

WELLNESS REPORT CARD

BOONE COUNTY SCHOOLS

2021-2022



SAFETY PROTOCOLS FOR COVID-19

TEST TO STAY FOR 2021-2022

Schools are an essential part of community infrastructure and in-person instruction for K-12 students is a priority. Our schools have chosen to adopt an optional modified strategy for managing COVID-19 exposures in the school setting.

CDC guidelines emphasize the implementation of layered prevention strategies to protect students, teachers, and staff, which includes isolation of persons who test positive for COVID-19 as well as tracing of their close contacts and quarantine of unvaccinated contacts. This approach by Boone County Schools is a “test to stay” strategy to allow unvaccinated students who are exposed to COVID-19 at school to continue in-person instruction only with repeated negative COVID-19 testing.



Food Service Specific Safety Protocols

Child/School Nutrition has continued to follow safety protocols in-regards to the pandemic. Staff follow standard operating procedures regarding food safety as well as additional Covid safety procedures. This includes but it not limited to wearing masks, social distancing, providing barriers and additional disinfecting of surface and high contact areas.

ALL MEALS PROVIDED AT NO COST FOR STUDENTS



School year 2020-21 while students were remote, meal service was provided via curbside meal pick-up. Upon students returning to school in-person, they were provided meals at their school site on a daily basis.

In August 2021 based on the continuation of the pandemic, USDA provided a waiver to allow Child Nutrition Programs to utilize the Seamless Summer Option instead of the National School Lunch Program. This program provides all students access to a free breakfast and lunch daily. This waiver will continue through May 2022.



PANDEMIC CHALLENGES

School meal programs have been greatly affected by the pandemic issues regarding product and staffing shortages. Menus are planned, posted and products are ordered in advance.

However, with the many challenges regarding food production and distribution, there have been product shortages. These shortages may lead to a change in the daily menu. Some items may be changed to a different day, substituted and/or not provided at all.

Even though specific menu items might be affected as listed above, specified meal components will still be offered.

PHYSICAL ACTIVITY

weekly physical education classes, daily recess, and encouragement of healthy snack choices

track and field, jump rope for heart, and fitnessgram fitness test during PE class.

Active Bobcats, Strings, Sign Language, Gardening, Basketball, Cheerleading, Chorus, Field Day x2, PE class, recess

Our students have 45 minutes, one time per week. Students also have health one time per week and discuss healthy habits for mind, body, and spirit.

The students take part in activities that fulfill the nutrition curriculum both in their homeroom and physical education classes.

Walking clubs, pickleball, physical activity GAP classes, GMS annual 5K, Girls on the Run, archery, baseball, basketball, cheer, dance, cross country, drama club, intramural basketball, marching band, soccer, softball, track, tennis, volleyball

GOALS MET 2021-2022

Meal participation has increased at all schools with all meals being provided at no charge for all students the entire school year.

We have been able to work with staff in schools to grow the wellness committees and create strategic plans to encourage wellness at each school.

Not only physical wellness but mental wellness in schools has been a big initiative this school year. School staff and district staff have worked together to create programs and offer services to promote wellness for all employees.

GOALS FOR 2022-2023

Maintain a strong social media presence for our students and families to stay up to date on everything happening in the food service department at their schools.

Gather responses from each of our schools to get a better grasp on the needs at each school and to assist in wellness initiatives as much as possible.

Participate in more Kentucky Proud programs and support more local food sources to encourage a stronger community presence from our school cafeterias.

Stephanie Caldwell, FSD, SNS

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