

# Food Service Department



### Share Bin

Placed in an area near the cashier where students may return whole food or beverage items they choose not to eat.

#### **Allowed Items:**

- Shelf stable,unopened pre-packaged items such as crackers, cereal, pop tarts, juice, etc
- Whole pieces of fruit with a peel
- Unopened milk( can not be taken out of the cafeteria)

Students are allowed to take unopened shelf stable items with them and place in their backpack to take home for later.

## Fresh Fruit & Vegetable Program(FFVP)

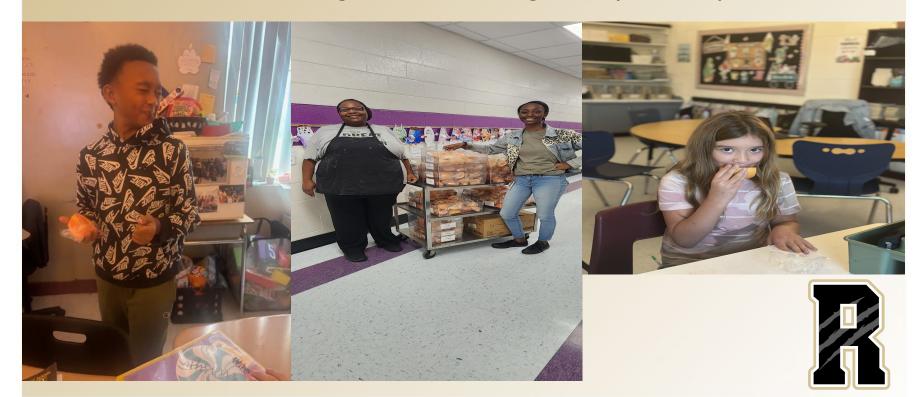
Goals of the Fresh Fruit and Vegetable Program

- Create healthier school environments by providing healthier food choices.
- Expand the variety of fruits and vegetables children experience.
- Increase children's fruit and vegetable consumption.
- Make a difference in children's diets to impact their present and future health.

Russellville FFVP Magazine 25-26



# Fresh Fruit and Vegetable Program(FFVP)







### 2024-2025 Food Service Survey

#### 1. Participation in Cafeteria Lunch

- **Overall Participation**: Approximately 62% of respondents (241 students) reported eating lunch in the cafeteria, while 38% cited reasons for not eating, primarily disliking the taste (25%) or appearance (17%) of the food. Some students (13%) selected "Other" reasons, which may include bringing their own lunch or eating elsewhere.
- Grade-Level Differences:
  - Grades 3-5: 64% eat in the cafeteria, with 20% citing taste and 10% citing appearance as reasons for not eating.
  - **Grades 6-8**: 60% eat in the cafeteria, with 22% disliking taste and 15% disliking appearance.
  - **Grades 9-12**: 60% eat in the cafeteria, with 31% disliking taste and 23% disliking appearance, indicating older students are more critical of food quality.

#### 2. Favorite Breakfast and Lunch Entrees

- Breakfast Favorites: Popular items include:
  - Sausage Biscuit (mentioned 32 times), Donuts (26 times), Pancakes (22 times), Poptarts (14 times), and times, mostly among older students).
  - Some students (e.g., Grades 9-12) noted they skip breakfast or eat at home.

### 2024-2025 Food Service Survey

- Lunch Favorites: Top choices include:
  - Pizza (74 mentions), Orange Chicken (48 mentions), Tacos (26 mentions), Chicken Nuggets/Tenders (24 mentions), and Salad (17 mentions).
  - Younger students (Grades 3-5) frequently mentioned simpler items like burgers and hot dogs, while older students
    preferred variety like Alfredo or wings.

#### 3. Desired Changes to Improve Cafeteria Lunches

- Common Suggestions:
  - Taste and Seasoning: 25% of respondents suggested improving taste, with specific calls for more seasoning (e.g., salt, pepper) and avoiding bland food.
  - Variety and Options: 20% requested more variety, less repetition (e.g., fewer burgers/hot dogs), and additional options like salad bars or alternative entrees.
  - Portion Sizes: 10% wanted larger portions or more food options, especially for popular items.
  - Drinks and Sides: Requests for better drink options (e.g., juice, soda, strawberry milk) and more fruit variety
  - Environment: Some suggested cafeteria improvements like more seating, music, or cleaner tables (5%).

### **Mealviewer Website**

It is an online service and mobile application for students and parents to view daily school cafeteria menus, along with nutritional information, allergens, and school announcements.

https://schools.mealviewer.com/district/RussellvilleSchools

