



**BULLITT
COUNTY
PUBLIC
SCHOOLS**

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DEPARTMENT OF SCHOOL NUTRITION SERVICES

DATE: Jan. 10, 2024
TO: Jesse Bacon, Superintendent *JB*
FROM: Todd Crumbacker, Director of School Nutrition Services
RE: SY 2023-2024 Wellness Recommendations

KRS 158.856 requires that School Nutrition Services (SNS) present recommendations to the board annually following the presentation of the Annual Nutrition and Physical Activity Report. Attached are the wellness recommendations for school year 2023-2024; these recommendations will begin stages of early implementation beginning in the spring of 2024 and will continue into the fall semester of 2024 until the annual assessment is completed again in October 2024.

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OUR MISSION IS TO INSPIRE AND EQUIP OUR STUDENTS TO SUCCEED IN LIFE

BULLITT COUNTY PUBLIC SCHOOLS IS AN EQUAL EDUCATION AND EMPLOYMENT INSTITUTION

Mission: Our mission is to inspire and equip our students to succeed in life.

Part of embracing the mission of Bullitt County Public Schools is to consider the whole child. It is vital that a child’s nutritional and physical activity needs are met in order to help a child succeed in life and become the absolute best they can be. Within the past 90 days, each of our schools have completed a Healthy Schools Assessment through the American Alliance of Healthier Generations. In addition, a Healthy Districts Assessment was completed at the district level via the same platform. These results were shared at the November 2023 Board Meeting. After analyzing and studying these results, our district-wellness team has established a list of wellness recommendations that, we believe, will move our district forward in the areas of nutrition and physical activity. This team consists of the following individuals: Todd Crumbaker, Sarah Smith, Lesa Howell and Dennis Minnis. Efforts of implementation will begin in the 2024 spring semester and will continue through the fall semester of 2024.

Area of Growth:	Recommendation(s):
<p>NS-1 Breakfast and lunch programs</p>	<ol style="list-style-type: none"> 1. Implement share tables at more locations 2. Purchase quality share table equipment to ensure food safety
<p>Plan(s) of Action:</p> <ul style="list-style-type: none"> • Increase the number of share tables in the district 	
Area of Growth:	Recommendation(s):
<p>NS-2 School breakfast</p>	<ol style="list-style-type: none"> 1. Collaborate with principals to explore how we can increase breakfast participation amongst students (possibly expand the 2nd Chance Breakfast Program)
<p>Plan(s) of Action:</p> <ul style="list-style-type: none"> • Engage in conversations with individual principals regarding efforts to increase breakfast participation (2nd Chance Breakfast Program) 	
Area of Growth:	Recommendation(s):
<p>NS-5 Promote healthy food and beverage choices and school</p>	<ol style="list-style-type: none"> 1. Update signage at entrance of serving lines; this signage will support the communication to stakeholders (students) regarding the federal meal pattern and what constitutes a reimbursable meal

meals using marketing and merchandising techniques.	
Plan(s) of Action: <ul style="list-style-type: none"> • Purchase professional signage that is attractive and appealing and that specifically addresses the necessary information to meet meal signage requirements from the state 	
Area of Growth:	Recommendation(s):
<div style="background-color: #0056b3; color: white; padding: 5px; text-align: center;">NS-6</div> Annual continuing education and training requirements for school nutrition services staff	<ol style="list-style-type: none"> 1. Improve quality and content of trainings offered 2. Purchase KSNA district memberships for our management staff that will allow access to quality tools and resources and a professional learning community 3. Support attendance at state and national conferences for management staff
Plan(s) of Action: <ul style="list-style-type: none"> • Schedule trainings for management staff with specific topics, such as combi oven training by a Rational Chef • Network with KSNA to purchase district-wide membership for management staff • Seek out state and national conferences that would benefit our management team 	

Area of Growth:	Recommendation(s):
<div style="background-color: #0056b3; color: white; padding: 5px; text-align: center;">NS-8</div> Collaboration between school nutrition services staff members and teachers	<ol style="list-style-type: none"> 1. Kitchen managers will collaborate with health and physical education teachers and offer an in-school field trip (education of federal meal pattern, meal signage, and a tour of the kitchen)
Plan(s) of Action: <ul style="list-style-type: none"> • Schedule in-school field trips to school kitchen - reinforce educational content regarding federal meal pattern and reimbursable meal signage and conduct student tours of the kitchen 	
Area of Growth:	Recommendation:
<div style="background-color: #0056b3; color: white; padding: 5px; text-align: center;">NS-9</div> Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	<ol style="list-style-type: none"> 1. Allow students and family members the opportunity to provide both suggestions for school meals and other foods and beverages sold, served, and offered on school campus and feedback on the meal programs and other foods and beverages sold, served, and offered on school campus.
Plan(s) of Action: <ul style="list-style-type: none"> • Create a google form that would allow family members and students the opportunity to provide both suggestions and feedback for meal programs, and other foods and beverages sold, served, 	

and offered on school campuses.

- Post the google form to the School Nutrition website

Area of Growth:	Recommendation:
<p style="text-align: center;">HPE-5</p> <p>Professional development for physical education teachers</p> <p style="text-align: center;">HPE-6</p> <p>Information and materials for physical education teachers</p>	<ol style="list-style-type: none">1. Continue to support health and physical education teachers with attending state and national conventions2. Support health and physical education teachers with book study efforts/endeavors - <u>Meaningful Physical Education: An Approach for Teaching and Learning</u>
<p>Plan(s) of Action:</p> <ul style="list-style-type: none">• Health and physical education teachers attend state and national conferences• Health and physical education teachers participate in a book study as a collaborative group (Bullitt Days)	
<p style="text-align: center;">PA-5</p> <p>Professional development for classroom teachers</p>	<ol style="list-style-type: none">1. Collaborate with building principals to support the participation of classroom teachers in professional development on promoting and integrating physical activity in their classrooms
<p>Plan(s) of Action:</p> <ul style="list-style-type: none">• Collaborate with building principals about PL offerings regarding this recommendation• Collaborate with mental health coaches and health and physical education teachers about offering the PL course	