

**Eric U. Russ, Ph.D.**  
Executive Director, Kentucky Psychological Association and Foundation  
Co-Owner, Louisville Psychotherapy Group  
Louisville, KY  
Cell Phone: (404) 290-7916  
Email: [eruss00@gmail.com](mailto:eruss00@gmail.com)

Licensed Clinical Psychologist  
License Number 130735

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## EDUCATION

Aug. 1998-May 2002	B.A. in Psychology and Anthropology, Emory University, Atlanta, GA
Aug. 2004-May 2006	M.A. in Clinical Psychology, Emory University, Atlanta, GA
May 2006-Aug. 2010	Ph.D. in Clinical Psychology, Emory University, Atlanta, GA
June 2009-July 2010	Clinical Internship, San Francisco VA Medical Center, San Francisco, CA
July 2010-June 2012	Post-Doctoral Fellowship in Traumatic Stress, Rush University Medical Center, Chicago, IL

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## BRIEF SUMMARY OF KEY SKILLS AND CURRENT WORK

**Key Leadership Skills:** Project Management, Leadership Development, Data Analysis, Policy Planning and Development, Collaboration and Communication

**Key Clinical Skills:** Feedback Informed Treatment, Supervision, Traumatic Stress and PTSD, Assessment and Treatment, Personality Pathology

## CURRENT APPOINTMENTS AND LEADERSHIP EXPERIENCE

Executive Director, Kentucky Psychological Association and Kentucky Psychological Foundation

Key Responsibilities: Manage staff, Execute Board Policy, Approximate Annual Budget: \$400,000

Co-Owner and Psychologist, Louisville Psychotherapy Group

Key Responsibilities: Manage clinic, supervise trainees, clinical treatment

Organizational Consultant, Workhaven

Key Responsibilities: Provide consultative services on leadership development and workplace functioning

Clinical Faculty, Department of Psychiatry, University of Louisville

Key Responsibilities: Supervise psychiatry residents on the practice of psychotherapy. Guest Lecture on topics related to treatment of Trauma and Personality Disorders.

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**Full Curriculum Vitae****CURRENT APPOINTMENTS**

October 2021-Current	Executive Director Kentucky Psychological Association Kentucky Psychological Foundation Louisville, KY
January 2021-Current	Co-Owner and Psychologist Louisville Psychotherapy Group Louisville, KY
July 2021-Current	Organizational Consultant Workhaven Louisville, KY
Aug 2015-Current	Clinical Faculty Department of Psychiatry University of Louisville Louisville, KY

**PREVIOUS APPOINTMENTS**

July 2010-June 2012	Instructor Department of Psychology Rush Medical College Chicago, IL
Jan. 2012-March 2012	Lecturer Northwestern University School of Continuing Studies Chicago, IL
Aug. 2012-July 2015	Assistant Professor Department of Psychiatry University of Louisville Louisville, KY
July 2015-February 2018	Program Manager, PTSD Clinical Team Evidence Based Practice Coordinator (Starting June 2016) Lexington VAMC Lexington, KY
February 2018-June 2021	Behavioral Health Operations Manager Passport Health Plan Louisville, KY

**CERTIFICATION AND LICENSURE**

June 2012-Current                      Licensed Clinical Psychologist (current, Kentucky license #130735)

**Awards**

2022                                      Karl F. Heiser APA Presidential Award for Advocacy

**PROFESSIONAL MEMBERSHIPS AND ACTIVITIES***American Psychological Association (Member)*

Division Memberships: State, Provincial, and Territorial Psychological Association Affairs (31)  
 Trauma Psychology (56)  
 Society for the Advancement of Psychotherapy (29)

2022-2024                      American Psychological Association, Policy and Planning Board (Member)  
 Chair (2024)

2021                                      APA Convention Program Chair, Division 31

Workgroup to Evaluate the Future of the Work of Governance and Volunteer Leadership  
 (Member)

