**Strategic Prevention Framework**

*I³: Inspired, Individualized, Inclusive*

August 2024 - September 2024

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| **Goal:** To reduce the onset and progression of substance misuse and its related problems in Bellevue, KY, by supporting the development and delivery of community substance misuse prevention and mental health promotion services. | |
| *Objective 1:* | By September 29, 2027, reduce the 30-day use of alcohol among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 2:* | By September 29, 2027, reduce the regular (30-day) vaping use among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 3:* | By September 29, 2027, reduce regular (30-day) cigarette smoking among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 4:* | By September 29, 2027, students in the tenth grade reporting serious psychological distress, according to the K6 KIP survey data, will decrease by 4% each year. |
| *Objective 5:* | By September 9, 2027, expand collaboration with community prevention partners, as demonstrated by support from community prevention partners at least two times each year in the project’s family prevention education opportunities, documented by photographic evidence and meeting notes. |

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| **ASSESSMENT** | | |
| **Accomplishments** | **Description** | **Alignment** |
| Monitoring schools needs assessment activities: | External Referrals for mental health and prevention services.  0 student/family external referral  0 student/family Care Solace referrals  1 staff member's Care Solace referrals | 4 |
| Monitoring schools needs assessment activities: | Internal Referrals for mental health and prevention services.  13 internal referrals for services  7 internal referral assessments completed for services | 4 |
| Assessing schools’ assets and resources | I³ staff reviewed and updated the Resource Map | 1-5 |
| Assessment of schools’ capacity | I³ staff, in collaboration with school leadership, are assessing capacity for SEB Tier 2 and Tier 3. | 1-5 |
| Assessment of schools’ readiness to act | I³ staff, in collaboration with school leadership, are assessing readiness to facilitate SEB Tier 1-3 interventions and evaluations. | 1-5 |
| **CAPACITY** | | |
| **Accomplishments** | **Description** | **Alignment** |
| Professional Development | I³ completed Vector trainings. | 5 |
| Professional Development | I³ participated in the Poverty Simulation. | 5 |
| Building coalitions: | Reviewed and updated webpage with staffing changes, policy changes, and resources. | 5 |
| Building coalitions: | I³ staff continue to meet and interact with community partners to familiarize themselves with the needs of the Northern Kentucky community. Those partners include the Campbell County Drug-Free Alliance, the BISD Transition Coordinator, the Northern KY Institute for Strategic Planning (NKISP), the Kentucky Prevention Network, Adult Allies, and Prevention First. | 5 |
| Building coalitions: | I³ staff attended NKY Regional Youth Summit Planning Committee Meeting. | 5 |
| **PLANNING** | | |
| **Accomplishments** | **Description** | **Alignment** |
| Identification of the district-level priorities | *Mental Health & Prevention Services Handbook -* I³ team continues to create an evidence-based policy and procedural handbook for BISD’s mental health and prevention services.   * Outlines the screening process * Details referral process * Includes information about MTSS * Will be presented in the fall | 1-4 |
| Articulation of a vision for prevention activities | *Programs & Initiatives* - The mental health team and I³ are working together to create and embed SEL and preventions initiatives throughout the 2024-2025 school year to include, but not limited to   * Multi-tiered System of Support for SEL, Mental Health, Behavioral Supports, and Substance Use/Misuse * Suicide Prevention Day (Sept. 10, 2024) * National Recovery Day (Sept. 30, 2024) * Monthly Prevention Newsletter (Sept. 20, 2024) * The Dinner Table Project (starting Oct. 2024 – Theme: Responsibility & Fun Not Fright) * Red Ribbon Week (Oct. 2024) * Prevention Day (Jan 2025) * SEL Action Day (March 2025) * Mental Health Action Day (May 2025) | 1-4 |
| Articulation of a vision for prevention activities: | The I³ team is working toward creating a Mental Health/Prevention referral pathway, processes, and MTSS handbook and exploring communication channels such as the I3 Newsletter, webpage, Dinner Table Project, and Red Ribbon Week. | 1-4 |
| Identification/coordination/allocation of resources | Prevention Specialists will be trained in Facilitator Training to aid with tobacco/vaping cessation needs for students. (Tier 3)   * Vape-Free Schools Initiative Training (Tier 1) * INDEPTH® (Intervention for Nicotine Dependence:   Education, Prevention, Tobacco, and Health) (Tier 2)   * N-O-T (Not on Tobacco®) Youth Cessation   Facilitator Training to aid with tobacco/vaping cessation needs for students. (Tier 3) | 1-3 |
| Identification/coordination/allocation of resources | The I³ team is working with Character Strong to facilitate Tier 2 and Tier 3 SEB training. | 4 |
| **IMPLEMENTATION** | | |
| **Accomplishments** | **Description** | **Alignment** |
| Adapting interventions to ensure cultural competence while preserving core program elements | Facilitated a trauma-informed care PD for staff, along with PD, to educate staff about Character Strong and social-emotional learning. | 1-5 |
| Specific community-level interventions being implemented | The I³ team participated in the “Back to School Bash” for the district, distributing education and information surrounding substance misuse prevention. | 1-5 |
| Specific community-level interventions being implemented | The I³ team facilitated Suicide Prevention Day initiative “I Matter” at GES and an awareness session during all lunches at BMHS. | 4 |
| Specific community-level interventions being implemented | The I³ team created a Suicide Prevention Day bulletin board at BMHS. | 4 |
| Implemented policies within organizations to facilitate interventions | *Trauma-Informed Grant* - The I³ team continues to revise BISD’s trauma-informed plan to create action steps to ensure the implementation of best practices moving into the 24-25 school year. | 4 |
| Implemented policies within organizations to facilitate interventions | *School-Based Mental Health* - The I³ team continues to review and revise BISD’s Mental Health plan, creating action steps to ensure the implementation of best practices during the 24-25 school year.  Created procedures for the BISD mental health and prevention team in response to students' and families' mental health and prevention needs. These align with best practices. | 4 |
| Implemented policies within organizations to facilitate interventions | *Prevention* - The I³ team continues to review and revise BISD’s Prevention plan, creating action steps to ensure the implementation of best practices during the 24-25 school year.  Created district tobacco/nicotine-free procedure in response to HB-142; the procedure was added to the Code of Conduct and middle/high school behavior matrix. | 1-3 |
| Developed efficient systems for distributing tangible resources (e.g., naloxone kits): | 5 lockboxes have been provided to families of students. | 1-3 |
| **EVALUATION** | | |
| **Accomplishments** | **Description** | **Alignment** |
| Assess program effectiveness: | The CharacterStrong Implementation Survey was sent to middle/high school staff for completion. The results will provide imperative feedback on the program’s implementation. | 4 |
| Monitor and evaluate all program activities: | Currently evaluating data from the Character Strong Curriculum and proactive detection tool to support our developing MTSS. | 4 |
| Grant Reporting: | SPF Project Director completed and submitted eRa Commons Year 1 Annual Performance Review due Dec.31   * Approved   SPF Project Director completed and submitted eRa Commons Year 2 Detailed Budget and Narrative Revision   * Approved   SPF Project Director submitted Year 3 Continuation Report   * Approved |  |

