

Kentucky Board of Education

October 10, 2023



Educational Progress Quote

"No matter how well teachers are prepared to teach, no matter what accountability measures are put in place, no matter what governing structures are established for schools, educational progress will be profoundly limited if students are not motivated and able to learn."

Kentucky Department of

Why School Health?

- Schools are charged with creating lifelong learners in a holistic manner.
- Higher academic performance equates to increased health outcomes among students and adults.
- Healthy behaviors translate to stronger attendance, engagement and graduation rates.

- The incorporation of evidencebased practices and policies support wellness beyond the school environment.
- School health plays a critical role in educational, health, family and community success.

Health and Academics: What the Research Says

Compared to students who received mostly As, those who reported receiving mostly Ds and Fs were:

- More than 11 times more likely to have injected illegal drugs.
- More than 4 times more likely to have had four or more sexual partners.
- Five times more likely to miss school because of safety concerns.
- Two times more likely to feel sad or hopeless.

Read the Report – www.cdc.gov/mmwr/volumes/66/wr/mm6635a1.htm. Learn more – www.cdc.gov/HealthyYouth/health and academics.



Education AND Health Impacts

- Student Performance
- Attendance
- College and Career Readiness
- Growth
- Dropout
- School Connectedness
- Literacy

- Priority Health Risk Behaviors
- Social Determinants of Health
- Student Knowledge and Skills
- Community Partnerships
- Health Equity





Whole School Whole Community Whole Child (WSCC) Framework





Kentucky's WSCC Team

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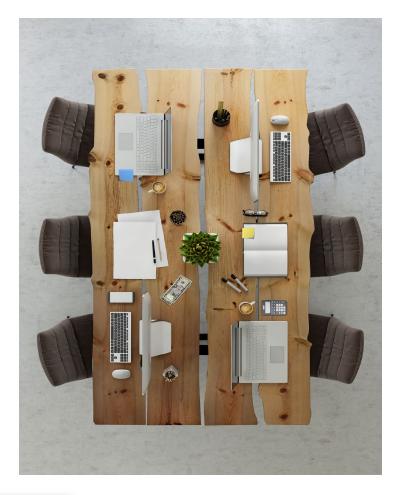
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- Division of District Support
- Division of School and Community Nutrition
- Division of Student Success
- Division of Equity, Inclusion and Belonging



Kentucky's WSCC Team - Continued

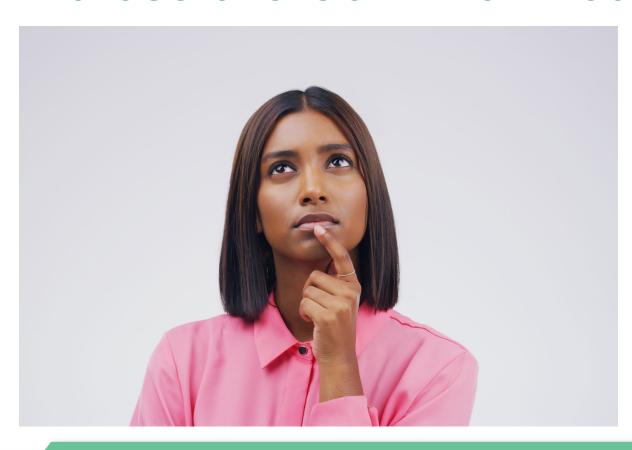
- Kentucky Department for Public Health
- Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities
- Office of Family Resource and Youth Services Centers
- Foundation for a Healthy Kentucky
- Kentucky Out-of-School Alliance
- Kentucky Society for Health and Physical Educators (SHAPE)
- The Prichard Committee



What's Happening in Kentucky?

- Centers for Disease Control and Prevention (CDC) Cooperative Agreements
 - Improving Student Health and Academic Achievement \$390K annually
 - Data Surveillance Youth Risk Behavior Survey and School Health Profiles \$100K annually
- Creation of Kentucky Department of Education's School Health Branch
- Project AWARE and Stronger Connections
- Full-Service Community Schools Initiative

What is Your Vision of School Health Across the Commonwealth?



- Best Practices
- Effective Programming
- Evidence-Based Policies
- Power Partnerships
- Data Collection and Analysis
- Coordination of Efforts

Lloyd Kolbe Quote

"In sum, if American schools do not coordinate and modernize their school health programs as a critical part of educational reform, our children will continue to benefit at the margins from a wide disarray of otherwise unrelated, if not underdeveloped, efforts to improve interdependent, education, health and social outcomes. And, we will forfeit one of the most appropriate and powerful means available to improve student performance."

Lloyd Kolbe, 2002



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