

Wellness Report Card

Boone County Schools

2024-2025



Meal Programs Offered

Boone County Schools Child Nutrition program is administered through the United States Department of Agriculture (USDA), Kentucky Department of Education (KDE), the Kentucky Department of Agriculture (KDA) and the Boone County Board of Education. Comprehensive regulations must be followed in order to receive federal funding to operate the program.

The following USDA programs are provided in Boone County:

School Breakfast Program Lunch (SBP) = school meals at breakfast

National School Lunch Program (NSLP) = schools meals at lunch

Summer Food Service Program (SFSP) = summer meals

CEP Schools

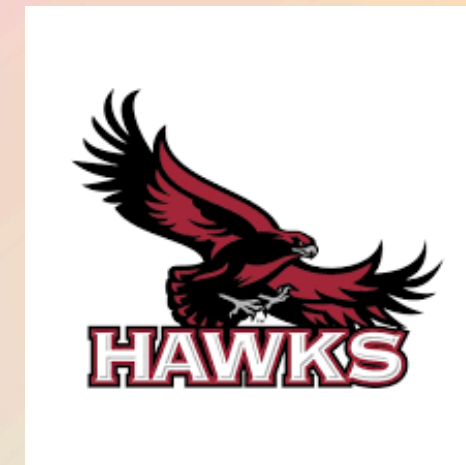
Community Eligibility Provision (CEP) - All students enrolled in a CEP school site will receive breakfast and lunch at no cost throughout the school year. However, it is still important for families to complete a Household Income Form (HIF) for non-meal related benefits associated with student free/reduced data. This provides a benefit for both the student's family and the school.

Boone County has 13 CEP sites & 13 Non-CEP sites

New CEP Schools 2024-2025



Camp Ernst Middle School



Ockerman Middle School

Competitive Food Sales

The sale of competitive foods and beverages to students during the school day shall be in compliance with current federal and state regulations. No school may sell competitive foods or beverages, whether from vending machines, school stores or canteens, classrooms, teacher or parent groups, from midnight before until thirty (30) minutes after the last school lunch period of the school day. From thirty (30) minutes after the last lunch period closes until thirty (30) minutes after the school day, food and beverages sold must conform to nutritional standards specified in state and federal regulations. Fund-raising activities held off of the school campus or not during the school day are not subject to regulatory requirements of 702 KAR 006:090 or federal competitive food limitations. The statute does not prohibit using food and beverage items as rewards for classroom/school-wide behavior or performance.

Vending Machines

Vending machine use by students shall be in compliance with current federal and state regulations. At the elementary school and middle school levels during the school day, only school-day approved beverages shall be sold in vending machines, e.g. (water, one hundred percent [100%] fruit/vegetable juice, low-fat milk (unflavored), non fat milk (unflavored or flavored) as permitted by the school meal requirements).

For students at the high school level, only school-day-approved beverages may be sold in vending machines during the school day, e.g. (water, one hundred percent [100%] fruit/vegetable juice, low-fat milk (unflavored), non-fat milk (unflavored or flavored) as permitted by the school meal requirements. In addition to the beverages listed above, other beverages as allowed in 7 C.F.R. Parts 210 and 220 may be available in vending machines at the high school level.

2023-2024 goals met

Maintain a strong social media presence for our students and families to stay up to date on everything happening in the foodservice department at their schools.

Daily posts about current events in the cafeterias are shared on social media platforms regularly such as Facebook and Instagram.

Gather responses from each of our schools to get a better grasp on the needs at each school and to assist in wellness initiatives as much as possible.

Annual surveys are sent to wellness contacts at each school and responses are collected to gather information about any wellness and/or physical activity events happening at their schools.

Participate in more Kentucky Proud programs and support more local food sources to encourage a stronger community presence from our school cafeterias.

We have utilized several new local food and beverage choices this year such as local clean label hamburgers, farm to school products locally sourced in Burlington KY, and other fresh local produce.

2025-2026 goals

Provide menus that are evolving with the changing demands from our students. We want to consider personal or religious food modifications, special dietary needs, cultural awareness, and staying on trend with commercial brands.

Maintain a strong social media presence for our students and families to stay up to date on everything happening in the foodservice department at their schools.

Reduce the rate of employee turn-over by providing competitive pay rates in the NKY area and providing continuing education opportunities for career growth.

After school activities such as:	During school activities such as:
Intermural Basketball	Field Days
Throwing and Fitness Club	UA Day Performances
Girls on the Run	Regular PE classes
Jump Rope for the Heart	Recess
Heart Maze	Yoga / Fitness Classes
Cheerleading	BMI Checks
Jump Rope Team	Healthy Challenge Week
Fitnessgram	Outdoor Walking GAP
Wellness 5k	Mindfulness Videos
Active Bobcats	

Physical Activity

DISTRICT WIDE WELLNESS



Thank You

Stephanie Steele, FSD, SNS
Boone County Food Service Department