

TODD CRUMBACKER, DIRECTOR
STEPHANIE NORRIS, PROGRAM ASSISTANT
ANNETTE MURPHY, ADMINISTRATIVE ASSISTANT
MICHELLE LOUDERMILK, ACCOUNTS PAYABLE SECRETARY

DEPARTMENT OF SCHOOL NUTRITION SERVICES

DATE: Nov. 15, 2023
TO: Jesse Bacon, Superintendent *JB*
FROM: Todd Crumbacker, Director of School Nutrition
RE: SY 2022-2023 Nutrition & Physical Activity Report and AHG Report

Bullitt County Public Schools partners with The Alliance for a Healthier Generation (AHG) as part of a Wellness Initiative to help create and sustain healthier school environments. In addition to the Healthy Schools Assessment, the AHG is using an additional index called the RISE Index to help measure the effectiveness of creating such environments; the RISE Index is The Resilience in School Environments (RISE) Initiative which empowers schools to create safe and supportive learning environments by developing policies and practices that improve the social-emotional health of all students and staff. A key benefit in this collaboration is the opportunity to use the Alliance's assessment tools as an addition to the Nutrition and Physical Activity Report in the evaluation and recommendations relating to KRS 158.856 and to the Healthy Hunger Free Kids Act of 2010.

Included is the 2022-2023 Nutrition & Physical Activity Report, along with the assessment results from the Alliance for a Healthier Generation. The Nutrition & Physical Activity Report is available for review and is open for public comment. No action is required at this time.

[2022-2023 Nutrition & Physical Activity Report](#) (posted to BCPS websites)

Healthy Schools Assessment

- [District Report](#)
- [Detail Report](#)

RISE Index

- [District Report](#)
- [Detail Report](#)

OUR MISSION IS TO INSPIRE AND EQUIP OUR STUDENTS TO SUCCEED IN LIFE

BULLITT COUNTY PUBLIC SCHOOLS IS AN EQUAL EDUCATION AND EMPLOYMENT INSTITUTION

Nutrition &

2022-2023

Physical Activity

ANNUAL REPORT

Bullitt County Public Schools participates in the following Federal Food Service Programs:

National School Breakfast Program

Total USDA Revenue from Breakfast Meal Services: \$1,209,783.41

Total Breakfast Meals Served 551,692

Average Daily Breakfast Participation 3,236 students

25%

National School Lunch Program

Total Lunch Meals Served: 1,151,893

Average Daily Lunch Participation 6,772 students

Total USDA Revenue from Lunch Meal Services: \$3,905,757.80

52%

After-School Snack Program

1 Participating School

Revenue \$2,068.20

Summer Feeding Supplement Program 25

Operating Days

Total Breakfast Meals Served: 4,319

Total Lunch Meals Served: 9,987

Total Revenue of SFSP \$64,606.83

Total Supper Meals Served: 600

Community Eligibility Provision

Free breakfast & free lunch provided to students at all 13 participating schools.



C
E
P

BCPS is committed to providing school environments that promote and protect student health, well-being, and ability to learn by supporting healthy eating and physical activity. The following are implemented in BCPS:

- All schools participate in the National School Breakfast and the National School Lunch Program
- Schools will provide and promote nutrition education and physical education to foster lifelong habits of healthy eating and physical activity and will establish linkages between health education, school meal programs, and related community services.
- All elementary schools implement a school-level wellness policy which includes moderate to vigorous physical activity each day and encourages healthy choices among students
- Each school shall review and consider evidence-based strategies to set measurable goals in providing nutrition education and engaging in nutrition promotion to positively influence lifelong eating behaviors.

Standards and Nutrition Guidelines for all Foods and Beverages

Foods and beverages sold during the school day shall be done in accordance with state and federal regulations and Board Policies 07.111 and 07.12.

Special Dietary Needs

Students whose dietary needs qualify them for an adaptation under law shall be provided accommodations in keeping with local procedures.

Standards for All Foods and Beverages Sold to Students

- Foods and beverages sold or served at school shall be consistent with the state and federal regulations for school meal nutrition standards.
- Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students

Standards for All Foods and Beverages Provided but Not Sold to Students

- When possible, rewards given to students shall be other than food/beverage items. When food/beverage items are used as rewards, such items shall comply with nutritional guidelines set out in 7 C.F.R 210.11 and 702 KAR 6:090. KAR 006:090. Foods and beverages.
- Foods and beverages provided in school, but not made available for sale, shall meet standards outlined in the schools' individual wellness plan (if applicable) and will not conflict with District Policy.

Food and Beverage Marketing

All marketing on the school campus during the school day shall be of only those foods and beverages that meet the nutrition standards of the Smart Snack in School Nutrition Standards (7 C.F.R 210.11 and 702 KAR 006:090).

Breakfast & Lunch

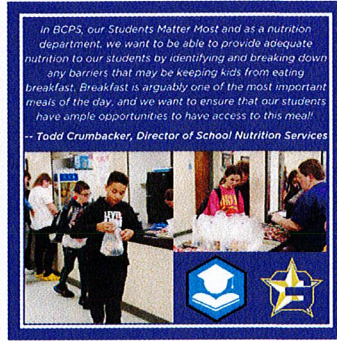
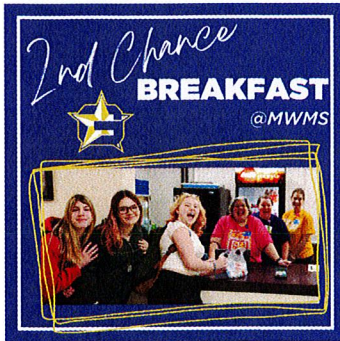
Lunchrooms shall serve meals that meet or exceed the requirements specified by state and federal regulations.

