



Dated: 6/1/2023

This Memorandum of Understanding (MOU) sets for the terms and understanding between SHS and _____ Powell County Board of Education_____.

_____ will send employees to SHS to perform:

Purpose

Funding

_____ (Name of Company)

_____ (Mailing Address)

____ (City, State, and ZIP)

(Billing contact phone number)

(Billing Fax number)

An employee of the organization must bring a signed referral form from employer (see attached). This form will serve to verify eligibility and authorize SHS to bill the organization. If the employee fails to bring in a signed referral form, employee is expected to pay for services at the time of service. No discount will apply under this circumstance. Prior medical information may need to be obtained prior to the examination.

This will remain in effect from 6/1/2023 to 5/31/2025.

Sterling Health Solutions, Inc.
Dawn Craft
Billing Manager
236 W. Main Street, Mt Sterling, KY 40353
(859) 404-7686 Ext. 529
dcraft@sterlinghealthky.org



236 W. Main Steet
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

CDL Scheduling Procedure

Please note the following process for scheduling CDL/DOT physicals who are not established patients of Sterling Health Care:

1. The employee completes new patient PAPER packet along with the eligibility form from the company (both attached) and turn into organization.
2. Provider will review form to see what records need to be requested from their current doctor.
3. Patient signs a release of information to get records provider needs/wants to review. (attached)
4. Appointment is scheduled at least 5 business days out with the understanding if we do not receive all records needed for the appointment it will be rescheduled.
5. Provider completes the exam.

By signing below, you are confirming and acknowledging the CDL/DOT Scheduling Procedure for Sterling Health and that you fully understand the process of scheduling a CDL/DOT Physical on behalf of the organization.

_____ Company Name

_____ (Authorized signer Printed)

_____ Date: _____
(Authorized Signature)

_____ Date: _____
Tina Bryant, Sterling Health Solutions, CEO



236 W. Main Steet
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

[Please print your name and address on the back of this form. Do not write on this form. If you need to make any changes, please use a separate sheet of paper.]

Employer CDL Physical Eligibility Form

_____ confirms that _____ is an employee of the organization.
Name of organization Full name of Employee

Sterling Health Solutions will invoice the employer of this employee at the negotiated price for CDL physicals.

_____ (company Name)

_____ (Authorized signer Printed)

_____ (Authorized Signature)

_____ Date:



236 W. Main Street
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

STERLING HEALTH SOLUTIONS

To speed up the check in process, please fill in ALL information

Please check the site where you are wanting to be seen:

- ☐ *Sterling Health Care- Mt. Sterling* ☐ *Sterling Women's Care* ☐ *Sterling Health Care - Carlisle*
☐ *Sterling Health Care – Owingsville* ☐ *Sterling Health Care - Stanton*

Last Name: _____ First Name: _____ Middle Name: _____

Nickname: _____ SSN: _____ Birth Date: _____

Gender Identity:

☐ Male ☐ Female ☐ Transgender Male/Female to Male ☐ Transgender Female/Male to Female ☐ Other ☐ Choose not to disclose

Sexual Orientation: ☐ Straight ☐ Lesbian or Gay ☐ Bisexual ☐ Don't Know ☐ Choose not to disclose

Marital Status: ☐ Divorced ☐ Married ☐ Separated ☐ Single ☐ Unknown ☐ Widow

Race: ☐ American Indian/Alaskan Native ☐ Asian ☐ Black/African American ☐ Native Hawaiian ☐ White
☐ Other

Ethnicity: ☐ Hispanic/Latino ☐ Non Hispanic/Non Latino

Preferred Language: ☐ English ☐ Spanish ☐ Interpreter Needed

Mailing Address: _____ **Zip Code:** _____

Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____

Email Address: _____ **Preferred Communication:** Phone/Email

Preferred Phone Contact: ☐ Home ☐ Cell ☐ Work

Living Arrangements ☐ Alone ☐ Family ☐ Institution ☐ Relative ☐ Roommates ☐ Spouse Only

Living Situation ☐ Homeless ☐ Transitional ☐ Doubling Up ☐ Street ☐ Other ☐ Unknown ☐ Not Homeless

Agricultural Worker ☐ Migrant ☐ Seasonal **Are you a Veteran** ☐ Yes ☐ No

Who is/was your Primary Care Provider? _____

Reason for transferring care, if transferring care _____

In case of Emergency, please contact:

