

READY4Life Powell County High School

Introduction

Gateway Community Action and Kentucky River Foothills Development Council is excited to partner with Powell County High School to bring the **READY4Life program** (18 hours) to your students. READY4Life is a federally funded initiative designed to help young people build the skills they need to succeed in school, relationships, and future careers.

What READY4Life Offers Students (grades 9-12)

- **Healthy Relationships** – Lessons on communication, conflict resolution, and making positive choices in friendships, dating, and family life.
- **Career Readiness** – Training in teamwork, leadership, problem-solving, and goal-setting that prepares students for both college and the workforce.
- **Life Skills** – Practical skills in decision-making, managing stress, and planning for the future.
- **Engagement** – Interactive, discussion-based classes that encourage participation and real-world application.
- **Stipend**

Benefits for Students

- Improves students' ability to work with peers and teachers.
- Builds stronger confidence in decision-making and leadership.
- Equips them with tools to avoid risky behaviors and make healthy choices.
- Provides a foundation of skills that employers and colleges are actively seeking.

Why This Matters for Powell County

Powell County students deserve every advantage to prepare for life beyond high school. READY4Life is not just another class—it's a practical investment in their futures, helping them navigate relationships, responsibilities, and career opportunities. With Gateway Community Action and Kentucky River Foothills long history of supporting families in our region, READY4Life is a natural extension of our mission to strengthen communities by empowering young people.