**Strategic Prevention Framework**

*I³: Inspired, Individualized, Inclusive*

September 2024 - October 2024

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| **Goal:** To reduce the onset & progression of substance misuse & its related problems in Bellevue, KY, by supporting the development & delivery of community substance misuse prevention & mental health promotion services. | |
| *Objective 1:* | By 9/29/2027, reduce the 30-day use of alcohol among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 2:* | By 9/29/2027, reduce regular (30-day) vaping use among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 3:* | By 9/29/2027, reduce regular (30-day) cigarette smoking among tenth-grade students by 2% each year as measured by annual KIP data. |
| *Objective 4:* | By 9/29/2027, tenth-grade students reporting serious psychological distress, according to the K6 KIP data, will decrease by 4% each year. |
| *Objective 5:* | By 9/29/2027, expand collaboration with community prevention partners, demonstrated by support from community prevention partners at least 2x each year in the project’s family prevention education opportunities, documented by photographic evidence & meeting notes. |

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| **ASSESSMENT** | | |
| **Accomplishments** | **Description** | **Align** |
| Assessing schools’ assets & resources: | I³ staff reviewed & updated the Resource Map | 1-5 |
| Assessment of schools’ capacity: | I³ staff, in collaboration with GES & BMHS school leadership, are assessing capacity for SEB Tier 2 & Tier 3. | 1-5 |
| Specification of baseline data: | SEB screener was given to all K-5 students (196)  The data will be used within the MTSS framework to proactively detect students who need support beyond Tier 1 instruction & support. | 1-4 |
| Monitoring schools needs assessment activities: | The KIP Survey will be administered in the fall of 2024. | 1-4 |
| Monitoring schools needs assessment activities: | Internal Referrals for mental health & prevention services.  13 internal referrals for services  7 internal referral assessments completed for services | 1-4 |
| Monitoring schools needs assessment activities: | External Referrals for mental health & prevention services.  0 student/family external referral  0 student/family Care Solace referrals  0 staff member's Care Solace referrals | 1-4 |
| Monitoring schools needs assessment activities: | Grant staff are collecting & monitoring data on all grant lead initiatives. This includes, but is not limited to:   * Outreach & Engagement Data * Participation Data * Outcome Data * Financial Data * Progress Monitoring | 1-5 |
| Use of needs assessment data | Grant staff is redirecting efforts to target the community with infrastructure development initiatives. | 5 |
| **CAPACITY** | | |
| **Accomplishments** | **Description** | **Align** |
| Professional Development: | **SPF Grant Staff:**   * UK Trauma Center on Trauma & Children through the Secondary Traumatic Stress Innovations & Solutions Center. Using the Window of Tolerance framework to discuss regulation, dysregulation, & coping strategies in the face of secondary traumatic stress. * Secondary Traumatic Stress Core Competencies in Trauma-Informed Supervision. * Staying Inside the Window of Tolerance: An Advanced Training on STS & Resilience * MHLC Community of Practice - Crisis Text Line * Strategic Planning to Strengthen Youth Programming to Reach Coalition Outcomes * Making Sense of Health Privacy Laws: HIPAA & FERPA for School-Based Health Professionals * Emerging High-Risk Underage Drinking Products & Advocacy Against Their Spread * Dangers of Youth Vaping: What Parents Need to Know in 2024 * SOS Training * Vape-Free Schools Initiative Training (Tier 1) * INDEPTH® (Intervention for Nicotine Dependence: Education, Prevention, Tobacco, & Health) (Tier 2) * N-O-T (Not on Tobacco®) Youth Cessation (Tier 3) * Effective Strategies for Balancing Family Screen Time * QPR Gatekeeper Training   **GES Mental Health Professional:**   * Play Therapy training continued * Character Strong: Adult Behavior Change First building SEL * Character Strong: 5 Activities to Reduce Bullying & Problem Behavior * Making Sense of Health & Privacy Laws | 5 |
| Professional Conferences: | * Annual Kentucky Prevention Network Conference – Sept 29 - Oct. 2 | 5 |
