**Strategic Prevention Framework**

*I³: Inspired, Individualized, Inclusive*

September 2024 - October 2024

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| **Goal:** To reduce the onset & progression of substance misuse & its related problems in Bellevue, KY, by supporting the development & delivery of community substance misuse prevention & mental health promotion services. |
| *Objective 1:* | By 9/29/2027, reduce the 30-day use of alcohol among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 2:* | By 9/29/2027, reduce regular (30-day) vaping use among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 3:* | By 9/29/2027, reduce regular (30-day) cigarette smoking among tenth-grade students by 2% each year as measured by annual KIP data. |
| *Objective 4:* | By 9/29/2027, tenth-grade students reporting serious psychological distress, according to the K6 KIP data, will decrease by 4% each year. |
| *Objective 5:* | By 9/29/2027, expand collaboration with community prevention partners, demonstrated by support from community prevention partners at least 2x each year in the project’s family prevention education opportunities, documented by photographic evidence & meeting notes. |

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| **ASSESSMENT** |
| **Accomplishments** | **Description** | **Align** |
| Assessing schools’ assets & resources: | I³ staff reviewed & updated the Resource Map | 1-5 |
| Assessment of schools’ capacity:  | I³ staff, in collaboration with GES & BMHS school leadership, are assessing capacity for SEB Tier 2 & Tier 3. | 1-5 |
| Specification of baseline data:  | SEB screener was given to all K-5 students (196)The data will be used within the MTSS framework to proactively detect students who need support beyond Tier 1 instruction & support.  | 1-4 |
| Monitoring schools needs assessment activities: | The KIP Survey will be administered in the fall of 2024. | 1-4 |
| Monitoring schools needs assessment activities: | Internal Referrals for mental health & prevention services. 13 internal referrals for services7 internal referral assessments completed for services | 1-4 |
| Monitoring schools needs assessment activities: | External Referrals for mental health & prevention services. 0 student/family external referral 0 student/family Care Solace referrals0 staff member's Care Solace referrals | 1-4 |
| Monitoring schools needs assessment activities: | Grant staff are collecting & monitoring data on all grant lead initiatives. This includes, but is not limited to:* Outreach & Engagement Data
* Participation Data
* Outcome Data
* Financial Data
* Progress Monitoring
 | 1-5 |
| Use of needs assessment data  | Grant staff is redirecting efforts to target the community with infrastructure development initiatives. | 5 |
| **CAPACITY**  |
| **Accomplishments** | **Description** | **Align** |
| Professional Development: | **SPF Grant Staff:*** UK Trauma Center on Trauma & Children through the Secondary Traumatic Stress Innovations & Solutions Center. Using the Window of Tolerance framework to discuss regulation, dysregulation, & coping strategies in the face of secondary traumatic stress.
* Secondary Traumatic Stress Core Competencies in Trauma-Informed Supervision.
* Staying Inside the Window of Tolerance: An Advanced Training on STS & Resilience
* MHLC Community of Practice - Crisis Text Line
* Strategic Planning to Strengthen Youth Programming to Reach Coalition Outcomes
* Making Sense of Health Privacy Laws: HIPAA & FERPA for School-Based Health Professionals
* Emerging High-Risk Underage Drinking Products & Advocacy Against Their Spread
* Dangers of Youth Vaping: What Parents Need to Know in 2024
* SOS Training
* Vape-Free Schools Initiative Training (Tier 1)
* INDEPTH® (Intervention for Nicotine Dependence: Education, Prevention, Tobacco, & Health) (Tier 2)
* N-O-T (Not on Tobacco®) Youth Cessation (Tier 3)
* Effective Strategies for Balancing Family Screen Time
* QPR Gatekeeper Training

