



## Food and Nutrition Services Department Update

To: Mr. Watts, Superintendent  
Ms. Ramona Malone, Board Chair  
Members of the Board

Date: April 26, 2023

### Average Daily Participation

Average Daily Participation (ADP) is the average number of student reimbursable meals served daily in a school nutrition program. Calculating and monitoring ADP monthly can assist in forecasting and decision making such as determining labor requirements, food and supply purchasing and non-food purchasing projections that support operations. In addition to the ADP, it can be helpful to know the ratio (ADP Rate) of students eating a school meal to the average number of students attending school.

<i>School</i>	<i>ADP Breakfast</i>	<i>ADP Breakfast Rate</i>	<i>ADP Lunch</i>	<i>ADP Lunch Rate</i>
NHS	182	36%	409	80%
NIS	210	59%	332	94%
NPS	191	55%	289	83%

The United States Department of Agriculture provides the following information on school nutrition program industry standards:

- ADP Rate for elementary and middle school breakfast = 35%
- ADP Rate for elementary and middle school lunch = 75%
- ADP for high school breakfast = 25%
- ADP for high school lunch = 65%

### Newport Primary Renovation

Staff in the Food and Nutrition Services Department strive to make meal service the most favorite part of the school day. In addition to ensuring students are well-nourished and ready to learn, a department goal is to provide an enticing, engaging environment where they can experience joy while eating and connecting with others. The new NPS cafeteria without question is supporting that goal. Staff is enjoying the student's excitement as they enter the café each day and are grateful to be working in such a beautiful kitchen.

### *NPS Project Highlights:*

- Modern, age-appropriate, and inviting environment for students to enjoy nutritious meals
- More productive layout with new equipment allowing for greater menu variety
- Increased storage capacity with larger walk-in's and dry stock room, eliminating the need to travel between schools for needed items
- Installation of a dish machine, allowing reusable trays thus reducing the amount of trash taken from the cafeteria

### **Annual Wellness Report**

KDE requires school districts to report annually on the nutrition and physical activity environments within each school. Using an assessment by the Alliance for a Healthier Generation, health-related staff met regularly to share knowledge, information and ideas regarding procedures and practices specific to their position. This "team" of health-related staff recognizes the impact of nutrition and physical activity on learning and the need for a culture of wellness. Some findings from the team include:

#### *Established Wellness Practices:*

- Dedicated committee that meets regularly to review school health policies and programs
- Full-time, registered nurse responsible for health services all day, everyday
- Partnerships with local community organizations or businesses to engage families in health promotion activities
- Meals served and sold meet federal nutrition standards, ensuring that meals are healthy and well-balanced
- Numerous programs promoting employee wellness are offered and available

#### *Potential Areas for Improvement:*

- Increase nutrition and health education opportunities for students
- Involve students and families in school meal programs
- Offer staff professional development on promoting and integrating physical activity
- Encourage student rewards and celebrations that support health (nonfood or healthy items)
- Model healthy behaviors by consuming healthy foods and beverages

### **Staff Training**

After reviewing our year-end net cash resources for SY 2021-22, KDE determined that our school nutrition program had an excess balance of \$27,615. To maintain the required nonprofit status, the fund balance must not exceed three month's average expenditures at any time. A reduction plan was requested by KDE and completed. The plan includes a training opportunity for all food service staff to attend the School Nutrition Association Annual National Conference in Denver, Colorado.

Respectfully Submitted,

Lisa Rizzo, Food and Nutrition Services Director