| Building internal coalitions: | Grant staff participated in the following monthly coalition/committee meetings:   * GES PBIS Tier 2/3 Meeting * GES Student Care Team Meeting * GES Student Care Team - Ancillary Meeting * BMHS MTSS Meeting * BMHS YSC Advisory Council Meeting * 5K Initiative Planning Committee * Rae of Sunshine - SMILE Club Meeting * SPF Grant Advisory Board Meeting [9.24.24 I3 Advisory Meeting](https://docs.google.com/presentation/d/1xpCqQDu2Hq0LYhcxuu8wgNfoq4Ml-P0w/edit#slide=id.p20) | 5 |
| Building external coalitions: | Grant staff participated in the following monthly coalition/committee meetings:   * NKY ASAP * SBMH Grant Committee Meeting * TISS Grant Committee Meeting & Advisory Board Work Session * NKY Youth Summit Planning Committee Meeting * NKISP Steering Committee Meeting * Campbell County Drug-Free Alliance General Meeting * Team Kentucky - Prevention & Promotion Branch | 5 |
| Building external partnerships: | Grant staff meet with the following community partners:   * Starbucks Meeting to explore partnership in “Spill the Tea” * Kroger – Continued support of the Dinner Table Project * 1N5 Meeting to discuss partnership * NKY Health Department – Exploring ways to support BISD through various initiatives such as the REACH Project & Too Good For Drugs. | 5 |
| Other infrastructure development: | * Review & update the webpage with resources weekly. [MH&Prevention Webpage](https://www.bellevue.kyschools.us/page/mental-health-services) * Resource mapping review & update supports for students, staff, & families. [BISD Resource Map](https://docs.google.com/spreadsheets/d/1ESVsoZ-fc2_5k-duwtT-8uMnD2cWXjbv7jtFyOjLiOQ/edit?usp=sharing) | 5 |
| **PLANNING** | | |
| **Accomplishments** | **Description** | **Align** |
| Articulation of a vision for prevention activities: | Grant staff will work with school leadership to discuss the following:   * Implementation of #iCANendthetrend, tobacco use & vaping prevention program through the UK. * Implementing a chapter of Rae of Sunshine at BMHS * MTSS tiered level of support & SEB Screener Capacity & Decision Rules | 1-5 |
| Articulation of a vision for prevention activities: | Grant staff are working toward planning the following:  **OCTOBER**   * 10/16 - Unity Day * 10/17 - Bi-Weekly Rae of Sunshine - SMILE Club Meetings * 10/23 - NKY Youth Summit * Team will be volunteering * 10/23 - 10/31 Red Ribbon Week * Life is a Movie: Film Drug-Free * [Red Ribbon Week Flyer](https://drive.google.com/file/d/19YuJH7Tzv75_jfhRuuWfYhz_MJX8Dasu/view?usp=sharing) * 10/26 - National Take-back Day * Flyers distributed & will be placed on webpage * [Take-Back Day Flyer.pdf](https://drive.google.com/file/d/13fmHrthtYftGhns-HxWgeqc5ZpG0csCX/view?usp=sharing) * [Lock Box Flyer.pdf](https://drive.google.com/file/d/1TMh8MIGgAzESZ97mZjS3tJ49arYahgoh/view?usp=sharing)   **NOVEMBER**   * 11/13 - World Kindness Day * GES - Kindness wheel * BMHS - Random Acts of Kindness * 11/11 - Veteran’s Day * Staff Highlight * 11 Ways to Show Gratitude * Mental Health Resources for Veterans * 11/14 - 10/17 - Bi-Weekly Rae of Sunshine - SMILE Club Meetings * 11/15 - SPF Newsletter #2 * 11/15 - Spill the Tea * 11/26 - Support for the Holidays   **DECEMBER**   * 12/12 - Bi-Weekly Rae of Sunshine - SMILE Club Meetings * 12/17 - Dinner Table Project #2 * 12/20 - Sober Fun for the Holidays * Abbreviated SPF Newsletter, including sober fun & support for the holidays   **WINTER**   * Newsletter * Dinner Table Project * Bi-Weekly Rae of Sunshine - SMILE Club Meetings * Prevention Day (Jan 2025) * #SELday   **SPRING**   * Newsletter * Dinner Table Project * Bi-Weekly Rae of Sunshine - SMILE Club Meetings * Mental Health Roundtables * Mental Health Month * Mental Health Day of Action * 5K Initiative | 1-4 |
| Identification of the district-level priorities: | *Mental Health & Prevention Services Handbook -* I³ team continues to create an evidence-based policy & procedural handbook for BISD’s mental health & prevention services.   * Outlines the screening process * Details referral process * Includes information about MTSS | 1-5 |
| Identification/coordination/allocation of resources: | Prevention Specialists will be trained in the following:   * Vape-Free Schools Initiative Training (Tier 1) * INDEPTH® (Intervention for Nicotine Dependence: Education, Prevention, Tobacco, & Health) (Tier 2) * N-O-T (Not on Tobacco®) Youth Cessation - Facilitator Training (Tier 3) | 1-3 |
