

# **Issue Paper**

### <u>DATE</u>: May 24, 2021

### **AGENDA ITEM (ACTION ITEM):**

Consider/Approve the Kenton County School District Trauma Informed Care Plan as required by KRS 158.4416.

#### **APPLICABLE BOARD POLICY:**

01.11 General Powers and Duties of the Board

#### HISTORY/BACKGROUND:

KRS 158.4416, requires each local board of education to develop a plan for implementing a trauma-informed approach in its schools by July 1, 2021. At a minimum, the plan shall include strategies for: Enhancing trauma awareness throughout the school community; Conducting an assessment of the school climate, including, but not limited to, inclusiveness and respect for diversity; Developing trauma-informed discipline policies; Collaborating with the Kentucky State Police, the local sheriff and the local chief of police to create procedures for notification of trauma-exposed students; and Providing services and programs designed to reduce the negative impact of trauma, support critical learning, and foster a positive and safe school environment for every student. The Kenton County School District began integrating a trauma informed care approach in schools during the 2017-2018 school year. The Trauma Informed Plan developed for the district plan is aligned to the 5 Goal Areas identified in KRS 158.4416. The Trauma Informed Care Plan captures existing initiatives and programs the KCSD was already implementing to support the ongoing development of trauma informed practices among all staff members..

# FISCAL/BUDGETARY IMPACT: 0.00

#### **RECOMMENDATION:**

Approval to approve the Kenton County School District Trauma Informed Care Plan as required by KRS 158.4416.

#### **CONTACT PERSON:**

Tara Drysdale, Assistant Superintendent

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Superintendent

**Principal/Administrator** 

Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda. Principal –complete, print, sign and send to your Director. Director –if approved, sign and put in the Superintendent's mailbox.



Kenton County School District Trauma Informed Care Plan 2021-2022

The KCSD defines Trauma Informed Care as understanding the role that painful, distressful events and victimization play in the lives of youth, and how trauma exposure affects development and overall academic, social, psychological, familial, and physiological functioning.

*The KCSD understands* a trauma informed approach fosters structures that create safe and supportive learning environments through proactive, responsive, and restorative strategies and interventions.

*History of Trauma Informed Care in the KCSD*: During the 2017-2018 school year, district office staff members were trained in Trauma Informed Care through Project Aware: Trauma Informed Care for Educators led by the University of Kentucky Center on Trauma and Children. Beginning in 2018 and continuing through today, the team began trauma-informed care trainings during district leadership which were shared with teachers at the school level. During the 20-21 school year, training expanded to new teacher orientation, secretaries, nurses, maintenance, and cafeteria staff as part of their beginning of the year training.

Our PURPOSE with the development of a Trauma Informed Care plan is to:

- Deepen the knowledge and understanding of the impact of trauma on students in our community
- Equip all stakeholders with the tools they need to support all students in the Kenton County School District

Goal #1. Enhancing frauma Awareness fill oughout the school community		
Area of Focus	Action Step	Action(s) (e.g., who, what, by when)
On-going Training for all Stakeholders	Development of a training plan which includes summer training for nurses, secretaries, maintenance, transportation, new teachers, counselors, FRYSCs, and district leadership-	<ul> <li>Mental Health Consultant and Behavior Consultant throughout the 21-22 school year</li> <li>School Administrators will take District Leadership trainings back to their teachers</li> </ul>
Implementation of Trauma Informed Care Teams	<ul> <li>This team will be embedded in the work of the existing school level threat assessment team</li> <li>Develop expectations for school level threat assessment teams</li> </ul>	<ul> <li>Assistant Superintendent of Student Services</li> <li>Director of District Wide Programs</li> <li>Mental Health Consultant and Behavior Consultant</li> </ul>

## Goal #1: Enhancing Trauma Awareness Throughout the School Community

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<ul> <li>Training for teams will be provided in Septer 2021</li> <li>On-going assessment of how teams are functioning will occur throughout the 21-22 school year and inform decisions around on-going and additional training</li> </ul>	School Counselors

Goal #2: Assess School Climat Area of Focus	ate, Including, Inclusiveness and Respect for Diversity         Action Step         Action(s) (e.g., who, what, by when)	
KPREP 21 <u>Climate and Safety</u> <u>Survey Questions</u>	<ul> <li>Analysis of results at the school level when results are received</li> <li>Based on results, schools will identify at least one priority area and a plan to address it for the remainder of the school year</li> </ul>	School threat assessment teams
School Diversity Plans ( <u>Desired State Maps Created by</u> <u>Schools</u> )	To build upon the momentum of the district's Make It Plain training, the schools' will monitor the action steps that were outlined in their school's existing state vs. desired state maps around diversity and inclusion	<ul> <li>Director of District Wide Programs</li> <li>Administrators</li> </ul>

