



I3 INTRODUCTION

October 25th, 2023



WHAT IS THE PURPOSE OF OUR GRANT?



Our goal is to prioritize
the prevention and onset of
substance use
while addressing
reduction and progression of
current use and its related
problems

(mental health and social-emotional
regulation)



GRANT OBJECTIVE 1

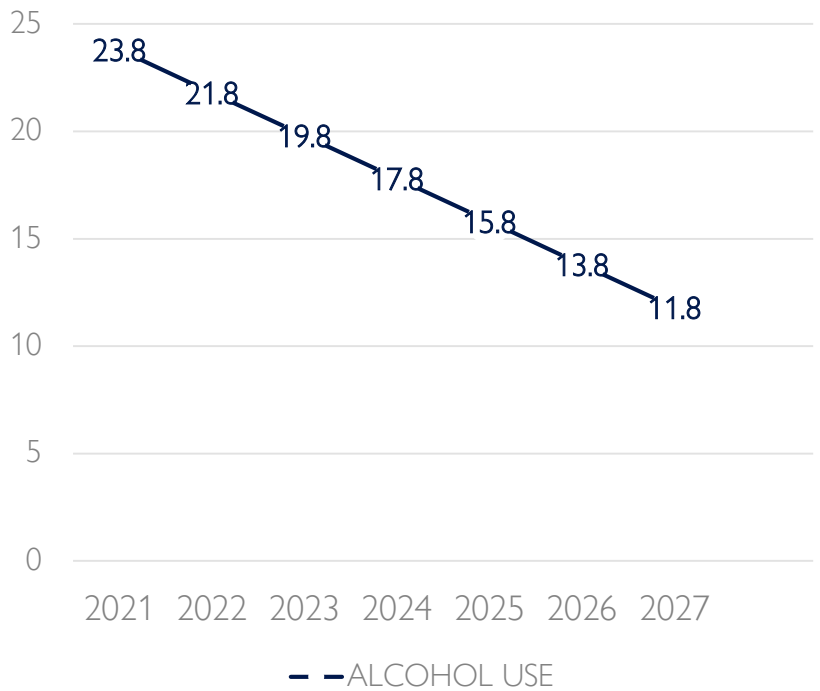


REDUCE 30-day alcohol use

- Reduce usage by 2% each year
- By 2027, the goal is to reduce 30-day use of alcohol to 11.8%



ALCOHOL USE





GRANT OBJECTIVE 2



REDUCE 30-day vaping use

- Reduce usage by 2% each year
- By 2027, the goal is 30-day vaping use to 10.7%



VAPING USE



GRANT OBJECTIVE 3

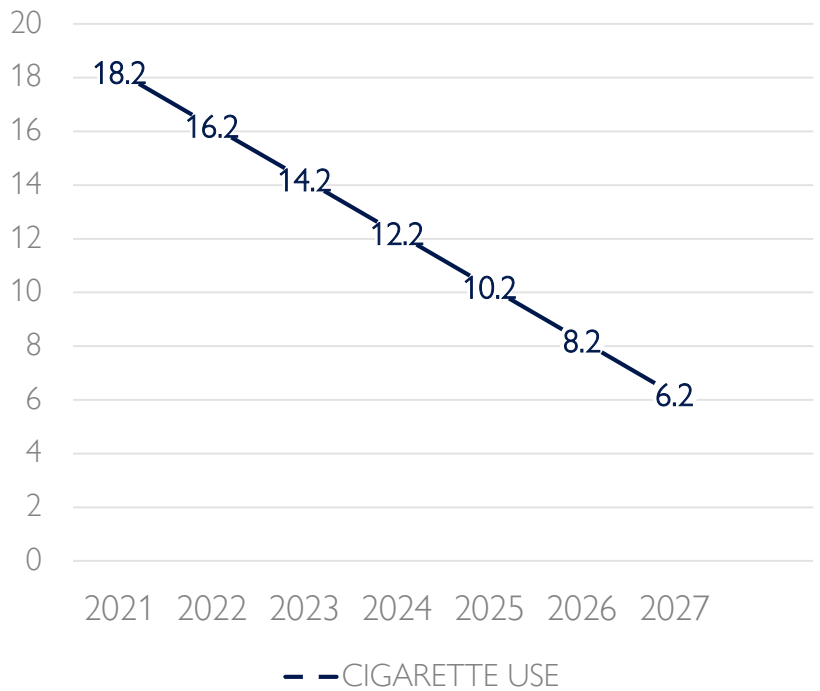


REDUCE 30-day cigarette use

- Reduce usage by 2% each year
- By 2027, the goal is 30-day cigarette smoking to 6.2%



