

The background of the slide is a composite image. The top left portion shows two yellow school buses, one with the number 32, parked on a street. The bottom left portion shows a classroom with blue walls, decorated with colorful balloons and framed pictures. Several student desks and chairs are visible in the foreground of the classroom.

# **Required Academic Standards for Health Education**

## **Amendment of 704 KAR 8:030**

# **Required Academic Standards for Physical Education**

## **Amendment of 704 KAR 8:050**

**Kentucky Board of Education**  
June 2025

# Statutory Authority

## **KRS 156.160:**

(1)(a) requires the Kentucky Board of Education (KBE) to establish courses of study for the different grades and kinds of common schools, with the courses of study to comply with the expected goals, outcomes and assessment strategies developed under KRS 158.645, 158.6451, and 158.6453.

(1)(h) requires the KBE to adopt administrative regulations governing medical inspection, physical and health education and recreation, and other regulations necessary or advisable for the protection of the physical welfare and safety of the public school children, including requirements for student health standards to be met by all students in grades four (4), eight (8), and twelve (12) pursuant to the outcomes described in KRS 158.6451.

## **KRS 158.6453:**

(18)(a) requires the KDE to implement a comprehensive process for reviewing and revising the academic standards in practical living skills for all levels every six years.

# Amended Regulations

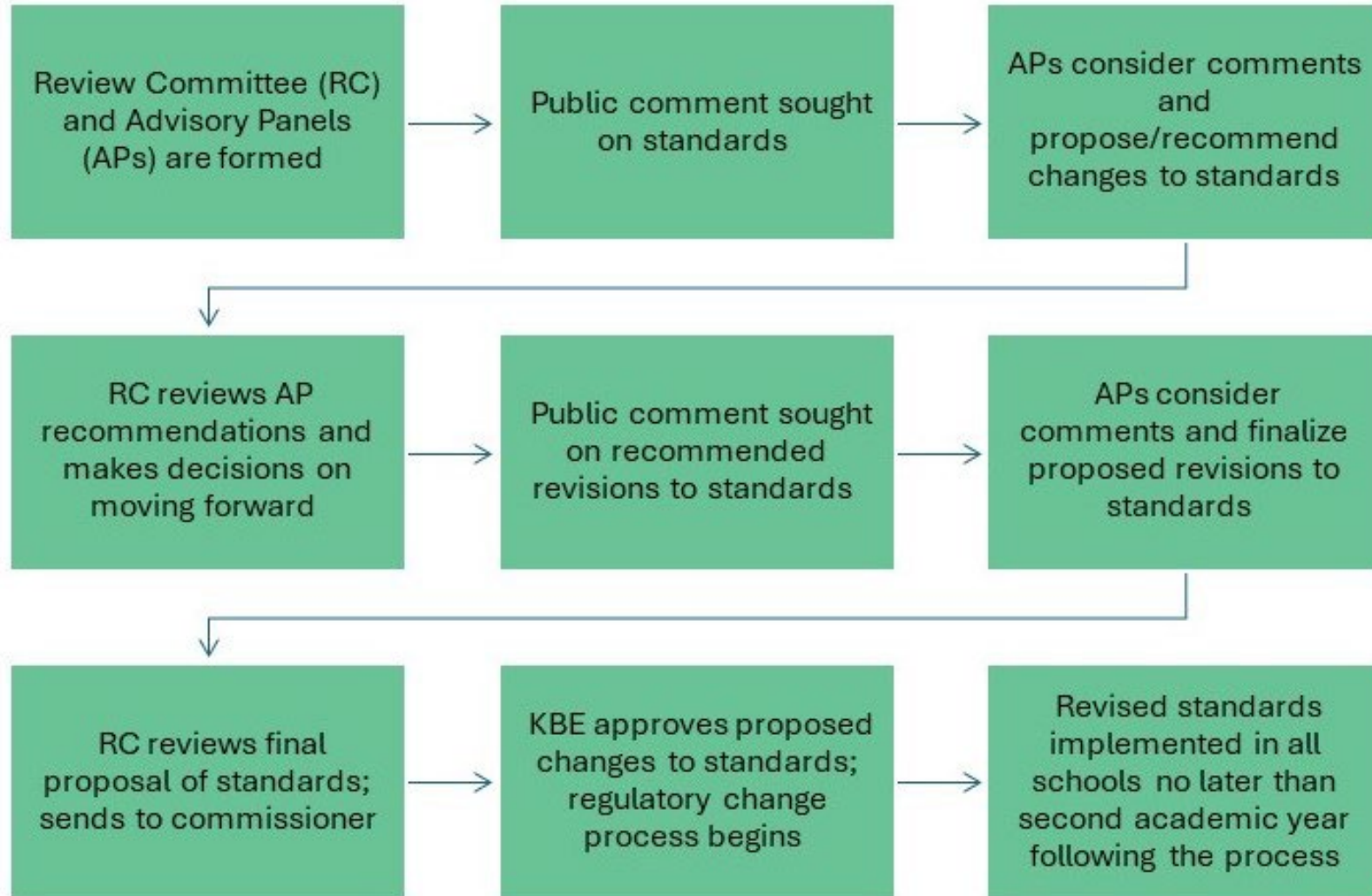
## **704 KAR 8:030, Required Academic Standards for Health Education**

