**Strategic Prevention Framework**

**I3 (Inspired, Individualized, Inclusive)**

Nov. 2023-Dec. 2023

**SPF Grant Goal** –

To reduce the onset and progression of substance misuse and its related problems in Bellevue, KY, by supporting the development and delivery of community substance misuse prevention and mental health promotion services.

Objectives 1-3

Reduce the use of alcohol, vaping, and cigarette smoking among students.

Objectives 4

Decrease students reporting serious psychological distress.

Objectives 5

Expand collaboration with community prevention partners.

**Assessment** –

1. Identification of community gaps in services - Our team has continued to meet with key regional prevention stakeholders, such as NKISP, NKY ASAP, the NKY Health Department, CADCA, and regional Drug-free Communities coordinators. Meeting with stakeholders such as these has helped us identify existing supports and pinpoint how we can build upon these resources.
2. Identification of community gaps in services – I3 is resource mapping within school support and community and regional support for students and caregivers. This will assist in creating a continuum of care and partnerships with local businesses to address access barriers.
3. Family Engagement outreach data – Collected outreach data during the Fall Fest family engagement event. Reached approximately 50 youth and 100 adults with prevention resources.
4. Specification of baseline data- Winter SEB screener will be given to all K-12 grade students. Evaluating data and decision rules to determine the number of students in tier 2 and 3 interventions.
5. Specification of baseline data and progress monitoring for all students identified in Tier 2 and 3. BISD's social-emotional tiered system is showing progress in proactively supporting student needs by delivering services.

**Build Capacity**-

1. The SPF grant and Mental Health Services have identified **key personnel** (e.g., Lead Epidemiologist, Mental Health Specialist, and Prevention Specialist) to deliver strategic interventions, initiatives, and programming to meet goals. The Mental Health Specialist started on Dec. 4, and the Prevention Specialist's tentative start date is Dec. 11.
2. The SPF grant conducted I3 **Advisory Board** meeting on Nov. 28th at 11:00. The next scheduled advisory meeting will be on Jan. 30th.
3. Building coalitions- I3 staff continue to meet and interact with community partners to become familiar with the needs of the Northern Kentucky community. Those partners include Campbell County Drug-Free Alliance, BISD Transition Coordinator, Northern KY Institute for Strategic Planning (NKISP), and Kentucky Prevention Network.

**Planning**

1. Articulation of a vision for prevention activities -

We revisit our mission and vision at the Advisory Committee Meeting to ensure our plans align with the mission and vision. Furthermore, our meetings are guided by the Strategic Prevention Framework (SPF) components to clearly delineate how our activities align with the SPF.

1. Thanksgiving Community Engagement- I3 supported Youth Resource Center efforts in delivering Thanksgiving baskets
2. I3 Quarterly Newsletter – I3 is designing materials targeting prevention messaging for a quarterly newsletter sent to caregivers and students. This newsletter will share community resources, caregiver/child conversation starters, mental health information such as coping skills, and more.
3. Dinner Table Project – I3 and the Youth Service Center are working with GES/BMHS in creating the Dinner Table Project. This is a prevention project based on the research that families that eat are less likely to use substances.
4. Identification/coordination/allocation of resources –

We continue to receive requests from stakeholders to 1) provide substance prevention training, 2) design custom training for students, parents, and staff, and 3) share and distribute resources. Using evidence-based programs, we are guiding BISD in developing a three-tiered approach to vaping prevention, intervention, and cessation.

**Tier 1** - #Icanendthetrend & John’s Ambassadors (GES – Too Good For Drugs & Dinner Table Project)

**Tier 2**- John’s Ambassadors & In-depth - alternative to suspension

**Tier 3** - Cessation programming, N.O.T., My Life My Quit, Not for Me (Not on Tobacco)

1. The SPF key personnel are working with BISD Admin & educators to explore the DARE program offered through the Bellevue Police Department.
2. The Project Director/Prevention Specialist working with staff and school admin surrounding Character Strong Curriculum and tier levels of support.
   1. Prevention Specialist to begin Tier 2 groups with student skills
   2. The Project Director is working with students at GES as a mentor.
3. Articulation of a vision for prevention activities – I3 team continues to work toward creating a Mental Health referral pathway and process.

**Implementation**-

1. Provided caregivers with a free parent/caregiver webinar about prevention education through operationparent.org from CCDFA.
2. Character Strong - The Project Director/Prevention Specialist is working with the school admin to implement the Character Strong SEL Curriculum. Beginning to implement tier 2 performance-based and small group interventions in addition to tier 3 level of support.
3. In-Depth Alternative to Suspension or Citation - The American Lung Association has developed an evidence-based nicotine intervention program specifically designed for teens. This program is of interest, as the number of students caught vaping has increased markedly this past school year.

**Evaluation-**

1. Currently evaluating data from the Character Strong Curriculum and proactive detection tool to support our developing MTSS.
2. Quality improvement will continue for all new programs and initiatives to monitor success/barriers and modify to the community's needs.

**Sustainability-** Continue developing and improving the district's MTSS system and mental health supports. SEL teams deliver substance abuse prevention curriculum to students.