







Team Up For Sports Safety (TUFSS)

- Goal: <u>TUFSS</u> aims to propel adoption of policies proven to reduce sport related deaths in high school athletes
- Management/Funding: Program managed through the Korey Stringer Institute and is sponsored by the NFL and National Athletic Trainers' Association (Over \$3 Million in total funding)
- Problem/Background:
 - Over 200 sport-related high school deaths occurred in the last five years
 - Most of these deaths are preventable
 - o 90% of these deaths are from 4 causes:
 - 1. cardiac arrest 2. exertional heat stroke 3. head injury 4. exertional sickling
 - Currently, states only mandate an average of 53% of policies proven to reduce these deaths
- **TUFSS Approach**: For a 1 day meeting we bring together stakeholders responsible for making and implementing policy to identify gaps and solutions to policy adoption aimed at preventing sport related death in high school athletes.
- **Deliverables**: The TUFSS meeting is structured as a working meeting, whereby at the end of the day the meeting members will have identified specific action items for the ~4 targeted topic areas of the meeting. Supporting these action items will be any language that is developed or tools that are identified and a plan for a pathway for that policy moving forward.

Team Up For Sports Safety Is Coming to Kentucky on May 9th, 2024



Location: Kentucky High School Athletic Association, 2280 Executive Drive, Lexington, KY 40505

Agenda Overview

- AEDs within 1-3 minutes for each athletic venue
- Cool First, Transport Second (EHS)
- Strength & Conditioning Sessions
- Coaching Education
- Head Injuries