**Strategic Prevention Framework**

**I3 (Inspired, Individualized, Inclusive)**

Sept. 2023-Oct. 2023

**SPF Grant Goal** –

To reduce the onset and progression of substance misuse and its related problems in Bellevue, KY, by supporting the development and delivery of community substance misuse prevention and mental health promotion services.

Objectives 1-3

Reduce the use of alcohol, vaping, and cigarette smoking among students.

Objectives 4

Decrease students reporting serious psychological distress.

Objectives 5

Expand collaboration with community prevention partners.

**Assessment** –

1. Identification of target communities - This project’s target population has been identified as BISD students and families in preschool through grade 12. The impact of our work through our many partnerships will spread throughout the community. Infrastructure development efforts have been directly targeted toward the school system, and its impact will extend to community members and school partners representing every aspect of community life. We have established 10th graders' reports of alcohol and e-cigarette use from the KIP survey as a key measure of success.
2. Identification of community gaps in services - Our team has continued to meet with key regional prevention stakeholders, such as NKISP, NKY ASAP, the NKY Health Department, CADCA, and regional Drug-free Communities coordinators. Meeting with stakeholders such as these has helped us identify existing supports and pinpoint how we can build upon these resources.
3. Specification of baseline data- SEB screener was given to all K-12 grade students. This data will be used within the MTSS framework to proactively detect at-risk youth and increase access to prevention and intervention services

**Build Capacity**-

1. The SPF grant and Mental Health Services continue to interview **key personnel** (e.g., Lead Epidemiologist and Mental Health Specialist) to deliver strategic interventions, initiatives, and programming to meet goals.
2. The SPF team established an **Advisory Board** and conducted the first I3 advisory meeting on Sept. 26th. The Advisory Boardwas established to build capacity/infrastructure to address areas of concern. The next scheduled advisory meeting will be on Nov. 28th.
3. Building coalitions- The Project Director and Prevention Specialist met and interacted with community partners to become familiar with the needs of the Northern Kentucky community. Those partners include Campbell County Drug-Free Alliance, BISD Transition Coordinator, Northern KY Institute for Strategic Planning (NKISP), and Kentucky Prevention Network.

**Planning**

1. Articulation of a vision for prevention activities -

We revisit our mission and vision at the Advisory Committee Meeting to ensure our plans align with the mission and vision. Furthermore, our meetings are guided by the Strategic Prevention Framework (SPF) components to clearly delineate how our activities align with the SPF.

1. Identification/coordination/allocation of resources –

We continue to receive requests from stakeholders to 1) provide substance prevention training, 2) design custom training for students, parents, and staff, and 3) share and distribute resources. We are guiding BISD in developing a three-tiered approach to vaping prevention, intervention, and cessation, using evidence-based programs.

**Tier 1** - #Icanendthetrend & John’s Ambassadors (GES – Too Good For Drugs & Dinner Table Project)

**Tier 2**- John’s Ambassadors & In-depth - alternative to suspension

**Tier 3** - Cessation programming, N.O.T., My Life My Quit, Not for Me (Not on Tobacco)

1. The Prevention Specialist is developing daily activities for Red Ribbon Week.
2. The Project Director/Prevention Specialist working with staff and school admin surrounding Character Strong Curriculum and tier levels of support.

**Implementation**-

1. Character Strong - The Project Director/Prevention Specialist is working with the school admin to implement the Character Strong SEL Curriculum. Currently implementing tier 3 level of support and will begin small groups (tier 2) within the week.
2. In-Depth Alternative to Suspension or Citation - The American Lung Association has developed an evidence-based nicotine intervention program specifically designed for teens. This program is of interest, as the number of students caught vaping has increased markedly this past school year.

**Evaluation-**

1. Currently evaluating data from the Character Strong Curriculum and proactive detection tool to support our developing MTSS.
2. GES is developing precision intervention tools such as Functional Behavioral Assessments (FBA’s) to imbed in the MTSS system at Tier 2 and 3 levels. This will target individualized needs and match intervention with replacement behavior.
3. Quality improvement will continue for all new programs and initiatives to monitor success/barriers and modify to the community's needs.

**Sustainability-** Continue developing and improving the district's MTSS/PBIS system and mental health supports. SEL teams deliver substance abuse prevention curriculum to students.