- This amended administrative regulation will adopt into law the “Kentucky Academic Standards (KAS) for Health Education.”

## **704 KAR 8:050, Required Academic Standards for Physical Education**

- This amended administrative regulation will adopt into law the “Kentucky Academic Standards (KAS) for Physical Education.”

# Standards Review Process



# Guiding Principles

Determined by Review Committee (RC) and Advisory Panels (APs)

- Standards should be written in clear and precise language.
- Standards should be developmentally appropriate and progress logically across grade levels.
- Standards should be aligned with research.
- Standards should allow for teacher autonomy while still providing clarity for new teachers.
- **Destination:** *The Kentucky Academic Standards (KAS) for Health Education and the KAS for Physical Education* should include space for sustained opportunities for Kentucky students of all abilities, backgrounds and grade levels to develop lifelong health and physical literacy.

# Stakeholder Feedback Overview

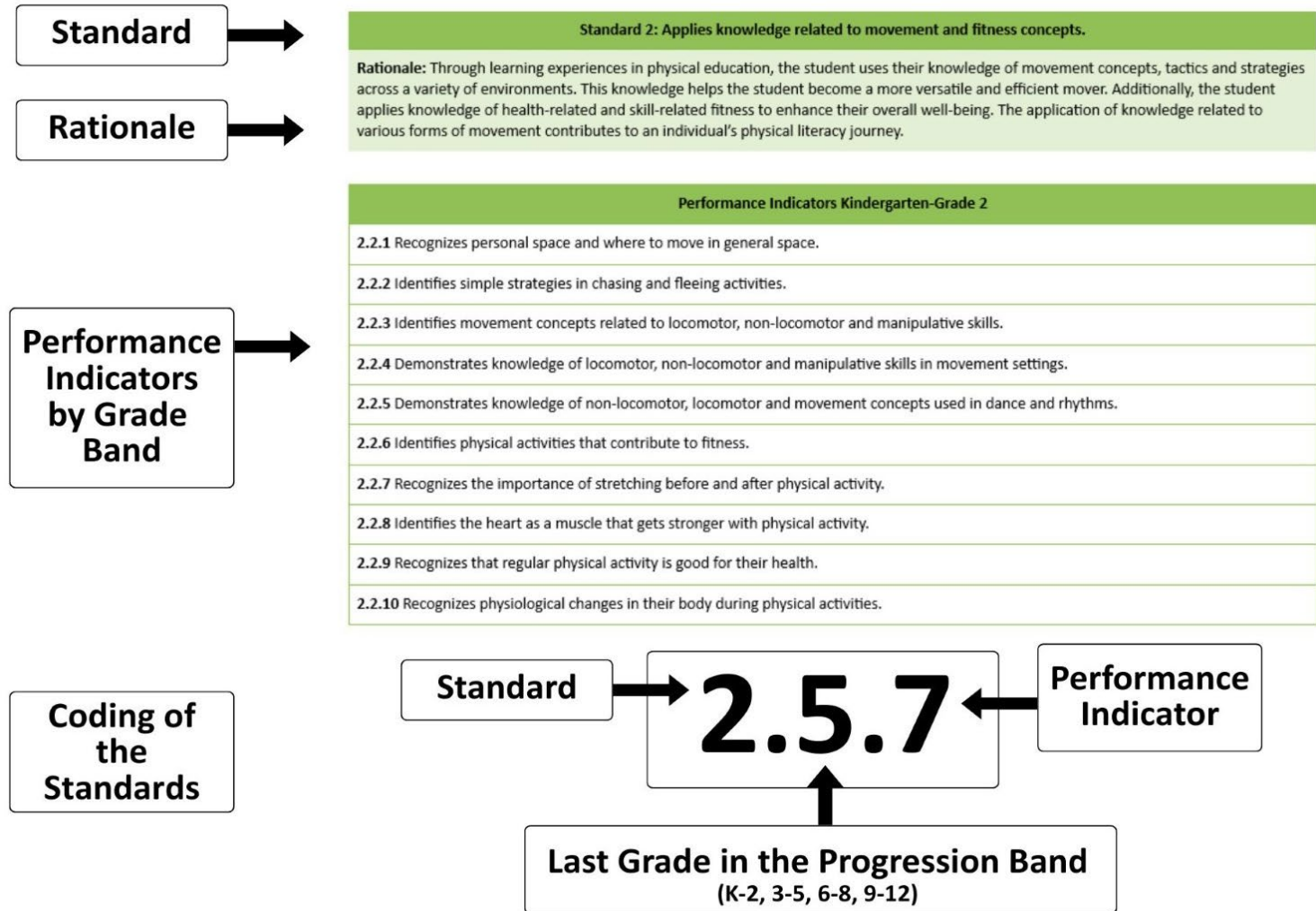
## Public Comment

- Two public comment periods: 119 responses
- Content Areas: Health Education and Physical Education
- Broad stakeholder representation:
  - Teachers/retired educators
  - Administrators
  - Parents/guardians
  - Postsecondary educators
  - Business/community members
  - Students
- Over 88% all respondents selected to accept the health education revised standards “as is”
- Over 95% all respondents selected to accept the physical education revised standards “as is”

