

BCPS Field Trip Request ID # 12537

Trip Request By	Joshua Williams - CES
Trip Name	21st Century Health and Nutrition Week
Trip Date	06-17-2022
Approx. Pick-up Time	9:00AM
Return Date	06-17-2022
Approx. Return Time	2:00PM
Class/Group	21st Century 1st-5th Grade Students
Student Count	60
Chaperone Count	10
Number of Vans/Buses	2
Common Carrier	Miller Transportation
Cost to Students	0
How will you pay for students who cannot afford the fee?	The 21st Century Program will cover all student costs for each week of camp for all field trips and activities.

Place of Departure

Name:	Crossroads Elementary
Address:	156 Erin Circle
City:	, MOUNT WASHINGTON
State:	KY

Destination

Name:	DEFY
Address:	100 Urton Ln,
City:	Louisville
State:	KY

Lesson Plans

FIELD TRIP LESSON PLAN

EXPLAIN THE EDUCATIONAL VALUE AND INTENTIONAL CONNECTION TO PERFORMANCE GOALS AND PERFORMANCE INDICATORS, AS OUTLINED IN YOUR GRANT APPLICATION: (Please attach all curriculum and educational materials associated with this trip)

Objectives 2.1 and 2.4

Daily fitness activities will be provided to our students to allow them the opportunity to have a balanced day of learning. At Crossroads we will focus on creating healthy habits, and wellness opportunities to give our students experiences that they may not usually receive during summer break. This will allow us to

provide the students with the necessary tools to continue on a positive wellness track once we return for a new school year.

THROUGH THIS ACTIVITY, STUDENTS WILL BE ABLE TO

- Our second week of camp is based on Health and Fitness. Through this week our reading and math groups will focus more on understanding the challenges that we all face through our journey of health and fitness as we get older. Students will have the chance to work in a group that allows them to understand fractions and other concrete numbers that allow them to have a healthier lifestyle when it comes to eating.
- Our second week will also focus on many different obstacle courses, team challenges, and other healthy options to allow our kids to be active throughout the week. This will prepare us for our field trip on Friday, which will allow our students to be on well-designed obstacle courses, as well as work together as a team to complete these challenges at school, and at DEFY on Friday.

HOW DOES THIS ALIGN WITH THE SCHOOL DAY? (A minimum of 2 Kentucky Academic Standards required)

- Standard 1: Explore and apply different combinations of locomotor and non-locomotor skills and movements alone and with others at different levels, in different directions, and in game-like situations with and without equipment.
- Standard 2: Combine spatial concepts with combination movements and apply speed, endurance and force in activities and game-like situations with offensive and defensive strategies.
- Standard 3: Identify opportunities for and the importance of participating in daily physical activity and balancing that activity with daily nutrition.
- ? Identify factors that motivate daily participation in physical activity, and record progress toward daily activity recommendations.

PLEASE SUBMIT AN AGE-APPROPRIATE ASSESSMENT WITH A LESSON PLAN:

- We will do both a reading and math assessment at the beginning and end of summer camp that will be based upon our curriculum for summer camp. All of my teachers are working to create a plan, that will then be approved by me before we create the assessments for our kids. Our main goal this summer is to seek out more ways to help improve all students, as well help our students that are in the bubble of being an apprentice to proficient in both reading and math.

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