2019                                      Workgroup for Families with Young Children Meeting (Member)

Jan 2016-Dec 2019              Committee on Early Career Psychologists, SPTA Representative;  
 Chair (2019)

*Other National*

Current                                  International Society for Traumatic Stress Studies (Member)

*Kentucky Psychological Association (Member since 2012)*

August-March 2013              Chair, Early Career Committee

March 2013-Dec 2016          Board of Directors; Early Career Representative

Jan 1 2017-Dec 2017              Board of Directors and Executive Committee; Secretary

Jan 1 2018-Oct 2020              Presidential Cycle; President-Elect, President, Past-President

*Other State/Local*

Current                      Louisville Psychotherapy Reading Group (Interdisciplinary consultation group)

## **OTHER PROFESSIONAL ACTIVITIES**

### *Ad Hoc Reviewer*

2014                      *Ad Hoc* Reviewer for International Journal of Cognitive Therapy; Psychotherapy; Journal of Nervous and Mental Disease

2015                      *Ad Hoc* Reviewer for Psychotherapy; Psychoanalytic Psychology

2016                      *Ad Hoc* Reviewer for Journal of Clinical Psychology; International Journal of Cognitive Therapy; Journal of Nervous and Mental Disease

2017                      *Ad Hoc* Reviewer for Journal of Clinical Psychology

2018                      *Ad Hoc* Reviewer for Journal of Clinical Psychology

2019                      Abstract Reviewer for International Society for Traumatic Stress Studies Annual Meeting

### *Other*

June 2014-July 2015      Advisory Board Member, The Center for Promoting Recovery and Resilience of Traumatized Children and Youth

Aug. 2015-Sept. 2016    Supervisor, Center for Mental Health Disparities, University of Louisville

## **PREVIOUS EDUCATIONAL ACTIVITIES**

### *Graduate Teaching*

Spring 2014, 2015                      "Special Topics in Psychotherapy "Termination"  
Course Instructor for 4<sup>th</sup> Year Psychiatry Residents  
Louisville, KY

July 2010-June 2012                      Physicianship Program  
Instructor  
Department of Psychology  
Rush Medical College  
Chicago, IL

### *Undergraduate Teaching*

Jan. 2012-March 2012                      Social Psychology  
Course designer, instructor  
Northwestern University School of Continuing Studies  
Chicago, IL

## **PREVIOUS CLINICAL ACTIVITIES**

July 2010-June 2012                      Clinician  
Rush University Medical Center  
Outpatient Psychotherapy Center

Aug. 2012-July 2015      Clinical Psychologist  
 University of Louisville Depression Center  
 Louisville, KY

## **GRANT FUNDING**

### **Kentucky Veterans Program Trust Fund**

June 2014-July 2015      \$75,000 Grant + \$15,000 Matching funds from University of Louisville: Total \$90,000  
 Establish and direct a Veterans treatment program within the University of Louisville Department of Psychiatry. Program focused on treating National Guard Veterans with PTSD, Depression, and other mental health difficulties.

### **Other Awards**

#### **Travel Award**

March 2014      Competitive Travel Award from the American Psychological Association to attend the State Leadership Conference as the Early Career Psychologist Representative from KPA.

## **PROGRAM DEVELOPMENT**

### **University of Louisville Depression Disease Management Program**

July 2014-June 2015      Director, Depression Disease Management Program.  
 Develop depression disease management program for employees and families covered by the University health plan.

### **Lexington Veterans Trauma Study**

August 2016-Feb 2018      Co-PI Lexington Veterans Trauma Study (PI: Christal Badour, Ph.D.)  
 Study currently in data collection focusing on refining the construct of moral injury.

