

Commissioner Julian Tackett

**Topic**

Sports Report

**Sports Report**

**Sport**

Fall Football

**Positive Developments  
and Highlights**

Practice for the 2025 season has begun. There has been an obvious turnover in coaches around the state, as evidenced by the quantity of questions for the office.

One of the big things this year is the recommended guidance on return to play from exertional heat illness that was finalized by the Kentucky Medical Association Sports Medicine Committee this summer. These new guidelines give great advice to schools in terms of assessing students who have been overcome by heat illness, heat exhaustion or in the worst case, heat stroke and will allow them to better adapt to what's going on for that student as they come back.

A considerable amount of discussion about the wet bulb globe devices, and a reminder to the membership that the wet bulb Globe temperature for football and cross country is to be taken 3 ft off the ground, ideally on a tripod to give it the most accurate reading. This was the case a year ago, but has somehow been forgotten by some of our schools. We realize there are other devices that measure the wet bulb Globe temperature that is required for our schools to determine if practice should be adjusted, and those probably work fine for every other sport. But the National Data is simply too strong to ignore that in distance running and in football, the exposure to heat creates much worse consequences than it does in the other sports. We will continue to work with our Sports Medicine committee to try to do what's best for the student athletes

**Issues of Concern  
(legal, playing Rules,  
fiscal management,  
etc.)**

Several issues with contracts this year with a number of schools committing to two games with different opponents on the same night. All of those seem to have resolved.

**Championship  
Update/Review**

2025-26 begins a new four-year cycle of hosting championships at the UK, including the use of Kroger Field for football. We are blessed with a great relationship with the University, and they definitely want us to continue holding our events on campus.

**Officials  
Update/Review**

Registration numbers are strong thus far this fall, with the usual amount of officials waiting until the last minute to license.

**Staff and Worker  
Update**

None

**Fiscal and Budget  
Issues and Review  
(attendance, etc.)**

None

**Noteworthy Changes /  
Anticipates Changes**

None