

THE KENTON COUNTY BOARD OF EDUCATION

1055 EATON DRIVE, FORT WRIGHT, KENTUCKY
41017

TELEPHONE: (859) 344-8888 / FAX: (859) 344-1531
WEBSITE: www.kenton.kyschools.us

Dr. Henry Webb, Superintendent of Schools

KCSD ISSUE PAPER

DATE:

July 13, 2018

AGENDA ITEM (ACTION ITEM):

Consider/Approve Kenton County Student Nutrition Department to enter into a contract with the Northern Kentucky Community Action Commission Head Start Program to furnish meals (breakfast, lunch, and snacks) at Ft. Wright Elementary school during the 2018-19 school year.

APPLICABLE BOARD POLICY:

Community Relations 10.3

HISTORY/BACKGROUND:

During the 2017-18 School Year Kenton County Student Nutrition Department furnished meals to the Head Start Program at Beechgrove Elementary. The Head Start Program is moving from Beechgrove Elementary School to Ft. Wright Elementary School. The Student Nutrition Department would like to continue to furnish meals and accompaniments to the Head Start Program.

FISCAL/BUDGETARY IMPACT:

Student Nutrition will bill Head Start \$2.00 per breakfast meal; \$2.75 per lunch meal; \$.88 per snack

RECOMMENDATION:

Recommended that the board approve the child care food program Meal Service Agreement with the Northern Kentucky Community Action Commission Head Start.

CONTACT PERSON:

Elizabeth Hord, Director of Student Nutrition

Principal

District Administrator

unerintendent

Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda.

Principal—complete, print, sign and send to your Director. Director—if approved, sign and put in the Superintendent's mailbox.

Child Care Food Program Meal Service Agreement With District School Board/School Food Service

Name of Sponsor/Institution:				CNIPS ID:			
Northern Kentucky Community Action Commission Head Start/Early Head Start Contact Person:				11499 Phone No.			
Crystal Noonchester				859-655-2983			
Address: 13 West 7th	Street Covington KY	41011					
Center: Fort V	Vright Child D	evelopment Ce	nter (Head	St	art Program)		
Address: 501	Farrell Drive,	Covington, KY 4	1011		TAPPANA.		
		rice agrees to furnish me dents, except for holiday X					
*AGES 1-5 M	EALS BASED ON PO	RTION SIZES FOR AGE			<u>x</u> condimens	<u>X</u> 1101	N.
Meal Type/Age	Estimated	Estimated No. of	Unit Price	oer	Total Price	Delivery or	
	Total No. of	Serving Days per	Meal		Per day	Pick-up	
	Meals Per Day	Year	****			Time	
Breakfast(1-5)*	23	160	2.00		46.00		
		1.00					
Lunch(1-5)*	23	160	2.75		63.25		
PM Snack(1-5)*	23	160	.88		20.24		
· · · ·	- 23	100			20,24	_	
		G	RAND TOTAL PI	RICE: S	\$129.49 per day		
	et or exceed the Chi	Service agrees to: Id and Adult Care Food t products and other i	-	al Pat	ttern for Children (attached).	
rovide Menu a week	before meal service	e with whole wheat ite	em identified.				
rovide meals in: X							
-		nter or <u>X</u> delivery		rict F	ood Service at the	time(s) indicate	ed above.
		delivery slip form or e					
		5 th of each month to 1					
		records for a period o					
		he KY CACFP, represen	tatives of the	U.S. I	Department of Agr	iculture, the chi	ld care center and
he Kentucky Office o	f the Inspector Gen	eral.					
thorn Kentucky Com	munity Action Com	mission agrees to nav	for meals hase	d on	the above unit pri	ce(s) within 30 o	days of receipt of invoic
							is severed upon receip
		no longer desired, eith					
		ave caused said agree					
ماخد د ۸	orized Signature	 Date	ву:		Authorized Sigr	nature	Date

Title
''arthern Kentucky Community Action Commission

Child Care Center

Title

School District Food Service

CHILD MEAL PATTERN

[2] (2) (1) (2) (2) (2) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4		kfast ts for a reimburs	able meal)	
Food Components and Food Items ¹	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ² (at-risk afterschool programs and emergency shelters)
Fluid Milk ³	4 fluid ounces	6 fluid ounces	8 fluid ounces	8 fluid ounces
Vegetables, fruits, or portions of both ⁴	¼ cup	½ cup ½ cup		½ cup
Grains (oz eq) ^{5,6,7}				
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice
Whole grain-rich or enriched bread product, such as biscuit, roll or muffin	· ½ serving	½ serving	1 serving	1 serving
Whole grain-rich, enriched or fortified cooked breakfast cereal ⁸ , cereal grain, and/or pasta	¼ cup	¼ cup	½ cup	½ cup
Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold) ^{8,9}			•	
Flakes or rounds	½ cup	½ cup	1 cup	1 cup
Puffed cereal	¾ cup	¾ cup	1 ¼ cup	1 ¼ cup
Granola	½ cup	⅓ cup	¼ cup	¼ cup

¹Must serve all three components for a reimbursable meal. Offer versus serve is an option for at-risk afterschool participants.

² Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.

³ Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older.

⁴ Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.

⁵ At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards meeting the grains requirement.

⁶ Meat and meat alternates may be used to meet the entire grains requirement a maximum of three times a week. One ounce of meat and meat alternates is equal to one ounce equivalent of grains.

⁷ Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.

