

Fayette County Public Schools-- Trauma Informed/ Trauma Sensitive Schools Implementation Plan

While FCPS has provided training related to the topic trauma-informed care in education as well as trauma-informed interventions for student support professionals over the course of the past 6 years, we are working to be more intentional in our efforts to support each school (along with our district as a whole) in becoming a trauma-informed system. The following outlines the work we have done to date and our plan moving forward.

2016-2020	<ul style="list-style-type: none"> • FCPS has partnered with the UK Center for Trauma & Children to develop training modules for Tier 1 Trauma Informed practices. • Student Support providers have received training in trauma-related interventions to promote healing for students. • Professional learning has been provided for teachers around becoming trauma-informed, secondary traumatic stress, and developing trauma supports in the classroom. • All new hires to the district receive an overview of the impact of trauma on students and the classroom.
August 2020	<ul style="list-style-type: none"> • All members of District Leadership received a 2-hour trauma informed practices training • All FCPS staff received a 2.5 hour Canvas Course related to Trauma-Informed Care
2021-2022 academic year	<ul style="list-style-type: none"> • FCPS Board approved the FCPS District Trauma Informed Care implementation plan • Cohorts of Student Support providers (counselors, mental health specialists, psychologists, & social workers) were provided opportunities to be trained in trauma symptom abatement treatment modalities and intervention curricula including: <ul style="list-style-type: none"> ○ Bounce Back ○ Sandtray Therapy ○ Eye Movement Desensitization and Reprocessing ○ Accelerated Resolution Therapy
August-November 2022	<ul style="list-style-type: none"> • Students in grades K-12 were screened with the DESSA-mini and DESSA High School Edition-Student Self Report to identify students in need of further SEL support. • Student Support teams are using the outcome of the above screening as part of their MTSS decision-making process. • Ongoing coaching for the integration of the screener data into the MTSS process is being provided by the district Student Support Team
Ongoing	<ul style="list-style-type: none"> • Professional Learning Opportunities are offered for FCPS staff

	with topics such as developing a trauma-informed educational practice; trauma-informed classroom management practices; incorporating mindful movement into your school; Restorative Practices; etc.
January 2023-June 2024	
Ongoing	<ul style="list-style-type: none"> • Schools may request trauma-informed practices professional learning for their staff • District-wide professional learning opportunities related to supporting students who have experienced trauma will be offered
February 2023	<ul style="list-style-type: none"> • The District Trauma Informed Care (TIC) Leadership Team will convene <ul style="list-style-type: none"> ○ Goals will be reviewed and developed ○ The team will meet quarterly ○ A FCPS trauma-informed practices training module will be developed to ensure consistency among trainers and a training of the trainer will be offered with a goal of having at least one trainer at each school by August 2024.
February-September 2023	<ul style="list-style-type: none"> • Cohorts of Student Support Professionals will be provided with extensive training in the following therapeutic interventions: <ul style="list-style-type: none"> ○ TARGET (Trauma Affect Regulation: Guide for Education and Therapy) ○ Family Adaptation of TARGET ○ Grief Counseling ○ Accelerated Resolution Therapy Train the Trainer ○ Accelerated Resolution Therapy training ○ Cognitive Behavioral Intervention for Trauma in Schools (CBITS) + Racial Trauma training ○ Too Good for Violence training ○ Teen Mental Health First Aid training ○ Youth Mental Health First Aid training
September 2023-September 2026	<ul style="list-style-type: none"> • Cohorts of staff will receive training in the following curricula and evidence-based interventions: <ul style="list-style-type: none"> ○ Motivational Interviewing ○ Mindfulness Foundations Training ○ Too Good for Drugs & Too Good for Violence curriculum training ○ Crisis Prevention Institute De-Escalation Training ○ Incredible Years (early childhood parenting education program) ○ Gang Resistance Education and Training (G.R.E.A.T.) for FCPS police ○ Sources of Strength Coaches Training

