



Northern Kentucky
Institute for
**STRATEGIC
PREVENTION**

Instructional Spotlight Presentation
May 12, 2021

Presented by Ashleigh DuBois & Dr. Kristen Haddad

NEW
Instructional
Assistant
Training



Northern Kentucky
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PREVENTION**

LISTENING FOR THE “SOUNDS OF SILENCE”: HOW TO RECOGNIZE STUDENT VAPING AND THE POWER OF YOUR SUPPORT

This 1.5-hour PD session focuses on the youth vaping epidemic and its ability to be hidden in plain sight. We offer ways to recognize when it is happening and how to support your students from a restorative justice perspective.

June 22, 2021 | 9:30am-11:00am

PD and EILA credit available

Registration is now open: <https://conta.cc/3tTZc2h>



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July 27, 2021 | 8:30 AM - 3:00 PM | Zoom

VIRTUAL SUMMIT

Where Strategy Meets Prevention
#ConnectGrowPrevent

Registration Coming Soon | PD/EILA/FRYSC credit available

SAVE THE DATE
06 08 21

**CATCH My Breath Vaping
Prevention Curriculum
Regional Training Day**

9:30am-12:30pm

PD/EILA/FRYSC credit available

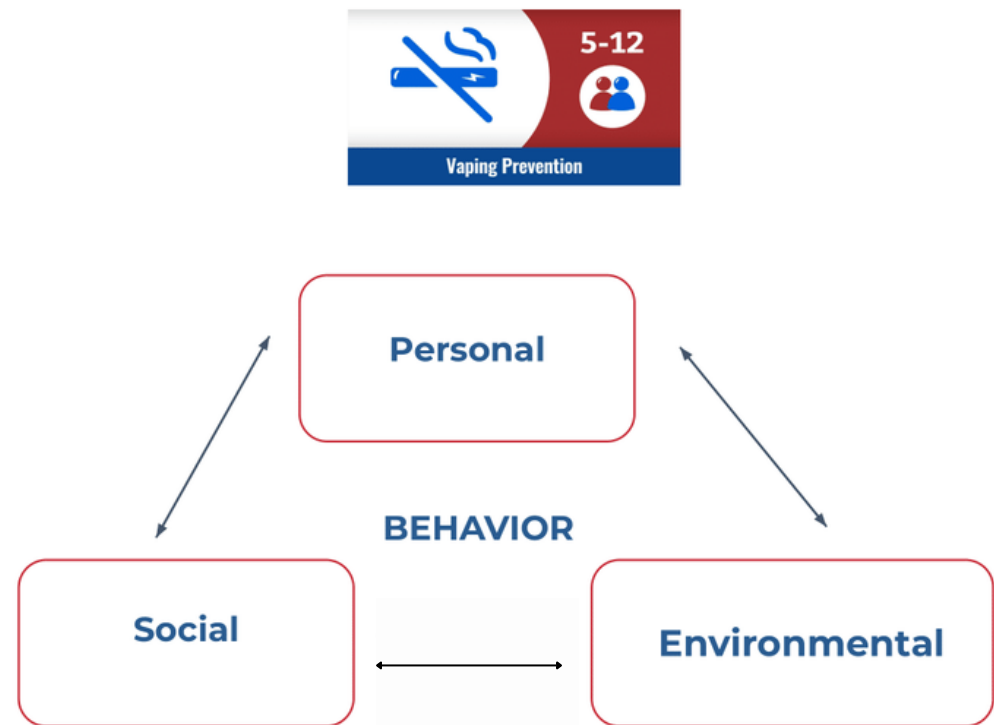
Register now: <https://conta.cc/3evAI9e>



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CATCH My Breath Summary

- A proven-effective nicotine vaping prevention program for grades 5-12 (ages 11-18)
- Based on Social Cognitive Theory
- Developed by Steven Kelder, PhD, MPH from UTHealth School of Public Health



Program Organization



Program Length

- 4 Lessons X 35-40 minutes each
- 1 Lesson / week (recommended)

Teacher Materials Include:

- Detailed teaching instructions
- Scripts
- PowerPoint Slides

Where Can I Teach It?



CATCH[®]
MY BREATH



The Ask

1. Encourage your staff to **register** for our **trainings**. Registration can be found on the NCKES website.
2. Consider implementing **Catch My Breath** in schools... for **FREE!**



@nkces_spf



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