**GES Mental Health Professional:*** Play Therapy training continued
* Character Strong: Adult Behavior Change First building SEL
* Character Strong: 5 Activities to Reduce Bullying & Problem Behavior
* Making Sense of Health & Privacy Laws
 | 5 |
| Professional Conferences: | * Annual Kentucky Prevention Network Conference – Sept 29 - Oct. 2
 | 5 |
| Building internal coalitions:  | Grant staff participated in the following monthly coalition/committee meetings:* GES PBIS Tier 2/3 Meeting
* GES Student Care Team Meeting
* GES Student Care Team - Ancillary Meeting
* BMHS MTSS Meeting
* BMHS YSC Advisory Council Meeting
* 5K Initiative Planning Committee
* Rae of Sunshine - SMILE Club Meeting
* SPF Grant Advisory Board Meeting [9.24.24 I3 Advisory Meeting](https://docs.google.com/presentation/d/1xpCqQDu2Hq0LYhcxuu8wgNfoq4Ml-P0w/edit#slide=id.p20)
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| Building external coalitions:  | Grant staff participated in the following monthly coalition/committee meetings:* NKY ASAP
* SBMH Grant Committee Meeting
* TISS Grant Committee Meeting & Advisory Board Work Session
* NKY Youth Summit Planning Committee Meeting
* NKISP Steering Committee Meeting
* Campbell County Drug-Free Alliance General Meeting
* Team Kentucky - Prevention & Promotion Branch
 | 5 |
| Building external partnerships: | Grant staff meet with the following community partners: * Starbucks Meeting to explore partnership in “Spill the Tea”
* Kroger – Continued support of the Dinner Table Project
* 1N5 Meeting to discuss partnership
* NKY Health Department – Exploring ways to support BISD through various initiatives such as the REACH Project & Too Good For Drugs.
 | 5 |
| Other infrastructure development: | * Review & update the webpage with resources weekly. [MH&Prevention Webpage](https://www.bellevue.kyschools.us/page/mental-health-services)
* Resource mapping review & update supports for students, staff, & families. [BISD Resource Map](https://docs.google.com/spreadsheets/d/1ESVsoZ-fc2_5k-duwtT-8uMnD2cWXjbv7jtFyOjLiOQ/edit?usp=sharing)
 | 5 |
| **PLANNING** |
| **Accomplishments** | **Description** | **Align** |
| Articulation of a vision for prevention activities: | Grant staff will work with school leadership to discuss the following:* Implementation of #iCANendthetrend, tobacco use & vaping prevention program through the UK.
* Implementing a chapter of Rae of Sunshine at BMHS
* MTSS tiered level of support & SEB Screener Capacity & Decision Rules
 | 1-5 |
| Articulation of a vision for prevention activities: | Grant staff are working toward planning the following:**OCTOBER*** 10/16 - Unity Day
* 10/17 - Bi-Weekly Rae of Sunshine - SMILE Club Meetings
* 10/23 - NKY Youth Summit
* Team will be volunteering
* 10/23 - 10/31 Red Ribbon Week
* Life is a Movie: Film Drug-Free
* [Red Ribbon Week Flyer](https://drive.google.com/file/d/19YuJH7Tzv75_jfhRuuWfYhz_MJX8Dasu/view?usp=sharing)
* 10/26 - National Take-back Day
* Flyers distributed & will be placed on webpage
* [Take-Back Day Flyer.pdf](https://drive.google.com/file/d/13fmHrthtYftGhns-HxWgeqc5ZpG0csCX/view?usp=sharing)
* [Lock Box Flyer.pdf](https://drive.google.com/file/d/1TMh8MIGgAzESZ97mZjS3tJ49arYahgoh/view?usp=sharing)

**NOVEMBER*** 11/13 - World Kindness Day
* GES - Kindness wheel
* BMHS - Random Acts of Kindness
* 11/11 - Veteran’s Day
* Staff Highlight
* 11 Ways to Show Gratitude
* Mental Health Resources for Veterans
* 11/14 - 10/17 - Bi-Weekly Rae of Sunshine - SMILE Club Meetings
* 11/15 - SPF Newsletter #2
* 11/15 - Spill the Tea
* 11/26 - Support for the Holidays

**DECEMBER*** 12/12 - Bi-Weekly Rae of Sunshine - SMILE Club Meetings
* 12/17 - Dinner Table Project #2
* 12/20 - Sober Fun for the Holidays
* Abbreviated SPF Newsletter, including sober fun & support for the holidays

**WINTER*** Newsletter
* Dinner Table Project
* Bi-Weekly Rae of Sunshine - SMILE Club Meetings
* Prevention Day (Jan 2025)
* #SELday

