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| **Strategic Prevention Framework** |
| *I³: Inspired, Individualized, Inclusive* |
| July 2024 - August 2024 |

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| SPF Grant Goal: |
| To reduce the onset and progression of substance misuse and its related problems in Bellevue, KY, by supporting the development and delivery of community substance misuse prevention and mental health promotion services. |

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| *Objective 1:* | By September 29, 2027, reduce the 30-day use of alcohol among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 2:* | By September 29, 2027, reduce the regular (30-day) vaping use among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 3:* | By September 29, 2027, reduce regular (30-day) cigarette smoking among tenth-grade students by 2% each year as measured by annual KIP survey data. |
| *Objective 4:* | By September 29, 2027, students in the tenth grade reporting serious psychological distress, according to the K6 KIP survey data, will decrease by 4% each year. |
| *Objective 5:* | By September 9, 2027, expand collaboration with community prevention partners, as demonstrated by support from community prevention partners at least two times each year in the project’s family prevention education opportunities, documented by photographic evidence and meeting notes. |

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| **ASSESSMENT** | |
| Specification of intervention data: | CharacterStrong Implementation Survey was sent to middle/high school staff for completion. These results will provide imperative feedback on the program’s implementation. |
| Specification of baseline data: | External Referrals for mental health and prevention services.  0 student/family external referral  0 student/family Care Solace referrals  Internal Referrals for mental health and prevention services.  2 internal referrals for services |
| Specification of baseline data and progress monitoring for all students identified in Tiers 2 and 3: | BISD's social-emotional tiered system is showing progress in proactively supporting student needs by delivering services.  *\*End-of-year transition for all tier 2 and 3 students, with recommendations for summer support and office hours.* |
| Developed coalitions or strategic partnerships with other agencies or key stakeholders to address substance use-related behavioral health disparities in your state, tribe, or jurisdiction: | * Worked with CCDFA to discuss completing an environmental scan for Campbell County. * Met with Camille Croweak, Cannabis Prevention Enhancement Specialist for the state of Kentucky, to discuss grant initiatives, new cannabis legislation, and restorative best practices. |
| Building coalitions: | I³ staff continue to meet and interact with community partners to familiarize themselves with the needs of the Northern Kentucky community. Those partners include the Campbell County Drug-Free Alliance, the BISD Transition Coordinator, the Northern KY Institute for Strategic Planning (NKISP), the Kentucky Prevention Network, Adult Allies, and Prevention First. |
| Trauma-Informed Grant and School-Based Mental Health Grant: | * Resources to support BISD and SPF grant initiatives. * Reviewed BISD’s trauma-informed plan to create action steps to ensure implementation of best practices moving into the 24-25 school year. * Reported quarterly data on referrals to TISS grant coordinators at NKCES. |

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| **PLANNING** | |
| Mental Health & Prevention Services Handbook | The team continues to create an evidence-based policy and procedural handbook for BISD’s mental health and prevention services.   * Outlines the screening process * Details referral process * Includes information about MTSS * Will be presented in the fall   Working to plan and implement trauma-informed care PD for staff, along with PD to educate staff about Character Strong and social-emotional learning. |
| Programs & Initiatives: | The mental health team and I³ are working together to create and embed SEL and preventions throughout the 2024-2025 school year to include, but not limited to   * The Dinner Table Project * Monthly Prevention Newsletter * Multi-tiered System of Support for SEL, Mental Health, Behavioral Supports, and Substance Use/Misuse * Red Ribbon Week * SEL Action Day * Prevention Day * Mental Health Action Day |
| I³ Quarterly Newsletter: | I³ is designing materials targeting prevention messaging for a quarterly newsletter sent to caregivers and students. This newsletter will share community resources, caregiver/child conversation starters, mental health information such as coping skills, and more.   * The next newsletter will go out in the fall, date TBD |
| Dinner Table Project: | I³ and the Youth Service Center are working with GES/BMHS to create the Dinner Table Project. This prevention project is based on research showing that families that eat are less likely to use substances. We continue to monitor for quality improvement and adjust what is included in the meal kit to meet the needs of the families.   * Next meal kit will be sent home in the fall, date TBD * Theme TBD |
| Identification/coordination/allocation of resources: | We continue to receive requests from stakeholders to 1) provide substance prevention training, 2) design custom training for students, parents, and staff, and 3) share and distribute resources. Using evidence-based programs, we are guiding BISD in developing a three-tiered approach to vaping prevention, intervention, and cessation.  Discussed evidence-based restorative practices with Camille Croweak and currently working to plan prevention tiered intervention that is restorative in nature. |
| Articulation of a vision for prevention activities: | The I³ team is working toward creating a Mental Health/Prevention referral pathway, processes, and MTSS handbook.  Exploring the use of BISD’s new website capabilities to support resources for mental health and prevention services (such as referral forms, provider resources, phone numbers, and more). |

