



Fayette County
Public Schools

**Executive Summary
Fayette County Public Schools Board Meeting
Agenda Item**

MEETING: Regular **DATE:** 12/18/2025

TOPIC: Annual Health and Wellness Report

PREPARED BY: Debbie Boian and Angela Stark

Recommended Action on:
Informational Item

Superintendent Prior Approval: Yes

Recommendation/Motion: Report for information only

Background/Rationale: Previously the District was required to present an annual Nutrition and Wellness Report to the Board and to the public for comment. That report requirement was removed from statute by the Kentucky Legislature last spring. However, the Board has requested that we report on Wellness Activity through the CDC Healthy Schools Grant, as well as information from our Medical Services providers each year. This report is to satisfy that request.

Strategic Priority:

- Student Achievement Unity, Belonging & Student Efficacy
- Highly Effective, Culturally Responsive Workforce
- Outreach & Engagement Organizational Health & Effectiveness

Data Considerations: Alliance for a Healthier Generation Reports, District data, teacher and family feedback

Policy: KRS 158.856, 160.345, and 702 KAR 6:090, Board Policy 01.1 Powers and Duties of the Board

Fiscal Impact: None

Attachments(s): Wellness Powerpoint Presentation, Healthfirst Bluegrass 2024-25 data, Lexington Fayette County Health Department 2024-25 data