THE KENTON COUNTY BOARD OF
EDUCATION
1055 EATON DRIVE, FORT WRIGHT, KENTUCKY
41017
TELEPHONE: (859) 344-8888 / FAX: (859) 344-1531
WEBSITE: www.kenton.kyschools.us
Dr. Henry Webb, Superintendent of Schools

## KCSD ISSUE PAPER

DATE:
July 13, 2018
AGENDA ITEM (ACTION ITEM):
Consider/Approve Kenton County Student Nutrition Department to enter into a contract with the Northern Kentucky Community Action Commission Head Start Program to furnish meals (breakfast, lunch, and snacks) at Ft. Wright Elementary school during the 2018-19 school year.

## APPLICABLE BOARD POLICY:

Community Relations 10.3

## HISTORY/BACKGROUND:

During the 2017-18 School Year Kenton County Student Nutrition Department furnished meals to the Head Start Program at Beechgrove Elementary. The Head Start Program is moving from Beechgrove Elementary School to Ft. Wright Elementary School. The Student Nutrition Department would like to continue to furnish meals and accompaniments to the Head Start Program.

FISCAL/BUDGETARY IMPACT:
Student Nutrition will bill Head Start $\$ 2.00$ per breakfast meal; $\$ 2.75$ per lunch meal; $\$ .88$ per snack

## RECOMMENDATION:

Recommended that the board approve the child care food program Meal Service Agreement with the Northern Kentucky Community Action Commission Head Start.

## CONTACT PERSON:

Elizabeth Ford, Director of Student Nutrition


Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda.
Principal -complete, print, sign and send to your Director. Director -if approved, sign and put in the Superintendent's mailbox.

## Child Care Food Program Meal Service Agreement With District School Board/School Food Service

| Name of Sponsor/Institution: <br> Northem Kentucky Community Action Commission Head Start/Early Head Start | CNIPS ID: <br> 11499 |
| :--- | :--- |
| Contact Person: <br> Crystal Noonchester | Phone No. <br> $859-655-2983$ |
| Address: 13 West 7th Street Covington KY 41011 |  |
| Center: Fort Wright Child Development Center (Head Start Program) |  |
| Address: 501 Farrell Drive, Covington, KY 41011 |  |

The Kenton County School District Food Service agrees to furnish meals daily to the above child care center for the period from: $8 / 15 / 18$ until the last school day of the year for Kenton County students, except for holidays or other days of in-operation.
*AGES 1-5 MEALS BASED ON PORTION SIZES FOR AGES 3-5.

| Meal Type/Age | Estimated Total No. of Meals Per Day | Estimated No. of Serving Days per Year | Unit Price per Meal | Total Price Per day | Delivery or <br> Pick-up <br> Time |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast(1-5)* | 23 | 160 | 2.00 | 46.00 |  |
| Lunch(1-5)* | 23 | 160 | 2.75 | 63.25 |  |
| PM Snack(1-5)* | 23 | 160 | . 88 | 20.24 |  |

GRAND TOTAL PRICE: \$129.49 per day

The Kenton County School District Food Service agrees to:

- Ensure meals will meet or exceed the Child and Adult Care Food Program Meal Pattern for Children (attached).
- Provide Nutrition Labels for Whole Wheat products and other items served.
- Provide Menu a week before meal service with whole wheat item identified.
- Provide meals in: X bulk or $\qquad$ unitized
- Prepare meals for: $\qquad$ pick up by center or $\mathbf{X}$ _ delivery by School District Food Service at the time(s) indicated above.
- Provide delivery slips using the KY CACFP delivery slip form or equivalent.
- Submit billing invoice for payment by the $5^{\text {th }}$ of each month to mailing address provided by center.
- Maintain receipts and cost determination records for a period of 3 years after the end of the agreement period to which they pertain. These records will be made available to the KY CACFP, representatives of the U.S. Department of Agriculture, the child care center and The Kentucky Office of the Inspector General.

Northern Kentucky Community Action Commission agrees to pay for meals based on the above unit price(s) within 30 days of receipt of invoick The Kenton County School District Food Service warrants meals provided are safe and wholesome, but that any liability is severed upon receipt meals. If for any reason, this agreement is no longer desired, either party may terminate these services with a 2 week notification.

IN WITNESS WHEREOF, the parties hereto have caused said agreement to be executed by their duly authorized officers.


