

Assistant Commissioner Sarah Bridenbaugh

Topic

Attendance on Behalf of KHSAA

Attendance for KHSAA

**Meeting_Session
Attended**

Middle School Committee Meeting

The Committee met October 13-14 in Indianapolis and I currently serve as committee chair.

The Committee continues to work towards providing resources for middle school athletics across the country.

GOALS AND INITIATIVES

- ☐ Continue to develop and distribute mental health resources created by Sports medicine advisory council (SMAC) and Learning Center.
- ☐ Continue to develop national awareness campaign with state associations and national governing bodies to highlight the middle level by attending state conferences, national conventions and establishing relationships with organizations.
 - o Promoting NIAAA middle level athletic/activities director courses
 - o Work to establish middle school track for attendees at National Athletic Director Conference.
 - o Recommend round table discussion and possible session topic on the importance of middle school participation at the NFHS Winter Meeting.
- ☐ Develop the case for middle school involvement and student participation through NFHS resources, messaging and state association engagement that fosters student belonging, community and support.
 - o Committee members will meet virtually throughout the year to produce materials to promote this messaging.
- ☐ Develop a "Transition to Middle School" promotional video encouraging students to explore and engage in school-based clubs, activities, athletics, and performing arts, highlighting the benefits of participation and belonging.
- ☐ Continue to develop and strengthen a comprehensive communication pipeline that ensures consistent distribution of NFHS resources through strategic partnerships with national organizations, state association contacts, and other key entities at the state level.

**Takeaways to help
Board and Staff**

General Commentary

Highlighted the Arts Advocacy page (<https://artsadvocacy.nfhs.org/>) and the career development component. This resource highlights career

options and lesson plans in Music,
with speech, debate and theater being developed this year.