**Strategic Prevention Framework**

**I3 (Inspired, Individualized, Inclusive)**

Oct. 2023-Nov. 2023

**SPF Grant Goal** –

To reduce the onset and progression of substance misuse and its related problems in Bellevue, KY, by supporting the development and delivery of community substance misuse prevention and mental health promotion services.

Objectives 1-3

Reduce the use of alcohol, vaping, and cigarette smoking among students.

Objectives 4

Decrease students reporting serious psychological distress.

Objectives 5

Expand collaboration with community prevention partners.

**Assessment** –

1. Identification of community gaps in services - Our team has continued to meet with key regional prevention stakeholders, such as NKISP, NKY ASAP, the NKY Health Department, CADCA, and regional Drug-free Communities coordinators. Meeting with stakeholders such as these has helped us identify existing supports and pinpoint how we can build upon these resources.
2. Specification of baseline data- Red Ribbon week pre-assessment was given to all 5th-12th grade students and all district staff. This data will be used to assess foundational knowledge related to prevention awareness, coping skills, and general initiative effectiveness.
3. Specification of intervention data- Red Ribbon week post-assessment was given to all 5th-12th grade students and all district staff. This data will be used to evaluate Red Ribbon Week's effectiveness and toward quality improvement measures for future initiatives.
4. Community Engagement – Collected outreach data during the community engagement at the Trunk or Treat community engagement event. Reached approximately 150 youth and 200 adults with targeted prevention messaging.
5. Family Engagement outreach data – Collected outreach data during the Fall Fest family engagement event. Reached approximately 50 youth and 100 adults with prevention resources.
6. Specification of baseline data- SEB screener was given to all K-12 grade students. Evaluating data and decision rules to determine the number of students in tier 2 and 3 interventions.

**Build Capacity**-

1. The SPF grant and Mental Health Services have identified **key personnel** (e.g., Lead Epidemiologist, Mental Health Specialist, and Prevention Specialist) to deliver strategic interventions, initiatives, and programming to meet goals.
2. The SPF grant will conduct its second I3 **Advisory Board** meeting on Nov. 28th at 11:00. The Advisory Boardwas established to build capacity/infrastructure to address areas of concern. The next scheduled advisory meeting will be on Jan. 30th.
3. Building coalitions- I3 staff continue to meet and interact with community partners to become familiar with the needs of the Northern Kentucky community. Those partners include Campbell County Drug-Free Alliance, BISD Transition Coordinator, Northern KY Institute for Strategic Planning (NKISP), and Kentucky Prevention Network.

**Planning**

1. Articulation of a vision for prevention activities -

We revisit our mission and vision at the Advisory Committee Meeting to ensure our plans align with the mission and vision. Furthermore, our meetings are guided by the Strategic Prevention Framework (SPF) components to clearly delineate how our activities align with the SPF.

1. Trunk or Treat Community Engagement and Fall Fest Family Engagement – I3 designed marketing materials and infographics targeting prevention messaging.
2. Identification/coordination/allocation of resources –

We continue to receive requests from stakeholders to 1) provide substance prevention training, 2) design custom training for students, parents, and staff, and 3) share and distribute resources. Using evidence-based programs, we are guiding BISD in developing a three-tiered approach to vaping prevention, intervention, and cessation.

**Tier 1** - #Icanendthetrend & John’s Ambassadors (GES – Too Good For Drugs & Dinner Table Project)

**Tier 2**- John’s Ambassadors & In-depth - alternative to suspension

**Tier 3** - Cessation programming, N.O.T., My Life My Quit, Not for Me (Not on Tobacco)

1. The Prevention Specialist developed daily activities, marketing materials, and prizes for Red Ribbon Week.
2. The Project Director/Prevention Specialist working with staff and school admin surrounding Character Strong Curriculum and tier levels of support.
3. Articulation of a vision for prevention activities – I3 team is working to create a Mental Health referral pathway and process.

**Implementation**-

1. Character Strong - The Project Director/Prevention Specialist is working with the school admin to implement the Character Strong SEL Curriculum. Beginning to implement tier 2 performance-based and small group interventions in addition to tier 3 level of support.
2. In-Depth Alternative to Suspension or Citation - The American Lung Association has developed an evidence-based nicotine intervention program specifically designed for teens. This program is of interest, as the number of students caught vaping has increased markedly this past school year.
3. Trunk or Treat Community Engagement- I3 handed out candy, targeted prevention messaging, and resources.
4. Fall Fest Family Engagement - I3 provided support and resources to distribute targeted prevention messaging and resources.
5. Red Ribbon Week- Implemented activities.

**Evaluation-**

1. Currently evaluating data from the Character Strong Curriculum and proactive detection tool to support our developing MTSS.
2. GES is developing precision intervention tools such as Functional Behavioral Assessments (FBA’s) to imbed in the MTSS system at Tier 2 and 3 levels. This will target individualized needs and match intervention with replacement behavior.
3. Quality improvement will continue for all new programs and initiatives to monitor success/barriers and modify to the community's needs.

**Sustainability-** Continue developing and improving the district's MTSS/PBIS system and mental health supports. SEL teams deliver substance abuse prevention curriculum to students.