Focused on our core value Students Matter Most, the Department of School Nutrition Services (SNS) administers the United States Department of Agriculture (USDA) National School Lunch Program and School Breakfast Program at all district school sites, ensuring all students have access to nutritious meals to support their growth and development physically and in the classroom. The SNS Department ensures that well-balanced meals are provided during the breakfast and lunch meal service times. All meals follow a strict meal pattern that is provided by the federal government.

- National School Lunch Program, a federally assisted meal program that provides nutritionally balanced, low-cost or free lunches to children each school day.
- School Breakfast Program, which provides reimbursement to states to operate nonprofit breakfast programs in schools.

2nd Chance Breakfast Program

This program was piloted at Mt. Washington Middle School (MWMS) starting in January 2023. Prior to the implementation of this program, MWMS's average daily participation (ADP) at breakfast was 60 students. Once implemented, ADP increased to 154 students.



Physical Education

All elementary and secondary school pupils shall receive organized physical education instruction as recorded in the Kentucky Academic Standards and in the minimum unit requirements for high school graduation set forth in 704 KAR 003:305.

Professional Development for Staff

Health and physical education teachers must complete 24 hours of professional development each school year. Our District leadership continues to support our health and physical education teachers with attendance to the annual KY-SHAPE Conference, as well as the SHAPE America national conference. All school nutrition personnel must complete USDA Professional Standards Training requirements each school year. These professional training hours ensures that our nutrition professionals continue to growth and development at BCPS staff members. Below are the USDA Professional Standards Training hourly requirements:

- Director: 12 hours
- Managers: 10 hours
- Cook/bakers: 6 hours
- Lunchroom Monitors: 4 hours

Alliance for a Healthier Generation

For the past several years, BCPS has partnered with the Alliance for a Healthier Generation to help support our student's physical, social, and emotional health. The tools and resources provided through this partnership allow our schools and district-level wellness team to complete annual assessments regarding several areas of focus. Below are assessments that are available for our schools and our district wellness team.

- Thriving Schools Integrated Assessment
- **Healthy Schools Assessment**
- America's Healthiest Schools Readiness Tool
- **RISE Index**

Healthy Schools Assessment

The Healthy Schools Assessment is an online assessment tool to determine a school's or district's effectiveness in the following areas:

- Policy and Environment
- Nutrition Services
- Smart Snacks
- Health & Physical Education
- Physical Activity
- Employee Wellness

RISE Index

The RISE Index is an online assessment tool that is meant to support district-level staff as well as enable districts to focus their efforts on supporting school-level social-emotional health policies and practices and collaborate with other key stakeholders. RISE stands for Resilience in School Environments; it focuses on the following areas:

- District Staff Well-being
- District Leadership Team
- District-wide Policies & Procedures
- District-level Collaboration

Assessment Results

Healthy Schools Assessment - [District Report](#)

Healthy Schools Assessment - [Detail Report](#)

RISE Index - [District Report](#)

RISE Index - [Detail Report](#)

Nutritional Information Provided for All Students and School Nutrition Recommendations Stakeholders

BCPS is committed to providing quality customer service when it comes to student nutrition and nutritional information. Students and families can access nutritional information for all products on our menus by using our Mealviewer platform.



Students and families can access our menus and nutritional information from the BCPS App. and/or the “Mealviewer To Go” App. Use links below to download Mealviewer To Go:

- [IOS App Download Link](#)
- [Android App Download Link](#)

After review of the assessment data, the following recommendations have been established:

- Expand the 2nd Chance Breakfast Program
- Implement share tables at all BCPS schools using district guidance in conjunction with the local Health Department
- Work to increase the amount of locally-grown foods offered to students

For Questions & Comment

Please reach out to our Director of School Nutrition Services with any questions or comments. A list of wellness recommendations will be provided to The Board at the January 2024 monthly meeting.

Todd Crumbacker

Director of School Nutrition Services

todd.crumbacker@bullitt.kyschools.us

502-869-8000



[CLICK HERE](#)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [Add a little bit of body text](#), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:


Program.Intake@usda.gov

This institution is an equal opportunity provider.






Healthy Schools Assessment Report for Bullitt Co Public School Dist


Report showing responses your team has made on your district's healthy schools assessment.



Policy and Environment

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
PO-2	Written school health and safety policies	 Fully in place	-	10/19/2022	Stephanie P.

Nutrition Services

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
NS-1	Breakfast and lunch programs	 Fully in place	-	10/19/2022	Stephanie P.
NS-2	School breakfast	 Partially in place	-	10/19/2022	Stephanie P.
NS-3	School lunch	 Partially in place	-	10/19/2022	Stephanie P.
NS-4	Variety of offerings in school meals	 Fully in place	-	10/19/2022	Stephanie P.
NS-5	Promote healthy food and beverage choices and school meals using marketing and	 Fully in place	-	10/19/2022	Stephanie P.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
	merchandising techniques.				
NS-6	Annual continuing education and training requirements for school nutrition services staff	 Fully in place	-	10/19/2022	Stephanie P.
NS-7	Venues outside the cafeteria offer fruits and vegetables	 Under development	-	10/19/2022	Stephanie P.
NS-8	Collaboration between school nutrition services staff members and teachers	 Partially in place	This year's goals	10/19/2022	Sarah S.
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	 Under development	-	10/19/2022	Sarah S.
NS-10	Prohibit using food as	 Fully in place	-	10/19/2022	Sarah S.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
	reward or punishment				
NS-11	Adequate time to eat school meals	 Fully in place	-	10/19/2022	Sarah S.
NS-12	Farm to School activities	 Partially in place	-	10/19/2022	Sarah S.




