

### Trauma Informed Care Plan 2021-2022

### Goal: Tailor a plan in place for integrating trauma-informed practices across core domains

#### A. Enhance Trauma Awareness Throughout the School Community

- Establish a Care Team that incorporates Trauma Informed Care and School Safety and Threat Assessment, facilitated by a school counselor in each school by July of 2021. School teams will include at least one member from each group: Admin Team, Teacher, Classified Staff, Parent and Student (MS and HS).
- School Mental Health professionals will complete the Bounce
   Train-the-Trainer program and become certified trauma-informed trainers
   to deliver Level 1 and Level 2 training to new district employees each year
   by July of 2021.
- 3. New district employees of all role groups will receive Bounce Level 1 training which includes indicators of trauma. New instructional personnel will also receive Bounce Level II training which includes interventions and strategies to support the learning needs of students who have experienced trauma. To be completed by September 2021.
- 4. Community screening of film Jamie Redford's *Resilience: Biology of Stress and the Science of Hope* with special recruitment of community partners and parents in the community. To be completed by October of 2021.

# B. Assess School Climate, Including, Inclusiveness and Respect for Diversity

- School level Care Teams will conduct the Trauma Responsive Schools Implementation Assessment (TRS-IA) on the <u>SHAPE Survey website</u> by August of 2021 and again by March 2022.
- 2. Each school's Care Team will conduct a school walk through using the GCS TI School Walk through by September of 2021 and again by April of 2022.
- 3. School level Care Teams will evaluate and analyze results from the TRS-IA. To be completed by September 2021 and again by April 2022.
- 4. School level Care Teams will evaluate and analyze the data collected by using the GCS TI School Walk Through survey by October of 2021 and again by May of 2022.
- 5. The District Level Care Team will conduct the School Mental Health Quality Assessment by September of 2021 and April of 2022.
- 6. The District Level Care Team will analyze the School Mental Health Quality Assessment by October of 2021 and May of 2022.

#### C. Develop Trauma-Informed Discipline Policies

- 1. Each school will develop Discipline Policies that align with District Care models and utilizes a PBIS system approach. To be completed by April of 2022.
- 2. School Level Care Teams will evaluate behavioral data and determine if any discrepancies exist based on gender, socio-economic, race or other groups. To be completed by November of 2021.

## D. Collaborate with Law Enforcement to Enhance Trauma-Informed School Culture

- 1. The District School Safety Coordinator will collaborate with local law enforcement to set up a meeting to cover needs of students and staff. To be completed by July of 2021.
- 2. District School safety representative and school mental health staff will meet with the Sheriff's office and Warsaw PD to discuss Handle With Care procedures and discuss ways to improve the notification process. To be completed by August of 2021.
- 3. District Mental Health staff will work with the Sheriff's office and Warsaw PD to offer Bounce Level 1 training which includes indicators of trauma. To be completed by September of 2021.

# E. Provide Services and Programs to Reduce the Negative Impact of Trauma, Support Critical Learning, and Foster a Positive and Safe School Environment for Every Student.

- 1. The district will employ one school counselor or other mental health professional at a ratio of at least 1:250. These school professionals will spend at least 60% of their time on <u>direct student services</u> as made evident by the Counseling tab in IC. To be completed by August of 2021.
- 2. Each school will develop and track a system that encourages and ensures EVERY student in the school is known well by at least one adult in the school setting. Building principals will update this list with all school employees and share with Trauma Informed teams on a quarterly basis. To be completed by September of 2021.
- 3. Each School will plan and implement one community building activity each semester. This activity should include both adults and students in the building. To be completed by October of 2021.

MONTH	GOAL	TRAINING MATERIAL	METHOD OF DELIVERY
July	A1	Establish School Level Trauma-Informed & Threat Assessment Team (Care Team) & 1 Leader for the Team	School Care Team
	А3	Attend and complete Bounce Train-the-Trainer program completed by district Mental Health Staff	Bounce Training
	D1,D2	Walkthrough schools with Gallatin Co. Sheriff, Warsaw Police, Warsaw Fire Dept., EMT, and Emergency Management & HWC Discussion	Community Groups
August	B1	Take the Trauma Responsive Schools Implementation Assessment (TRS-IA) on SHAPE Survey site.	School Care Team
	C1	Harry Wong - First Days of School	PD - Teachers
	A3	New Staff Bounce 101	PD - New Staff
September	ВЗ	Review of the Trauma Responsive Schools Implementation Assessment (TRS-IA) on	School Care Team
	C1,E2	Creating a Calm Down Corner & Student Relationships document established and tracked in each school	Email from district Mental Health Staff/Webpage reminder
	A4	New Staff Bounce 102	PD- All new classroom staff
	B2	Trauma Informed Team complete a walk-through using GCS TI School Walk through tool	School Care Team
	B5	Conduct the School Mental Health Quality Assessment	District Care Team
	E2	Track Student relationship data	School Care Team
October	C1	The Power of Being Seen Activity	Email from district Mental Health Staff/Webpage reminder
	A5	Community Building - watch Jamie	

		Redford's Resilience: Biology of Stress and the Science of Hope	Community and Parent Training
	B4	Review walk-through data	School Care Team
	В6	Analyze the School Mental Health	District Care Team
		Quality Assessment	
	E3	Plan Community Building Activities	School Care Team
November	C1	Teaching staff Flight, Fight, and Freeze	Email from district Mental Health Staff/Webpage reminder
	C2	Evaluate Behavioral Data for current school year for any possible discrepancies	School Care Team
January	C1	Collaborative problem solving for behaviors (team case study)	PD
February	E3	Staff Culture	Email from district Mental Health Staff/Webpage reminder
March	B1	Take the Take the Trauma Responsive Schools Implementation Assessment (TRS-IA) on SHAPE Survey site.	School Care Team
April	C2	Review Trauma Responsive School Implementation Assessment	School Care Team
	E3	CRT Agenda: Wellness and Resilience Strategies: Mind	Community Groups
	B2	Trauma Informed Team complete a walk-through using GCS TI School Walk through tool	School Care Team
	B5	Conduct the School Mental Health Quality Assessment	District Care Team
	C1	Develop discipline policies that align with District Care models and utilizes a PBIS system approach	School SBDM

May	B4	Review walk-through data	School Care Team
	В6	Review the School Mental Health Quality Assessment	DistrictCare Team