



Fall 2026 Site Application Confirmation

Thank you for planning to join us for our Fall 2026 Season!

The 9-week season (8-week curriculum with one week of float) begins the week of Sept. 21. The date of our in-person 5K is Nov 21.

Next step - coach application process:

Anyone planning to coach in fall 2026 must complete the Coach Application (<https://www.pinwheel.us/r/QITly7K>) by July 10, 2026. You may forward the link to anyone not listed on the site application (and therefore not receiving this email) and it is live on our website (<https://www.gotrcincinnati.org/coach>).

We strive to build strong relationships and maintain meaningful partnerships with local schools and community centers; the result has been a vibrant network of individuals committed to making a difference in their community, and a growing program that annually serves upwards of 2,000 girls in the tri-state. We look forward to working with your site, staff, girls, and their families in the spring!

Memorandum of Understanding - outlines the responsibilities and agreement of partnership with Girls on the Run Greater Cincinnati. Please save this MOU shown below:

Girls on the Run Greater Cincinnati agrees to:

Supply the curriculum and all program materials/supplies for participants and coaches.

Administer and manage the online program registration and requests for financial assistance at the program site.

Provide training to new volunteer coaches.



Provide one CPR certification per team as needed through our online program and in-person skills test.

Background check all volunteers who will come into contact with program participants.

Support volunteer coaches and site liaisons through the distribution of program outreach materials, volunteer newsletter, and assistance with questions and issues that may arise during the program season.

Provide liability insurance coverage for the host site.

Provide feedback as needed or requested by the program site.

YOUR SITE agrees to:

Provide space adequate for GOTR to administer the program;

Deliver the Girls on the Run or Heart & Sole program as intended in the provided curriculum and within the time frame defined by GOTR staff;

Identify and designate a site liaison (this may be the head coach) who will assist with the dissemination of registration materials and communicate with GOTR in a timely manner;

Assist in securing volunteer support sufficient to administer the program at the site (minimum of three coaches registered and no less than two coaches at every lesson);

Provide registration/program materials and information to all girls in eligible grades at the program site and encourage participation through announcements, communication with parents/guardians, and general school support.

At Girls on the Run, we believe that life-changing experiences can be fun—for everyone—the girls, coaches, families, and other volunteers. A typical Girls on the Run practice will include laughter along with self-reflection, beaming smiles, and radiant faces. Here, girls learn that there are no limits and no constraints. Only opportunities to be remarkable.

Waivers and Agreements

Principal/Site
Director Approval

Principal/Site Director Approval

Please indicate that you have received permission from the school principal or site director, allowing Girls on the Run to be hosted at your site, by checking the box and entering your signature below:

Electronic
Signature:

Tiffany Hicks