Smart Snacks



QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	 Fully in place	-	10/19/2022	Sarah S.
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	 Fully in place	-	10/19/2022	Sarah S.
SS-3	Food and beverage marketing	 Fully in place	-	10/19/2022	Sarah S.

Health and Physical Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
HPE-3	Sequential physical education curriculum consistent with standards	 Fully in place	-	10/4/2020	Todd C.
HPE-5	Professional development for physical education teachers	 Fully in place	-	10/2/2020	Dennis M.
HPE-6	Information and materials for physical education teachers	 Fully in place	-	10/2/2020	Dennis M.
HPE-7	Licensed physical education teachers	 Fully in place	-	10/2/2020	Dennis M.


Physical Activity

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
PA-1	Recess	 Fully in place	-	10/26/2023	Dennis M.
PA-5	Professional development for classroom teachers	 Under development	-	10/26/2023	Dennis M.
PA-6	Prohibit using physical	 Fully in place	-	10/19/2022	Dennis M.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
	activity as punishment				
PA-7	Prohibit withholding recess as punishment	 Fully in place	-	10/19/2022	Dennis M.
PA-8	Access to physical activity facilities outside school hours	 Fully in place	-	10/26/2023	Dennis M.

Employee Wellness

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
EW-1	Health assessments for staff members	 Fully in place	-	10/26/2023	Dennis M.
EW-2	Programs for staff members on physical activity/fitness	 Fully in place	-	10/19/2022	Dennis M.
EW-3	Programs for staff members on healthy eating/weight management	 Fully in place	-	10/26/2023	Dennis M.
EW-4	Promote staff member participation	 Fully in place	-	10/26/2023	Todd C.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
EW-5	Stress management programs for staff	 Fully in place	-	10/19/2022	Dennis M.

Every mind, every body, every young person healthy and ready to succeed

Healthy Schools Assessment Report for Schools in Bullitt Co Public School Dist,

This report shows aggregate assessment responses for schools in your district. You can use these charts to compare topics.

Compare responses for individual questions within topics by clicking or tapping on a topic name.

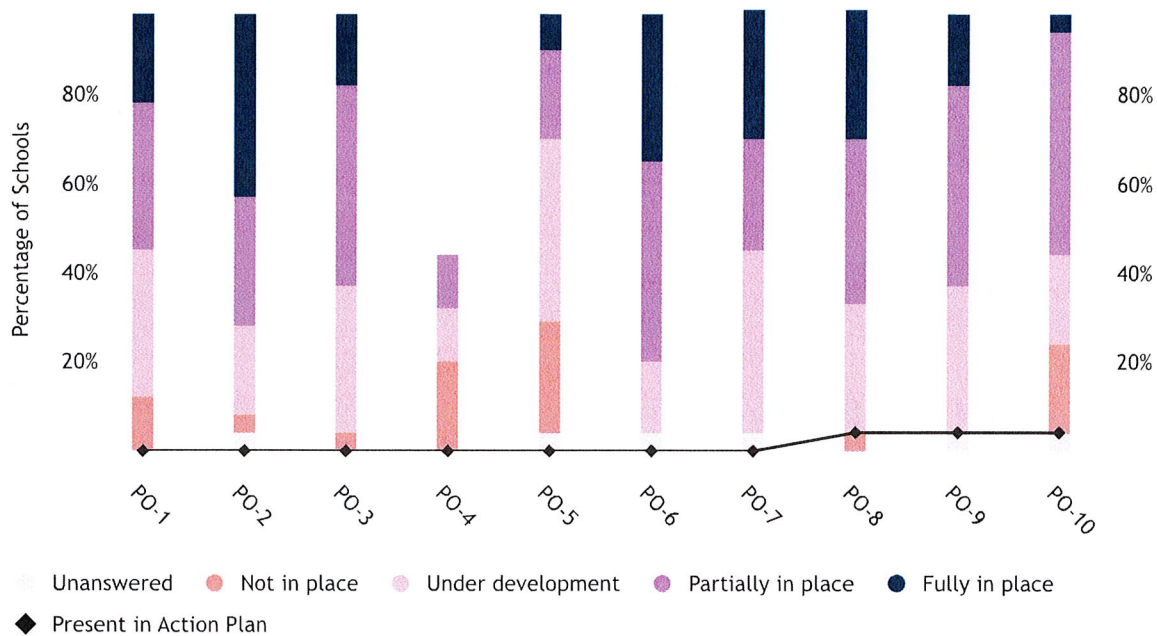
[Learn more about using reports](#)