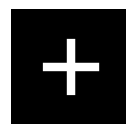
CIGARETTE USE





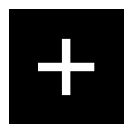
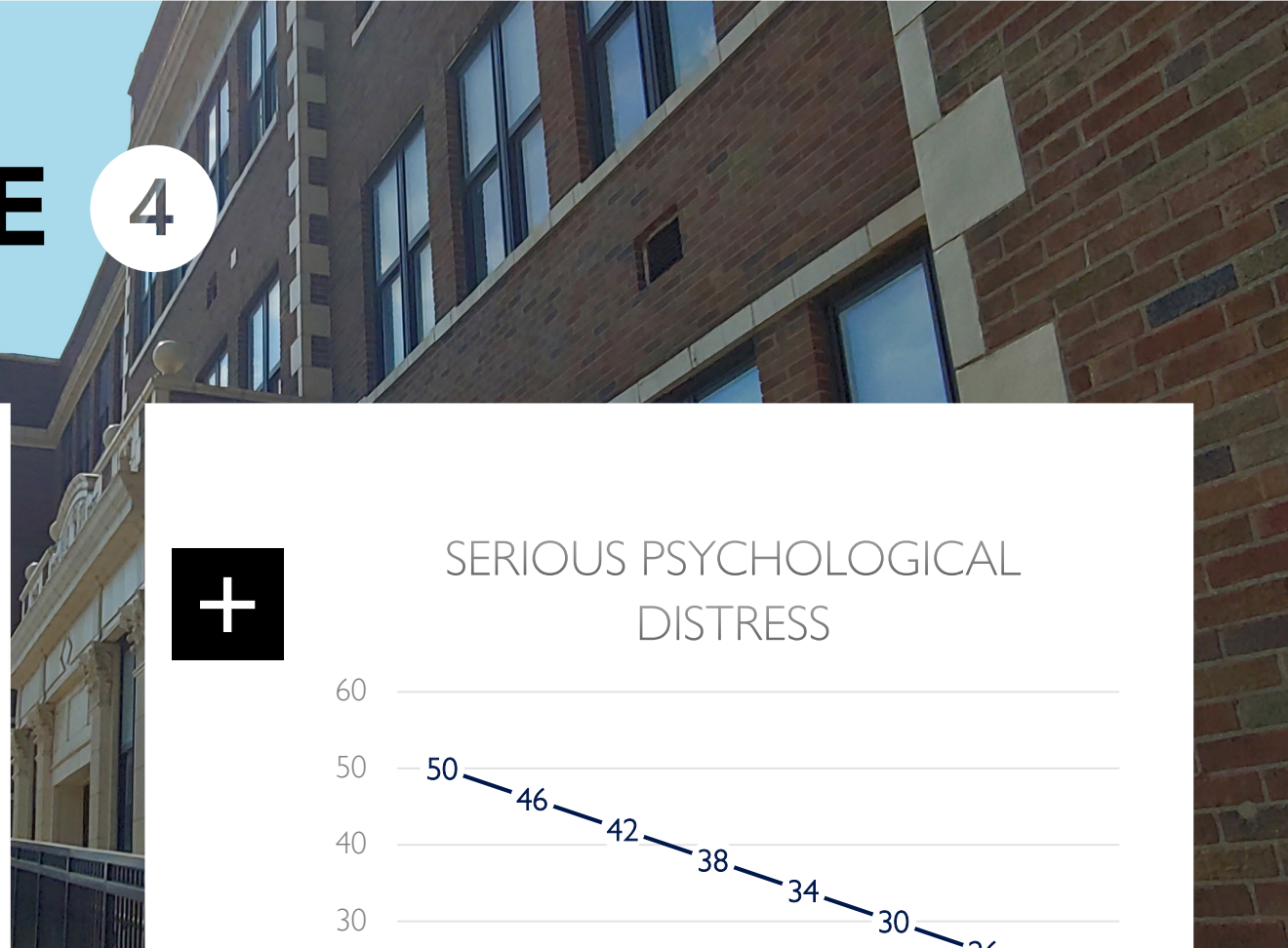
GRANT OBJECTIVE