### **Measurement Based Care Initiative**

Jan 2016-Feb 2018      Develop measurement-based care program for evaluating clinical effectiveness in an outpatient PTSD clinic at the Lexington VA

## **PUBLICATIONS**

### **Journal articles**

1. **Russ E**, Heim A, Westen D. Parental bonding and personality pathology assessed by clinician report. Journal of Personality Disorders. 2003; 17:522-36.
2. Bradley R, Greene J, **Russ E**, Dutra L, Westen D. A multidimensional meta-analysis of psychotherapy for PTSD. Am J Psychiatry. 2005;162(2):214-27.
3. **Russ E**, Shedler J, Bradley R, Westen D. Refining the construct of narcissistic personality disorder: Diagnostic criteria and subtypes. The American Journal of Psychiatry. 2008;165(11):1473-81.

4. Heath NM, Hall BJ, **Russ EU**, Canetti D, Hobfoll SE. Reciprocal relationships between resource loss and psychological distress following exposure to political violence: an empirical investigation of COR theory's loss spirals. *Anxiety, Stress & Coping*. 2011:1-17.
5. Gerhart, J.I., Ronan, G.F., **Russ, E.**, Seymour, B. The Moderating effects of Cluster B Personality Traits on Violence Reduction Training: A Mixed-Model Analysis. *Journal of Interpersonal Violence*. 2013. 28 (1): 45-61
6. Gerhart, J., Hall, B., **Russ, E.**, Hobfoll, S. Sleep Disturbances Predict Later Trauma-Related Distress: Cross Panel Investigation Amidst Violent Turmoil. *Health Psychology*. 2014. 33 (4): 365-72
7. Canetti, D., **Russ, E.**, Luborsky, J., Gerhart, J., Hobfoll, S. Inflamed by the Flames? The Impact of Terrorism and War on Immunity. *Journal of Traumatic Stress*. 2014. 27 (3): 345-352
8. Gerhart, James PhD\*; **Russ, Eric U.** PhD; Alonzi, Sarah BS; Hoerger, Michael PhD, MSCR<sup>†</sup> Shame in Response to Affective Expression and Its Relation to Social Anhedonia and Schizotypy Traits, *The Journal of Nervous and Mental Disease*: September 7, 2022, 210 (1): 54-60 doi: 10.1097/NMD.0000000000001412

### Books, book chapters, monographs

9. **Russ E.**, Shedler J. Subtypes of Narcissistic Personality Disorder. In: Ogrodniczuk JS, (Ed.); *Treating Pathological Narcissism*. Washington, D.C.: APA; 2013.
10. Thase, M., Wright, J.H., Friedman, E.S., **Russ, E.** Cognitive and Behavioral Therapies. In Tasman, A., Kay, J., Lieberman, J.A., First, M.B. (Eds); *Psychiatry*, 4<sup>th</sup> Ed. Wiley; 2015.

## ABSTRACTS AND PRESENTATIONS

### Oral presentations

#### National/International Meetings

1. **Russ, E.**, Bradley, R., & Westen, D. (2006). Refining the Narcissistic Diagnosis. Presentation as part of a symposium on "Refining the Antisocial, Borderline, Narcissistic, and Histrionic Diagnoses" Chair: Drew Westen, Ph.D. Annual Convention of the American Psychological Association, New Orleans, August.
2. **Russ, E.**, Bradley, R., & Westen, D. (2009). Personality Subtypes of PTSD Using the SWAP-II. Presentation as part of a symposium on "Understanding Personality Using the SWAP" Chair: Mark Hilsenroth, Ph.D. Society for Personality Assessment, Chicago, March.
3. **Russ, E.** (2013). Assessment and Treatment of Narcissistic and Borderline Personality Disorder: Empirical Evidence and Clinical Practice. University of Louisville Depression Center Annual Conference. Louisville. October.
4. Gambrel, R., Doherty, B., King, I., Hammond, N., Smedley, J., **Russ, E.** (2017) Early Career Psychologist Members- How to Attract Them, Keep Them, and Engage Them in Your Association. Practice Leadership Conference. Washington, D.C. March.
5. Burkman, K., **Russ, E.**, Pratchett, L., Lehrner, A., (2017) Using and Expanding Evidence Based Treatments to Address Moral Injury among Veterans. Annual Meeting of the International Society for Traumatic Stress Studies. Chicago. November.
6. McLeod, R., **Russ, E.**, Grant, N., Whittaker, V., Daniels, L., Clark-Harvey, L., (2018) Pathways to Advocacy. Practice Leadership Conference. Washington, D.C. March.
7. Buckman, L., **Russ, E.**, Korte, P., Luzier, J. (2018) Advocating for Changes in State Licensure Laws: Modeling the Model Licensure Act. Practice Leadership Conference. Washington, D.C. March.
8. Berry, C., Hewitt, A., **Russ, E.**, Ameen, E. (2018) Alternative Career Paths with a Psychology Degree. American Psychological Association. San Francisco. August.
9. Brown, K., Durvasula, R., Llamas, J., **Russ, E.**, McDaniel, S. (2018) Managing Leadership and Parenting Responsibilities As an ECP---Can I Have It All? American Psychological Association. San Francisco. August.

