F-SA-2A

SCHOOL ACTIVITY FUND FUNDRAISER & CROWDFUNDING APPROVAL

School	Camp Pick Robinson - CDR	
Activity Account	credit toward Fitness vendo	
External Support/Booster Organization	None	
Name of Fundralser	Beat the Adults At working o	v +
Website (If applicable)		,
Sponsor	Shape America	
Date Submitted		
Purpose of fundraising activity: To Promote Physi	cal Fitness and it's benef.	<u>it</u> 14
has on the brain	mood and cardiounsellar s	y stem,
Items to be sold or items requested for donation N/A		:
Beneficiary/sport of fundralsing activity: A	portion will go to improving	<u> </u>
,	il be used for EAstern Ki	Shape America
25 % percent wi	11 be used for EAstern Ki	r support.
Date(s) scheduled: April 126th	pril 30th - Plan is to ha	re It IIVE
Names of adult supervisors at activity (chaperor	es, custodians, etc.):	reamed so rents can view
PAtrick Kennear		rents can view
	' +4	heir child.
Shape America		
Circle Onc: Approved Principal Council (II Council Policy)	Not Approved Substitute Date	<u>Da</u> n
•	Board Approval D (if applicable)	Date

Where - CDR Gymnasium

When - Week of April 26th-April 30th. During students PE times.

How it will be shared - Hoping to have the event lived streamed so parents can view their child. Will also share photos on social media.

Money Raised - 50% goes to and aides SHAPE america (National Society of Health and PE). 25% will aid CDR's Fitness Program. 25% will be donated to aid the efforts in Eastern Kentucky.

Type of fundraiser - Our event will be a Pledge type fundraiser. Parents/Guardians will have **the option** to pledge one penny toward every repetition completed by their child. Most students will complete between 50 and 200 reps, so pledges will be fairly small.

Reasoning for Event - CDR always hosts a "Beat the Adults at Working out" event every March. During this event we focus on moderate to high intensity exercise to prepare us to have a great day. We discuss how everyone is at different levels and participating means we all win.

Additionally, we host our 1 mile Bobcat Bolt in April. Again, the focus is moderate to high intensity exercise to prepare us to have a great day. We discuss how everyone is at different levels and participating means we all win.

Due to Covid, these events have been canceled.

This event will be similar to the "Beat the Adults at Woking Out" event. I hope this event gives students and our school some normalcy. Additionally, this event will help us focus on the importance of a strong cardiovascular system and its role during this challenging time.

Volunteers - If allowed, a small group of parent volunteers would be helpful. They would need to follow all covid guidelines. If volunteers are not allowed, we can still proceed with the event.



Hosta Wirtual Fundraiser!

With the many challenges students are facing, their social and emotional health is of utmost importance. Host a SEL based virtual fundraiser to help keep up school spirit and teach your students the essential skills they need. Get started today!

Sign up online at <u>healthmovesminds.org</u> with our easy-touse fundraising platform and set a goal. <u>Decide Where you</u> <u>want funds to go.</u>



- Determine your virtual celebratory event and schedule a health, moves, minds, day, Examples, @Home field day, self-care virtual race challenge, dance-a-thon, jump-a-thon, etc.
- Customize your school's fundraising page. Send out parent announcements and share with students (<u>Use our templates!</u>)
- Share on social media by connecting to your Facebook Fundraiser!

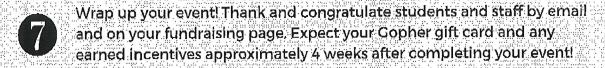


Implement your educational activities virtually as best fits your schedule.

Check out our Virtual Ed Resource Guide. Encourage students to choose a daily challenge and pledge to complete one every day of your fundraiser.



Celebrate all the amazing work your school has done on your health.
moves, minds, day! Invite parents to Join your virtual activity.





Visit www.healthmovesminds.org to learn more!

No.

Welcome to SHAPE America



Main Menu

COVID 19 Resources

About SHAPE America

Health and PE Teachers Prepare Students to Live Their Best Life.

professionals across the United States. The organization's extensive community includes a diverse membership of health and SHAPE America - Society of Health and Physical Educators serves as the voice for 200,000+ health and physical education physical educators, as well as advocates, supporters, and 50+ state affiliate organizations.

National Standards for K-12 Physical Education have served as the foundation for well-designed physical education Since its founding in 1885, the organization has defined excellence in physical education. For decades, SHAPE America's