4

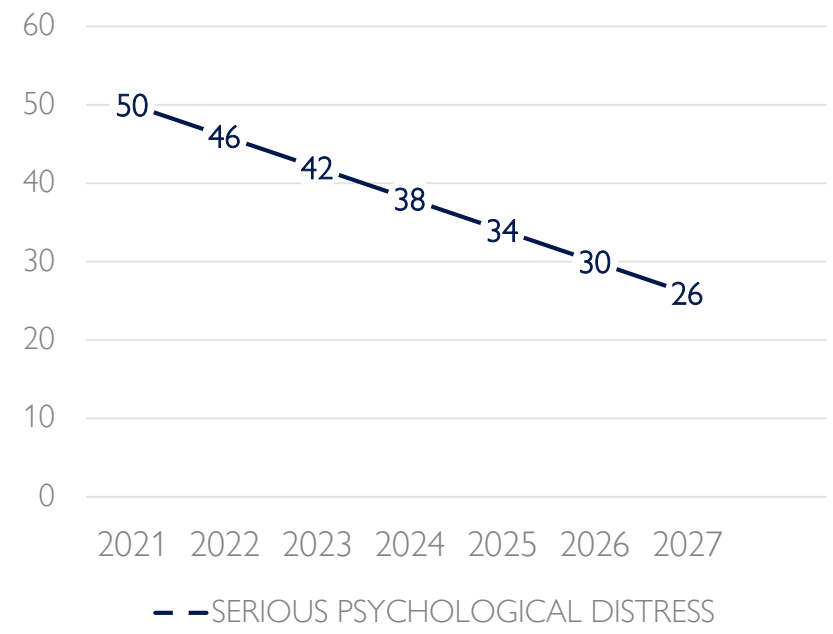


Decrease reporting of SERIOUS PSYCHOLOGICAL DISTRESS

- Reduce the reporting of distress each year by 4%
- By 2027, the goal is to decrease reporting by 26%



SERIOUS PSYCHOLOGICAL DISTRESS



GRANT OBJECTIVE 5

+ Expand COLLABORATION

- Expand collaboration with community partners, as demonstrated by support twice each year
- Documented by evidence and notes

+ Developing & Strengthening A PREVENTION TEAM

What does this look like for Bellevue?

- Hire SPF key personnel
- Establish an I3 advisory board
- Expand reach through partnerships

OUR PREVENTION TEAM

HERE AT BELLEVUE



I3: INSPIRED, INDIVIDUALIZED, INCLUSIVE

VANESSA KUHN	SARAH SHARP	VACANT
PROJECT DIRECTOR	PREVENTION SPECIALIST	LEAD EPIDEMIOLOGIST
<ul style="list-style-type: none"> • Manages day to day operations • Ensures progress towards goals and objectives, while leading the work of other staff, participants, and partners of the grant • Monitors budgets and schedules meetings • Submits data as needed • Plans and implements trainings for teachers and community members as decided by grant goals and advisory board • Creates policies and procedures for implementation • Recommends interventions to reduce occurrence and severity of substance misuse 	<ul style="list-style-type: none"> • Meets with students and families for specific substance misuse and mental health prevention intervention delivery • Serves as liaison between school and the community • Assists with maintenance and collection of data • Coordinates tiered intervention programming utilizing research-based program and interventions • Consult with and advise school-level teachers and administrators regarding SEL issues with students • Recommends interventions to reduce occurrence and severity of substance misuse 	<ul style="list-style-type: none"> • Contribute to Advisory Board meetings • Design surveys and questionnaires for data collection • Recommends interventions • Analyze community and project data to create reports • Assist in system design implementation and continuous improvement • Works directly with students and families to ensure appropriate implementation and dissemination of evidence-based strategies and programs • Organize the implementation of KIP survey and other data collection

