

# MCCC SCHOOL BASED SERVICES

The School Based Program serves as a model for linking school systems with comprehensive behavioral health services. The unique collaboration between the school and the behavioral health provider forms the foundation for providing a wide range of services to children and families who are seeking assistance with difficulties in their lives.

We work with elementary, middle, and high school-aged children whose struggles with life's challenges impair their relationships, schoolwork, self-esteem, and general well being. These life challenges may include:

- Divorce
- Loss of a loved one
- Depression-Anxiety
- Familial Mental Illness
- Familial Substance Abuse
- Abuse and/or Neglect
- Difficulty dealing with change
- Peer Conflicts



For more information,  
please contact one of our clinics

**BENTON CLINIC**  
(270) 252-9432

**PRINCETON CLINIC**  
(270) 365-7684

**MADISONVILLE CLINIC**  
(270) 825-0414

**HOPKINSVILLE CLINIC**  
(270) 887-8800

**OWENSBORO CLINIC**  
(270) 683-8248

**MOUNTAIN**  
COMPREHENSIVE CARE CENTER  
[www.mtcomp.org](http://www.mtcomp.org)

## SCHOOL BASED SERVICES

Providing quality behavioral  
health care that offers  
**Recovery  
& Hope**



**MOUNTAIN**  
COMPREHENSIVE CARE CENTER  
[www.mtcomp.org](http://www.mtcomp.org)

**24 HOUR HELPLINE:**  
**1-800-422-1060**





## SERVICES

Individual Services  
Targeted Case Management  
Summer Camp

MCCC provides school based services within schools throughout Kentucky.

Parents are encouraged to keep in contact via phone or by scheduling office visits to monitor progress and discuss objectives/goals.

Our service providers help children resolve current problems and provide tools to cope with life challenges later on.

## REFERRAL PROCESS

Students can be referred for services by self, teachers, parents, doctors, or Family Resource Centers. Please contact MCCC or school officials to inquire about the school based services referral process.

## WARNING SIGNS THAT A CHILD IS HAVING DIFFICULTIES

- Changes in school performance, such as dropping grades, missed homework, and/or skipping school
- Excessive worry or anxiety
- Loss of interest in usual activities
- Change in sleeping habits or frequent nightmares
- Mood changes, including temper tantrums, depression, anger, and aggression
- Dangerous and/or illegal behavior, including:
  - Use of alcohol, cigarettes, or drugs
  - Vandalism
  - Theft
  - Fighting

## SERVICES MAY HELP YOU TO...

- Feel better about yourself, your abilities, and your future
- Reduce stress, anger, sadness, or anxiety
- Work through problems with a skilled, and compassionate professional
- Identify your goals and ways to achieve them
- Learn new behaviors and/or responses which can help achieve your goals
- Learn positive ways to deal with stressful or upsetting situations and/or events
- Better understand your own thoughts, feelings, and responses
- Learn to discuss your feelings and deal with them more effectively
- Gain control of emotions