Summary

Policy & Environment



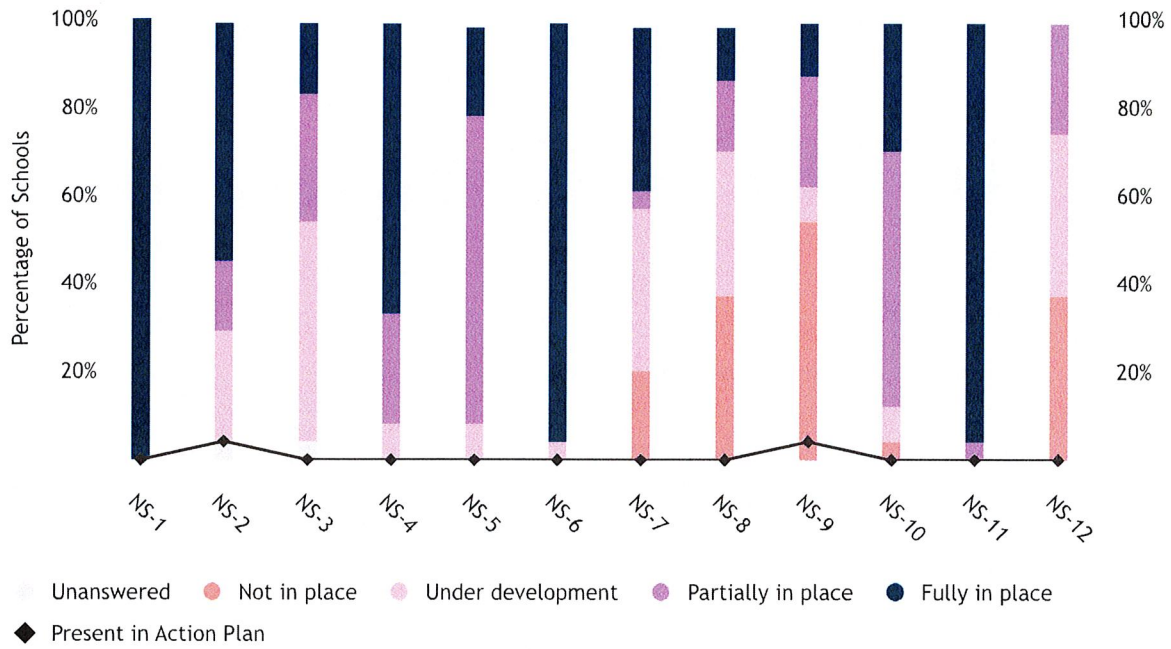
Tap to print this report.



[View detailed reporting for this topic >](#)

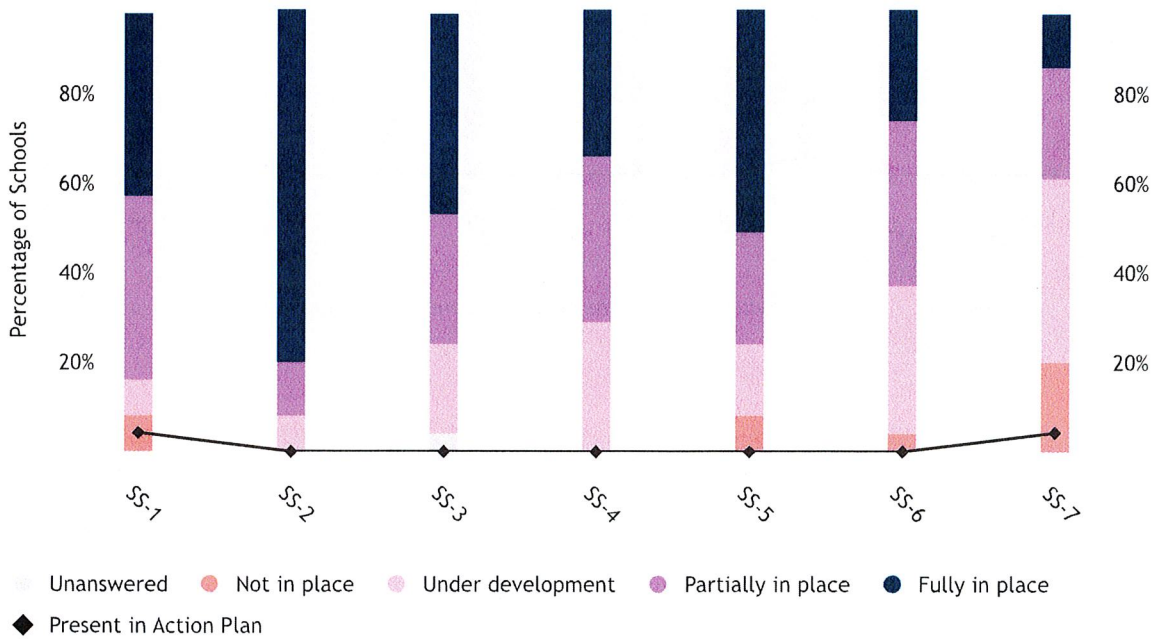
Nutrition Services





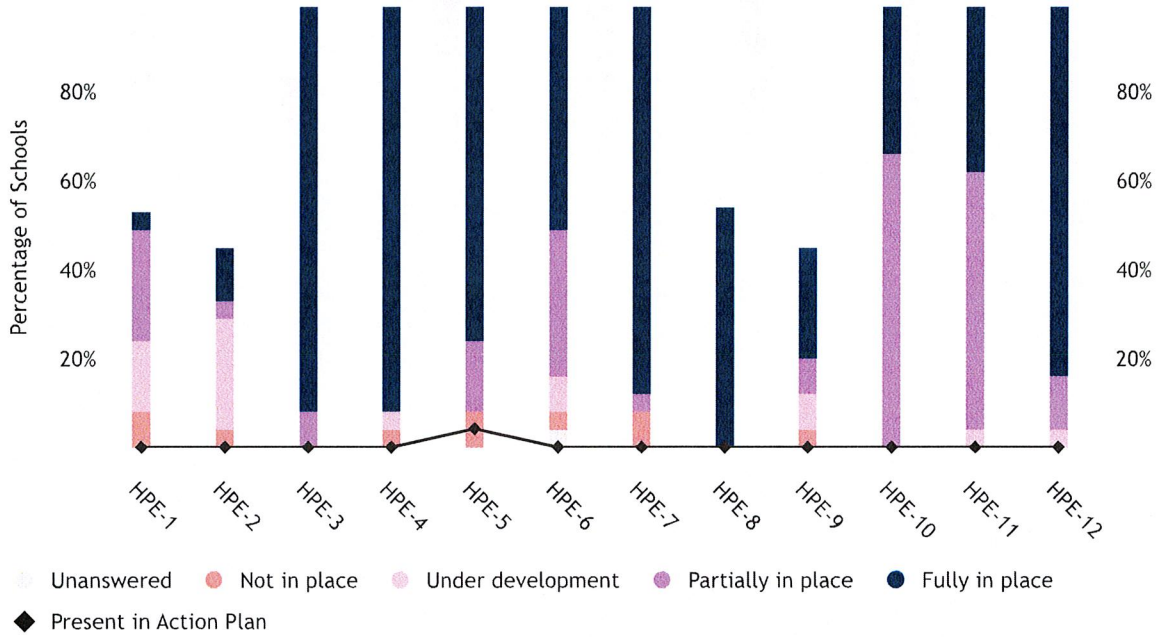
[View detailed reporting for this topic >](#)