ADVISORY BOARD STRUCTURE

MEETINGS BI-MONTHLY TO DRIVE PROGRESS

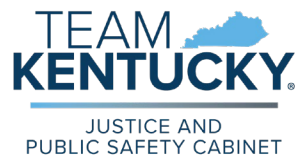


I3: INSPIRED, INDIVIDUALIZED, INCLUSIVE

MEETING DATES	EVALUATED ANNUALLY	AGENDA
<p><i>On Tuesdays:</i></p> <p>SEPT. 26TH</p> <p>NOV. 28TH</p> <p>JANUARY (TBD)</p> <p>MARCH (TBD)</p> <p>MAY (TBD)</p>	<p><i>The Board Reviews:</i></p> <ol style="list-style-type: none"> 1. Data 2. Activity Summaries 3. Meeting Notes <p>TO develop & refine implementation processes & practices</p>	<p><i>Follows Strategic Prevention Framework:</i></p> <ol style="list-style-type: none"> 1. Assessment 2. Capacity 3. Planning 4. Implementation 5. Evaluation

CAPACITY BUILDING

- Northern Kentucky Institute for Strategic Prevention
- Trauma-Informed Systems of Support Grant for mental health
- School-based Mental Health Grant
- Campbell County Drug-Free Alliance
- Northern Kentucky Cooperative for Educational Services
- Kentucky Agency for Substance Abuse Policy, Northern Kentucky Board
- KY Division of SUD Prevention & Promotion

