

Counselor's Corner

July 2026

Ms. Jennifer Weber and Dr. Michelle Cravens

- **Breathe for Change:** Funding from the Trauma-Informed Grant provided Dr. Cravens the opportunity to join over 150 educators nationwide to learn how yoga can be intertwined with social-emotional learning and meditation to help our students, staff, and community members improve their mental health. Throughout the summer, Dr. Cravens has participated in this 200-hour yoga training to earn her certification and bring the Breathe for Change strategies to Southgate. She is excited to incorporate her new knowledge into our mental health services in the coming school year!
- **Enrollments/Registration:** The administration team has worked together to review and prepare student enrollments for next year. As part of the process, the team met with families, collaborated with other local schools, tested students, and evaluated tuition applications. Ms. Weber has ensured that all graduating 8th graders have secured placement at a high school for next year, and we have also begun the process of transitioning our registration paperwork to an online format. We have initiated many changes that we hope will streamline our process to prepare for the start of the 26-27 school year.