Smart Snacks



[View detailed reporting for this topic >](#)

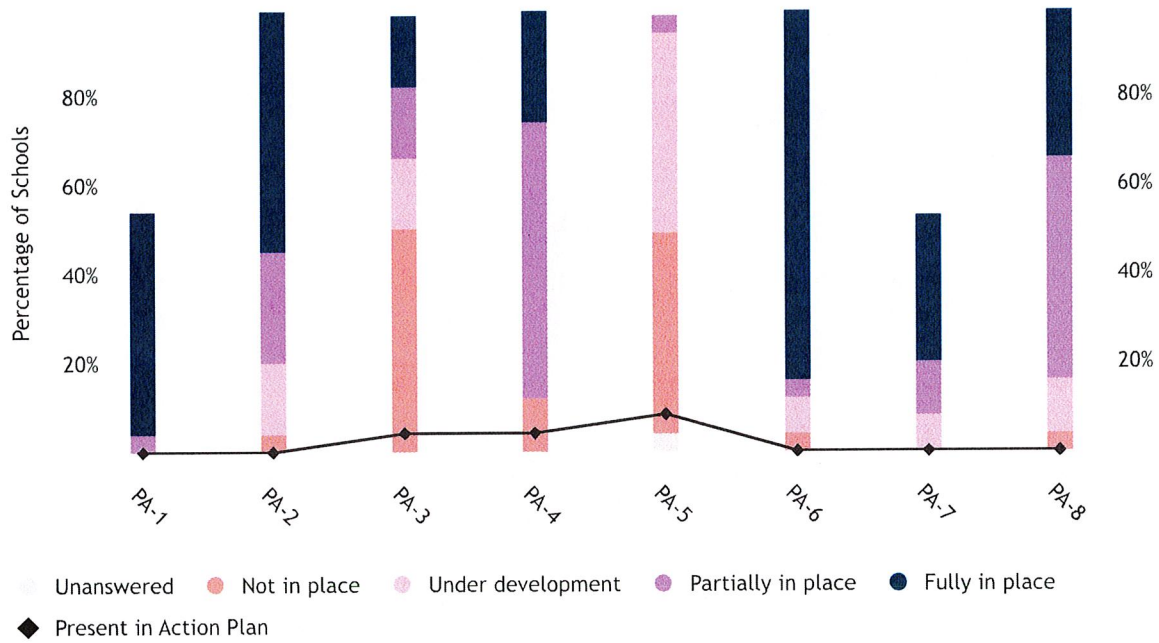
Health & Physical Education



[View detailed reporting for this topic >](#)

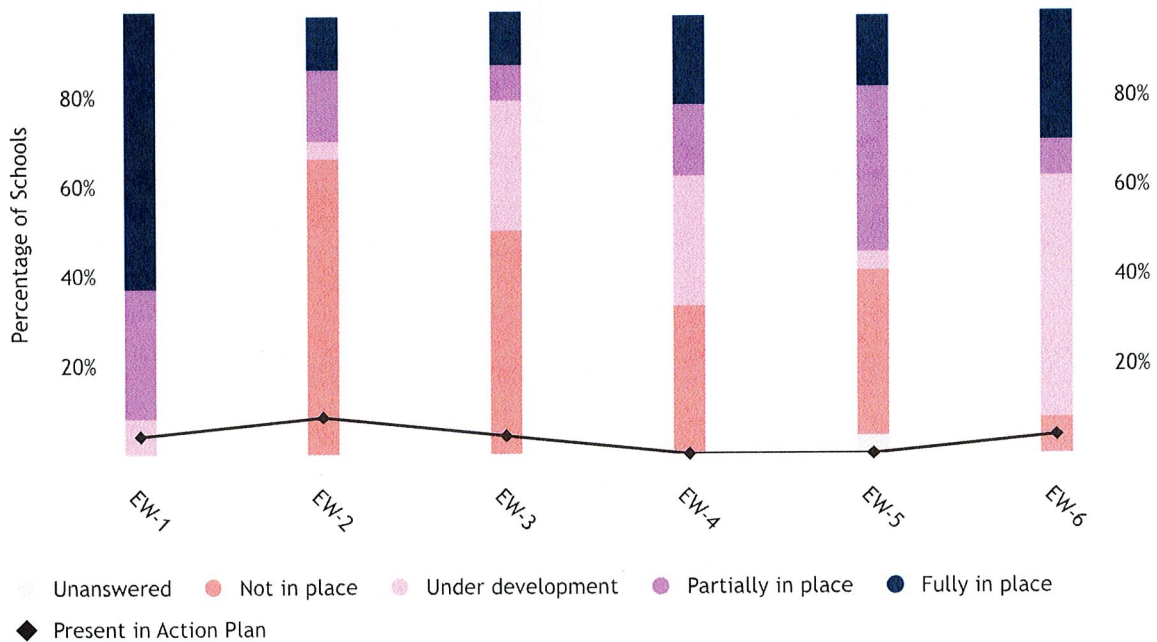
Physical Activity





[View detailed reporting for this topic >](#)

Employee Wellness



[View detailed reporting for this topic >](#)








Every mind, every body, every young person healthy and ready to succeed

© 2023 Alliance for a Healthier Generation
[Privacy Policy](#) | [Terms of Use](#)

RISE Index Report for Bullitt Co Public School Dist





Report showing responses your team has made on your district's rise index.