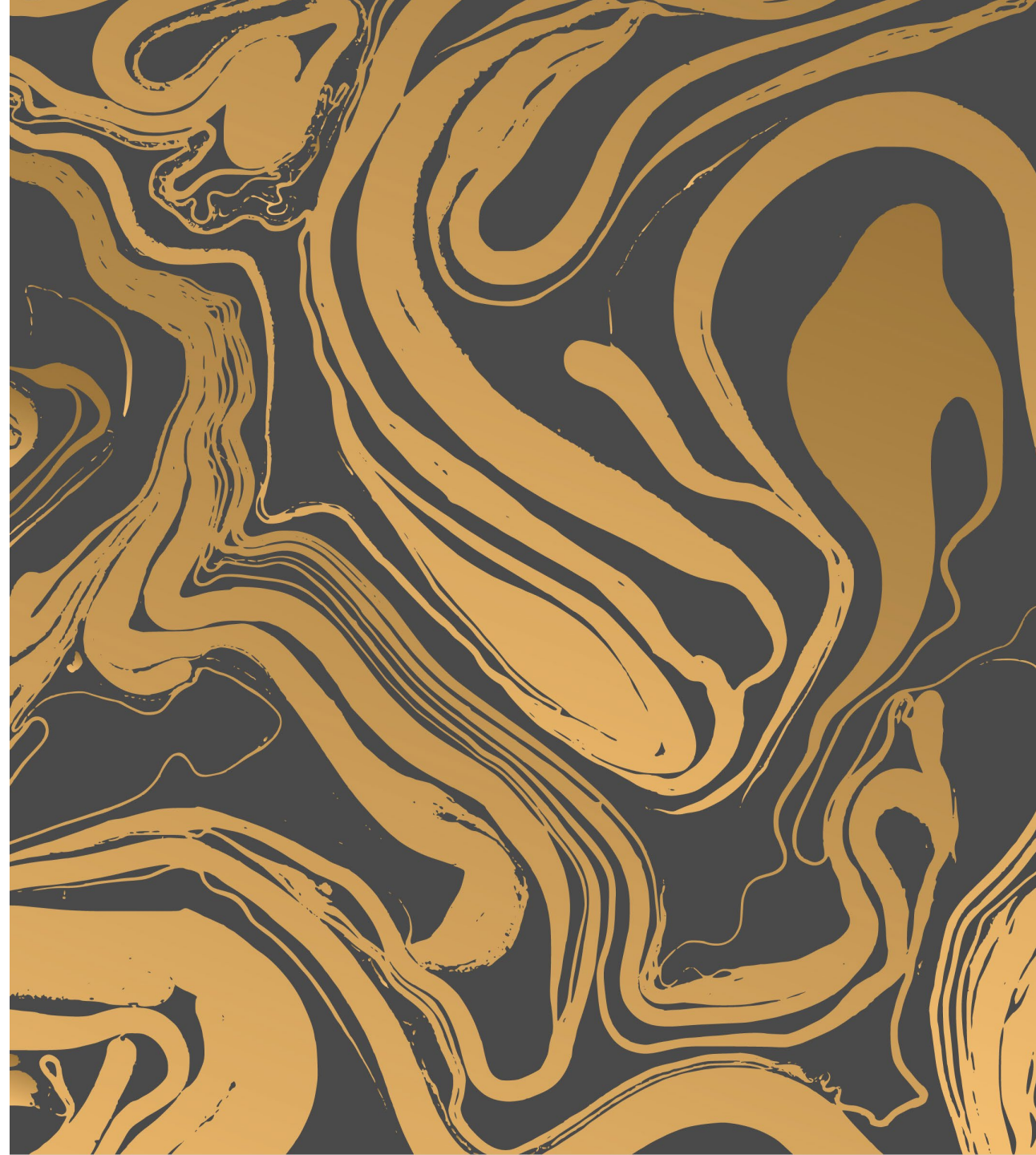


DECREASE REPORTING OF SERIOUS PSYCHOLOGICAL DISTRESS

ADDRESSING THE CONNECTION
BETWEEN MENTAL HEALTH &
SUBSTANCE USE

What does this look like for Bellevue?

- Care Solace care coordination for students, families, staff, and community
- Universal proactive detection of SEB through assessment
- Implementation of universal SEL curriculum Character Strong
- Selected small group and support strategies for some
- Targeted individualized interventions for a few

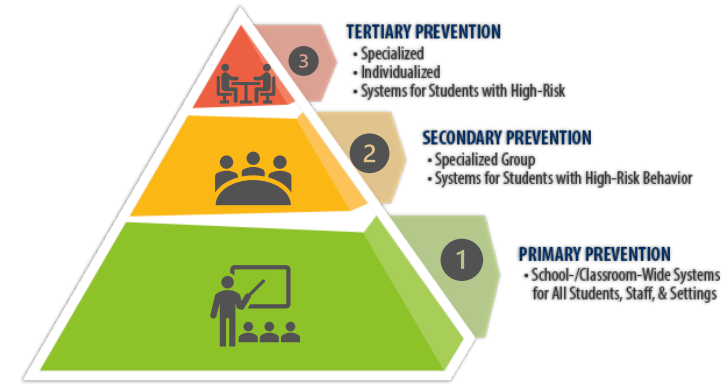
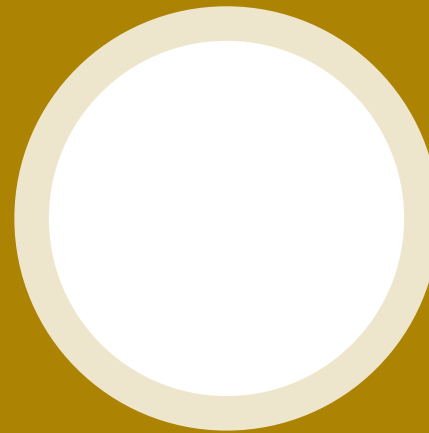


IMPLEMENTATION

DELIVERING PLANNED PROGRAMS & ACTIVITIES

Meeting mental health needs with adequate time and skill use from a young age will decrease:

- the likelihood of psychological distress
- self-medicating with substance misuse



