

Archery at Covington Holmes

1) Project Details

Project Name: Holmes High School Archery Club (9-12) the first year. (It can be 1-5 & 6-8; but it would need to be put into the Physical Education curriculum. This would have to be looked at by each school Administration and their Physical Education Departments and their budgets and school spaces for practices)

Departments/Campuses affected by the project: Holmes Athletic Department

Date Submitted: 7/28/2023

2) Project Sponsor(s)

Name: Ken Ellis Campus: High School. Department: Athletic Dept

Archery Coach/s: Jonathan Skillman

Name: KHSAA the Kentucky High School Athletic Association

3) Project Description (what you want to do)

The Kentucky High School Athletic Association (KHSAA) has a State "Archery" sport and State Championship. There are about 156 schools district currently in Kentucky that are involved in the Archery in Kentucky. In Northern Kentucky they are the following:

REGION 6 – Beechwood, Bellevue, Boone County, Calvary Christian, Conner, Cooper, Covington Catholic, Covington Latin, Dixie Heights, Heritage, Highlands, Holy Cross (Covington), Newport, Notre Dame, Ryle, Scott, Simon Kenton, St. Henry, Villa Madonna

There is one Season –

Winter (Nov. -March / Playoffs & Championship)

Covington Holmes High School would like to become part of the exciting sport in Kentucky.

Season Structure

Preseason Practice.

Regular Season.

Playoffs Season The top teams play in a single-elimination bracket until the finalists are determined.

4) Project Justification (why you want to do this)

The why is relatively simple. Competitive Archery builds a lot of the same skills that athletic sports do, minus the athleticism. Archery takes a tremendous amount of team building and coordination, as well as planning, practice, and individual skills.

Some of the Benefits of Archery in High School

Character Development

As in other sports, students build character and develop discipline, self-esteem and sportsmanship through practice and games.

Increase Participation

Archery are co-ed, inclusive, and engage students who might not otherwise participate in school athletics or activities.

Educational Impacts

40% Work harder In the Classroom

58% Feel More Connected to Their School

50:50 male to Female Participation

College Scholarships

More than 200 colleges and universities offer Archery scholarships and are actively recruiting players for Archery programs.

Winter – Nov. to Mar.

- Everyone plays games, so anyone can be a part of a competitive team.
- Archery crosses social groups and genders.
- It will appeal to students who would otherwise not participate in school activities.
- Social and emotional learning:
- Learning to deal with intense emotions in a competitive environment
- Builds student relationships and confidence
- Student engagement value is huge.

What measures will you put in place to determine whether this project was a success?

Timeline

we could be registered and competing in the KHSAA Archery Competition this winter.

5) What Equipment is needed?

The NASP (National Archery in the Schools Program) equipment kit (\$3,400.) includes the following:

- APPROVED, wholesale priced archery gear.
- Bows (standard Genesis) 12
- Bow rack (Bow Tree, Shooter System, Hold up Display) 1
- Easton Arrows 10 dz.
- BCY Arrow Curtain 1
- Lancaster Archery Maintenance Kit 1
- Morrell, Feradyne, Rinehart, or American whitetail Targets 5

(The ROTC shooting range at school; is the perfect spot to practice shooting)

The one great thing about getting involved with this exciting program for our student is, our school and students' home already have an **SIGN-UP SHEET OF 45 STUDENTS** from this past May.

We have already had two teachers interested in "Coaching". (Coaches stipend would be looking at \$1,500 – varsity/\$850 – JV) (The Coaches have already attended and pass an 8 – hour Basic Archery Instructor course (BAI.) They went this summer and took the course on their own, knowing we did not have been approved yet.

I would hope you would agree with my recommendation to start an Archery Team at Holmes High School. Northern Kentucky already has 19 school district Archery teams in the KHSAA.