

**DATE:**

October 22, 2021

**AGENDA ITEM (ACTION ITEM):**

Receive the annual Nutrition and Physical Activity Report

**APPLICABLE BOARD POLICY:**

KRS 158.856 and KRS 160.345

**HISTORY/BACKGROUND:**

The annual Nutrition and Physical Activity Report has been created by the District to evaluate strengths and areas for growth in both nutrition and physical activity. This report is published on the district website and public input is requested. The input received is then used to strengthen the school meals program and district wellness policies.

**FISCAL/BUDGETARY IMPACT:**

None

**RECOMMENDATION:**


Receive the annual Nutrition and Physical Activity Report

**CONTACT PERSON:**

Elizabeth Hord and Paula Rust

  
\_\_\_\_\_  
Principal/Administrator

  
\_\_\_\_\_  
District Administrator

  
\_\_\_\_\_  
Superintendent

*Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda*

*Principal – Complete, print, sign and send to your Director. Director – if approved, sign and put in the Superintendent's mailbox*

# NUTRITION & PHYSICAL ACTIVITY REPORT



# 2020-2021 IN REVIEW:

During the 2020-2021 school year meals were served in the cafeteria, classrooms, gymnasiums, and common areas. Student Nutrition was handing out meals during the school day and evenings during the week to synchronous learning students. Further, through the help of our transportation department buses helped Student Nutrition deliver meals.



**1,301,770** meals were served during the 2020-2021 school year. Despite several closures to in person learning Student Nutrition averaged over 7,000 meals per school day.

## The KCSD and COVID-19

Gov. Beshear recommends that all KY schools suspend in-person classes until at least Sept. 28

**8.24.20**

KCSD students return to in-person school utilizing the A/B rotational model for grades 4-12. The KCSD implements our COVID-19 Data Dashboard to track cases in our schools.

**11.2.20**

Per the Governor's recommendation, all KCSD schools close to in-person learning for the rest of 2020. Students again utilize synchronous instruction

**1.6.21**

Schools begin bringing all students back to in-person instruction after all schools remain in the "green" phase. All schools are able to remain in-person for the rest of the school year

**8.10.20**

KCSD students begin the 2020-21 school year utilizing the synchronous model, with students learning at

**9.28.20**

KCSD implements our random COVID-19 testing program after cases in Kenton County reach the "critical"

**11.23.20**

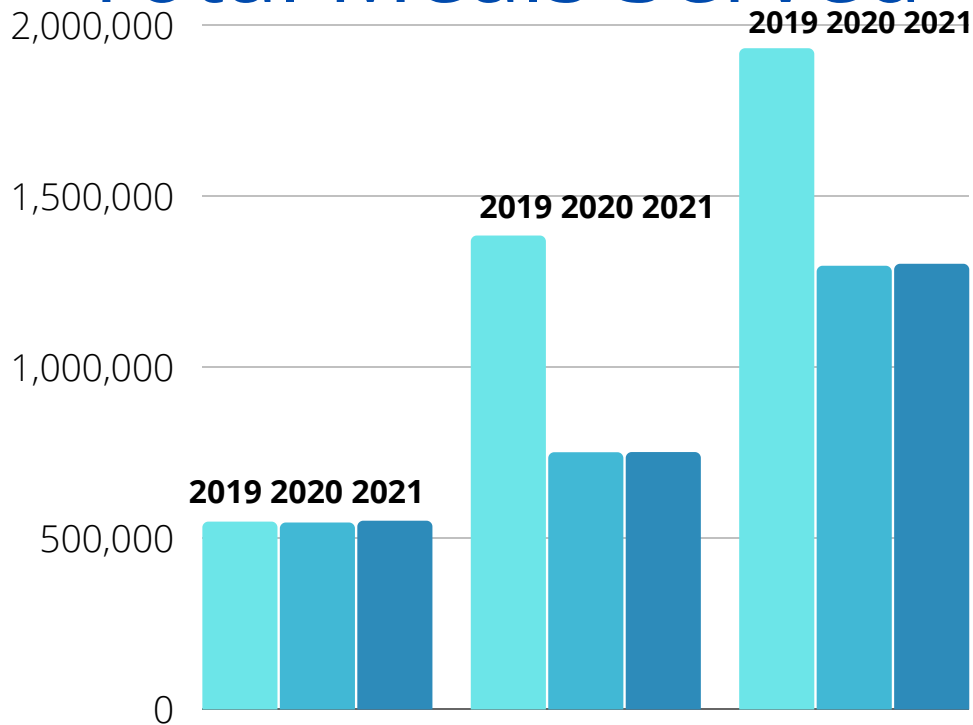
KCSD students return to in-person instruction utilizing the A/B rotational model

