (electrical engineering and circuitry), Animaker (animation & media development), and Code.org (block-based coding, web design, & app development). The second half of the year will include an engineering unit where students will use the engineering design process to design, develop, and test a prototype of a bicycle helmet.

**7<sup>th</sup> Grade**- The curriculum for the seventh grade has also changed to replace the past science fair curriculum. It is structured the same as the 6<sup>th</sup> grade curriculum, but uses some different technologies. The technologies introduced to the seventh grade students include: Snap Circuits (electrical engineering and circuitry), Makey Makey (circuitry, electrical engineering, coding), Dash Robots (robotics & block-based coding), Evobots (robotics, color coding, block-based coding), and Code.org/Scratch (block-based coding, web design, app development). The second half of the year will include a biomedical engineering unit where students develop models to exhibit and explain the behavior and characteristics of viruses.

**8<sup>th</sup> Grade Robotics**- The curriculum for robotics uses Lego robots to teach students about robotics engineering and programming using block-based coding. Throughout the school year students are required to program their robot to successfully complete course challenges by programming their robot while using their critical thinking and collaborative skills.

**8<sup>th</sup> Grade Intro to Game Design**- This class is a new addition to our STEM program this school year. At the end of last school year, students wanting to take this class were required to apply because of the amount of interest it had. We have a full class this year. To learn the basic principles behind game design and development, we are using an online program called GameStar Mechanic. It is my hope that students will also get the opportunity to learn programming languages that are often used in game development.

It is also a goal of this class for students to be introduced to career options in the gaming industry. Mrs. Baszika scheduled a guest speaker from the game design and development company, Valve, to speak with students via Skype. We are also planning to schedule another guest speaker in the spring.

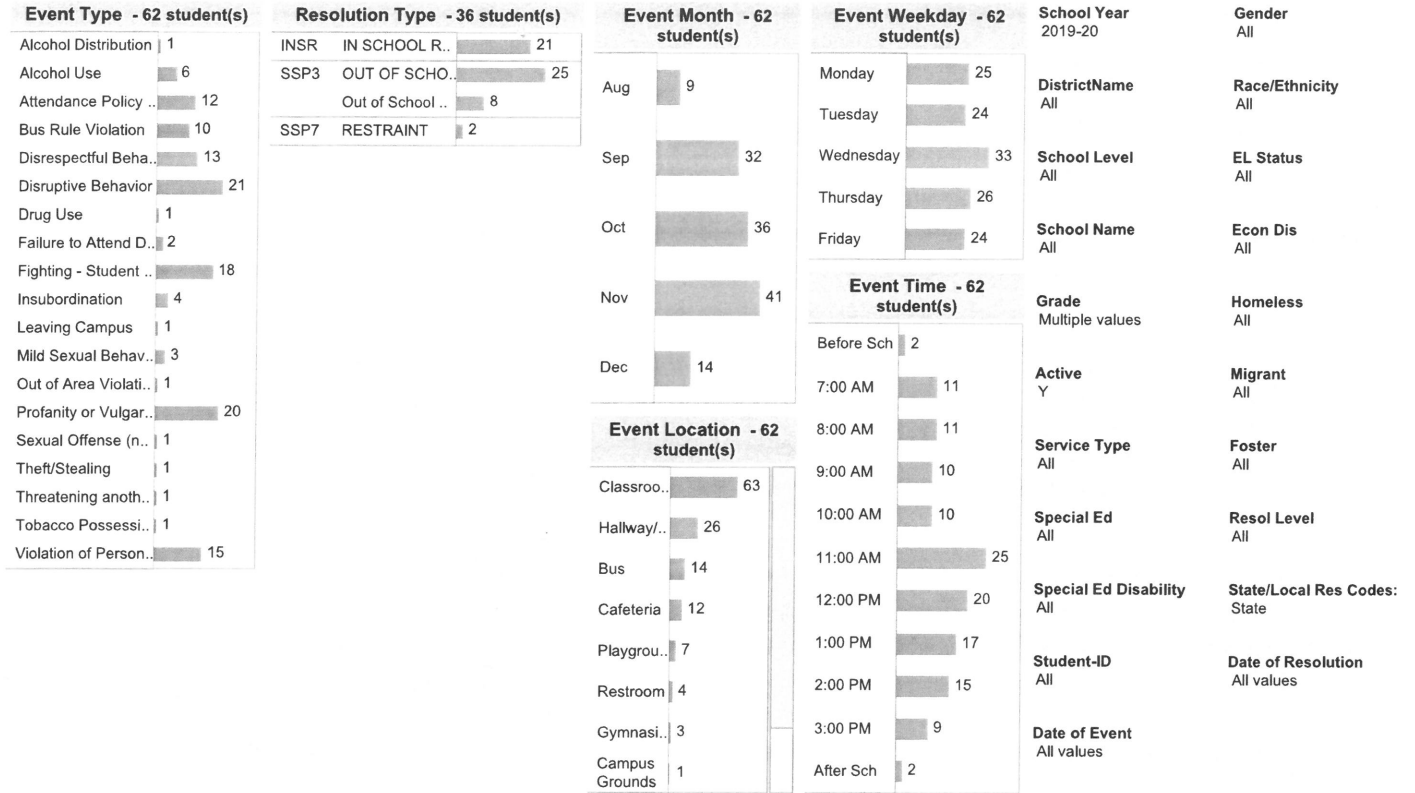
**Future Outlook**: Now that we have a STEM program in the elementary school, we will be able to advance our program in the middle school even further since these students will have the foundation they need to continue their growth in STEM education. As you can see from the amount of technology we have to purchase for our STEM program, it is important for our district to continue to invest in STEM education. Luckily, we have a school board and a district that it willing to do so and has proven to be very generous to our STEM programs. Thank you for that. We are also very excited that we will be “one to one” in our school soon, which will create many more opportunities for our students learning the technology component of STEM education, which is absolutely paramount to college and career readiness.

