



**NEWPORT
INDEPENDENT SCHOOLS
PEOPLE STRONGER
TOGETHER PRESENTS:**



DANCE FITNESS

**FOR PARENTS & 6TH-12TH
GRADE STUDENTS**



What to Expect:

- ✓ Easy-to-follow dance/fitness routines
- ✓ Great music and high energy *
- ✓ Family bonding time-or not-and parents come by yourself 😊
- ✓ No experience needed - just bring your enthusiasm!



**DATES: OCT. 30
NOV. 13 DEC. 11
JAN 8 FEB 12
MARCH 12
APRIL 16
5:30-6:30**



**Questions: Call or Text Ms. Kristy
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