

# GE81-KHSAA Triennial Sports Offering Survey-2024-2025

**DUE BY MONDAY, JUNE 9, 2025. You will receive weekly reminders about submission.**

First, we obviously hope that each of you has had a great school year and a good finish to this last season of championships. Every three years, per adopted policy (and state regulation), the KHSAA surveys the membership as to the desire to expand sports offerings. In this manner, the staff and Board of Control can continue to be proactive in offering new opportunities or assessing the satisfaction of its membership with the current offerings.

The Board of Control adopted policy states that the Board will consider sponsoring a championship in a sport where fifteen percent of the members desire a tournament conducted and when those schools are in at least three geographically bounded basketball regions. There is no guarantee of the sanctioning and championship play, but that threshold does allow for discussion of the possibility.

Please complete the required survey at <https://khsaa.org/ge81-khsaa-triennial-sports-offering-survey-2024-2025/> on or before Monday, June 9, to assist in the determination of future offerings by the Association. This survey will help determine the sports or sport-activities offered by the Association in which your school would likely participate if the KHSAA were to begin or continue sponsoring championship play.

The survey has combined eight surveys into one, each with very brief requests for answers, including the Triennial survey at the end. Originally this would have been multiple surveys but the feedback at the KAAA roundtable was to combine the surveys into one. A copy of the survey has been attached to the notification email to the schools for convenience.

The survey areas are:

- 1) Playing Rules Copies Distribution,,
- 2) Basketball Shot Clock,
- 3) Baseball Double First Base,
- 4) Girls Wrestling Weight Classes
- 5) Soccer Semifinal Inquiry
- 6) Esports Season Inquiry
- 7) A question about Wedges in Swimming and Diving
- 8) Triennial Survey about STUNT, Pickleball and Girls' Flag Football.

This survey is not binding, and there are no sanctions any school would face by "changing its mind" after submitting the survey. We also realize that other factors would be considered before final implementation.

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\* Indicates required question

## 1. Continue survey

*Mark only one oval.*

Check NEXT below to continue

Data for School Submitting Survey

## 2. School (pull down): \*

 Dropdown*Mark only one oval.*

- Adair County High School
- Allen County-Scottsville High School
- Anderson County High School
- Apollo High School
- Ashland Blazer High School
- Assumption High School
- Atherton High School
- Augusta Independent
- Ballard High School
- Ballard Memorial High School
- Barbourville High School
- Bardstown High School
- Barren County High School
- Bath County High School
- Beechwood High School
- Belfry High School
- Bell County High School
- Bellevue High School
- Berea Community High School
- Beth Haven High School
- Bethlehem High School
- Betsy Layne High School
- Bishop Brossart High School
- Boone County High School
- Bourbon County High School
- Bowling Green High School
- Boyd County High School
- Boyle County High School
- Bracken County High School
- Breathitt County High School

- Breckinridge County High School
- Brown High School
- Bryan Station High School
- Buckhorn High School
- Bullitt Central High School
- Bullitt East High School
- Burgin High School
- Butler County High School
- Butler High School
- Caldwell County High School
- Calloway County High School
- Calvary Christian High School
- Campbell County High School
- Campbellsville High School
- Carlisle County High School
- Carroll County High School
- Casey County High School
- Caverna High School
- Central Hardin High School
- Central High School
- Christian Academy-Louisville High School
- Christian County High School
- Christian Fellowship School
- Clay County High School
- Clinton County High School
- Cloverport High School
- Collins High School
- Community Christian (Paducah) High School
- Conner High School
- Cooper High School
- Corbin High School
- Cordia High School
- Cornerstone Christian (Shelbyville) High School

- Covington Catholic High School
- Covington Latin High School
- Crittenden County High School
- Cumberland County High School
- Danville Christian Academy
- Danville High School
- Daviess County High School
- Dawson Springs High School
- Dayton High School
- Desales High School
- Dixie Heights High School
- Doss High School
- Dupont Manual High School
- East Carter High School
- East Jessamine High School
- East Ridge High School
- Eastern High School
- Edmonson County High School
- Elizabethtown High School
- Elliott County High School
- Eminence High School
- Estill County High School
- Evangel Christian High School
- Fairdale High School
- Fairview High School
- Fern Creek High School
- Fleming County High School
- Floyd Central High School
- Fort Campbell High School
- Fort Knox High School
- Foundation Christian Academy
- Francis Parker School of Louisville
- Frankfort Christian Academy

