

2024 - 26		School District		Todd County			
		Center Name		Todd County YSC			
Center Type		YSC					
Action Component		Health Services or Referrals to Health Services					
Goal Of Component		<p>To improve the overall health and well-being of students through activities that support the Whole school, Whole Community and Whole Child (WSCC) model*, therefore increasing students' ability to succeed in school.</p> <p>This WSCC model supports the whole child through ten components:</p> <ul style="list-style-type: none"> • Health Education • Social and Emotional climate • Physical Education and Physical Activity • Physical Environment • Nutrition Environment and Services • Employee Wellness • Health Services • Family Engagement • Counselling, Psychological and Social Services • Community Involvement 					
Strengthening Families Protective Factors		Place X below all Strengthening families protective factors addressed through this component					
		Resilience	Social Connections	Knowledge of Child/Adolescent Development	Concrete Support in Times of Need	Social and Emotional Competence	Nurturing and Attachment
		X	X	X	X	X	X
Is this an amendment							
Assessed need, desired outcome, measurement		Activity with Timelines		Collaborative Partners (w/ fund source and cost)			
<p>Parents, faculty and students reported that students are in need of more information regarding fitting in/self-esteem, bullying, social media, how to handle peer pressure and mental health. (parent, student and faculty FRYSC Needs Assessment)</p> <p>1. Create peer support groups at TCCHS and TCMS that focus on self-esteem, healthy relationships and friendships, build character and foster good mental health. Limit groups to 20-30 students for more effective conversation and communication. Participation numbers will be based on referrals from staff, guidance and FRYSC. Activities will be measured by student attendance log, FRYSC Daily log and program evaluation.</p>		<p>A. YSC and other volunteers will assist in providing lesson structure/plans, meeting time and space for groups. YSC will also help to target students in need of groups as well as develop parent permission forms and communicate about group to school and teachers. YSC will provide all material and other supports needed to help sustain group.</p> <p>B. YSC will organize and facilitate groups as well as find additional speakers and programs to assist teaching life/character lessons students at TCHA on a weekly basis. YSC will provide needed materials and activities needed.</p> <p>July 2024-June 2025; July 2025-June 2026</p>		<p>Cooperative Extension Service, Todd Co. Health Department, AXIS Case Management Program, guidance counselors, school administration, SRO, school nurse, school teachers and staff and other health providers</p> <p>YSC-\$500 In Kind-\$1000</p>			
I,NI,PI		I,NI,PI(2)					
Evaluated (Y/N)?		Evaluated (Y/N)?					
If not implemented, briefly, Why?		If not implemented, briefly, Why?					
Did this activity have the intended impact (Y/N)		Did this activity have the intended impact (Y/N)					
Assessed need, desired outcome, measurement		Activity with Timelines		Collaborative Partners (w/ fund source and cost)			

<p>Parents and Faculty answered that students are struggling due to lack of sleep, mental/health/depression, poor diet and other chronic health issues.</p> <p>3. 100% of students at TCMS, TCCHS and TCHA will be given the opportunity to learn more about and participate in medical services and mental health services at school. Measured by students referred and participation logs.</p> <p>4. 100% of students at TCMS, TCCHS and TCHA will receive information monthly regarding topics such as the importance of good sleep, positive mental health and its effects, proper nutrition and overall health and wellness activities through information and</p>		<p>A. YSC will coordinate with school nurse and School Smiles dental program to offer dental services to students who sign up each year.</p> <p>B. YSC will refer out and assist financially up to \$200 on vision exams and glasses/contacts when family cannot afford costs.</p> <p>C. YSC will work with partners to provide information on better nutrition, healthy sleep habits, developing positive mental health strategies and more through Dinner Table Project newsletters or other helpful information to make available for students at least monthly.</p> <p>July 2024-June 2025; July 2025-June 2026</p>		<p>Todd Co. Health Department, school nurse, School Smiles Dental program, Blount Rural Health Clinic, FRYSC, AXIS Case Management Program, UK Cooperative Extension Service, and other health services, Pearl Vision, Dr. Bastin, migrant program</p> <p>YSC - \$400 In Kind-\$5000</p>	
I,NI,PI		I,NI,PI(2)			
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Assessed need, desired outcome, measurement		Activity with Timelines		Collaborative Partners (w/ fund source and cost)	