District-Staff Well-Being

QUESTION	NAME	STATUS
DWB-1	District-level professional learning on trauma-informed approaches	 Fully in place
DWB-2	District conflict resolution process	 Fully in place
DWB-3	Space in district for staff breaks	 Mostly in place
DWB-4	Opportunities for staff gratitude provided by district	 Mostly in place
DWB-5	Positive staff relationships promoted by district	 Fully in place
DWB-6	District-level professional learning on staff well-being	 Fully in place
DWB-7	Professional learning on compassion fatigue and burnout	 Fully in place









Tap to print this report.

District Leadership Team

QUESTION	NAME	STATUS
DLT-1	District coordination team for social-emotional health	 Fully in place
DLT-2	District continuous improvement process to advance social-emotional health	 Mostly in place
DLT-3	Tracking schools' use of continuous improvement process for coordination	 Mostly in place
DLT-4	Trauma-informed approach for district policies on social-emotional health	 Fully in place

QUESTION	NAME	STATUS
DLT-5	District continuous improvement process to advance staff well-being	 Mostly in place
DLT-6	District ensures qualified staff for social-emotional behavioral interventions	 Fully in place
DLT-7	District commitment to EDI	 Fully in place
DLT-8	Incorporating EDI into district organizational policies	 Fully in place
DLT-9	Gathering input on district EDI policies	 Mostly in place
DLT-10	District accountability measures to address disparities	 Mostly in place

District-Wide Policies & Procedures

QUESTION	NAME	STATUS
DWP-1	District offers opportunities for staff physical activity	 Partially in place
DWP-2	Employee Assistance Program (EAP)	 Partially in place
DWP-3	Policies and procedures related to work-life balance	 Mostly in place
DWP-4	Suicide prevention policies	 Fully in place
DWP-5	District support for Medicaid reimbursement	 Fully in place
DWP-6	Professional learning on social-emotional health policies and practices	 Fully in place
DWP-7	Opportunities for staff to take breaks when overwhelmed	 Fully in place
DWP-8	Policies and procedures on school safety	 Fully in place

QUESTION	NAME	STATUS
DWP-9	Policy on supportive disciplinary practices	<input checked="" type="radio"/> Fully in place

District-Level Collaboration

QUESTION	NAME	STATUS
DLC-1	Gathering staff input on district social-emotional health policies	<input checked="" type="radio"/> Fully in place
DLC-2	Gathering student input on district social-emotional health policies	<input checked="" type="radio"/> Fully in place
DLC-3	Gathering caregiver input on district social-emotional health policies	<input checked="" type="radio"/> Fully in place
DLC-4	Opportunities for Board of Education to provide input on district social-emotional health policies	<input type="radio"/> Partially in place
DLC-5	District partnerships to support social-emotional health	<input checked="" type="radio"/> Fully in place
DLC-6	District partnerships to support positive working conditions	<input checked="" type="radio"/> Fully in place

Every mind, every body, every young person healthy and ready to succeed

RISE Index Report for Schools in Bullitt Co Public School Dist

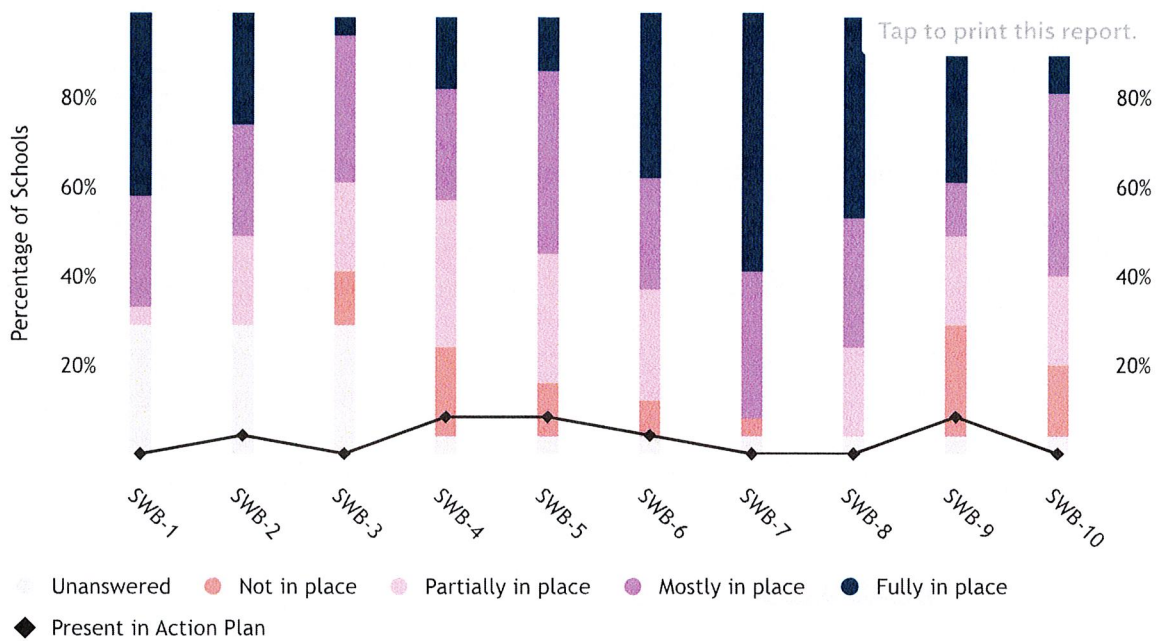
This report shows aggregate assessment responses for schools in your district. You can use these charts to compare topics.