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| **IMPLEMENTATION** | |
| Professional Development | Staff completed the following trainings through a scholarship from NKY Public Health:   * Vape-Free Schools Initiative Training (Tier 1) * INDEPTH® (Intervention for Nicotine Dependence:   Education, Prevention, Tobacco, and Health) (Tier 2)   * N-O-T (Not on Tobacco®) Youth Cessation   Facilitator Training to aid with tobacco/vaping cessation needs for students. (Tier 3) |
| Professional Development | Staff attending the two-day Deeper Learning Summit: Bridging Equity and Innovation for Success hosted by NKCES. |
| Professional Development | Staff attending the Innovative Schools Summit Nashville 2024 to network with fellow educators and learn from nationally recognized speakers. This summit featured evidence-based strategies for Innovative Teaching Strategies, At-Risk Students, School Discipline, and Social-Emotional Learning. |
| Trauma-Informed Grant: | * Revised BISD’s trauma-informed plan to create action steps to ensure implementation of best practices moving into the 24-25 school year. |
| School-Based Mental Health: | * Reviewed and Revised BISD’s Mental Health plan to create action steps to ensure implementation of best practices moving into the 24-25 school year. * Created procedures for the BISD mental health and prevention team in response to students' and families' mental health and prevention needs. These align with best practices. |
| Prevention: | * Reviewed and Revised BISD’s Prevention plan to create action steps to ensure implementation of best practices moving into the 24-25 school year. * Created district tobacco/nicotine-free procedure in response to HB-142; procedure was added to Code of Conduct and middle/high school behavior matrix. |
| Initiatives | * Participated in the “Back to School Bash” for the district, distributing education and information surrounding substance misuse prevention. |
| Developed efficient systems for distributing tangible resources (e.g., naloxone kits): | Procured 55 lockboxes from partnering agencies (North Key and NKY ASAP) to distribute to families and community members of Bellevue who need access to securing medication/substances.  17 lockboxes have been provided to families of students. |
| Implemented policies within organizations to facilitate interventions: | I³ continues to work toward refining the Mental Health referral pathway and process.  I³ continues to work on developing the mental health and prevention services handbook. |

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| **EVALUATION** | |
| Monitor and evaluate all program activities: | Currently evaluating data from the Character Strong Curriculum and proactive detection tool to support our developing MTSS. |
| Assess program effectiveness: | Quality improvement will continue for all new programs and initiatives to monitor success/barriers and modify to the community's needs.  Data was collected through the #iCANendthetrend tobacco and vaping prevention initiative through the University of Kentucky. They collected pre- and post-survey data. Once the data collection is complete, we will review the program's effectiveness to evaluate for future use. |
| Grant Reporting: | SPF Project Director completed the SPARS quarterly report due July 30, 2024  SPF Project Director completed and submitted eRa Commons Year 1 Annual Performance Review due Dec.31   * Pending   SPF Project Director completed and submitted eRa Commons Year 2 Detailed Budget and Narrative Revision   * Pending   SPF Project Director submitted approval for a new prevention specialist and updated year 3 continuation budget   * New hire was approved   SPF Project Director submitted Year 3 Continuation Report   * Pending   The SPF Project Director submitted a Year 1 intent to carryover.   * Request was approved. * PI will work with the Financial Director to update year 1 financials and apply for intent to carryover funds. * Year 1 and year 2 funds that were drawn down and not used within 3 business days were returned. |

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| **SUSTAINABILITY** | |
| Planning for sustaining the infrastructure: | Continue developing and improving the district's MTSS system and mental health support. SEL teams deliver substance abuse prevention curriculum to students. |