

# **Issue Paper**

**DATE**: 03.23.2023

# **AGENDA ITEM (ACTION ITEM):**

Consider/Approve a building and grounds alteration request at White's Tower Elementary for the E-WISE team to create a Social and Emotional (SEL) based walking trail with mindfulness activity signage along the trail for student and community use.

# **APPLICABLE BOARD POLICY:**

5.11 - Alterations of Buildings and Grounds

### **HISTORY/BACKGROUND:**

The E-WISE team at White's Tower Elementary requests to create a walking trail around the lake on the White's Tower property. The trail will follow an abandoned fishing trail through the tree-line surrounding the lake. Reclaiming the trail will require the clearing of brush, which will be cleared and maintained by the E-WISE team and E-WISE sponsor Eric Hendrix, along with assistance from SRO Benner. The E-WISE team has partnered with author Brandon Walden, and using his book "Seeds and Trees", will affix 10 aluminum signs attached to 6-foot metal U-Channel sign posts driven 2-feet into the ground every 1/10 of a mile on the trail to highlight each chapter of the book. The signage will also include mindfulness activities to provide social and emotional learning opportunities.

# **FISCAL/BUDGETARY IMPACT:**

\$0 (no cost) to the General Fund or School Funds

### **RECOMMENDATION:**

Approval for an alteration to the buildings and grounds at White's Tower Elementary for the E-WISE team to create a Social and Emotional (SEL) based walking trail with mindfulness activity signage along the trail for student and community use

# **CONTACT PERSON:**

Eric Hendrix, WTE Guidance Counselor and E-WISE Sponsor; Matt Rigg, Executive Director of Operations

Principal/Administrator

District Administrator () (

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Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda.

Principal -complete, print, sign and send to your Director. Director -if approved, sign and put in the Superintendent's mailbox.



# TE'S TOWER ELEMENTARY STO TRAIL

# START HERE

# STORY TRAIL

Take a hike along the path and read a story about how a prince improves his life with the help of the forest and his friends.

Use the QR Code if you want to listen to the story

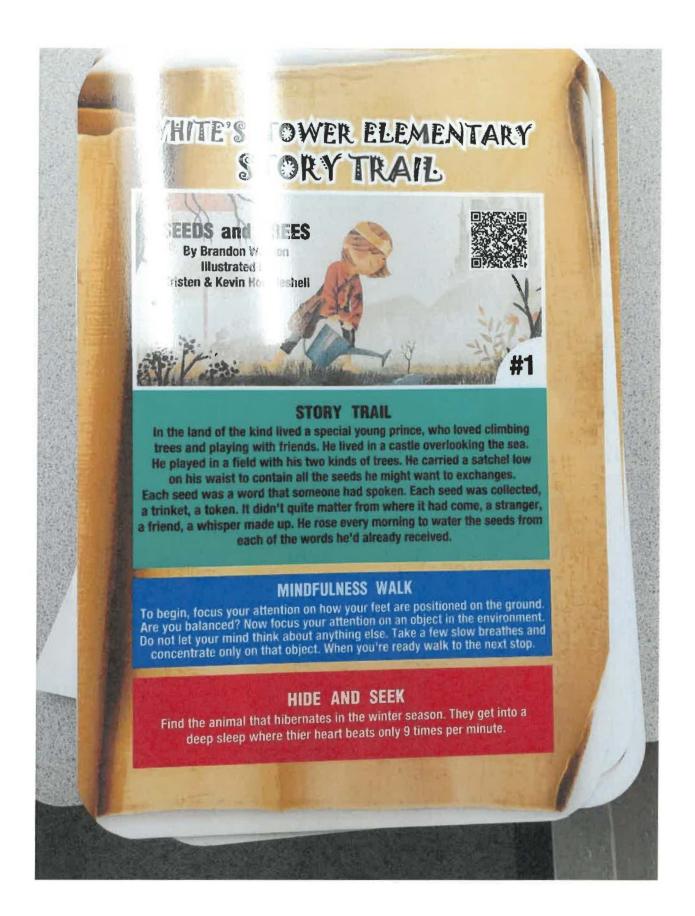
# MINDFULNESS WALK

Feeling stressed? Take a walk in nature and follow some steps to relax.

# HIDE AND SEEK

See if you can find the hidden items around the trail.

Sign Example 1



Sign Example 2

# STORY REFLECTION 1. What kinds of things do people say that turn into green trees? Which words turn into dark trees? 2. What Did the prince's good friend do for him and his trees? 3. Which friends do you have like this who speak good words and help you forget about the bad things people say about you? 4. How can you throw away the dark seeds (the negative words from others)?