### ***Noteworthy WVMS Dates:***

**December 2019 – January 2020**

- **December 20 – Early Release Day**
- **December 23-January 3 – Winter Break**
- **January 6 – Classes resume**
- **January 16 – Spelling Bee**
- **January 20 – MLK Day (School Closed)**
- **January 23 – SBDM Meeting 3:00**

### Behavior Analysis





**Walton-Verona High School  
School Board Report  
December 2019**

On November 5<sup>th</sup>, Mrs. Hester spent the day in Freshmen English classes to talk with the ninth graders about the connection of KEES money with their year end GPA. She was able to use the students' first quarter grades to explain how their GPA links to KEES money.

On November 26<sup>th</sup>, our Seniors attended "Apply Day." All seniors rotated through five sessions geared towards life after high school and graduation. They heard a presentation from our former School Resource Officer, Deputy Combs on the responsibilities of turning 18, they attended a panel discussion of five graduates who each explored different paths after high school, they received an opportunity to update their Naviance accounts, they attended "Graduation 101" and we had representatives from NKU and Gateway who assisted students who wanted to apply there; admitting over 40 students on the spot during the event. NKU waived application fees to any senior what wanted to apply on our "Apply Day."

"Senior Success Sessions" have finished up for this school year. Seniors were scheduled in small sessions and met with Dr. Baker, Mrs. Hester and Ms. Otten to talk about their plans after graduation, career interests and other points of interest as generated by the specific group. Information was collected on each student to help us network them to opportunities as they come available to us.

"Junior Success Sessions" are scheduled for the month of January. The focus of these sessions is to determine if each junior has an idea of their post-secondary plans, to determine their areas of interest and other points of interest as generated by the specific group. Similar to "Senior Success Sessions" information will be collected on each student and the sessions will be run by Dr. Baker, Mrs. Hester and Ms. Otten.

The PTSA Student Ambassadors, under the guidance of Ms. Allison Schmidt, hosted a Hoxworth Blood Drive on Friday, December 13<sup>th</sup>. Approximately thirty-five people donated blood on this day.



**WALTON-VERONA HIGH SCHOOL  
UPCOMING DATES**

**Thurs. Jan. 14<sup>th</sup>:** Relatives Raising Relatives Luncheon Session  
Hosted by Liz Clifton, Youth Service Center and Tricia Pollard,  
Family Resource Center  
Multi-Purpose Room 11:00 – 12:30 p.m.