Name _____ **Phone:** _____ **Relation:** _____

Address _____



236 W. Main Street
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

Pharmacy: _____

INSURANCE INFORMATION:

Primary Insurance: _____ ID# _____ GROUP# _____

Secondary Insurance: _____ ID# _____ GROUP# _____

Subscriber Name: _____ Subscriber Date of Birth _____

Subscriber Gender: _____ Subscriber Phone _____

Subscriber Address if different from Patient: _____

EMPLOYMENT INFORMATION

☐ Full-time ☐ Part-time ☐ Unemployed ☐ Full-time Student ☐ Part-time Student
☐ Retired ☐ Unknown ☐ Active Military Duty

Employer Name: _____ Employer Phone: _____

Employer Address: _____

HOUSEHOLD INCOME INFORMATION

What is your annual household income?
household? _____

How many people are in your

☐ No income ☐ Less than 24,999 ☐ 25,000 to 39,999 ☐ 40,000 to 59,999 ☐ 60,000 to 99,999
☐ 100,000 or more

MEDICAL INFORMATION

Please list any medical conditions that you are currently being treated for:

ALLERGIES

Medications	
Vaccines	
Food	
Other	

Serious injuries or accidents:

Please list any operations you have had:

Year occurred	Operation / Surgery



236 W. Main Steet
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

[Please print your name, address, phone number, and date of birth in the space provided. If you are a patient of another provider, please indicate the provider's name and address in the space provided. For patients with a medical history, please indicate the condition and date of onset in the space provided. If you are a patient of another provider, please indicate the provider's name and address in the space provided. For patients with a medical history, please indicate the condition and date of onset in the space provided.]	

Please list other doctors you see and why you see them:

Provider / Doctor	Condition / Reason you see them

Do you require treatment/medication for chronic pain? ☐Yes ☐No

How were you referred to Sterling Health? _____

Have you ever had a heart catheterization? ☐Yes ☐No If so, when? _____

Have you ever had any arterial stents placed? ☐Yes ☐No If so, when? _____

Have you ever had a colonoscopy? ☐Yes ☐No If so, when? _____ Facility? _____

IMMUNIZATION HISTORY

Please indicate the date of the following vaccinations:

Vaccination	Date of Immunization
Influenza (flu)	
Pneumonia	
Tetanus/Tdap	
Hepatitis B	
Hepatitis A	
Shingles	

FOR FEMALES ONLY

Are you pregnant or could you be? ☐Yes ☐No Date of last menstrual period _____

Have you had a hysterectomy? ☐Yes ☐No If yes, when _____ Where? _____ Why? _____

Was it a total? ☐Yes ☐No Were ovaries removed? ☐Yes ☐No

Do you regularly have a PAP smear? ☐Yes ☐No Date of last test _____ Facility? _____

Do you regularly have a mammogram? ☐Yes ☐No Date of last test _____ Facility? _____

How many children born alive? _____ How many miscarriages? _____

How many stillbirths? _____ How many Cesarean operations? _____

How many premature births? _____ Any complications of pregnancy? _____



236 W. Main Street
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

FAMILY HISTORY

Please list Health Conditions experienced by relatives (mark only those that apply):

Condition	Which Relative (Mom, Dad, Grandparent, Aunt, Uncle, Brother, Sister, etc)	Condition	Which Relative (Mom, Dad, Grandparent, Aunt, Uncle, Brother, Sister, etc)
Heart Attack	Age:	Colitis	
High Blood Pressure		Crohn's Disease	
Congestive Heart Failure		Colon Polyps	
Rheumatic Heart Disease		Hepatitis	
Congenital Heart Disease		Stomach Ulcer	
Breast Cancer	Age:	Kidney Disease	
Colon Cancer	Age:	Stroke	
Leukemia		Migraine	
Melanoma (skin cancer)		Seizures	
Ovarian Cancer		Diabetes	
Pancreatic Cancer		Goiter	
Any other Cancer		Bleeding Tendency	
Asthma		Suicide	
Tuberculosis		Mental Illness	
Other		Drug Abuse	
		Alcohol Abuse	

