



An Easier Path to Mental Health

The Campaign for Children's Home of Northern Kentucky/CHNK Behavioral Health



Need: Child and adolescent mental health is in a national state of emergency.

70%

An estimated 3.2 million Kentuckians—**70 percent of our state's population**—live in a community that lacks enough mental health professionals.

40%

In a single year during the pandemic, 40,000 Kentuckians aged 12-17 received a diagnosis of depression. **Nearly 40 percent of them went without care.**

56%

More than **56 percent of young adults** have reported symptoms of anxiety and/or depressive disorder in the past 18 months.

2nd

Suicide is increasing for children and teens at alarming rates. **It's now the second leading cause of death** for young people nationally.

48th

7 in 10 Kentucky youth in the juvenile justice system have a mental health condition. Kentucky ranks 48th in state prevalence of untreated youth with depression.

**The diagnosis?
We have a health care crisis!**

Solution: An Easier Path to Mental Health at CHNK

CHNK has designed a five-year expansion plan to close the access gap for youth ages 12-17 by 40%.

The path encompasses the **12 counties** of the Northern Bluegrass Region, and an additional **1,500 youth** served. Resulting community impacts will include improved individual and family functioning, greater academic attainment, and fewer youth entering the Department of Juvenile Justice or other out-of-home care.

Why CHNK?

CHNK offers a one-stop continuum of care for every type of client, regardless of insurance coverage, by providing prevention, early intervention, and intensive therapeutic services.

CHNK fills the gap as Northern Kentucky's sole provider of psychiatric residential treatment (inpatient stepdown from hospitalization).

CHNK primarily serves **Medicaid clients**, but also **commercial and private pay**.

From residential-based and in-home behavioral health care to partnerships with local school districts and substance use disorder services, **the well-being of children is at the core of everything we do.**

CHNK currently provides an average of 30,000 treatment services per year, impacting more than 3,000 children, adults, and family members annually. This includes an average of 3,300 telehealth services per year.

As a leading provider of mental health care services in the region, in the past four years, **CHNK has provided more than 120,000 unique treatment services** – and the need continues to grow!

The Ask: Support CHNK's campaign – An Easier Path to Mental Health

This is Northern Kentucky's time: CHNK is requesting a \$19 million investment from the state.

In the 2022 Kentucky legislative budget process, other nonprofit providers across the Commonwealth requested and received funding from the state for operating and capital projects totaling well over \$200 million!

It's time Kentucky invests in this health care crisis in the Northern Kentucky region.

Please support CHNK's efforts to secure critical state funding to help enable:

- Expansion of telehealth services and other critical programs
- Expansion of needed facilities in multiple locations
- A growth plan resulting in an additional 3,600 client and family impacts annually
- The need to attract, hire, and retain highly qualified providers
- Increased levels of cooperation with strategic partners across business, healthcare, schools, and courts

Impacts of this investment in CHNK and its partners will include:

- Reducing the number of Kentucky youth in the juvenile justice system
- Enhancing access to behavioral health treatments, thus reducing youth suicide rates and addiction
- Increasing educational outcomes, including attendance and overall support systems for teachers
- Reducing the number of children in state custody
- Improving Kentucky's workforce participation and quality

This results in happier and better functioning families. A healthier and happier Kentucky for all.