**WVHS School Board Data Report  
December 2019**
**Class of 2020 Transition Ready Update:**

Classification	August 2019	December 2019
Academic Ready	72	74
Career Ready	37	39
Both Academic and Career	23	24
Number Transition Ready	86	89

The Class of 2020 has 132 Seniors so this represents a 67% Transition Readiness Rate at this time.

**Class of 2020 Intervention Classes Update:**

Course Title	August 2019	December 2019
Math Intervention	41	30
Rdg/English Intervention	22	13

**December KYOTE Testing:**

KYOTE Test	Number Tested	Number Passed	*Number Retaking
Reading	17	2	5
Math	33	3	3

\*A student is eligible to retake a KYOTE test if they score within two points of the passing score. (Reading is a 20 and Math is a 22)

**December ACT Testing:**

Course Title	Number Tested
Math Intervention	10
Reading and English Intervention	9

December ACT Results will be received before the start of second semester.

Walton-Verona Independent 2019-20 Enrollment

School	Start of Year	Month 1 8/30/19	Attend. %	Month 2 9/27/19	Attend. %	Month 3 11/01/19	Attend. %	Month 4 12/3/19	Attend. %	Month 5 1/10/20	Month 6 2/10/20	Month 7 3/09/20	Month 8 4/13/20	Month 9 5/11/20	Month 10 6/04/20
ECC	68	69		79		83		87							
Elementary	644	656	97.53%	659	96.63%	668	96.36%	671	95.45%						
Middle	535	552	97.32%	544	97.05%	543	96.56%	544	95.99%						
High	541	554	96.69%	551	96.42%	550	95.86%	547	95.50%						
Total	1788	1831	97.20%	1833	96.70%	1844	96.27%	1849	95.63%						



# Walton-Verona Independent School District

# 2020-2021

## Academic Year Calendar Draft

### Notes

June 20						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 20						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 20						
Su	M	Tu	W	Th	F	Sa
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 20						
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
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27	28	29	30			

October 20						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 20						
Su	M	Tu	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 20						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	
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20	21	22	23	24	25	26
27	28	29	30	31		

January 21						
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					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 21						
Su	M	Tu	W	Th	F	Sa
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14	15	16	17	18	19	20
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28						

March 21						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 21						
Su	M	Tu	W	Th	F	Sa
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18	19	20	21	22	23	24
25	26	27	28	29	30	

May 21						
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						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 21						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 21						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 21						
Su	M	Tu	W	Th	F	Sa

September 21						
Su	M	Tu	W	Th	F	Sa

October 21						
Su	M	Tu	W	Th	F	Sa

November 21						
Su	M	Tu	W	Th	F	Sa

December 21						
Su	M	Tu	W	Th	F	Sa

January 22						
Su	M	Tu	W	Th	F	Sa

February 22						
Su	M	Tu	W	Th	F	Sa

March 22						
Su	M	Tu	W	Th	F	Sa

April 22						
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November 22						
Su	M	Tu	W	Th	F	Sa

December 22						
Su	M	Tu	W	Th	F	Sa

January 23						
Su	M	Tu	W	Th	F	Sa



## School Physical Activity Environment Assessment

Program/Activity	ES	MS	HS	Athletic Fields
Provide daily physical activity	K-4th			N/A
Provide at least 150 minutes of physical education per week		5th-7th		N/A
Provide at least 225 minutes of physical education per week		8th	PE	N/A
Provide classroom physical activity integrated into the school day	K-4th			N/A
Provide intramural physical activity opportunities	K-4th	5th-8th	Yes	N/A
Offer facilities to families/community for physical activity opportunities	Yes	Yes	Yes	Yes

### The data presented above

is a summary from the assessment of our physical activity environment. In addition, there are four certified physical education teachers in the district. Our athletic fields are modern, safe and available to the public at large on a year-round basis.

“Promoting healthy and safe behaviors among students is an important part of the fundamental mission of schools.”  
*School Health Index-Centers for Disease Control (CDC)*

### Physical Activity & Achievement

Schools play a crucial role in influencing physical activity behaviors. Sound curriculum, policies, and facilities create an environment encouraging students and staff to engage in a variety of physical activity

Intense physical activity programs have positive effects on academic achievement, including increased concentration, improved mathematics, reading, and writing test scores; and reduced disruptive behavior.