- Frankfort High School
- Franklin County High School
- Franklin-Simpson High School
- Frederick Douglass High School
- Fulton City High School
- Fulton County High School
- Gallatin County High School
- Garrard County High School
- George Rogers Clark High School
- Glasgow High School
- Grace James High School
- Grant County High School
- Graves County High School
- Grayson County High School
- Great Crossing High School
- Green County High School
- Greenup County High School
- Greenwood High School
- Hancock County High School
- Harlan County High School
- Harlan High School
- Harrison County High School
- Hart County High School
- Hazard High School
- Henderson County High School
- Henry Clay High School
- Henry County High School
- Heritage Christian Academy
- Heritage High School
- Hickman County High School
- Highlands High School
- Highlands Latin School
- Holmes High School

- Holy Cross (Covington) High School
- Holy Cross (Louisville) High School
- Holy Family High School
- Hopkins County Central High School
- Hopkinsville High School
- Iroquois High School
- Jackson City High School
- Jackson County High School
- Jeffersontown High School
- Jenkins High School
- John Hardin High School
- Johnson Central High School
- June Buchanan High School
- Kentucky Country Day High School
- Kentucky School f/t Blind High School
- Kentucky School f/t Deaf High School
- Knott County Central High School
- Knox Central High School
- Lafayette High School
- Larue County High School
- Lawrence County High School
- Lee County High School
- Leslie County High School
- Letcher County Central High School
- Lewis County High School
- Lexington Catholic High School
- Lexington Christian Academy
- Lincoln County High School
- Livingston Central High School
- Lloyd Memorial High School
- Logan County High School
- Louisville Collegiate School
- Ludlow High School

- Lynn Camp High School
- Lyon County High School
- Madison Central High School
- Madison Southern High School
- Madisonville-North Hopkins High School
- Magoffin County High School
- Male High School
- Marion County High School
- Marshall County High School
- Martin County High School
- Mason County High School
- Mayfield High School
- McCracken County High School
- McCreary Central High School
- McLean County High School
- Meade County High School
- Menifee County High School
- Mercer County High School
- Mercy Academy
- Metcalfe County High School
- Middlesboro High School
- Model High School
- Monroe County High School
- Montgomery County High School
- Moore High School
- Morgan County High School
- Muhlenberg County High School
- Murray High School
- Nelson County High School
- Newport Central Catholic High School
- Newport High School
- Nicholas County High School
- North Bullitt High School

- North Hardin High School
- North Laurel High School
- North Oldham High School
- Notre Dame Academy
- Ohio County High School
- Oldham County High School
- Oneida Baptist Institute High School
- Owen County High School
- Owensboro Catholic High School
- Owensboro High School
- Owsley County High School
- Paducah Tilghman High School
- Paintsville High School
- Paris High School
- Paul Laurence Dunbar High School
- Pendleton County High School
- Perry County Central High School
- Phelps High School
- Piarist High School
- Pike County Central High School
- Pikeville High School
- Pineville High School
- Pleasure Ridge Park High School
- Portland Christian High School
- Powell County High School
- Presentation Academy
- Prestonsburg High School
- Pulaski County High School
- Raceland High School
- Red Bird Christian High School
- Riverside Christian High School
- Robertson County High School
- Rockcastle County High School

- Rose Hill Christian School
- Rowan County High School
- Russell County High School
- Russell High School
- Russellville High School
- Ryle High School
- Sacred Heart Academy
- Saint Xavier High School
- Sayre High School
- Scott County High School
- Scott High School
- Seneca High School
- Shawnee High School
- Shelby County High School
- Shelby Valley High School
- Simon Kenton High School
- Somerset Christian School
- Somerset High School
- South Laurel High School
- South Oldham High School
- South Warren High School
- Southern High School
- Southwestern High School
- Spencer County High School
- St. Henry District High School
- St. Mary High School
- St. Patrick High School
- Tates Creek High School
- Taylor County High School
- Thomas Nelson High School
- Todd County Central High School
- Trigg County High School
- Trimble County High School

