



# Bullitt County Public Schools

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1040 Highway 44 East  
Shepherdsville, Kentucky 40165

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[www.bullittschools.org](http://www.bullittschools.org)

DATE: Jan. 13, 2021  
TO: Jesse Bacon, Superintendent  
FROM: Todd Crumbacker, Director of School Nutrition  
RE: SY 2020-2021 Wellness Recommendations

KRS 158.856 requires that School Nutrition Services (SNS) presents recommendations to the board annually, 60 days following the presentation of the Student Nutrition and Physical Activity Report. Attached are the recommendations for the school year 2020-2021; these recommendations will begin stages of early implementation beginning in the spring of 2021 and will continue into the fall semester of 2021 until the annual assessment is completed again.



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**Mission: Our mission is to inspire and equip our students to succeed in life.**

Part of embracing the mission of Bullitt County Public Schools is to consider the whole child. It is vital that a child's nutritional and physical activity needs are met in order to help a child succeed in life and become the absolute best they can be. Within the past 60 days, each of our schools have completed a Healthy Schools Assessment through the American Alliance of Healthier Generations. In addition, a Healthy Districts Assessment was completed at the district level via the same platform. These results were shared at the November Board Meeting. After analyzing and studying these results, a coalition was formed in order to create actionable steps that would move our district forward in the area of school nutrition and physical activity. This coalition consisted of the following individuals: Todd Crumbacker, Sarah Smith, Stephanie Porter, and Dennis Minnis. As a collective group, we have established the following recommendations to be implemented in order to improve school nutrition and physical activities in our schools. This implementation will begin in the 2021 spring semester and will continue through the fall semester of 2021.

Area of Growth:	Recommendation(s):
<b>NS-8</b> Collaboration between school nutrition services staff members and teachers	<ol style="list-style-type: none"><li>1. Purchase grade-level appropriate educational content that would be posted in school cafeterias and kitchen -- this content would reinforce nutritional standards taught in health and physical education classes</li><li>2. Collaborate with Culinary Arts career pathway to provide food for educational/learning purposes</li><li>3. Establish a section of our School Nutrition Services website to be designated to health and physical education teachers -- this section of the website would consist of classroom nutrition lessons/resources</li><li>4. In conjunction with PBIS philosophy, School Nutrition Services will collaborate with classroom teachers to reward "Tasty Parties" -- this is where students will test-taste potential menu items and offer feedback</li><li>5. Kitchen managers will collaborate with health and physical education teachers and offer kitchen tours of the facilities</li></ol>

<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>• Display educational and informational materials that reinforce classroom lessons</li> <li>• Provide food for use in classroom nutrition education lessons</li> <li>• Provide ideas for classroom nutrition education lessons</li> <li>• Tasting party in collaboration with classroom teacher</li> <li>• Classroom tour of cafeteria or meet and greet with School Nutrition staff</li> </ul>	
Area of Growth:	Recommendation:
<b>NS-9</b> <b>Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.</b>	1. Allow students and family members the opportunity to provide both suggestions for school meals and other foods and beverages sold, served, and offered on school campus and feedback on the meal programs and other foods and beverages sold, served, and offered on school campus.
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>• Create a google form that would allow family members and students the opportunity to provide both suggestions and feedback for meal programs, and other foods and beverages sold, served, and offered on school campuses.</li> </ul>	
Area of Growth:	Recommendation:
<b>PA-5</b> <b>Professional development for classroom teachers</b>	1. Collaborate with building principals to require classroom teachers to participate at least once a year in professional development on promoting and integrating physical activity in the classroom
<b>Plan(s) of Action:</b> <ul style="list-style-type: none"> <li>• Collaborate with building principals about a required PL offering regarding this recommendation</li> <li>• Collaborate with mental health coaches and health and physical education teachers about offering the PL course</li> </ul>	