



MEMORANDUM OF UNDERSTANDING

9-21-23

Date

To Whom It May Concern;

The mission of Kentucky Cooperative Extension is to make a difference in the lives of Kentucky citizens through evidence-based education.

The University of Kentucky Nutrition Education Program offers free nutrition education to limited resource audiences in Garrard County. The key messages provided include;

- Make half your plate fruits and vegetables
- Make half your grains whole grains
- Switch to fat-free or low-fat milk
- Drink water instead of sugary drinks
- Practice good food safety behaviors
- Stretch your food dollars
- Be more physically active

Kentucky Cooperative Extension and Garrard County Schools hereby mutually agree to work together to: Develop and promote educational opportunities that support the educational mission of the Kentucky Cooperative Extension Service in the county and the Expanded Food and Nutrition Program (EFNEP) and the Supplemental Nutrition Assistance Program (SNAP-Ed).

In addition, Garrard Co. Schools does not discriminate in its' membership and programming policies. Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

Signature of Community Partner

Signature of Cooperative Extension Service Agent/
Assistant