- Trinity (Louisville) High School
- Trinity (Whitesville) High School
- Trinity Christian Academy
- Union County High School
- University Heights High School
- Valley High School
- Villa Madonna Academy
- Waggener High School
- Walden High School
- Walton-Verona High School
- Warren Central High School
- Warren East High School
- Washington County High School
- Wayne County High School
- W.E.B. DuBois High School
- Webster County High School
- West Carter High School
- West Jessamine High School
- Western High School
- Western Hills High School
- Whitefield Academy
- Whitley County High School
- Williamsburg High School
- Williamstown High School
- Wolfe County High School
- Woodford County High School

## 3. Name \*

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## 4. Position in School \*

*Mark only one oval.*

 Principal Designated Representative

## 5. Email Address: \*

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## 6. Cell Phone \*

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## 7. Click NEXT below to continue survey

*Mark only one oval.*

 Option 1

## NFHS Playing Rules Books and Materials

All member schools need to answer this question.

With the advent of KHSAA360 through ArbiterSports, the office will no longer mail printed rule books to each coach. Over the years, there has been significant feedback that schools may not desire to receive the books as well as feedback that coaches didn't need them.

In 2022-23, the association shifted its officials to a digital rules book that allows the information to be more timely distributed and eliminate shipping delays and costs. The cost to provide the books from the NFHS is the same to the Association whether the version is print or digital, but there are obvious savings that can be made by no longer shipping. And this doesn't even begin to factor in the basic trouble with mail distribution in the last couple of years.

For 2025-26, the distribution of the books will shift from printed paper copies to digital copies. The books are in the form of both a desktop version (login required) and an IOS app (Iphone) and Google (Android) version.

To make this work, each school will need to identify an email address for the recipient as a login is required. Therefore school input is needed as to the distribution method with three choices.

1. The second option is that the person listed as head coach in each sport be sent the login information. This might be challenging depending upon the technical skills of the head coach, but is something that could be worked out among the coaching staff.
2. The person listed as Designated Representative could be sent the login parameters to use the NFHS system to view the books. This may result in issues with different coaches in different sports, but there are likely workable solutions.
3. The third option is that the KHSAA ask the Arbiter staff to create a "role" for Rule Book coach, where each team could designate a specific person. Obviously this is a targeted answer, BUT would require continual regular maintenance by the AD with team turnover. This could also not be changed once the book links have been distributed even if coaching changes occur during that season.

8. This school prefers rule book distribution: \*

*Mark only one oval.*

To Head Coach  
 To Bylaw 1 Designated Representative  
 To Rule Book Coach in Arbiter if that position is created

## Basketball Section

Answer the questions in this section if your school offers a basketball team at the high school level for either boys, girls or both

9. Do you offer a basketball team at the high school level for either boys, girls or both \*

*Mark only one oval.*

Yes

No      *Skip to question 11*

## Basketball Shot Clock Section

All member schools offering basketball should vote on this measure

The NFHS allows state associations to determine whether or not to use the shot clock in competition. Since 2023-2024, KHSAA members have been allowed to experiment using games with a shot clock, with the only provision being the submission of specific data following the event.

This chart is from the recent NFHS Basketball Rules Committee meeting and is the current state of shot clock implementation.