⁸ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).

⁹ Beginning October 1, 2019, the minimum serving size specified in this section for ready-to-eat breakfast cereals must be served. Until October 1, 2019, the minimum serving size for any type of ready-to-eat breakfast cereals is ¼ cup for children ages 1-2; 1/3 cup for children ages 3-5; and ¾ cup for children ages 6-12.

CHILD MEAL PATTERN

(Select all	Lunch and	计算机 计数据 化二甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基	ole meal)	
Food Components and Food Items ¹	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ² (at-risk afterschool programs and emergency shelters)
Fluid Milk ³	4 fluid ounces	6 fluid ounces	8 fluid ounces	8 fluid ounces
Meat/meat alternates				
Lean meat, poultry, or fish	1 ounce	1½ ounce	2 ounces	2 ounces
Tofu, soy product, or alternate protein products ⁴	1 ounce 1 ½ ounce		2 ounces	2 ounces
Cheese	1 ounce	1½ ounce	2 ounces	2 ounces
Large egg	1/2	3/4	1	1
Cooked dry beans or peas	½ cup	³⁄₅ cup	½ cup	½ cup
Peanut butter or soy nut	1			
butter or other nut or seed butters	2 tbsp	3 tbsp	4 tbsp	4 tbsp
Yogurt, plain or flavored	4 ounces or	6 ounces or	8 ounces or	8 ounces or
unsweetened or sweetened ⁵	½ cup	¾ cup	1 cup	1 cup
The following may be used to meet no more than 50% of the requirement: Peanuts, soy nuts, tree nuts, or seeds, as listed in program guidance, or an equivalent quantity of any combination of the above meat/meat alternates (1 ounces of nuts/seeds = 1 ounce of cooked lean meat, poultry, or fish)	½ ounce = 50%	¾ ounce = 50%	1 ounce = 50%	1 ounce = 50%
Vegetables ⁶	½ cup	½ cup	½ cup	½ cup
Fruits ^{6,7}	½ cup	¼ cup	¼ cup	¾ cup
Grains (oz eq) ^{8,9}				
Whole grain-rich or enriched bread	½ slice	⅓ slice	1 slice	1 slice
Whole grain-rich or enriched bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving	1 serving
Whole grain-rich, enriched or fortified cooked breakfast cereal 10, cereal grain, and/or pasta	¼ cup	¼ cup	½ cup	½ cup

Must serve all five components for a reimbursable meal. Offer versus serve is an option for at-risk afterschool participants.

² Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.

³ Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older.

⁴ Alternate protein products must meet the requirements in Appendix A to Part 226.

⁵ Yogurt must contain no more than 23 grams of total sugars per 6 ounces.

⁶ Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.

⁷ A vegetable may be used to meet the entire fruit requirement. When two vegetables are served at lunch or supper, two different kinds of vegetables must be served.

⁸ At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards the grains requirement.

⁹ Beginning October 1, 2019, ounce equivalents are used to determine the quantity of the creditable grain.

¹⁰ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).

CHILD MEAL PATTERN

Snack (Select two of the five components for a reimbursable snack)					
Food Components and Food Items ¹	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ² (at-risk afterschool programs and emergency shelters)	
Fluid Milk ³	4 fluid ounces	4 fluid ounces	8 fluid ounces	8 fluid ounces	
Meat/meat alternates				,	
Lean meat, poultry, or fish	½ ounce	½ ounce	1 ounce	1 ounce	
Tofu, soy product, or alternate protein products ⁴	½ ounce	½ ounce	1 ounce	1 ounce	
Cheese	½ ounce	½ ounce	1 ounce	1 ounce	
Large egg	1/2	1/2	1/2	1/2	
Cooked dry beans or peas	½ cup	½ cup	¼ cup	¾ cup	
Peanut butter or soy nut butter or other nut or seed butters	1 tbsp	1 tbsp	2 tbsp	2 tbsp	
Yogurt, plain or flavored	2 ounces or	2 ounces or	4 ounces or	4 ounces or	
unsweetened or sweetened ⁵	¾ cup	¼ cup	½ cup	½ cup	
Peanuts, soy nuts, tree nuts, or seeds	½ ounce	½ ounce	1 ounce	1 ounce	
Vegetables ⁶	½ cup	½ cup	¾ cup	¾ cup	
Fruits ⁶	½ cup	½ cup	¾ cup	¾ cup	
Grains (oz eq) ^{7,8}					
Whole grain-rich or enriched bread	1/2 slice	1⁄2 slice	1 slice	1 slice	
Whole grain-rich or enriched bread product, such as biscuit, roll or muffin	. ½ serving	½ serving	1 serving	1 serving	
Whole grain-rich, enriched or fortified cooked breakfast cereal ⁹ , cereal grain, and/or pasta	¼ cup	¼ cup	½ cup	½ cup	
Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold) ^{9,10}					
Flakes or rounds	½ cup	½ cup	1 cup	1 cup	
Puffed cereal	¾ cup	¾ cup	1 ¼ cup	1 ¼ cup	
Granola	⅓ cup	½ cup	¾ cup	¼ cup	

Select two of the five components for a reimbursable snack. Only one of the two components may be a beverage.

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⁴ Alternate protein products must meet the requirements in Appendix A to Part 226.

⁵ Yogurt must contain no more than 23 grams of total sugars per 6 ounces.

⁶ Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.

⁷ At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards meeting the grains requirement.

⁸ Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.

⁹ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).

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