PERSONAL HABITS

Do you Smoke? ☐ Yes ☐ No What do you smoke? ☐ Cigarettes ☐ Pipe ☐ Cigars

How long have you smoked? _____ How many packs per day? _____

Have you regularly smoked in the past? ☐ Yes ☐ No When did you quit? _____

Have you ever used recreational drugs? ☐ Yes ☐ No When? _____ What? _____

Do you regularly drink alcohol? ☐ Yes ☐ No

Beer: Number of bottles or cans per day _____

Wine: Number of glasses per day _____

Liquor: Number of ounces per day _____

Have you had 6 or more drinks of alcohol during a drinking session in the past year? ☐ Yes ☐ No



236 W. Main Steet
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

Have you had more than one sexual partner in the last 24 months? ☐Yes ☐No

Has the person you live with hit you or hurt you physically in the past? ☐Yes ☐No

Has any person verbally abused you? ☐Yes ☐No

Is there anything further you think we need to know about you? If so, please explain in the space provided below.

Signature: _____

Date: _____



Please list ALL medications:

[illegible]



236 W. Main Street
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

Authorization for Release of Information

The undersigned hereby authorizes:

Sterling Health Solutions
209 N. Maysville St.
Ste. 200
Mount Sterling, KY 40353
Ph: (859)404-7686
Fax: (859) 498-8160

to release to
(OR)
procure from

Information from the below listed patient/clinic record:

Patient Name: _____

Patient DOB: _____

Reason for Request:

☐ Personal Interest ☐ Continuity of Care ☐ Transferring Care ☐ Social Security/Disability Claim
☐ Legal Proceedings ☐ Insurance Claims Processing ☐ Other: _____

Date(s) of Service(s) to be released: _____

Medical Records:

I authorize the following information to be released:

☐ Visit Notes ☐ Visit Summary ☐ Immunization Record ☐ Medications ☐ Labs ☐ EKGs
☐ Chart Cover ☐ School/Work Excuse ☐ Other: _____

I understand that I may revoke this authorization at any time, except to the extent that action has already been taken in reliance upon this authorization. This authorization will terminate on the following date, event or condition: _____. If no date, event or condition specified, this authorization will expire in **one year** from the signature date. I also understand my refusal to sign this authorization will not affect my ability to obtain treatment, payment for services or eligibility for benefits. If a service is requested by a party other than the patient for the purpose of creating health information, refusal to sign this authorization may result in the service request being denied.

I understand I can cancel this authorization and to do so I must send a written request to Sterling Health as authorized above.

I understand I can obtain a copy of my health care data and to do so I must submit a written request to Sterling Health as authorized above.

I understand that no treatment, payment, enrollment or eligibility for benefits may be conditioned on whether I sign this authorization.

The facility, its employees, officers, and physicians are hereby released from any legal responsibility or liability for disclosure of the above information to the extent indicated and authorized herein.

The information used or disclosed pursuant to the authorization may be subject to re-disclosure by the recipient and no longer protected by federal law, **except for drug and alcohol treatment information.**

Printed Name: _____ Relationship to Patient: _____

Patient/Parent/Guardian/Legal Representative Signature: _____ Date: _____

Mental Health and/or Drug and Alcohol Treatment Records that are authorized to be released:

Please check the appropriate item(s):

☐ Psychotherapy Notes ☐ Psychosocial Assessment ☐ Treatment Plan ☐ Medications



236 W. Main Steet
Mount Sterling, Kentucky 40353
P 859.404.7686 | F 859.498.8160

☐ Group Therapy Notes ☐ Medication Management Notes ☐ Psychiatric Eval/Tests ☐ Psychosocial Eval/Tests
☐ Discharge Summary ☐ Labs ☐ Other (Please Specify): _____
☐ Alcohol/Drug Treatment Records ☐ Alcohol/Drug Assessments ☐ Labs & Treatment Record

I understand that special permission must be given for the release of Mental Health/Drug and Alcohol/HIV results. I understand that by entering my signature below I am releasing the detailed information to the above listed person(s) or facility.

**** I understand that my health information is protected under the federal regulations governing the Confidentiality of Alcohol and Drug Abuse Patient Records, 42 C.F.R. Part 2 that re-disclosure is prohibited, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA) 45 C.F.R. Parts 160 and 164 and cannot be disclosed without my written consent unless otherwise provided for in the regulations. The information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and no longer will be protected by the HIPAA Privacy Law. ****

Printed Name: _____ Relationship to Patient: _____

Patient/Parent/Guardian/Legal Representative Signature: _____ Date: _____

FOR FACILITY PERSONNEL ONLY

Patient Identification Verified. Signature: _____

Date: _____