10. Evans, A., Kelly, J.F., Willner, L., **Russ, E.** (2019) Becoming Leaders for Integrated Advocacy- Making Use of Transferable Skills. Practice Leadership Conference. Washington, D.C. March.
11. **Russ, E.**, Skillings, J., Shullman, S.L., (2020) SPTAs as Leadership Laboratories: An Interactive Leadership Experience. Practice Leadership Conference. Washington, D.C. March.
12. **Russ, E.**, Ashton K., Richey, R., Carter, J. (2021) Work, Family and Leadership: Finding your Work-Life Flow in a Crisis. American Psychological Association. Virtual. August.
13. **Russ, E.**, Linder-Crow, J., Reeves, S., Reguindin, M. (2021), Leadership in Psychology During 2020: The View from State Associations. American Psychological Association. Virtual. August.
14. **Russ, E.**, (2021) Trauma and PTSD: Understanding and coping with chronic stress in the bleeding disorders community. Hemophilia Federation of America. Virtual. October.
15. Hintz, V., van der Hilst, M., **Russ, E.**, Loughran, T (2022). Teamwork and Tenets of APA's Equity, Diversity, and Inclusion Framework. APA Division 22 (Rehabilitation Psychology). Virtual. February

### Local Meetings

1. **Russ E.** (2012). Expanding Perspectives on Trauma and PTSD: Complex Trauma, Personality, and Implications for Psychotherapy. University of Louisville, Department of Psychology Colloquium. Louisville, October.
2. **Russ, E.** (2013). Psychological Interventions for Sleep Problems. University of Louisville, Department of Medicine Sleep Center, Louisville, June.
3. **Russ E.** (2013). Expanding Perspectives on Trauma and PTSD: Complex Trauma, Personality, and Implications for Psychotherapy. University of Louisville, Department of Psychiatry, Grand Rounds. Louisville, September.
4. **Russ, E.** (2014). Evidence Based Treatments for Depression. Kentucky Psychological Association. Continuing Education Workshop. Louisville. January.
5. **Russ, E.** (2015). Tips and Tools for Coping with Stress. University of Louisville Wellness Series. Louisville. March.
6. **Russ, E.** (2015). Assessment and Treatment of Narcissistic and Borderline Personality Disorder: Empirical Evidence and Clinical Practice. University of Louisville, Department of Psychiatry, Grand Rounds. Louisville, June.
7. **Russ, E.** (2015). Expanding Perspectives on Trauma and PTSD: Complex Trauma, Personality, and Implications for Psychotherapy. University of Kentucky, Department of Counseling Psychology, Colloquium. Lexington, October
8. **Russ, E.** (2017). Assessment and Treatment of Borderline and Narcissistic Personality Disorders: Empirical Evidence and Clinical Practice. Kentucky Psychological Association. Continuing Education Workshop. Louisville. September.
9. Stoops, W.W., Angyal, B., Hargons, C., Susman, D., Remer, P., **Russ, E.** (2018) Early Career Psychologists in APA and KPA Presentation as part of a symposium on "Hot Topics in APA" Chair: William Stoops, Ph.D. Annual Convention of the Kentucky Psychological Association. Lexington, October.
10. **Russ, E.** (2019) Introduction to Mindfulness. Passport Health Plan. Louisville. November.
11. Beal, J., **Russ, E.** (2020) Telehealth Overview. Webinar for statewide Provider Network, Passport Health Plan. Louisville. March
12. **Russ, E.**, McBride, K., Kniffley, S., Rogers, D.(2020) Coping, Management and Self-Care During a Dual Pandemic. Webinar for Kentucky Nonprofit Network. Louisville. July

