



Kenton County School District | It's about ALL kids.

Issue Paper

DATE:

03.23.2023

AGENDA ITEM (ACTION ITEM):

Consider/Approve a building and grounds alteration request at White's Tower Elementary for the E-WISE team to create a Social and Emotional (SEL) based walking trail with mindfulness activity signage along the trail for student and community use.

APPLICABLE BOARD POLICY:

5.11 – Alterations of Buildings and Grounds

HISTORY/BACKGROUND:

The E-WISE team at White's Tower Elementary requests to create a walking trail around the lake on the White's Tower property. The trail will follow an abandoned fishing trail through the tree-line surrounding the lake. Reclaiming the trail will require the clearing of brush, which will be cleared and maintained by the E-WISE team and E-WISE sponsor Eric Hendrix, along with assistance from SRO Benner. The E-WISE team has partnered with author Brandon Walden, and using his book "Seeds and Trees", will affix 10 aluminum signs attached to 6-foot metal U-Channel sign posts driven 2-feet into the ground every 1/10 of a mile on the trail to highlight each chapter of the book. The signage will also include mindfulness activities to provide social and emotional learning opportunities.

FISCAL/BUDGETARY IMPACT:

\$0 (no cost) to the General Fund or School Funds

RECOMMENDATION:

Approval for an alteration to the buildings and grounds at White's Tower Elementary for the E-WISE team to create a Social and Emotional (SEL) based walking trail with mindfulness activity signage along the trail for student and community use

CONTACT PERSON:

Eric Hendrix, WTE Guidance Counselor and E-WISE Sponsor; Matt Rigg, Executive Director of Operations

Principal/Administrator

District Administrator

Superintendent

Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda.

Principal –complete, print, sign and send to your Director. Director –if approved, sign and put in the Superintendent's mailbox.

— = proposed walking trail



WHITE'S TOWER ELEMENTARY
STORY TRAIL

**START
HERE**



STORY TRAIL

Take a hike along the path and read a story
about how a prince improves his life with
the help of the forest and his friends.

Use the QR Code if you want to listen to the story

MINDFULNESS WALK

Feeling stressed? Take a walk in nature and
follow some steps to relax.

HIDE AND SEEK

See if you can find the hidden items around the trail.

Sign Example 1

WHITE'S TOWER ELEMENTARY STORY TRAIL

SEEDS and TREES

By Brandon Wilson

Illustrated by

Rhonda & Kevin Hoshell



#1

STORY TRAIL

In the land of the kind lived a special young prince, who loved climbing trees and playing with friends. He lived in a castle overlooking the sea. He played in a field with his two kinds of trees. He carried a satchel low on his waist to contain all the seeds he might want to exchange. Each seed was a word that someone had spoken. Each seed was collected, a trinket, a token. It didn't quite matter from where it had come, a stranger, a friend, a whisper made up. He rose every morning to water the seeds from each of the words he'd already received.

MINDFULNESS WALK

To begin, focus your attention on how your feet are positioned on the ground. Are you balanced? Now focus your attention on an object in the environment. Do not let your mind think about anything else. Take a few slow breathes and concentrate only on that object. When you're ready walk to the next stop.

HIDE AND SEEK

Find the animal that hibernates in the winter season. They get into a deep sleep where their heart beats only 9 times per minute.

Sign Example 2

STORY REFLECTION

1. What kinds of things do people say that turn into green trees?
Which words turn into dark trees?
2. What Did the prince's good friend do for him and his trees?
3. Which friends do you have like this who speak good words and help you forget about the bad things people say about you?
4. How can you throw away the dark seeds
(the negative words from others)?

Sign Example 3