Compare responses for individual questions within topics by clicking or tapping on a topic name.

[Learn more about using reports](#)

Summary

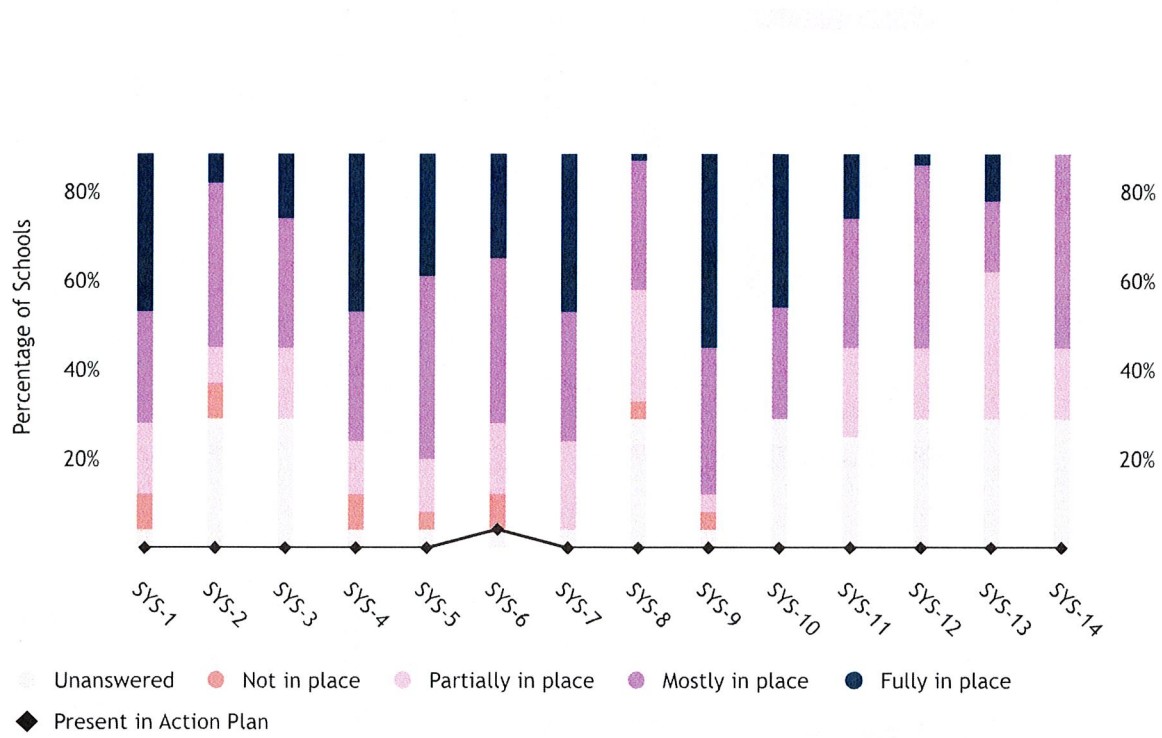
School-Staff Well-Being



[View detailed reporting for this topic >](#)