<p>Due to the expressed need from parents, students and faculty, students need more assistance with basic needs and other more chronic medical issues (parent, student, faculty FRYSC Needs Assessment).</p> <p>4. Offer more basic need services to 100% of students to combat issues that cause a student to not be prepared for school or that cause them to be absent from school. Services may include medical, mental or health services. YSC will assist 100% of students referred. Measured by FRYSC daily logs and student assistance spreadsheet of services.</p>		<p>A. YSC will assist school nurse in checking for head lice and providing financial support for products, if needed by family as well as providing needed educational, preventative information and removal steps to families in need of assistance.</p> <p>B. YSC will provide students with basic need items to keep them prepared for their day at school (hygiene items, school supplies, financial help to family in getting medications or doc visits, and providing resources for overall health and wellness as well as mental health resources).</p> <p>C. YSC will get food resources out to students and families that includes the Backpack Food program each week as well as provide food cards when needed and when available in the center.</p> <p>July 2024-June 2025; July 2025-June 2026</p>		<p>Todd Co. Health Department, school nurse, AXIS Program, Todd County School system, community partners, Community Education Program, local health providers, PACS program, migrant program</p> <p>YSC \$2000 In kind \$5000</p>	
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<p>Mental health and counseling are both among the top three greatest needs of our students (parents and faculty FRYSC needs assessment).</p> <p>5. Connect 100% of students and their families requesting mental health services with appropriate local & surrounding agencies. Offer transportation when needed to families for mental health or medical appointments as measured by FRYSC daily logs and in house service provider logs and referrals.</p> <p>6. Communicate with DCBS staff to refer students and/or families for health and social services, as issues arise. 100% of students and families will be provided with a confidential areas to discuss issues in the home or at school. Measured by FRYSC Daily logs and DCBS referral log.</p>		<p>A. YSC will work with guidance counselor for needed mental health services for our students and find the appropriate referral source to meet their needs.</p> <p>B. YSC will offer gas certificates/vouchers to those families unable to afford the costs of transportation to get to appointments when funds are available.</p> <p>C. YSC will offer peer mediation and guidance/coping skills to students in need of additional counseling through the school day as needed.</p> <p>D. Make appropriate referrals based on DCBS and school system regulations. Serve as a link to bridge the gap between DCBS, student and family, and the school when needed.</p> <p>July 2024-June 2025; July 2025-June 2026</p>		<p>PMHC, MCC, DCBS, Axis Program, Todd Co. Health Dept., Blount Rural Health, FRYSC, migrant program and other community or school organizations</p> <p>YSC \$500 In Kind \$500</p>	
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Assessed need, desired outcome, measurement		Activity with Timelines		Collaborative Partners (w/ fund source and cost)	
<p>Students, parents and faculty reported on the FRYSC needs assessment that the top issues that are affecting our students include lack of sleep, poor nutrition, mental health/depression, low self-esteem, lack of motivation and issues with social media.</p> <p>1. YSC plans to continue to keep current on new programs to better serve 100% of students as well as targeted groups of students who attend TCMS, TCCHS and TCHA. These programs might included wellness education, divorce, grief, health and nutrition services, anger management, peer mediation and more. Measured by FRYSC daily logs and meeting agenda, program material and participant logs.</p>		<p>A. Serve on the Health/Wellness Leadership team at TCMS and TCCHS. B. Serve on PBIS Team at TCMS and TCCHS. C. Hold required YSC Advisory Council meetings every two months either in person or virtually or both. D. Serve on other recommended councils to keep current on information concerning students and family well-being. (4-H Council, KYASAP, Foster Care Review Board, Todd Co. Champions, etc.)</p> <p>July 2024-June 2025; July 2025-June 2026</p>		<p>FRYSC, Todd Co. Schools, Community Education, school nurse, Todd County Health Department, DCBS, AXIS program, Cooperative Extension Service, BETA and other school clubs, foster care review board of Kentucky, 4-H, KYASAP, Todd County Champions, RPC, CCC</p> <p>YSC \$1000 travel In kind \$500</p>	
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<p>Faculty reported that they are in need of classroom volunteers/helpers, stress management activities and more teacher resources from data gathered from the FRYSC needs assessment.</p> <p>1. YSC will encourage 100% of the staff to take breaks during the day to relax, refocus and recharge. YSC will encourage healthy options that include exercise and healthy eating as well as overall wellness and self-care as measured by information sent, staff emails and FRYSC daily logs.</p>		<p>A. YSC will create information or research information to use that will encourage overall wellness with our staff to help them be better teachers. B. YSC will encourage staff to use the workout facility @ TCCHS that is free and on campus that houses treadmills and weights for any exercise routine. C. YSC will look for other resources that might help staff to destress throughout the work week to help them better manage classroom tension.</p> <p>July 2024-June 2025; July 2025-June 2026</p>		<p>FRYSC, Todd County Schools, school nurse, Cooperative Extension, Dinner Table Project, KYASAP, Todd Co. Health Dept., school clubs</p> <p>YSC \$400 In kind \$500</p>	
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