To enlarge the graphic, right click and open in new tab to view the detail, or Select the link

below <https://www.khsaa.org/basketball/2025%20NFHS%20shot%20clock%20graphic.pdf>



## Updated Shot Clock Information

STATES	CLOCK TIME BOYS/GIRLS	LEVEL	LIMITED USE	2021-22	2022-23	2023-24	2024-25	2025-26	2026-27
Arizona	35	Varsity only	All classes but 1A		X		2A optional		
Alabama	35		Non-championship/Non-area games				X	Area Play only if all area teams agree	Regionals, Semis & Finals
Alaska	35						X		
Arkansas	35				X				
California	Boys 35/Girls 30	All levels							
Colorado	35	Varsity only	All classes						X
Connecticut	35	Varsity only, JV/Freshmen optional				X			
DC	30								
Idaho	35		optional for regular season, mandatory for state tournament				X		
Illinois	35	Varsity							X
Iowa	Both 35 seconds				X				
Florida	35		optional use		X				
Georgia	35	Varsity only			X				
Hawaii	35								
Kansas	35	Varsity only	optional 1-year trial					X	
Maryland	Both 30 seconds	All levels							
Massachusetts	35	All levels			X				
Minnesota	Both 35 seconds	Varsity only, JV optional				X			
Missouri	35	Varsity	approved tournaments/shootout-style events					X	
Montana	35			X					
Nebraska	35		All classes		Class A only	Class A & Class B only		X	
Nevada	35	Varsity	Non-league/Non-postseason tournament			Voluntary			Required (full implementation)
New York	35 seconds/Girls NCAA	Varsity only, Junior varsity							
North Dakota	30 (Division AA) 35 (Division A & B)	Varsity only, Junior varsity							
Oregon	35	Varsity						X	
Rhode Island	35	All levels							
South Carolina	35		experiment @ invitatorials & shootouts		X				
South Dakota	Both 35 seconds	Varsity only, Junior varsity, Freshman/"C" team.							
Utah	35				X				
Washington	Both 30 seconds	All levels							
Wyoming	35	All levels	4 largest classes						X

10. My school votes the following on the shot clock \*

Mark only one oval.

- Adopt for high school varsity contests for 2026-2027 with local decision making for non varsity contests
- Adopt for high school varsity contests for 2027-2028 with local decision making for non varsity contests
- Adopt for high school varsity contests for 2028-2029 with local decision making for non varsity contests
- We favor continuing to allow local experimentation and date reporting until the NFHS adopts a national rule or until the survey can be conducted again in two years

## Baseball Section

Schools should submit a response to this question if you have a baseball team at the freshman, JV or varsity level

11. Do you offer a baseball team at the high school level for either boys, girls or both \*

*Mark only one oval.*

Yes *Skip to question 12*

No *Skip to question 13*

## Baseball Specific Question

NFHS playing rules have recently been amended to allow for the use of the double first base. This measure is design as a risk minimization measure as the double first base is designed to reduce collisions at first base by providing a separate, colored base for the batter-runner and a white base for the fielder. Depending on your facility and the model chosen, this may or may not require a second stake to be mounted below the surface.

The current NFHS rule is permissive and allows the state associations (at this time) to have the double first base optional.

In the event the NFHS adopts the rule as standard and not state adoption, the results of this survey would be mooted except to assist with implementation dates if a phase in of the rule is approved. The NCAA adopted the rule for all divisions for 2025.

12. My school votes the following on the double first base \*

*Mark only one oval.*

Yes for 2026-27 playing season

Yes for 2027-28 playing season

No

## Girls Wrestling Section

Schools should submit a response to this question if you have a girls wrestling team at the freshman, JV or varsity level

13. Does your school offer or intend to offer, Girls Wrestling in the 2025-26 and/or 2026-27 school year? \*

*Mark only one oval.*

Yes *Skip to question 14*  
 No *Skip to question 15*

## Girls Wrestling Weight Classes Question

Your school should vote on the desired number of weight classes for girls competition. Whichever option is chosen, the weight class boundaries will be in accordance with NFHS playing rules

12 Weight Classes – 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235.

13 Weight Classes – 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235.

14 Weight Classes – 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235.

14. Please list the number of classes your school feels should be set up for girls wrestling \*

*Mark only one oval.*

12  
 13  
 14

## Soccer State Format

Schools should submit a response to this question if you have a boys or girls team at the freshman, JV or varsity level