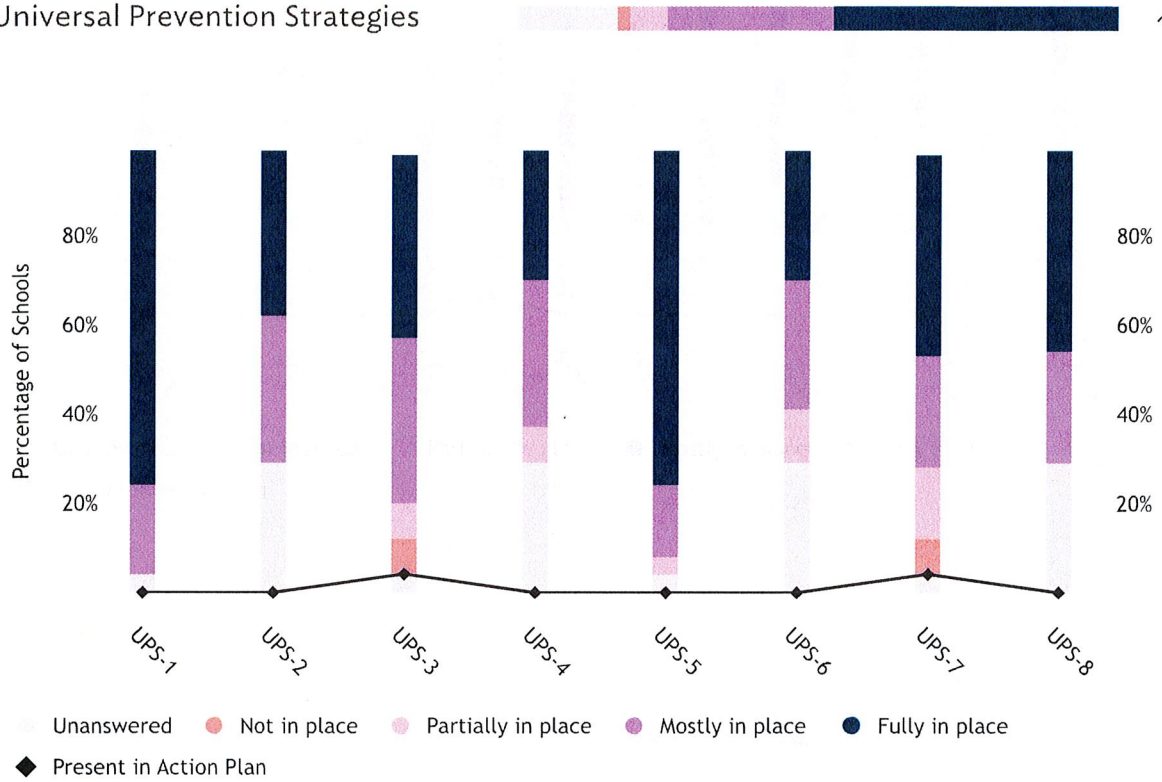
School Systems





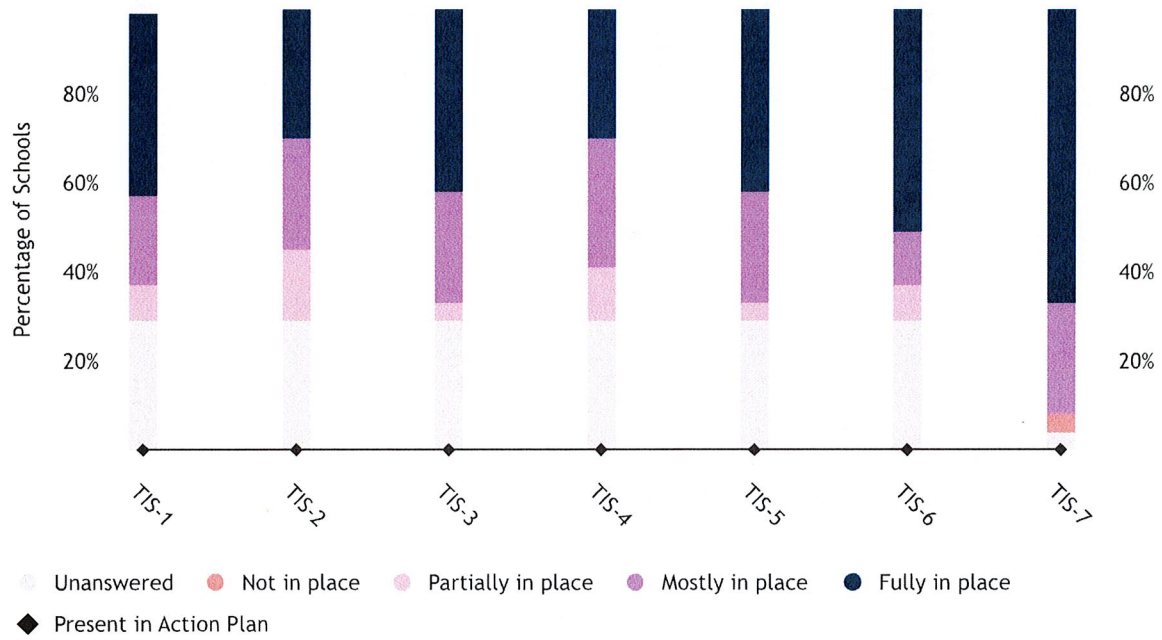
[View detailed reporting for this topic >](#)

Universal Prevention Strategies



[View detailed reporting for this topic >](#)

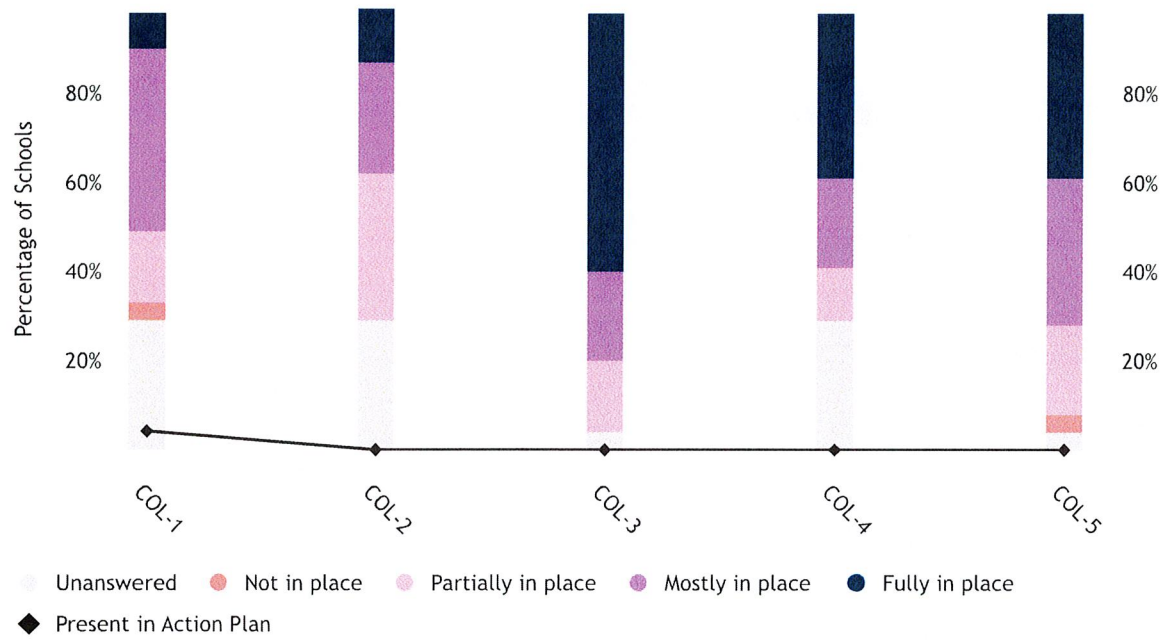
Targeted Intervention Strategies



[View detailed reporting for this topic >](#)

Collaboration





[View detailed reporting for this topic >](#)

Every mind, every body, every young person healthy and ready to succeed

© 2023 Alliance for a Healthier Generation
 Privacy Policy | Terms of Use