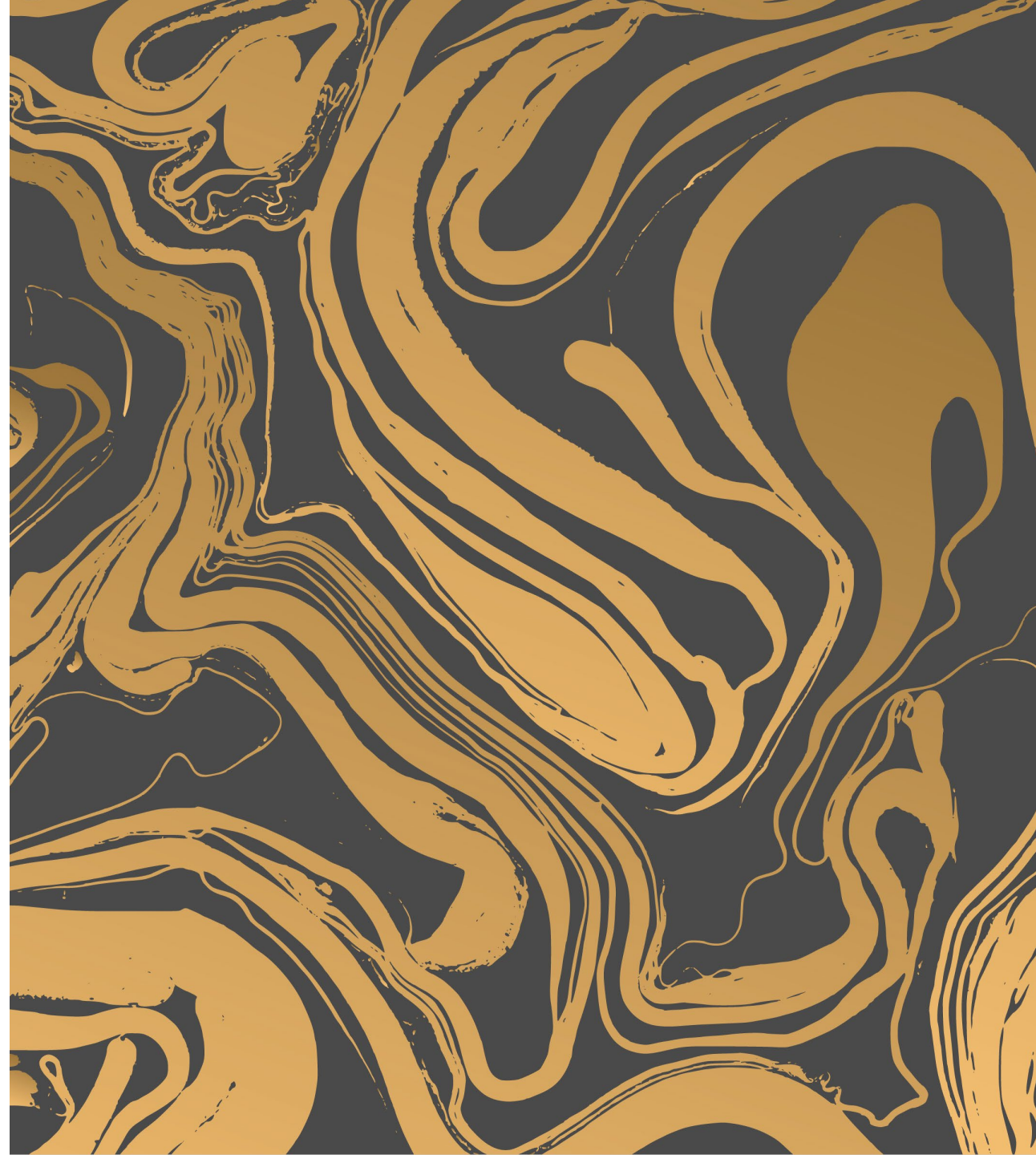
care/solace.

REDUCING 30-DAY SUBSTANCE USE

REDUCING ALCOHOL, VAPING, &
CIGARETTE SMOKING

What does this look like for Bellevue?

- Care Solace care coordination for students, families, staff, and community
- Universal education #iCANendthetrend & Johnny's Ambassadors
- Selected small group and support strategies for some
- Targeted individualized interventions for a few



IMPLEMENTATION

DELIVERING PLANNED PROGRAMS & ACTIVITIES

Targeted prevention education and programming can:

- decrease perceived acceptability of substances
- improve student academic connectedness & strengthen peer, family, school, & community relationships
- increase awareness & access to resources
- prevent or reduce substance use/misuse