15. Does your school offer or intend to offer, Boys and/or Girls Soccer in the 2025-26 \* and/or 2026-27 school year?

*Mark only one oval.*

Yes

No *Skip to question 17*

### State Soccer Format Question

The KHSAA is in negotiation with at least one facility that would offer the opportunity to play the state final game at a very high Division I level or professional stadium. Because these facilities are a natural grass surface, neither is a long-term viable option for playing six games in the three day period (the current format)

If the negotiations allow for the games to be played at one of these stadiums, the format of the state semifinals becomes a discussion point. Options include:

- 1) playing semifinal games (state third round) at a home location for one of the teams that meets the current site specifications (i.e. current football format) where both teams are not compelled to travel to a third party site and travel can be contained, or
- 2) continue using available facilities near the middle of the state and both teams travel to that site for a game early during the week of the final game.

While both options have pros and cons, if the membership has a strong feeling either way, it would be helpful with the next inevitable discussion. As one veteran coach stated, "you have to win four to get the big trophy, so as long as they are spaced to permit resting and opportunities to avoid schedule conflicts, not sure it matters."

The Association staff would like to know if it matters from its soccer schools.

16. If the finals are played at a stadium that is not feasible for other rounds, our \* school prefers:

*Mark only one oval.*

A method that plays the semifinal at one of the competing team's designated site based on the tournament bracketing

A continuation of a "close to the center of the state" pairing of two semifinal games per gender

### Swimming Rules Specific Survey

17. Does your school offer or intend to offer, Boys and/or Girls Swimming and Diving \* in the 2025-26 and/or 2026-27 school year?

*Mark only one oval.*

Yes

No *Skip to question 19*

### Swimming Backstroke Wedges Question

For 25-26, member state associations may allow the use of wedges at the start for the backstroke. Prior to consideration, it is desired to get the opinion of the membership on exploring this option.

From the NFHS, the change is to the following rules -

**2-1, 2-7-2b, 2-7-3, 8-1-2:** Permits the use of backstroke starting ledges if approved with state association adoption, in pools with a minimum of 6 feet (1.84 meters) water depth measured from the starting end through 16 feet 5 inches (5 meters) from the end wall.

Rationale: The permissive nature of the proposal allows for the use of the backstroke ledge in situations where it is both safe and practical. The proposed rule ensures that pools with the required depth can benefit from this technology without creating barriers for those that may not be able to accommodate the equipment.

If the outcome is not favorable, the issue could always be reconsidered in a future year. If the outcome is favorable, a "phase-in" could be approved.

18. Our school votes as follows relative the allowance for wedges at the backstroke \* start

*Mark only one oval.*

Yes, for the 2025-26 season if the facility has them available (including postseason if available at all sites)

Yes, for the 2026-27 season if the facility has them available (including postseason if available at all sites)

No, do not adopt this as a state adoption at this time.

### Esports Season Survey

19. Does your school offer or intend to offer, Esports in the 2025-26 and/or 2026-27 school year? \*

*Mark only one oval.*

Yes

No *Skip to question 21*

### Esports Season Survey

This survey is a request on behalf of the board to determine the membership opinion regarding the current esports setup. Currently, the KHSAA conducts two seasons of Esports tournaments, one in the late fall/early winter (December) and one in the early spring (April/May). To further guide the recent and continued expansion, your feedback is essential regarding the season.

Staff will be conducting a further survey that will be of great value in planning, but will be more helpful if the information specifically being asked is done to the participating school coaches. These issues center around type best methods of getting participants as well as any technical setup challenges that have occurred, and not issues around the specifics of the playing season.

Finances to the Association are NOT a determining factor as this is solely about the wishes of the member schools

20. Please list the season(s) preferred by your school in scheduling the Esports championship events \*

*Mark only one oval.*

Continue having a fall and spring seasons with school choosing one or both

Conduct the state events in the spring with the fall being region or scrimmage based at school discretion

Conduct the state events in the fall with the spring being region or scrimmage based at school discretion

Conduct one season or the other, just advise the schools of the chosen season.

## Emerging Sport - STUNT (cheer) Triennial Survey

### What is STUNT

STUNT is a new female sport that incorporates skills derived from cheerleading. STUNT is an exciting head-to-head game between two teams who execute skills-based routines in various categories.

