



**TODD CRUMBACKER, DIRECTOR**  
STEPHANIE NORRIS, PROGRAM ASSISTANT  
ANNETTE MURPHY, ADMINISTRATIVE ASSISTANT  
MICHELLE LOUDERMILK, ACCOUNTS PAYABLE SECRETARY

**DEPARTMENT OF SCHOOL NUTRITION SERVICES**

DATE: Jan. 15, 2025  
TO: Jesse Bacon, Superintendent  
FROM: Todd Crumbacker, Director of School Nutrition Services  
RE: SY 2024-2025 Wellness Recommendations

KRS 158.856 requires that School Nutrition Services (SNS) present recommendations to the board annually following the presentation of the Annual Nutrition and Physical Activity Report. Attached are the wellness recommendations for school year 2024-2025; these recommendations will begin stages of early implementation beginning in the spring of 2025 and will continue into the fall semester of 2025 until the annual assessment is completed again in October 2025.

**OUR MISSION IS TO INSPIRE AND EQUIP OUR STUDENTS TO SUCCEED IN LIFE**

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**Mission: Our mission is to inspire and equip our students to succeed in life.**

Part of embracing the mission of Bullitt County Public Schools is to consider the whole child. It is vital that a child's nutritional and physical activity needs are met in order to help a child succeed in life and become the absolute best they can be. Within the past 90 days, each of our schools have completed a Healthy Schools Assessment through the American Alliance of Healthier Generations. In addition, a Healthy Districts Assessment was completed at the district level via the same platform. These results were shared at the November 2024 Board Meeting. After analyzing and studying these results, our district-wellness team has established a list of wellness recommendations that, we believe, will move our district forward in the areas of nutrition and physical activity. This team consists of the following individuals: Todd Crumbacker, Sarah Smith, Lesa Howell and Dennis Minnis. Efforts of implementation will begin in the 2025 spring semester and will continue through the fall semester of 2025.

Area of Growth:	Recommendation(s):
<p style="text-align: center;">NS-1</p> <p>Breakfast and lunch programs</p>	<ol style="list-style-type: none"> <li>1. Continue to implement the share table concept at schools and ensure that quality equipment is being used to ensure food safety</li> <li>2. Increase the amount of locally-grown foods offered to our students</li> <li>3. Explore means to financially support student meal purchases, specifically at the district's non-CEP schools.</li> </ol>
<p><b>Plan(s) of Action:</b></p> <ul style="list-style-type: none"> <li>• Increase the number of share tables/equipment in the district</li> <li>• Network with KDA and local farmers to determine locally-grown foods that could be served in our meal programs</li> <li>• Continue to network with the Chamber of Commerce and the Foundation for Excellence in Public Education to increase the amount of local funds into our school meal programs to support student meal purchases, specifically at our non-CEP schools</li> </ul>	
Area of Growth:	Recommendation(s):
<p style="text-align: center;">NS-2</p> <p>School breakfast</p>	<ol style="list-style-type: none"> <li>1. Collaborate with principals and nutrition managers to explore how we can increase breakfast participation</li> </ol>

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	amongst students
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Engage in conversations with individual principals and nutrition managers regarding efforts to increase breakfast participation</li> <li>Seek student feedback to determine any barriers that may hinder participation</li> </ul>	
<b>Area of Growth:</b>	<b>Recommendation(s):</b>
<p style="text-align: center;">NS-5</p> Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	<ol style="list-style-type: none"> <li>Employ a marketing strategy that would result in higher levels of student satisfaction and perception regarding our school meal programs.</li> <li>Better utilize our social media platform (Facebook) to promote our school meal programs             <ul style="list-style-type: none"> <li>@bcpschoolnutrition</li> </ul> </li> </ol>
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Network with a professional service to create a custom-made mascot that would become the "face" of our school meal programs; the mascot will be used for marketing and educational purposes to enhance satisfaction and perception of our school meal programs</li> <li>Regularly post to our School Nutrition Services Facebook page to promote our school meal programs – @bcpschoolnutrition</li> </ul>	
<b>Area of Growth:</b>	<b>Recommendation(s):</b>
<p style="text-align: center;">NS-6</p> Annual continuing education and training requirements for school nutrition services staff	<ol style="list-style-type: none"> <li>Continue to improve the quality and content of trainings offered</li> <li>Utilize KSNA district memberships for our management staff to enhance professional learning opportunities and engagements</li> <li>Support attendance at state and national conferences for management staff</li> </ol>
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Assess current training needs</li> <li>Schedule training for management staff geared toward specific topics, such as combi oven training with a Rational Chef, dishmachine training with a Hobart Rep.</li> <li>Seek out state and national conferences that would benefit our management team</li> </ul>	
<b>Area of Growth:</b>	<b>Recommendation(s):</b>
<p style="text-align: center;">NS-8</p> Collaboration between school nutrition services staff members and teachers	<ol style="list-style-type: none"> <li>Kitchen managers will collaborate with health and physical education teachers and offer an in-school field trip (education of federal meal pattern, meal signage, and a tour of the kitchen)</li> </ol>

<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Schedule in-school field trips to school kitchen - reinforce educational content regarding federal meal pattern and reimbursable meal signage and conduct student tours of the kitchen</li> </ul>	
<b>Area of Growth:</b>	<b>Recommendation:</b>
<p style="text-align: center;">NS-9</p> Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	1. Allow students and family members the opportunity to provide both suggestions for school meals and other foods and beverages sold, served, and offered on school campus and feedback on the meal programs and other foods and beverages sold, served, and offered on school campus.
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Create a google form that would allow family members and students the opportunity to provide both suggestions and feedback for meal programs, and other foods and beverages sold, served, and offered on school campuses.</li> <li>Post the google form to the School Nutrition website</li> </ul>	
<b>Area of Growth:</b>	<b>Recommendation:</b>
<p style="text-align: center;">HPE-5</p> Professional development for physical education teachers	1. Continue to support health and physical education teachers with attending state and national conferences
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Health and physical education teachers attend state and national conferences</li> </ul>	
<b>Area of Growth:</b>	<b>Recommendation:</b>
<p style="text-align: center;">PA-5</p> Professional development for classroom teachers	1. Health and physical education teachers collaborate with building principals to support the participation of classroom teachers in professional development on promoting and integrating physical activity in their classrooms
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>Have health and physical education teachers collaborate regarding the PL offerings to classroom teachers</li> <li>Have health &amp; physical education teachers collaborate with building principals about PL offerings regarding this recommendation</li> </ul>	