

2022 GIRLS HIGH SCHOOL WRESTLING SUMMARY

USA WRESTLING HIGH GIRLS SCHOOL DEVELOPMENT COMMITTEE



COMMITTED TO SUPPORTING ATHLETES, COACHES & STATE ASSOCIATIONS IN THE PROCESS OF GROWING GIRLS WRESTLING



Photo Tom Horak NJ Advanced Media

JOAN FULP

joanfulp@gmail.com
Elementary Physical Educator
2017 National Wrestling Hall of Fame
California Chapter Inductee

ANDREA YAMOMOTO

ayamamoto96@gmail.com
1995 USAW World Team Member
Richland HS Wrestling Team
1986-1988

	Year of 1st Championship	State	Hydration 2021-2022	COVID	Hydration 2019-2020	NFHS 2018-2019	NFHS 2017-2018
1	2011	California	5467	COVID	6817	6,014	5,286
2	1999	Texas	3688	COVID	3554	4,421	3,869
3	2007	Washington	1906	COVID	2240	1864	1222
4	2019	Missouri	1733	COVID	1425	956	169
5	2022	Florida	1096	COVID	708	475	447
6	2023	Iowa	1022	COVID	571	204	210
7	2021	Utah	949	COVID	212	124	101
8	2019	Oregon	923	COVID	850	597	498
9	2022	Illinois	903	COVID	835	676	
10	2019	Arizona	889	COVID	891	481	295
11	2020	Kansas	858	COVID	972	276	215
12	2019	Georgia	816	COVID	650	427	239
13	2023	Ohio	746	COVID	449	224	292
14	2019	New Jersey	723	COVID	695	477	129
15	2022	Nebraska	695	COVID	186	168	125
16	2022	Michigan	652	COVID	495	327	376
17	2015	Tennessee	651	COVID	515	414	313
18	2021	Oklahoma	637	COVID	309	98	92
19	2024	North Carolina	594	COVID	379	232	189
20	2019	Colorado	582	COVID	357	140	386
21		Pennsylvania	565	COVID	229	202	160
22		New York	553	COVID	733	168	87
23	2022	Wisconsin	444	COVID	365	288	225
24	2022	Idaho	444	COVID	223	112	93
25		Indiana	398	COVID	149	259	217
26		Virginia	390	COVID	348	232	246
27	2020	New Mexico	381	COVID	296	154	136
28	2020	Arkansas	349	COVID	165	54	51
29		Kentucky	315	COVID	221	123	62
30	2021	Montana	315	COVID	77	40	32
31	2021	South Dakota	279	COVID	35	36	35
32	2014	Alaska	252	COVID	341	347	337
33	2022	North Dakota	250	COVID	46	27	20

34		Alabama	248	COVID	45	35	37
35	2022	Minnesota	234	COVID	142	20	20
36	2021	Nevada	220	COVID	191	124	123
37	1998	Hawaii	202	COVID	587	620	592
38	2020	Maryland	178	COVID	416	199	146
39		South Carolina	166	COVID	108	69	90
40	2020	Connecticut	162	COVID	146	131	98
41	2019	Massachusetts	105	COVID	140	126	103
42		West Virginia	98	COVID	63	47	43
43	2019	Maine	66	COVID	56	78	74
44	2023	Wyoming	56	COVID	36	22	20
45		Rhode Island	51	COVID	57	32	20
46		Louisiana	51	COVID	60	16	16
47		Delaware	37	COVID	29	11	25
48		New Hampshire	35	COVID	29	38	34
49		Vermont	15	COVID	0	9	3
50		Mississippi		COVID			
51		DC		COVID		7	

High School Girls Wrestling Participation Totals

Data from 1990-2019 is from the National Federation of State High School Associations. Beginning 2020, data in blue represents the National Wrestling Coaches Association's girls weight hydration numbers or directly from a state's interscholastic office.

Year	Participants	# Increase	%Growth
2022	33,228	4,576	16.09%
2021	COVID	COVID	COVID
2020	28,447	7,323	34.67%
2019	21,124	4,562	27.54%
2018	16,562	1,975	13.54%
2017	14,587	1,091	8.08%
2016	13,496	2,000	17.40%
2015	11,496	1,592	16.07%

2014	9,904	1,177	13.49%
2013	8,727	492	5.97%
2012	8,235	884	12.03%
2011	7,351	1,217	19.84%
2010	6,134	109	1.81%
2009	6,025	498	9.01%
2008	5,527	479	9.49%
2007	5,048	73	1.47%
2006	4,975	641	14.79%
2005	4,334	326	8.13%
2004	4,008	239	6.34%
2003	3,769	364	10.69%
2002	3,405	373	12.30%
2001	3,032	558	22.55%
2000	2,474	113	4.79%
1999	2,361	454	23.81%
1998	1,907	278	17.07%
1997	1,629	465	39.95%
1996	1,164	360	44.78%
1995	804	21	2.68%
1994	783	379	93.81%
1993	404	91	29.07%
1992	313	181	137.12%
1991	132	20	17.86%
1990	112		

Permission is granted by the authors for use of these materials or presentation and must include the following citation:

Source: USA Wrestling Girls High School Development Committee Co-Chairs Joan Fulp and Andrea Yamamoto



We would like to thank the National Wrestling Coaches Association (NWCA) for providing girls high school hydration data for 2020-2022.

For those states not using the NWCA Optimal Performance Calculator, participation numbers have been provided by State Interscholastic Athletic Association offices.

Permission is granted by the authors for use of these materials or presentation and must include the following citation:

Source: USA Wrestling Girls High School Development Committee Co-Chairs Joan Fulp and Andrea Yamamoto