**1.20.21**



# THE COVID-19 IMPACT

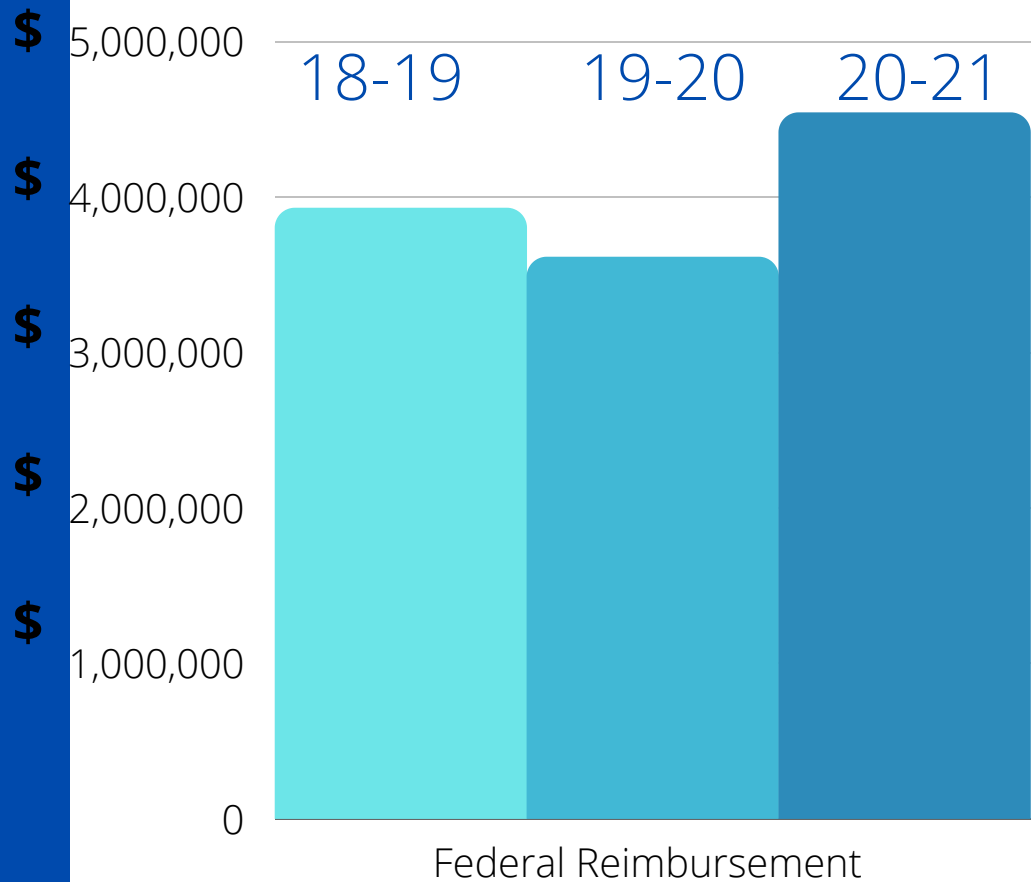
## Total Meals Served



Nearly 2 million meals were served during the 2018-2019 school year. In comparison, when schools closed to in person learning in March of 2020 Student Nutrition changed the meal service environment but served nearly 600,000 less meals during the school year compared to the 2018-2019 school year. Through multiple meal service environments Student Nutrition served 1,301,770 meals during the 2020-2021 school year.

# THE COVID-19 IMPACT

## Total Federal Reimbursement



Despite the lower participation in school lunch the district received more in Federal Reimbursement than the previous two school years. With the higher reimbursement rate and the different meal pattern requirements Student Nutrition remained fiscally solvent.

# NUTRITION

COVID-19 has impacted the meal service environment but students are still offered a well balanced breakfast and lunch daily. Meals are served under the Seamless Summer Option (SSO) making both breakfast and lunch free to all students.

Breakfast participation is up nearly 20% compared to the number of student eating breakfast pre-pandemic. Rather, on average, an additional 828 breakfast are served daily in the Kenton County School District compared to the fall of 2019.

During lunch students are offered more fresh produce than ever before. The students have a variety of new menu items to choose from such as Asian chicken crunch wrap, blushing pears, spicy cobb shaker salad, and many more.



# PHYSICAL ACTIVITY

## **In Kenton County School District:**

- **Staff is collaborating to grow and strengthen the wellness committees that have already been created.**
- **Active play is encouraged both inside and outside of the building at all elementary schools in the district**
- **Lesson plans reflect the moderate to vigorous physical activity in the classroom.**



**THE LOCAL SCHOOL WELLNESS POLICY (LSWP) IS AN OPPORTUNITY TO ADDRESS SCHOOL LEARNING ENVIRONMENTS AND TO BEST EQUIP DISTRICTS AND SCHOOLS TO EQUITABLY ADDRESS THE NUTRITIONAL AND PHYSICAL ACTIVITY NEEDS OF ALL STUDENTS.**