### POSTERS

#### National/International Meetings

1. **Russ, E.**, Gapen, M., Castelberry, J., Crain, D., Bradley, R., Ressler, K. (2008). Impulsivity and PTSD in a Low-Income, Urban Community Sample. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies. Chicago. November.

2. **Russ, E.**, Gapen, M., Vitale, I., Bradley, B., Westen, D., (2009) Subtypes of PTSD in Adolescents Using the SWAP-II-A. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies. Atlanta. November.
3. **Russ, E.**, Bradley, B., Westen, D., (2010) Subtypes of PTSD Using the SWAP-II. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies. Montreal. November.
4. **Russ, E.**, Gerhart, J., Chesney, S.A., Wells, K., Hobfoll, S.E., (2012) Post-Traumatic Stress Disorder in Immune Functioning of Patients Undergoing Stem Cell Transplant. Meeting of the International Society for Traumatic Stress Studies. Los Angeles. November.
5. Gerhart, J., **Russ, E.**, Hobfoll, S.E., Johnson, R., (2012) Post-Traumatic Stress Disorder in Israeli and Palestinian Women: The propaganda is wrong. Meeting of the International Society for Traumatic Stress Studies. Los Angeles. November.
6. Cash, E.; Self, E.; Wilson, L.; **Russ, E.**; Bumpous, J.M. (2013). Anxiety, Depressive Symptoms, and Quality of Life in Newly Diagnosed Head and Neck Cancer Patients. Poster presentation at the American Academy of Otolaryngology – Head and Neck Surgery (AAO-AHNS) 117th Annual Meeting, September 29-October 2, Vancouver, BC.
7. Cash, E.; Rebholz, W.; Gettelfinger, J.; **Russ, E.**; Wilson, L.; Bumpous, J.M.; Sephton, S.E. (2014). Depressive Symptoms Predict Poor treatment Adherence and Response in Head and Neck Cancer. Poster presentation at the American Psychosomatic Society 72<sup>nd</sup> Annual Scientific Meeting, San Francisco, CA.
8. Cash, E.; Gettelfinger, J.; Rebholz, W.; **Russ, E.**; Wilson, L.; Sephton, S.E.; Bumpous, J.M. (2014). Depressive Symptoms Predict Poor Treatment Adherence and Response in Head and Neck Cancer. Paper presentation at the International Federation of Head and Neck Oncologic Societies 5th World Congress and American Head and Neck Society Annual Meeting, New York, NY, July 26-30.
9. Cash, E.; Gettelfinger, J.; Rebholz, W.; **Russ, E.**; Wilson, L.; Sephton, S.E.; Bumpous, J.M. (2014). Depressive Symptoms Predict Poor Treatment Adherence and Response in Head and Neck Cancer. Paper presentation at the International Federation of Head and Neck Oncologic Societies (IFHNOS) 5th World Congress and American Head and Neck Society (AHNS) Annual Meeting, New York, NY, July 26-30.
10. Gettelfinger, J.; Rebholz, W.; **Russ, E.**; Wilson, L.; Sephton, S.E.; Bumpous, J.M.; Cash, E. (2014). Depressive Symptoms Predict Poor Treatment Adherence and Response in Head and Neck Cancer. Paper presentation at the Kentucky Society for Otolaryngology Annual Meeting, August 1-2.