

# School Safety and Resiliency Act Trauma-Informed Approach Plan for 2026 - 2027

**District Name:** Hopkins County Schools

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*KRS 158.4416(1) defines a "trauma-informed approach" as, "incorporating principles of trauma awareness and trauma-informed practices in a school in order to foster a safe, stable, and understanding learning environment for all students and staff and ensuring that all students are known well by at least one (1) adult in the school setting."*

*Section (5) requires each local board of education and board of a public charter school to develop a plan for implementing a trauma-informed approach in its schools. The plan shall include but not be limited to strategies for:*

- (a) Enhancing trauma awareness throughout the school community;*
- (b) Conducting an assessment of the school climate, including but not limited to inclusiveness and respect for diversity;*
- (c) Developing trauma-informed discipline policies;*
- (d) Collaborating with the Department of Kentucky State Police, the local sheriff, and the local chief of police to create procedures for notification of trauma-exposed students; and*
- (e) Providing services and programs designed to reduce the negative impact of trauma, support critical learning, and foster a positive and safe school environment for every student.*

## School Safety and Resiliency Act Trauma-Informed Approach Plan for 2026 - 2027

Required component in KRS 158.4416	Strategies/Practices	Data used to document/monitor implementation	Timeline	Resources and partners used	Role or committee(s) responsible
<p><i>Ensuring that all students are known well by at least one adult in the school setting</i></p> <p><b>Goal:</b> HCS will implement systems and relationship-building practices to ensure every student is connected with at least one trusted adult in the school setting who knows the student well and can provide support, guidance, and advocacy to promote academic success and emotional well-being</p>	<p><b>Name and Claim</b>, including check-ins with trusted adults.</p> <p>- SAMPLE <a href="#">Transitions spreadsheet</a> for students changing to middle or high school.</p>	<p>MTSS/TIC school team meets monthly to monitor progress. PLCs discuss progress once a month</p>	<p>Name and Claim is an ongoing process</p>	<ul style="list-style-type: none"> <li>● HCS Student Support Site</li> <li>● Outside agencies</li> <li>● PLCs</li> <li>● MTSS Resources from KDE</li> <li>● All school faculty and staff, parents and community members when appropriate</li> <li>● MTSS/TIC School Team and School PLCs</li> <li>● District Social Worker</li> <li>● School Counselors</li> <li>● Mental Health Counselors</li> </ul>	<ul style="list-style-type: none"> <li>● School level MTSS/TIC team, faculty and staff, and district staff</li> <li>● School PLCs</li> <li>● Front office, admins, FRYSC, Teachers, Parents/Guardians</li> <li>● District Social Worker</li> <li>● School Resource Officers</li> </ul>
	<p><b>MTSS/TIC Meetings</b> to discuss Tier 3 students</p> <p>- SAMPLE <a href="#">Tier 3 Student Check-Ins</a></p> <p>- SAMPLE <a href="#">Meeting Agenda</a></p> <p>- SAMPLE <a href="#">Action Plans</a> for Tier 3 Students</p>	<p>MTSS/TIC team at school level monitors tracking spreadsheets</p> <p>Future behavior referrals/screeners</p>	<p>Monthly</p>		
	<p><b>Guardian Meetings</b> on new students</p>	<p>Data gathered from Guardian and Transition Meetings</p>	<p>This form is for new students enrolling throughout the school year. A check-in is required within one week and one month.</p>		
	<p><b>Transition meetings</b> with District Social Worker on students transferring back from HCDDT or facility.</p>		<p>This form is for students returning from a facility or HCDDT.</p>		

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<p><i>Enhancing trauma awareness throughout the school community</i></p> <p><b>Goal:</b></p> <p>HCS will increase trauma awareness among staff, students, and families by providing ongoing professional learning and community education focused on recognizing the impact of trauma and implementing trauma-informed practices that support student resilience and well-being</p>	<p><b>Ongoing Staff Training through PLCs</b>, District TIC Meetings, Team Hopkins Teach Together, Youth Mental Health First Aid, and Safe Schools Annual Trainings</p>	<p>Training Agendas and Certificates</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>● Kentucky Counselors Association</li> <li>● American Counselors Association</li> <li>● Health Department</li> <li>● MPD and Hopkins County Sheriff's Department</li> <li>● GRREC/WKEC</li> <li>● School counselors and mental health counselors</li> <li>● Safe schools videos</li> <li>● FRYSC</li> </ul>	<ul style="list-style-type: none"> <li>● District TIC team</li> <li>● School TIC teams</li> <li>● PBIS/MTSS</li> <li>● FRYSC</li> <li>● Counselors</li> <li>● Communications Specialist</li> <li>● District Social Worker</li> </ul>
	<p><b>Community Newsletter</b>, including mental health tip of the month</p>	<p>Monthly newsletters</p>			
	<p><b>Enhance Family Education</b> by providing parents with resources, workshops and opportunities through our FRYSCs and Family Engagement programs</p>	<p>Participation data of events concerning trauma and resilience</p>			
	<p>District will provide <b>self-harm and threat assessment protocol</b> for school staff, which includes DCBS referral protocol.</p>	<p>Equus Reports</p>			