| Identification/coordination/allocation of resources: | *Trauma-Informed Grant* - The I³ team continues to revise BISD’s trauma-informed plan to create action steps to ensure the implementation of best practices. | 4 |
| Identify/coord/allocate resources: | The I³ team is working with Character Strong to facilitate Tier 2 & Tier 3 SEB training w/ GES SBMH | 4 |
| **IMPLEMENTATION** | | |
| **Accomplishments** | **Description** | **Align** |
| Specific community-level interventions being implemented: | Grant staff implemented the following:   * 9/01 - Tobacco/Nicotine-free flyer * Created, distributed to parents, & posted on the website * 9/10 - Suicide Prevention Day w/ GES SBMH * Provided educators with resources for classrooms (state policy). * Updated webpage with Suicide Prevention resources * Suicide Prevention Awareness board with resources. * GES - “I Matter” initiative to foster inclusion & positive self-awareness * GES health class collaboration to promote positive self-talk & affirmations * BMHS - Suicide Prevention Awareness Campaign during BMHS lunch.      * 9/18 - Staff SEB Screener Training * 9/26 - GES Respect/SOM celebration * 9/27 - SPF Newsletter #1 * [Prevention Newsletter #1](https://secure.smore.com/n/0tudn) * 9/30 - National Recovery Day Flyer * Posted information on the website   **OCTOBER**   * 10/01 - [HOCO - Difficult Convo's For Parents](https://drive.google.com/file/d/1oBagJUl_UET5PskTbRMH8fzOlpW_0F5H/view?usp=sharing) * Posted on webpage * 10/03 - Fall Table Talks * Newsletters & MH&P webpage * 10/10 - World Mental Health Day * 10 Ways to Take Care of Your Mental Health on 10/10 [10 ways for 10\_10](https://drive.google.com/file/d/1JD5Yvyf0Sytv-p_as9i6gRrqSuf8hHmZ/view?usp=sharing) * Team will be at Starbucks handing out resources (Spill the Tea) * [World MH Day "Spill the Tea" w/ Starbucks](https://drive.google.com/file/d/1C8Ylcw7dcAf2nwbfDaDlyqMoYKyQpT-_/view?usp=sharing) * 10/15 - Dinner Table Project #1 * Placemat – Front/Back * [Sample Game Convo Cards](https://drive.google.com/file/d/14cpTB_o0LVHHQGA9fxgs_27mjeQYNIjO/view?usp=sharing) * Meal – White Chicken Chili (donated by Kroger) * Literacy – TBD      * 10/16 - Unity Day * Bulletin Board & wear orange | 1-5 |
| Implemented policies within organizations to facilitate interventions | Grant staff works with the following grants to created procedures for the BISD mental health & prevention team in response to students' & families' mental health & prevention needs. These align with best practices.   * ***Trauma-Informed Grant*** * Grant staff continues to work with TISS Grant to revise BISD’s trauma-informed plan & create action steps to ensure the implementation of best practices. * ***School-Based Mental Health* Grant** * Grant staff continues to work with SBMH Grant to review & revise BISD’s Mental Health plan & create action steps to ensure the implementation of best practices. * ***Prevention*** * Grant staff continues to review & revise BISD’s Prevention plan, creating action steps to ensure the implementation of best practices. * Created district tobacco/nicotine-free procedure in response to HB-142; the procedure was added to the Code of Conduct and middle/high school behavior matrix. | 4 |
| Specific community-level interventions being implemented: | **GES SBMH Breakdown of time and/or student reached/seen from 9/12/24 -10/3/24:**   * Direct sessions: 440 minutes = 7.3 hours * Additional sessions: 90 minutes = 1.5 hours * Groups: 270 minutes = 4.5 hours * Tier 2 performance: 90 minutes = 1.5 hours * Continuity of care meetings: 400 minutes = 6.7 hours   **GES Caseload Numbers:**   * Active cases: 4 * Tier 2 performance: 2 * Referrals: 0 | 4 |
| Developed systems for distributing resources: | 5 lockboxes have been provided to families of students. | 1-3 |
| **EVALUATION** | | |
| **Accomplishments** | **Description** | **Align** |
| Monitor & evaluate all activities: | Evaluating SEB data to support our developing MTSS. | 4 |
| Grant Reporting: | * SPF SPARS Quarter 3 Report - Accepted * SPF SPARS Quarter 4 Report - Due Oct. 31 * SPF eRa Commons Annual Performance Review - Due Dec.31 |  |

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| **SUSTAINABILITY** | |
| Planning for sustaining the infrastructure: | Continue developing & improving the district's MTSS system & mental health support. SEL teams deliver substance abuse prevention curriculum to students. |