

Fall	Cross Country	Field Hockey	Football	Golf	Soccer	Volleyball
Number Regular Season Contests	13	24	10	20 rounds	21	35
First team practices	7/15/22	7/15/22	7/10/22 Helmets 7/22/22 Shells 8/1/22 Full Gear	7/15/22	7/15/22	7/15/22
First scrimmages	7/16/22	7/16/22	8/5/22 Restricted 8/12/22 8/19/22	7/16/22	7/16/22	7/16/22
Opening Day	8/15/22	8/15/22	8/19/22	7/22/22	8/8/22	8/15/22
Seeded District/Region Game Deadline		10/12/22	10/22/22		9/28/22	10/12/22
Scheduled Start of District (postseason)			11/4/22 (1)		10/3/22	10/17/22
Permitted Start of District (w/agreement)			11/3/22 (1)		10/1/22	10/15/22
Finish-by Date for District			11/5/22 (1)		10/8/22	10/22/22
Scheduled Start of Region	10/17/22	10/15/22	11/18/22	9/19/22	10/10/22	10/24/22
Permitted Start of Region (w/agreement)	10/15/22	10/14/22	11/17/22	9/17/22	10/8/22	10/22/22
Finish by Date for Region	10/22/22	10/19/22	11/19/22	9/21/22	10/15/22	10/29/22
First Rounds State / Semi-State		10/20/22	11/25/22	9/26/22	10/17/22	10/31/22
Semi-State / First Round State Finish		10/20/22	11/26/22	9/28/22	10/18/22	10/31/22
Permitted Start of SS/1st Round (w/agreement)			11/24/22	9/26/22		
State Tournament Start (Final Rounds Site)	10/28/22	10/22/22	12/2/22	10/3/22	10/26/22	11/3/22
State Tournament Semifinals Complete		10/22/22			10/27/22	11/4/22
State Tournament Finals/End	10/29/22	10/24/22	12/3/22	10/8/22	10/29/22	11/4/22

(1) districts cross-bracketed for 2022 to 2026

Winter	Basketball (B)	Basketball (G)	Swimming (2)	Wrestling	Bowling	Cheer	Dance	Esports
Number Regular Season Contests	30	30	15	17 weigh-ins				
First team practices	10/15/22	10/15/22	10/1/22	10/15/22	10/1/22	7/15/22 w/ stunt phase-in	7/15/22	
First scrimmages	10/16/22	10/16/22	10/2/22	10/16/22	10/2/22			9/5/22
Opening Day	11/28/22	11/28/22	11/7/22	11/21/22				9/26/22
Seeded District/Region Game Deadline	2/15/23	2/15/23						11/14/22
Scheduled Start of District (postseason)	2/20/23	2/20/23						11/28/22
Permitted Start of District (w/agreement)	2/18/23	2/18/23						
Finish-by Date for District	2/25/23	2/25/23						
Scheduled Start of Region	2/27/23	2/27/23	1/30/23	2/6/23	1/16/23	11/4/22	11/12/22	
Permitted Start of Region (w/agreement)	2/25/23	2/25/23	1/30/23	2/4/23	1/14/23	11/4/22	11/11/22	
Finish by Date for Region	3/7/23	3/5/23	2/4/23	2/11/23	1/31/23	11/12/22	11/13/22	12/9/22
First Rounds State / Semi-State				2/17/23				12/12/22
Semi-State / First Round State Finish				2/18/23				
Permitted Start of SS/1st Round (w/agreement)				2/17/23				
State Tournament Start (Final Rounds Site)	3/15/23	3/8/23	2/16/23	2/24/23	2/6/23	12/9/22	12/11/22	
State Tournament Semifinals Complete	3/18/23	3/11/23						
State Tournament Finals/End	3/18/23	3/11/23	2/18/23	2/25/23	2/8/23	12/10/22	12/11/22	TBD

(2) Diving may be contested prior to swimming in various regions, and will be first day of state level in entirety

Spring	Baseball	Softball	Tennis	Track	Archery	Bass Fishing	Esports
Number Regular Season Contests	36	36	22	19			
First team practices	2/15/23	2/15/23	2/15/23	12/1/23			
First scrimmages	2/16/23	2/16/23	2/16/23	12/2/23			1/30/23
Opening Day	3/13/23	3/13/23	3/6/23	1/9/23			2/20/23
Seeded District Game Deadline	5/10/23 (3)	5/10/23 (3)					4/10/23
Scheduled Start of District (postseason)	5/15/23	5/15/23					4/17/23
Permitted Start of District (w/agreement)	5/13/23	5/13/23					
Finish-by Date for District	5/20/23	5/20/23					
Scheduled Start of Region	5/22/23	5/22/23	5/15/23	5/15/23	3/6/23	4/29/23	
Permitted Start of Region (w/permission)	5/20/23	5/20/23	5/13/23	5/13/23	3/6/23	4/29/23	
Finish by Date for Region	5/29/23	5/29/23	5/25/23	5/24/23	3/25/23	4/29/23	4/28/23
First Rounds State / Semi-State							5/1/23
Semi-State / First Round State Start	6/1/23	6/1/23					
Semi-State / First Round State Finish	6/3/23	6/3/23					
State Tournament Start	6/10/23	6/10/23	5/30/23	6/1/23	4/18/23	5/12/23	
State Tournament Semifinals	6/9/23	6/9/23	6/1/23				
State Tournament Finals	6/10/23	6/10/23	6/1/23	6/3/23	4/18/23	5/13/23	TBD

(3) Wednesday prior to first day of district based on district tournament schedule