### 4 Quarters of STUNT

Quarters of STUNT include: Quarter 1 partner stunts, Quarter 2 pyramids & tosses, Quarter 3 jumps & tumbling, and Quarter 4 team routine (a combination of the other 3 Quarter routines).

### Game Opportunities

STUNT has game opportunities for all ages of play: College, High School, and Club! USA Cheer created STUNT as an opportunity for institutions to meet strict Title IX requirements of a sport.

Representatives of the University of Kentucky have appeared at the KAAA Conference in the past as well as other representatives of Varsity Brands appearing before our membership.

For more information,

see <https://stunthesport.org/highschool/> or <https://stunthesport.org/about/>

Unless otherwise directed by the Board of Control, if the decision is there is not enough interest in a championship in STUNT with this survey (in any one of the years), the sport will not be surveyed again until the next triennial survey

### 21. STUNT Triennial Survey Question \*

*Mark only one oval.*

- My school would enter a team into a competition in STUNT as a championship offering for the KHSAA in 2026-2027
- My school would enter a team into a competition in STUNT as a championship offering for the KHSAA in 2027-2028
- My school would enter a team into a competition in STUNT as a championship offering for the KHSAA in 2028-2029
- My school is not interested at this time in adding STUNT as a championship offering      *Skip to question 23*

### STUNT Season Option

## 22. Which season would you prefer a championship in STUNT be added \*

*Mark only one oval.*

- Fall
- Winter
- Spring
- No preference

### Emerging Sport - PICKLEBALL Triennial Survey

Pickleball is a fast-growing tennis alternative that several schools have asked to be on the triennial survey.

For more information, see the details at <https://usapickleball.org/what-is-pickleball/#learn-more>

23. **PICKLEBALL Triennial Survey Question \***

*Mark only one oval.*

- My school would enter a team into a competition in PICKLEBALL as a championship offering for the KHSAA in 2026-2027
- My school would enter a team into a competition in PICKLEBALL as a championship offering for the KHSAA in 2027-2028
- My school would enter a team into a competition in PICKLEBALL as a championship offering for the KHSAA in 2028-2029
- My school is not interested at this time in adding PICKLEBALL as a championship offering      *Skip to question 25*

### PICKLEBALL Season Question

24. Which season would you prefer a championship in PICKLEBALL be added \*

*Mark only one oval.*

- Fall
- Winter
- Spring
- No preference

### Emerging Sport - GIRLS' FLAG FOOTBALL Triennial Survey

Flag Football is a fast-growing alternative for females that already has schools in the state participating. that several schools have asked to be on the triennial survey.

Flag football for girls is a growing and exciting sport. It's a version of football where players are tagged (flagged) rather than tackled, making it safer and accessible for all skill levels, [according to i9 Sports](#). The sport offers numerous benefits, including developing teamwork, improving coordination, and fostering leadership skills, [as highlighted by i9 Sports](#).

25. GIRLS' FLAG FOOTBALL Triennial Survey Question \*

*Mark only one oval.*

- My school would enter a team into a competition in GIRLS' FLAG FOOTBALL as a championship offering for the KHSAA in 2026-2027
- My school would enter a team into a competition in GIRLS' FLAG FOOTBALL as a championship offering for the KHSAA in 2027-2028
- My school would enter a team into a competition in GIRLS' FLAG FOOTBALL as a championship offering for the KHSAA in 2028-2029
- My school is not interested at this time in adding GIRLS' FLAG FOOTBALL as a championship offering      [Skip to section 22 \(Submit Page\)](#)

### GIRLS' FLAG FOOTBALL Season Question

if you desire to have the sport, please enter your season preference

26. Which season would you prefer a championship in FLAG FOOTBALL be added \*

*Mark only one oval.*

- Fall (Normal)
- Late Fall (start in September, end during Football playoffs)
- Early Spring (i.e. Boys VB and Lacrosse Seasons)
- Spring (i.e. Baseball and Softball Seasons)
- No preference

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Please be sure to click submit below to record your responses

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