## CHILD MEAL PATTERN

| Food Components and Food Items ${ }^{1}$ | Ages 1-2 | Ages 3-5 | Ages 6-12 | Ages 13-18 ${ }^{2}$ (at-risk afterschool programs and emergenc: shelerers) |
| :---: | :---: | :---: | :---: | :---: |
| Fluid Milk ${ }^{3}$ | 4 fluid ounces | 6 fluid ounces | 8 fluid ounces | 8 fluid ounces |
| Vegetables, fruits, or portions of both ${ }^{4}$ | $1 / 4$ cup | $1 / 2$ cup | 1/2 cup | $1 / 2$ cup |
| Grains (oz eq) ${ }^{5,6,7}$ |  |  |  |  |
| Whole grain-rich or enriched bread | 1/2 slice | 1/2 slice | 1 slice | 1 slice |
| Whole grain-rich or enriched bread product, such as biscuit, roll or muffin | 1/2 serving | 1/2 serving | 1 serving | 1 serving |
| Whole grain-rich, enriched or fortified cooked breakfast cereal ${ }^{8}$, cereal grain, and/or pasta | $1 / 4$ cup | 1/4 cup | 1/2 cup | 1/2 cup |
| Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold) ${ }^{8,9}$ |  |  |  |  |
| Flakes or rounds | 1/2 cup | $1 / 2$ cup | 1 cup | 1 cup |
| Puffed cereal | $3 / 4$ cup | $3 / 4$ cup | 11/4cup | 11/4 cup |
| Granola | 1/8 cup | $1 / 8$ cup | 1/4 cup | 1/4 cup |

${ }^{1}$ Must serve all three components for a reimbursable meal. Offer versus serve is an option for at-risk afterschool participants.
${ }^{2}$ Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.
${ }^{3}$ Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older.
${ }^{4}$ Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.
${ }^{5}$ At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards meeting the grains requirement.
${ }^{6}$ Meat and meat alternates may be used to meet the entire grains requirement a maximum of three times a week. One ounce of meat and meat alternates is equal to one ounce equivalent of grains.
${ }^{7}$ Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.
${ }^{8}$ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).
${ }^{9}$ Beginning October 1, 2019, the minimum serving size specified in this section for ready-to-eat breakfast cereals must be served. Until October 1, 2019, the minimum serving size for any type of ready-to-eat breakfast cereals is $1 / 4$ cup for children ages $1-2 ; 1 / 3$ cup for children ages 3-5; and 3/4 cup for children ages 6-12.

## CHILD MEAL PATTERN

| Lunch and Supper |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Food Components and Food Items ${ }^{1}$ | Ages 1-2 | Ages 3-5 | Ages 6-12 | Ages 13-18 ${ }^{2}$ <br> (atriskaterschool programs end emergenor sheteres) |
| Fluid Milk ${ }^{3}$ | 4 fluid ounces | 6 fluid ounces | 8 fluid ounces | 8 fluid ounces |
| Meat/meat alternates |  |  |  |  |
| Lean meat, poultry, or fish | 1 ounce | $11 / 2$ ounce | 2 ounces | 2 ounces |
| Tofu, soy product, or alternate protein products ${ }^{4}$ | 1 ounce | $11 / 2$ ounce | 2 ounces | 2 ounces |
| Cheese | 1 ounce | 11/2 ounce | 2 ounces | 2 ounces |
| Large egg | $1 / 2$ | 3/4 | 1 | 1 |
| Cooked dry beans or peas | $1 / 4$ cup | 3/8 cup | $1 / 2$ cup | $1 / 2$ cup |
| Peanut butter or soy nut butter or other nut or seed butters | 2 tbsp | 3 tbsp | 4 tbsp | 4 tbsp |
| Yogurt, plain or flavored unsweetened or sweetened ${ }^{5}$ | $\begin{gathered} 4 \text { ounces or } \\ 1 / 2 \text { cup. } \\ \hline \end{gathered}$ | $\begin{gathered} 6 \text { ounces or } \\ 3 / \text { cup } \\ \hline \end{gathered}$ | $\begin{gathered} 8 \text { ounces or } \\ 1 \text { cup } \\ \hline \end{gathered}$ | $\begin{gathered} 8 \text { ounces or } \\ 1 \text { cup } \\ \hline \end{gathered}$ |
| The following may be used to meet no more than $50 \%$ of the requirement: <br> Peanuts, soy nuts, tree nuts, or seeds, as listed in program guidance, or an equivalent quantity of any combination of the above meat/meat alternates ( 1 ounces of nuts/seeds $=1$ ounce of cooked lean meat, poultry, or fish) | $\begin{gathered} 1 / 2 \text { ounce }= \\ 50 \% \end{gathered}$ | $\begin{gathered} 3 / 4 \text { ounce }= \\ 50 \% \end{gathered}$ | 1 ounce $=50 \%$ | 1 ounce $=50 \%$ |
| Vegetables ${ }^{6}$ | 1/8 cup | 1/4 cup | $1 / 2$ cup | 1/2cup |
| Fruits ${ }^{6,7}$ | $1 / 8 \operatorname{cup}$ | 1/4 cup | $1 / 4$ cup | 1/4 cup |
| Grains (oz eq) ${ }^{8,9}$ |  |  |  |  |
| Whole grain-rich or enriched bread | 1/2 slice | ¹/2 slice | 1 slice | 1 slice |
| Whole grain-rich or enriched bread product, such as biscuit, roll or muffin | 1/2 serving | 1/2 serving | 1 serving | 1 serving |
| Whole grain-rich, enriched or fortified cooked breakfast cereai ${ }^{10}$, cereal grain, and/or pasta | 1/4 cup | 1/4 cup | 1/2 cup | 1/2 cup |

${ }^{1}$ Must serve all five components for a reimbursable meal. Offer versus serve is an option for at-risk afterschool participants.
${ }^{2}$ Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.
${ }^{3}$ Must be unflavored whole milk for children age one. Must be unflavored low-fat ( 1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat ( 1 percent), unflavored fat-free (skim), or flavored fat-fiee (skima) milk for children six years old and older.
${ }^{4}$ Alternate protein products must meet the requirements in Appendix A to Part 226.
${ }^{5}$ Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
${ }^{6}$ Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.
${ }^{7}$ A vegetable may be used to meet the entire fruit requirement. When two vegetables are served at lunch or supper, two different kinds of vegetables must be served
${ }^{8}$ At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards the grajns requirement.
${ }^{9}$ Beginning October 1,2019, ounce equivalents are used to determine the quantity of the creditable grain.
${ }^{10}$ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).

