

F-SA-2A

**SCHOOL ACTIVITY FUND
FUNDRAISER & CROWDFUNDING APPROVAL**

School	Camp Dick Robinson - CDR
Activity Account	Credit toward Fitness vendor
External Support/Booster Organization	None
Name of Fundraiser	Beat the Adults At working out
Website (if applicable)	
Sponsor	Shape America
Date Submitted	

Purpose of fundraising activity:

To Promote Physical Fitness and it's benefit it has on the brain, mood and cardiovascular system.

Items to be sold or items requested for donation:

N/A

Beneficiary/sport of fundraising activity: A portion will go to improving our fitness program

Anticipated profit and plans for excess funds:

\$500 Excess Funds or 50% will go to Shape America
25% percent will be used for Eastern KY support.

Date(s) scheduled:

April ~~26th~~^{26th} - April 30th - Plan is to have it live

Names of adult supervisors at activity (chaperones, custodians, etc.):

Patrick Kennedy

streamed so
parents can view
their child.

Sponsor

Shape America

Date

Circle One:

Approved

Not Approved

Principal

Sally Lawrence

Date

3/15/2021

SBDM Council (if Council Policy)

Date

Board Approval Date
(if applicable)

Where - CDR Gymnasium

When - Week of April 26th-April 30th. During students PE times.

How it will be shared - Hoping to have the event lived streamed so parents can view their child. Will also share photos on social media.

Money Raised - 50% goes to and aides SHAPE america (National Society of Health and PE). 25% will aid CDR's Fitness Program. 25% will be donated to aid the efforts in Eastern Kentucky.

Type of fundraiser - Our event will be a Pledge type fundraiser. Parents/Guardians will have **the option** to pledge one penny toward every repetition completed by their child. Most students will complete between 50 and 200 reps, so pledges will be fairly small.

Reasoning for Event - CDR always hosts a "Beat the Adults at Working out" event every March.

During this event we focus on moderate to high intensity exercise to prepare us to have a great day. We discuss how everyone is at different levels and participating means we all win.

Additionally, we host our 1 mile Bobcat Bolt in April. Again, the focus is moderate to high intensity exercise to prepare us to have a great day. We discuss how everyone is at different levels and participating means we all win.

Due to Covid, these events have been canceled.

This event will be similar to the "Beat the Adults at Woking Out" event. I hope this event gives students and our school some normalcy. Additionally, this event will help us focus on the importance of a strong cardiovascular system and its role during this challenging time.

Volunteers - If allowed, a small group of parent volunteers would be helpful. They would need to follow all covid guidelines. If volunteers are not allowed, we can still proceed with the event.



Host a Virtual Fundraiser!

With the many challenges students are facing, their social and emotional health is of utmost importance. Host a SEL based virtual fundraiser to help keep up school spirit and teach your students the essential skills they need. Get started today!

1

Sign up online at healthmovesminds.org with our easy-to-use fundraising platform and set a goal. Decide where you want funds to go.



2

Determine your virtual celebratory event and schedule a health. moves. minds. day. Examples: @Home field day, self-care virtual race challenge, dance-a-thon, jump-a-thon, etc.

3

Customize your school's fundraising page. Send out parent announcements and share with students (Use our templates!)



4

Share on social media by connecting to your Facebook Fundraiser!



5

Implement your educational activities virtually as best fits your schedule. Check out our Virtual Ed Resource Guide. Encourage students to choose a daily challenge and pledge to complete one every day of your fundraiser.

6

Celebrate all the amazing work your school has done on your health. moves. minds. day! Invite parents to join your virtual activity.



7

Wrap up your event! Thank and congratulate students and staff by email and on your fundraising page. Expect your Gopher gift card and any earned incentives approximately 4 weeks after completing your event!



Visit www.healthmovesminds.org to learn more!

Welcome to SHAPE America



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COVID 19 Resources ►

About SHAPE America

Health and PE Teachers Prepare Students to Live Their Best Life.

SHAPE America – Society of Health and Physical Educators serves as the voice for 200,000+ health and physical education professionals across the United States. The organization's extensive community includes a diverse membership of health and physical educators, as well as advocates, supporters, and 50+ state affiliate organizations.

Since its founding in 1885, the organization has defined excellence in physical education. For decades, SHAPE America's **National Standards for K-12 Physical Education** have served as the foundation for well-designed physical education