

Assistant Commissioner Sarah Bridenbaugh

Topic

Attendance on Behalf of KHSAA

Attendance for KHSAA

**Meeting_Session
Attended**

NFHS National Student Leadership Summit

**Takeaways to help
Board and Staff**

Attended the 2026 NSLS along with our 16 members of Student Advisory Group. There were 220 students and nearly 100 adults from 30 states, including representatives from Canada and Honduras. the Summit was action packed and educational. Student ambassadors learned how to create a positive culture on their team/club and how to be better communicators with their peers and adults. They learned how to develop and maintain healthy relationships with teammates, fellow participants, coaches/adult leaders and officials.

This Summit helps further develop a better understanding of each student's positive leadership skills, and to be aware of the privilege and power of their influence in their school, community and state. By utilizing a lead the leader concept, the student and adult ambassadors will be developing skills to effectively lead their peers at school and in their state association.

Another topic that has gained momentum and importance is mental health. More now than ever, our young people are feeling the pressures of school, athletics, activities, and life.

Through a series of interactive activities to help manage their mental health and identify local advocacy resources if more care is needed. A "Master Class" into social media responsibility and brand development helps highlight the positives of social media. Social media is in every aspect of our world and being more responsible with developing and maintaining your brand is ever important.

Lastly, the entire group of students will participate in an exciting engagement with local Indiana Special Olympic athletes and local Indiana Unified team schools for joint competition, shared athletic experiences and joyous camaraderie!

While at the conference, we met three times with the students from Kentucky on our own, to continue planning for the 2026 HYPE Conferences and check-in on how the conference was going. They enjoyed meeting students from all over the country as well as the friendships and team chemistry that was established for the Kentucky Group.

2026-27 KHSAA Student Group:
Corran Blair, Beechwood
Kate Borders, Tates Creek
Mya Moore, Elizabethtown
Reagan Workman, Mason County
Isabella Fish, Scott
Terrance Drake, Bethlehem
Landon Atcher, Elizabethtown

Marcellus Ashford, Bryan Station
Collen Harley, Mercy
Triniti-Ann Steed, Sacred Heart
Sawyer Maggard, West Carter
Mason Clements, McCracken County
Jackson Kincaid, George Rogers Clark
Ella Dulaney, Frederick Douglass
Madelyn Boling, Paducah Tilghman
Kinly Cooper, Pendleton County