-- *Curricular Physical Activity and Academic Performance, Pediatric Exercise Science*



## Walton-Verona Independent School District

## Nutrition & Physical Activity Report Card

The Walton-Verona Independent Schools are dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach proficiency.

Walton-Verona Independent Schools  
 16 School Road, Walton, KY 41094  
**(859) 485-4181** [www.kyschools.us](http://www.kyschools.us)

# Walton-Verona Independent School's Breakfast and Lunch Program

The mission of the Walton-Verona School Food Service Program is to make a significant contribution to the overall physical and mental well-being of each student to enable them to participate fully in the education process. This will be achieved by providing wholesome, high quality, nutritious and appetizing meals served in a courteous manner, in a sanitary and pleasant environment.

The mission will be pursued in the most efficient and cost effective means possible, in compliance with the Kentucky Department of Education's National School Breakfast and Lunch Program. School meals will reflect nutrition standards which require that over a weeks menu cycle, breakfast and lunch provides students with two-thirds of the Recommended Daily Allowance (RDA) for protein, vitamins A and C, iron and calcium established by USDA, conforms to good menu planning principles, and features a variety of healthy choices that are tasty, attractive and of excellent quality in moderate portions.

Walton-Verona Independent School District is phasing in the New Meal Pattern for the Healthy, Hunger-Free Kids Act of 2010 that was signed into law on December 13, 2010.

Our lunch meals are planned on a two-week cycle at the Elementary and a one-week cycle at the Middle/High School Food Court and provides for variety. An analysis of our lunch menu is found in the Nutrient Analysis section of this report. This information will be changing upon the completion of the New Meal Pattern being phased in.

The table below provides a synopsis of the lunch program, including participation and financial data for the 2018-2019 school year.

<b>Federal Reimbursement</b>	<b>\$380,456.09</b>
# Schools Participating	3
Total Lunches Served	156,951
Average Daily Participation	917
Cost of Food Used	\$272,065.97
# of Students Approved for Free Meals	639
# of Students Approved for Reduced-price Meals	85
# of Students Approved for Paid Meals	1050

numbers based on April 2019 information

## Breakfast and Lunch Prices

### Lunch Prices

Adult Price: \$3.50  
 Student Reduced Price: \$.40  
 High/Middle Student Paid: \$2.75  
 Elementary Student Paid: \$2.50

### Breakfast Prices

Adult Price: \$2.50  
 Student Reduced Price: \$.30  
 District Student Price: \$1.25

## Nutrient Analysis

Averaged over the course of a week lunch menus offered in our school provide the following:

Nutrient	Target K-4	Target 5-8	Target 9-12
Breakfast Calories	350-500	400-500	450-500
Lunch Calories	550-650	600-650	750-850
Saturated Fat	Less than 10% of Calories over a week		
Trans fat	Zero grams per serving		
Sodium	1230 mg	1360 mg	1420 mg
Whole Grains	51% or more of the grains must be whole grain		
Milk	All fluid milk is Low-fat unflavored and fat free chocolate & white.		
Fruit	1/2c fruit required daily at breakfast & lunch		
Veggies	Daily vegetable requirements include dark green, red/orange, beans/peas (legumes), starchy, and other vegetable subgroups		



**Walton-Verona District Wellness Program Review**

May 2019

All schools took the Healthy School Program Assessment provided by [www.healthiergeneration.org](http://www.healthiergeneration.org). Each school met with their committees and stakeholders to review the results of the survey and complete a Finding and Recommendation worksheet. Below are the summaries of each school.

**Elementary School****Findings:****Nutrition Environment:**

- WVES Cafeteria is performing at a high level when it comes to upholding the USDA Smart Snack initiative. While we cannot /do not control what kids bring in for lunch (if they pack), we do monitor closely what we serve. Our school lunches are well balanced and appealing to the masses.
- WVES does a great job in abiding by our snack policy which consists of avoiding eating in the classroom and promoting non-food rewards for parties/celebrations in the class.
- The "share bucket" of sealed foods kept in ice (fruit cups and milk) is used consistently by our students in the cafeteria so that food is not wasted.