Goal #3: Develop Trauma- Informed Discipline Policies	Goal #3:	Develop	<b>Trauma-Informed</b>	<b>Discipline Policies</b>
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Area of Focus	Action Step	Action(s) (e.g., who, what, by when)
Establish a Trauma Informed Care Team at the District Level with a Core team of central office staff and a larger team with additional stakeholders	Core Team will review district policies and data through trauma lense monthly and Provide input into district level training plan Core team will report of work and receive input from the larger group Quarterly	<ul> <li>Core team Trauma Informed Care members will be DPP, mental health consultant, behavior consultant, Director of Districtwide Programs, Assistant Superintendent of Student Services, representative from special education</li> <li>Trauma Informed Care Team will be made of the core team in addition to a school psychologist, a counselor from each level, student and parent from each level, KEA teacher representation, administrator from each level</li> </ul>
Review Existing Discipline Policies in the Code of Expected Behavior applying a Trauma Informed Lens	Create a timeline of discipline policy review with dates and times policies will be reviewed by Core Team and shared with Trauma Informed Care Team	<ul> <li>Director of Pupil Personnel</li> <li>Trauma Informed Care Team</li> </ul>
Regular Analysis of Behavioral and Terrace Metrics data	Behavior data analyzed by Core Team monthly, shared with larger team quarterly-Terrace Metrics data is analyzed and shared after each testing session Behavior data is analyzed to determine if any school-wide supports need to be adjusted and to identify students who have repeated offenses to determine if these students need to be connected to interventions in addition to analysis by subgroups.	<ul> <li>Director of Pupil Personnel</li> <li>Director of District Wide Programs</li> <li>Behavior Consultant</li> <li>Mental Health Consultant</li> <li>School Threat Assessment/Trauma Informed Care Teams</li> </ul>

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	Terrace Metrics data is analyzed at school level to determine if tier 1 supports need to be adjusted and priority 1 students are discussed by the school MTSS team to determine if the student needs to be placed in an intervention	
Monitoring Implementation of PBIS with fidelity at the school level	Review of school level PBIS Plans Individual support for PBIS implementation based on behavior data	<ul> <li>Assistant Superintendents</li> <li>Director of District Wide Programs</li> <li>Behavior Consultant</li> </ul>

Goal #4: Collaborate with Law Enforcement to Enhance Trauma Informed- School Culture		
Area of Focus	Action Step	Action(s) (e.g., who, what, by when)
Handle with Care Program	Continue collaboration with local law enforcement agencies in implementation of the program	<ul> <li>District Safety Officer</li> <li>School Resource Officers</li> <li>Local Law Enforcement</li> </ul>
Training for SRO officers in Trauma Informed Care	Include trauma informed care topics in SRO meetings at least twice per year	<ul> <li>District Safety Officer</li> <li>Mental Health and Behavior Consultant</li> </ul>

Goal #5: Provide Services and Programs to Reduce the Negative Impact of Trauma, Support Critical Learning, and Foster a Positive and Safe School Environment for Every Student

Area of Focus	Action Step	Action(s) (e.g., who, what, by when)
Every Student has an Adult Advocate	Continued implementation of school plans to ensure every student has an adult advocate and relationship with a caring adult in the building	<ul> <li>Assistant Superintendents</li> <li>Director of District Wide Programs</li> <li>Mental Health Consultant and Behavior Consultant</li> </ul>
Training around identifying trauma impacted students and evidence based interventions for trauma impacted students	training of school counselors, social workers, and Kenton Therapeutic Program (KTP) staff to identify students specifically impacted by trauma and evidence based interventions for trauma impacted students	<ul> <li>Director of District Wide Programs</li> <li>Mental Health Consultant and Behavior Consultant</li> </ul>
Implementation of MTSS	Continued implementation of tiered interventions for mental health and social emotional learning	<ul> <li>Assistant Superintendents</li> <li>Administrators</li> </ul>
Kenton Therapeutic Program (KTP)	continue providing Tier 2 and Tier 3 support for students whose trauma background and mental health impact them at school	<ul> <li>Director of District Wide Programs</li> <li>Administrators</li> <li>KTP teachers</li> <li>KTP social workers</li> </ul>
Tier 1 SEL curriculum provided in all schools	Continued implementation of Tier One SEL curriculum in all schools during a dedicated block of time	<ul> <li>Assistant Superintendents</li> <li>Director of District Wide Programs</li> <li>Mental Health Consultant</li> </ul>