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| **SUSTAINABILITY** | |
| Planning for sustaining the infrastructure: | Continue developing and improving the district's MTSS system and mental health support. SEL teams deliver substance abuse prevention curriculum to students. |

**MENTAL HEALTH:**

**Completed training/initiatives:**

*GES:*

Completed DBT Training; certified DBT therapist

Completed a Care Solace refresher training

Started Play Therapy training

Working on completing "I Matter" suicide prevention initiative at Grandview

BMHS:

Care Solace Refresher Training 8/28, Youth Suicide Prevention for Helping Professionals 9/4, Creating a Container for Us: How to hold space for ourselves and each other after a student death 8/1, Completed all required Vector staff trainings

**Breakdown of time and/or number of students reached/seen:**

*GES:*

Active students: 40 minutes

Extra sessions (not on the active caseload): 169 minutes (76% of that time was crisis management). Five students seen who are not on the active caseload in the extra sessions"

BMHS:

28.58 direct hours/ 23% = de-escalation, remaining time is students on caseload

**Caseload Numbers:**

*GES:* Active students: 2*,* Referrals: 2

BMHS: Active students: 3, Referrals = Unknown currently as the process is undergoing changes

**Programming/initiatives:**

*GES:* Working on completing an I Matter poster for suicide prevention month. Will be completed on Friday (9/13/24).

BMHS: Ordered large 988 suicide hotline banner from 1N5 for Suicide Prevention Month, Will begin Tier 2 Flex groups week of 9/16