**Health Environment:**

- WVES has in place a research-based curriculum for teaching health standards called Health Smart. K-3 is done 3 x monthly and 4<sup>th</sup> grade is done 2 x monthly. Counselor teaches mental emotional health through another researched based curriculum called Second Steps and Steps to Respect done 2 x monthly with all grades.

**Physical Activity Environment:**

- WVES does a good job of meeting the elementary requirement of 150 minutes a week of activity time. Through our schedules outdoor planned physical activity time and physical education class, we are more than covered in sheer minutes. When weather dictates, most classrooms do a variety of movement breaks throughout the day.
- Teachers who feel that a student has not earned the right to play with others will have them walk the playground in a defined path for part of their outdoor time instead of just sitting.

**Recommendations:**

- Retrain staff on expectations regarding food in classrooms and using food as reward. Remind them of nutritional standards.
- Have teachers collaborate on movement break ideas in class (which increases physicality but also can help reduce behavior issues).
- Explore creating a policy or procedure on head injuries. Currently, we feel all the schools handle these a little differently.
- Be sure students in self-contained (or mostly self-contained) special education classrooms are also experiencing the required number of minutes of physical activity per week.

## Middle School

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### Findings:

#### **Nutrition Environment:**

- WVMS meets most guidelines for healthy nutrition
- Health education curriculum address proper nutrition

#### **Physical Activity Environment:**

- Physical Education class offered to most students
- Regular planned physical activity
- Classrooms provide regular movement as part of daily instruction

### Recommendations:

- Continue to provide more opportunities for students to participate in physical activity
- Field Day – new activity for 2018-19
  - Reflect and grow event
- School-wide program for SEL (Social Emotional Learning)
- Continued PD for staff on mental/emotional health
- Continued work w/PTSA for student activities
- Continued work w/PTSA for parent information sessions (ex. Vaping)

## High School

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### Findings:

- There were no changes to the District Wellness Policy, so we discussed how our concerns fit within the current plan and how we can "get back to basics." Here is the plan for the 2019-2020 School Year:
  - A review with all staff on opening day of our current District Wellness Policy.
  - A review with all staff on opening day of our "getting back to the basics" plan
    - No food permitted in the classrooms (also reference the code of conduct)
    - If a student purchases food from the cafeteria at any time of the day, it must be eaten in the cafeteria. (only permissible place to eat food by the Code of Conduct). We will add signage at the cash registers of "Hours of Operation" for high school purchasing.
    - No selling of food for fundraisers where the food is consumed/made available during the school day UNLESS the food meets the healthy snack guidelines.
    - We can no longer use food as rewards UNLESS the food meets the healthy snack guidelines.
    - Encourage other rewards such as the dodge ball tournament we recently had.

- An overview with the staff of some activity ideas that will be implemented
  - Classroom Physical Activity Breaks (Thank you Clint and Reannon!)
  - Walk to School Week (Thank you Becky Acuff and Student Ambassadors!)
  - Bike to School Week (Thank you Becky Acuff and Student Ambassadors!)
  - Order an additional bike rack – current bike rack is always full (Joanne will work with Kevin Ryan on this purchase.)
  - Food Allergy Awareness Video to show to the student body (Thank you Clint, Reannon and Nurse Cooke!)

### **Recommendations:**

#### **Nutrition Environment:**

- Get back to the basics, "No Food in the Classrooms."
- Stress and enforce "No Food Rewards"
- Investigate necessary steps to move to "Water Only" in the classrooms.
- Can the district/school develop a policy that prohibits the dropping off of fast food for students to have at lunch?
- Review Code of Conduct in neighboring districts to see what their policies are in regards to food/drinks in the classrooms. Bring those findings to the Code of Conduct Committee in the spring of 2020. (Carla Smithers has agreed to be a part of that committee.)

#### **Physical Activity:**

- Area for improvement is the "Active Transport" section. (Page 13)
- Staff Wellness – Possible extension through the school year.
- Health/PE teachers present ways to promote short physical activity breaks (3-5 minutes) for students during classrooms time.
- Buy an additional bike rack
- Investigate the possibility of having the American Heart Association visit our school for blood pressure checks. (Nurse Cooke will look into this possibility.)