**Board Memo**

**DATE:** 8/31/2021

**AGENDA ITEM DETAILS:**

**School/Department**

Student Services/ Conner High School

**Product Vendor or Grant Issuer**

Cincinnati Children's Hospital/1N5

**Product or Grant Name**

Adapting for Life Program through the KY GREER Grant

**Date/Term (Beginning and End Dates/Year)**

SeptemberKY GREER 2021-June 2022

**APPLICABLE BOARD POLICY:**

09.22 & 10.3

**DESCRIBE USE OF CONTRACT/PURCHASE/AGREEMENT**

Adapting for Life program instructs 9th grade students on the importance of mental health and wellness and offers them healthier behaviors and adaptive coping strategies, so students may lead healthier lives.

The program covers a variety of topics and is structured as a four-day experience that begins with student observation and awareness and moves them towards creating a plan for tackling stress and other life challenges. Information is provided to students through different modalities such as group activities, mindfulness exercises, individual reflection, and more. It also aims to provide a holistic, integrated program by connecting parents and educators to resources on children and adolescent mental health.

**FUNDING FOR PURCHASES AND OTHER REQUESTS:**

**Total Cost**

No Cost to us

**Funding Source**

KY GREER GRANT

**\*If more than one funding source, list below along with amount or percent for each source**

NA

**IF THIS IS A GRANT, ENTER AMOUNT TO BE AWARDED:**

NA

**RECOMMENDATION:**

I recommend the board approve the Cincinnati Children's Hospital Adapting for Life program Agreement, as presented.

**CONTACT PERSON: (submitter)**

Kathleen G. Reutman