**SPRING*** Newsletter
* Dinner Table Project
* Bi-Weekly Rae of Sunshine - SMILE Club Meetings
* Mental Health Roundtables
* Mental Health Month
* Mental Health Day of Action
* 5K Initiative
 | 1-4 |
| Identification of the district-level priorities: | *Mental Health & Prevention Services Handbook -* I³ team continues to create an evidence-based policy & procedural handbook for BISD’s mental health & prevention services. * Outlines the screening process
* Details referral process
* Includes information about MTSS
 | 1-5 |
| Identification/coordination/allocation of resources: | Prevention Specialists will be trained in the following:* Vape-Free Schools Initiative Training (Tier 1)
* INDEPTH® (Intervention for Nicotine Dependence: Education, Prevention, Tobacco, & Health) (Tier 2)
* N-O-T (Not on Tobacco®) Youth Cessation - Facilitator Training (Tier 3)
 | 1-3 |
| Identification/coordination/allocation of resources: | *Trauma-Informed Grant* - The I³ team continues to revise BISD’s trauma-informed plan to create action steps to ensure the implementation of best practices. | 4 |
| Identify/coord/allocate resources: | The I³ team is working with Character Strong to facilitate Tier 2 & Tier 3 SEB training w/ GES SBMH | 4 |
| **IMPLEMENTATION** |
| **Accomplishments** | **Description** | **Align** |
| Specific community-level interventions being implemented: | Grant staff implemented the following:* 9/01 - Tobacco/Nicotine-free flyer
* Created, distributed to parents, & posted on the website
* 9/10 - Suicide Prevention Day w/ GES SBMH
* Provided educators with resources for classrooms (state policy).
* Updated webpage with Suicide Prevention resources
* Suicide Prevention Awareness board with resources.
* GES - “I Matter” initiative to foster inclusion & positive self-awareness
* GES health class collaboration to promote positive self-talk & affirmations
* BMHS - Suicide Prevention Awareness Campaign during BMHS lunch.

* 9/18 - Staff SEB Screener Training
* 9/26 - GES Respect/SOM celebration
* 9/27 - SPF Newsletter #1
* [Prevention Newsletter #1](https://secure.smore.com/n/0tudn)
* 9/30 - National Recovery Day Flyer
* Posted information on the website

**OCTOBER*** 10/01 - [HOCO - Difficult Convo's For Parents](https://drive.google.com/file/d/1oBagJUl_UET5PskTbRMH8fzOlpW_0F5H/view?usp=sharing)
* Posted on webpage
* 10/03 - Fall Table Talks
* Newsletters & MH&P webpage
* 10/10 - World Mental Health Day
* 10 Ways to Take Care of Your Mental Health on 10/10 [10 ways for 10\_10](https://drive.google.com/file/d/1JD5Yvyf0Sytv-p_as9i6gRrqSuf8hHmZ/view?usp=sharing)
* Team will be at Starbucks handing out resources (Spill the Tea)
* [World MH Day "Spill the Tea" w/ Starbucks](https://drive.google.com/file/d/1C8Ylcw7dcAf2nwbfDaDlyqMoYKyQpT-_/view?usp=sharing)
* 10/15 - Dinner Table Project #1
* Placemat – Front/Back
* [Sample Game Convo Cards](https://drive.google.com/file/d/14cpTB_o0LVHHQGA9fxgs_27mjeQYNIjO/view?usp=sharing)
* Meal – White Chicken Chili (donated by Kroger)
* Literacy – TBD

* 10/16 - Unity Day
* Bulletin Board & wear orange

 | 1-5 |
| Implemented policies within organizations to facilitate interventions | Grant staff works with the following grants to created procedures for the BISD mental health & prevention team in response to students' & families' mental health & prevention needs. These align with best practices.* ***Trauma-Informed Grant***
* Grant staff continues to work with TISS Grant to revise BISD’s trauma-informed plan & create action steps to ensure the implementation of best practices.
* ***School-Based Mental Health* Grant**
* Grant staff continues to work with SBMH Grant to review & revise BISD’s Mental Health plan & create action steps to ensure the implementation of best practices.
* ***Prevention***
* Grant staff continues to review & revise BISD’s Prevention plan, creating action steps to ensure the implementation of best practices.
* Created district tobacco/nicotine-free procedure in response to HB-142; the procedure was added to the Code of Conduct and middle/high school behavior matrix.
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| Specific community-level interventions being implemented: | **GES SBMH Breakdown of time and/or student reached/seen from 9/12/24 -10/3/24:*** Direct sessions: 440 minutes = 7.3 hours
* Additional sessions: 90 minutes = 1.5 hours
* Groups: 270 minutes = 4.5 hours
* Tier 2 performance: 90 minutes = 1.5 hours
* Continuity of care meetings: 400 minutes = 6.7 hours

**GES Caseload Numbers:** * Active cases: 4
* Tier 2 performance: 2
* Referrals: 0
 | 4 |
| Developed systems for distributing resources: | 5 lockboxes have been provided to families of students. | 1-3 |
| **EVALUATION** |
| **Accomplishments** | **Description** | **Align** |
| Monitor & evaluate all activities: | Evaluating SEB data to support our developing MTSS. | 4 |
| Grant Reporting: | * SPF SPARS Quarter 3 Report - Accepted
* SPF SPARS Quarter 4 Report - Due Oct. 31
* SPF eRa Commons Annual Performance Review - Due Dec.31
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| **SUSTAINABILITY** |
| Planning for sustaining the infrastructure: | Continue developing & improving the district's MTSS system & mental health support. SEL teams deliver substance abuse prevention curriculum to students. |