## CHILD MEAL PATTERN

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| :---: | :---: | :---: | :---: | :---: |
| Food Components and Food Items ${ }^{1}$ | Ages 1-2 | Ages 3-5 | Ages 6-12 | $\begin{gathered} \text { Ages 13-18 } \\ \text { (at-risk afterschool programs } \end{gathered}$ and emergency shelters) |
| Fluid Milk ${ }^{3}$ | 4 fluid ounces | 4 fluid ounces | 8 fluid ounces | 8 fluid ounces |
| Meat/meat alternates |  |  |  |  |
| Lean meat, poultry, or fish | $1 / 2$ ounce | 1/2 ounce | 1 ounce | 1 ounce |
| Tofu, soy product, or alternate protein products ${ }^{4}$ | $1 / 2$ ounce | $1 / 2$ ounce | 1 ounce | 1 ounce |
| Cheese | $3 / 2$ ounce | $1 / 2$ ounce | 1 ounce | 1 ounce |
| Large egg | 1/2 | 1/2 | 1/2 | 1/2 |
| Cooked dry beans or peas | 1/8 cup | 1/8 cup | $1 / 4$ cup | 1/4 cup |
| Peanut butter or soy nut butter or other nut or seed butters | 1 tbsp | 1 tbsp | 2 tbsp | 2 tbsp |
| Yogurt, plain or flavored unsweetened or sweetened ${ }^{5}$ | $\begin{gathered} 2 \text { ounces or } \\ 1 / 4 \text { cup } \end{gathered}$ | $\begin{gathered} 2 \text { ounces or } \\ 1 / 4 \text { cup } \\ \hline \end{gathered}$ | $\begin{gathered} 4 \text { ounces or } \\ 1 / 2 \text { cup } \end{gathered}$ | $\begin{gathered} 4 \text { ounces or } \\ 1 / 2 \text { cup } \end{gathered}$ |
| Peanuts, soy nuts, tree nuts, or seeds | $1 / 2$ ounce | 1/2 ounce | 1 ounce | 1 ounce |
| Vegetables ${ }^{6}$ | $1 / 2 \operatorname{cup}$ | $1 / 2$ cup | \% $/ 4$ cup | 3/4 cup |
| Fruits ${ }^{6}$ | $1 / 2 \operatorname{cup}$ | 1/2cup | $3 / 4$ cup | $3 / 4$ cup |
| Grains (oz eq) ${ }^{7,8}$ |  |  |  |  |
| Whole grain-rich or enriched bread | 12 slice | 1/2 slice | 1 slice | 1 slice |
| Whole grain-rich or enriched bread product, such as biscuit, roll or muffin | 1/2 serving | 1/2 serving | 1 serving | 1 serving |
| Whole grain-rich, enriched or fortified cooked breakfast cereal ${ }^{9}$, cereal grain, and/or pasta | 1/4 cup | 1/4 cup | 1/2 cup | 1/2 cup |
| Whole grain-rich, enriched <br> or fortified ready-to-eat <br> breakfast cereal (dry, cold) ${ }^{9,10}$ |  |  |  |  |
| Flakes or rounds | 1/2 cup | 1/2 cup | 1 cup | 1 cup |
| Puffed cereal | $3 / 4$ cup | $3 / 4$ cup | $11 / 4$ cup | 11/4 cup |
| Granola | 1/8cup | 1/8 cup | 1/4cup | 1/4 cup |

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[^0]:    ${ }^{1}$ Select two of the five components for a reimbursable snack. Only one of the two components may be a beverage.
    ${ }^{2}$ Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.
    ${ }^{3}$ Must be unflavored whole milk for children age one. Must be unflavored low-fat ( 1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat ( 1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older.
    ${ }^{4}$ Alternate protein products must meet the requirements in Appendix A to Part 226.

[^1]:    ${ }^{5}$ Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
    ${ }^{6}$ Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.
    ${ }^{7}$ At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards meeting the grains requirement.
    ${ }^{8}$ Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.
    ${ }^{9}$ Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).
    ${ }^{10}$ Beginning October 1,2019 , the minimum serving sizes specified in this section for ready-to-eat breakfast cereals must be served. Until October 1,2019, the minimum serving size for any type of ready-to-eat breakfast cereals is $1 / 4$ cup for children ages $1-2 ; 1 / 3$ cup for children ages $3-5$; and $3 / 4$ cup for children ages 6-12.