MY LIFE MY QUIT

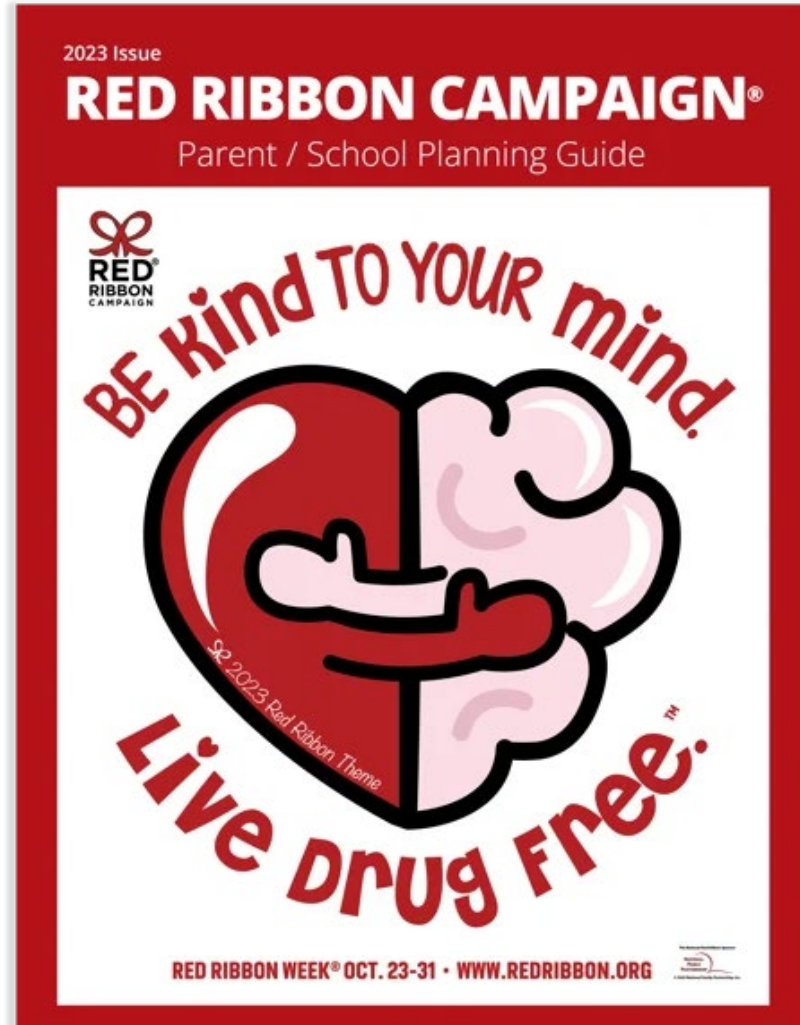


American Lung Association.
INDEPTH.

#icanendthetrend
UK College of Education

care solace.

YOUTH MARIJUANA PREVENTION
JOHNNY'S AMBASSADORS



RED RIBBON WEEK 2023

BE KIND TO YOUR MIND

October 23rd through 31st

- Theme Days
- GES Fall Fest
- Door Decorating Contest for each building
- Being present at Trunk to Treat night to hand out prevention messaging
- District-wide Pledge Against Drug Use
- Pre- & Post-Assessments to gather data on impact and significance
- Initiate and develop SADD Chapter
- Youth Positive Social Norms Campaign



RED RIBBON WEEK 2023

BE KIND TO YOUR MIND

October 23rd through 31st



Monday	Tuesday	Wednesday	Thursday	Friday
Red-Out!	Fight Against Drugs!	Your Future is Bright Without Drugs!	Family Day at Bellevue!	Team Up Against Drugs!
Be Kind to Your Mind Day, wear all red!	Superhero Day- dress like your favorite superhero or superpower! Students can create and submit a superhero that fights against drugs; winner for each building receives prize	Dress like your future career (or “what you want to be when you grow up” for GV) Set goals for academic year/SEL goals in classrooms	BBQ Dads vs. Soccer Moms (MS/HS) Dress like your role model (GV) Send home prevention information & resources for parents/caregivers	Wear your favorite jersey or represent your favorite sports team! Pass out footballs and bracelets (create a district team through matching bracelets)
Pre-assessment				Post-assessment



THANK YOU

ANY QUESTIONS?