



Kenton County School District | *It's about ALL kids.*

**THE KENTON COUNTY BOARD OF  
EDUCATION**

1055 EATON DRIVE, FORT WRIGHT, KENTUCKY  
41017

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Dr. Henry Webb, Superintendent of Schools

**KCSD ISSUE PAPER**

**DATE:** January 24, 2019

**AGENDA ITEM (ACTION ITEM):**

Receive the nutrition and physical activity report.

**APPLICABLE BOARD POLICY:**KRS 158.856 and 702 KAR 6:090

**HISTORY/BACKGROUND:** The attachment is an overview of the districts physical education, wellness, and nutrition.

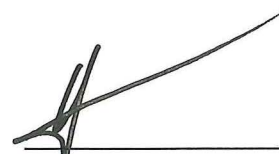
**FISCAL/BUDGETARY IMPACT:** not applicable

**RECOMMENDATION:** not applicable

**CONTACT PERSON:** Elizabeth Hord, Director Student Nutrition

  
Principal

  
District Administrator

  
Superintendent

Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda.  
Principal—complete, print, sign and send to your Director. Director—if approved, sign and put in the Superintendent's mailbox.

**Kenton County Board of Education**

Board Members: Carl Wicklund, Chairperson Karen L. Collins, Vice Chairperson Carla Egan Shannon Herold Jessica Jehn  
"The Kenton County Board of Education provides *Equal Education & Employment Opportunities.*"



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## ***Nutrition & Physical Activity Report***

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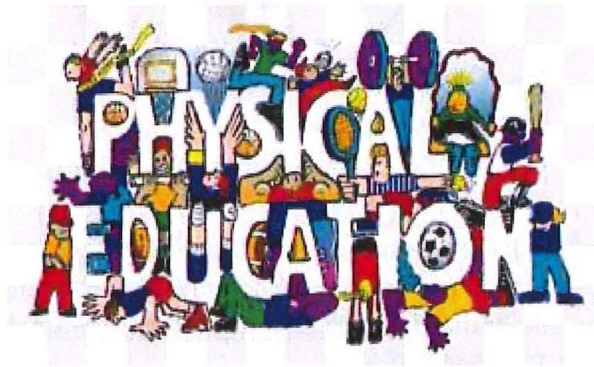
This brochure is provided in compliance with KRS 158.856 and 702 KAR 6:090 as an overview of the nutritional and physical activity currently available in the Kenton County School District.



All seventeen Kenton County Schools participate in the National School Breakfast and Lunch Program. School meals must meet minimum nutrition standards:

- ✓ Weekly fruit offerings
- ✓ Weekly vegetable offerings
- ✓ Whole grain offerings
- ✓ Fluid Milks Offering
- ✓ Minimum and maximum calorie offerings
- ✓ Saturated fat limits
- ✓ Trans fat limits
- ✓ Sodium Limits

The meals served to students meet or exceed the nutrient standards. In addition to the average 11,447 meals served daily all food sold as a la carte meets and exceeds the nutrition requirements.



Students in K-5 schools have physical education 4-5 days a week in which the curriculum aligns to the Kentucky Core Academic Standards for physical education.