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<p><i>Conducting an assessment of the school climate</i></p> <p><b>Goal:</b></p> <p>HCS will conduct regular school climate assessments to gather feedback from students, staff, and families in order to evaluate perceptions of safety, belonging and support, and use the results to guide continuous improvement efforts across all schools.</p>	<p><b>Districtwide school climate survey</b></p> <hr/> <p>Gather feedback during <b>pulse checks</b> (minute meetings).</p> <hr/> <p><b>KSA Survey</b></p> <hr/> <p><b>PBIS/Title I survey for families</b></p> <hr/> <p><b>Impact KY Working Conditions Survey</b></p>	<p>Use survey data to drive continuous improvement efforts and communicate results with school and district staff, students, families and community</p>	<p>Beginning of the Year - PBIS/Title I Survey</p> <p>Mid-Year - Impact KY Survey, District-wide School Climate</p> <p>End-of-Year - KSA Survey</p> <p>On-Going - Pulse Checks</p>	<ul style="list-style-type: none"> <li>● GRECC and WKEC</li> <li>● Mental health personnel</li> <li>● School and district PBIS Teams</li> <li>● KSA Resources</li> <li>● Impact Resources</li> <li>● School TIC Team</li> </ul>	<ul style="list-style-type: none"> <li>● District and School Admin Teams</li> <li>● School and District PBIS Teams</li> <li>● Title I Committee</li> <li>● School PAC</li> <li>● School TIC Team</li> </ul>

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<p><i>Developing trauma-informed discipline policies</i></p> <p><b>Goal:</b></p> <p>HCS will develop, update and implement a district Code of Acceptable Behaviors and HCS Student Support Site for staff to use as a guide for state/district policies and procedures.</p>	<p><a href="#">HCS Student Support Site</a></p> <ul style="list-style-type: none"> <li>• Framework of Trauma Informed Plan with strategies for each tier.</li> <li>• Resources for trauma informed care, FRYSC, attendance and truancy, community resources, etc.</li> </ul>	<p>Standing agenda item for discussion during TIC, Principal, Assistant Principal, Counselor, FRYSC and Attendance Meetings</p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• <a href="#">HCS Student Support Site</a></li> <li>• PBIS, Code of Acceptable Behavior</li> <li>• <a href="#">PBIS.org</a></li> <li>• WKEC and GRREC</li> <li>• Equus</li> <li>• District and school admin teams</li> </ul>	<ul style="list-style-type: none"> <li>• District and school admin teams</li> <li>• PBIS committee</li> <li>• Code of Acceptable Behavior Committee</li> </ul>
	<p><b>Districtwide use of PBIS</b></p>	<p>IC Tableau with school behavior and discipline data</p>			
	<p><a href="#">Code of Acceptable Behavior and Discipline</a></p>				
	<p><b>Equus</b></p>	<p>Equus Data</p>			

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<p><i>Collaborating with the Department of Kentucky State Police, the local sheriff and the local chief of police to create procedures for notification of trauma-exposed students (Handle with Care/HWC notification)</i></p> <p><b>Goal:</b></p> <p>District and school staff will collaborate to ensure HWC-identified students receive appropriate supports and interventions.</p>	<p><b>Handle with Care Email notification system</b></p> <ul style="list-style-type: none"> <li>Update team members as needed.</li> </ul>	<ul style="list-style-type: none"> <li>Handle with Care notifications</li> <li>DCBS Reports</li> </ul>	<ul style="list-style-type: none"> <li>Ongoing/yearly</li> </ul>	<ul style="list-style-type: none"> <li>Law enforcement agencies and SROs</li> <li>CPS</li> <li>FRYSC</li> <li>School and Mental Health Counselors</li> <li>Mental Health Referrals</li> </ul>	<ul style="list-style-type: none"> <li>District and school administrators</li> <li>SROs</li> <li>FRYSC</li> <li>Mental Health Referrals</li> </ul>
	<p><b>Communication with SRO and law enforcement</b> to provide needed details. Mental health care referral, make sure all appropriate people on Handle with Care.</p>				
	<p><b>School SRO at each school</b></p>				

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<p><i>Providing services and programs designed to reduce the negative impact of trauma, support critical learning, and foster a positive and safe school environment for every student.</i></p> <p><b>Goal:</b> School TIC teams will collaborate to analyze student data, discuss student needs, and share strategies so that school staff can better support students impacted by trauma.</p>	<p><b>School MTSS/TIC and District TIC Meetings</b> <b>Mental Health Counselors will collaborate with school staff to provide on-going training and support on trauma-informed care in the classroom</b></p>	<p>MTSS/TIC team will review student data using the Early Warning Indicator, teacher referrals, behavior data, alternative placement and facility enrollments</p>	<ul style="list-style-type: none"> <li>● School team monthly and district team bimonthly</li> <li>● Ongoing</li> </ul>	<ul style="list-style-type: none"> <li>● Partnership with law enforcement</li> <li>● Mental health counselors</li> <li>● Additional community organizations such as Light of Chance, court system, health department</li> <li>● Sources of Strength</li> <li>● School and district MTSS/TIC Teams</li> </ul>	<ul style="list-style-type: none"> <li>● School and district TIC Teams</li> <li>● Mental Health Counselors</li> <li>● District Social Worker</li> </ul>
	<p><b>Mental Health Counselors will collaborate with school staff to provide on-going training and support on trauma-informed care in the classroom</b></p>	<p>Meeting Agendas and school calendars</p>			
	<p><b>Guardian and Transition Meetings</b></p>	<p>Data gathered from Guardian and Transition Meetings</p>			