Whole School Whole Community Whole Child: A Conversation

Kentucky State Board of Education Meeting

June 2, 2021





Today's Objectives

- Understand the implications of healthier students being better learners
- Explain the Whole School, Whole Community, Whole Child (WSCC) framework
- Identify key strategies and resources to implement WSCC

Kentucky's Healthy Schools Team

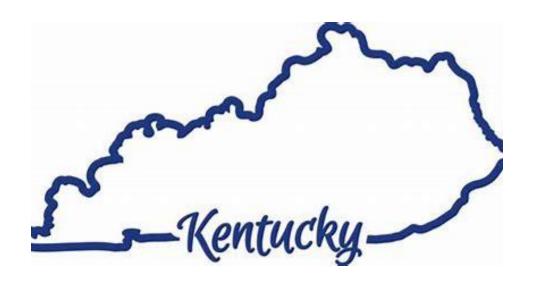
Kentucky Department of Education

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CDC Cooperative Agreement



- June 2018 June 2023
- Focus Areas
 - Physical Education/Activity
 - Nutrition
 - Management of Chronic Conditions and Out-of-School Time
- Strategies
 - Infrastructure Development
 - Professional Development and Training
 - Technical Assistance

Educational Progress Quote

"No matter how well teachers are prepared to teach, no matter what accountability measures are put in place, no matter what governing structures are established for schools, educational progress will be profoundly limited if students are not motivated and able to learn."

School Health Quote

"Though rhetorical support is increasing, school health is currently not a central part of the fundamental mission of schools in America nor has it been well integrated into the broader national strategy to reduce the gaps in educational opportunity and outcomes."

- Charles Basch

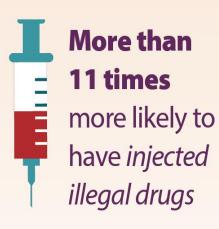
Today's Students



What issues might our young people be carrying with them to, during and from school that could impact their educational and health outcomes?

HEALTH AND ACADEMICS: What the Research Says

Compared to students who received mostly As, those who reported receiving mostly Ds and Fs were:





More than
4 times more
likely to have
had four or more
sexual partners



5 timesmore likely
to miss school
because of
safety concerns



2 timesmore likely
to feel sad
or hopeless

Read the report at www.cdc.gov/mmwr/volumes/66/wr/mm6635a1.htm.

Learn more at www.cdc.gov/HealthyYouth/health_and_academics.



Kentucky Students Report

- The percentage of middle school students who currently used an electronic vapor product (on at least one day during the 30 days before the survey) **increased** from 3.9% in 2017 **to 17.3**% in 2019.
- The percentage of high school students who have ever tried cigarette smoking (even one or two puffs) **decreased** from 40.5% in 2017 **to 30.6%** in 2019.
- The percentage of high school students who currently used an electronic vapor product (on at least one day during the 30 days before the survey) **increased** from 14.1% in 2017 **to 26.1%** in 2019.
- The percentage of middle school students who ever drank alcohol increased from 17.1% in 2017 to 22.9% in 2019.

Kentucky Youth Risk Behavior Survey, 2019

Education AND Health Impacts

- Student Performance
- Attendance
- College and Career Readiness
- Growth
- Dropout
- School Connectedness
- Literacy

- Priority Health Risk Behaviors
- Social Determinants of Health
- Student Knowledge and Skills
- Community Partnerships
- Health Equity



Priority Education AND Health Impacts

- Vision
- Asthma
- Oral Health
- Teen Pregnancy
- Aggression and Violence
- Physical Activity
- Breakfast
- Attention Deficit Hyperactivity Disorder
- Social/Emotional Climate
- Substance Use/Abuse

Whole School, Whole Community, Whole Child (WSCC) Model

Centers for Disease Control
& Prevention and
Association for Supervision
and Curriculum
Development



Kentucky Board of Education Whole School, Whole Community Whole Child Sub-Committee

- Child-Centered Vision
- Interagency Partnerships
- Conversation and Coordination
- Data Collection and Analysis
- Best Practices and Evidence-Based Strategies

Putting WSCC Into Practice: What Can We Do?

- Start where you are!
- Assemble a comprehensive School Health Advisory Team
- Utilize existing data for informed decisionmaking around priorities, programming and/or policy
- Adopt standards-based curriculum to maximize student knowledge, skills, attitudes and beliefs for lifetime wellness
- Incorporate evidence-based resources and best practices to strengthen education and school health initiatives
- Engage all partners, including school staff, students, families and communities, create and sustain lasting educational and health outcomes





ASCD's Whole Child Commission

"We challenge communities to redefine learning to focus on the whole person. We encourage schools and communities to put aside perennial battles for resources and instead align those resources in support of the whole child. Policy, practice and resources must be aligned to support not only academic learning for each child, but also the experiences that encourage development of a whole child — one who is knowledgeable, healthy, motivated and engaged."

Lloyd Kolbe Quote

"In sum, if American schools do not coordinate and modernize their school health programs as a critical part of educational reform, our children will continue to benefit at the margins from a wide disarray of otherwise unrelated, if not underdeveloped, efforts to improve interdependent education, health, and social outcomes. And, we will forfeit one of the most appropriate and powerful means available to improve student performance."

Questions?



For More Information.....

- 2019 Youth Risk Behavior Survey
- Centers for Disease Control & Prevention (CDC) Healthy
 Schools
- Association for Supervision and Curriculum Development (ASCD) – Whole Child
- <u>Kentucky Department of Education Healthy Schools Whole</u>
 <u>Child</u>