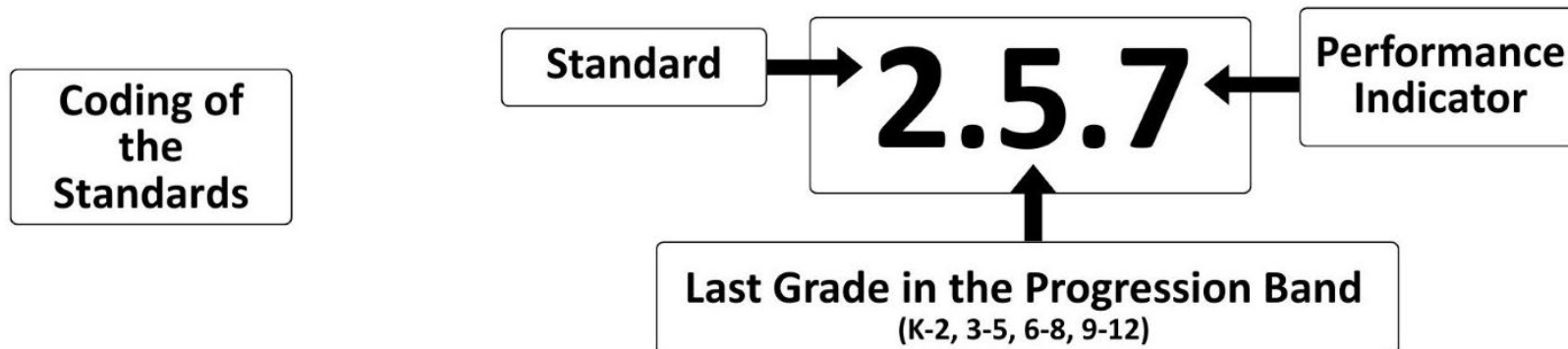
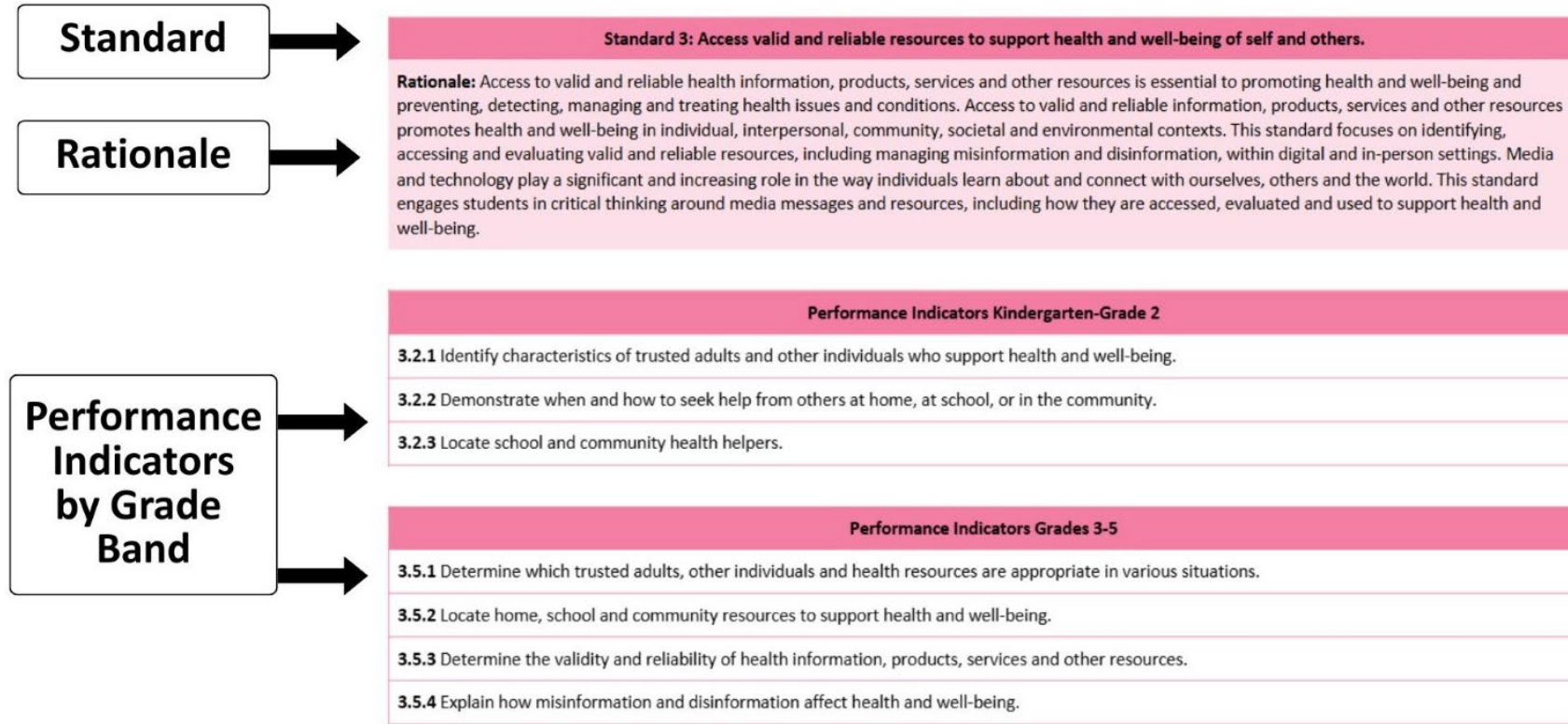


# Revision Highlights

- Updated writers' vision statement.
- Alignment of standards and performance indicators to national trends and research.
- Redesign of the layout:
  - Each standard is anchored by a rationale that provides context to educators and stakeholders on the focus and purpose of the standard.
  - Standards and performance indicators are represented in a grade-banded view.
  - A simplified architecture and coding system to increase clarity.



# Architecture and Standards Layout





# ***KAS for Health Education: Anchor Standards***

**Standard 1: Acquire Functional Health Information**

**Standard 2: Analyze Influences**

**Standard 3: Access Valid Information**

**Standard 4: Use Interpersonal Communication Skills**

**Standard 5: Use an Effective Decision-Making Process**

**Standard 6: Use a Goal-Setting Process**

**Standard 7: Support the Health and Well-Being of Self and Others**

**Standard 8: Advocate for the Health and Well-Being of Self and Others**

# ***KAS for Physical Education: Anchor Standards***

**Standard 1: Develops a variety of motor skills.**

**Standard 2: Applies knowledge related to movement and fitness concepts.**

**Standard 3: Develops social skills through movement.**

**Standard 4: Develops personal skills, identifies personal benefits of movement and chooses to engage in physical activity.**

# Questions?



Kentucky Department of  
**EDUCATION**